

THE Friend



How many hands serve?

See page 7



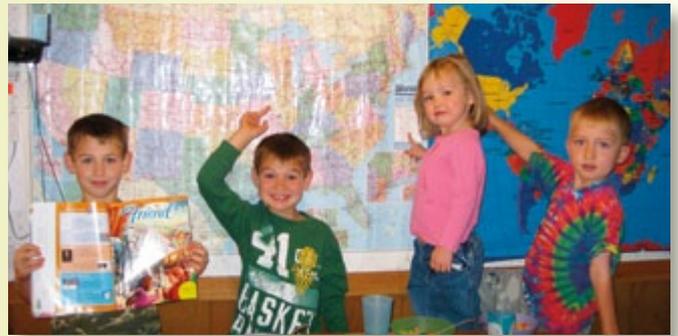
I Can Be a Missionary



One day there were missionaries at my house. I wanted to be a missionary, so I read the *Friend*. I learned a lot about missionaries.

Brooklyn S., age 7, New Mexico

How We Read the *Friend*



We use a map to find where the children in the *Friend* live.

Ryan, Charlie, Alyssa, and Jacob H., ages 8, 7, 3, and 5, Colorado



Tickets and the Truth



I liked the story "Tickets and the Truth" in the November 2011 *Friend*. I learned that being honest is always the right thing to do, no matter what. I can be honest whenever I do something wrong.

Annie R., age 11, Nevada



Dear Friends,

This issue is full of stories about children like you who have found different ways to help other people. Look for this symbol  to find these special stories.

Then go to **lds.org/friend** to watch "Pass It On," a message to children from President Thomas S. Monson.

Keep serving!

The *Friend*

Was there a letter or a story in this month's issue that helped you? Tell us about it. Turn to page 48 to find out how.

Volume 42 Number 6
June 2012

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THE *Friend*

See the
Guide to the *Friend*
on page 48 for
family home
evening ideas.



A children's magazine published by The Church of Jesus Christ of Latter-day Saints

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Cover by Steve Sitton



Learn to play
the Primary
song "I Will
Be Valiant"
on page 47.



Try to do a few acts
of service each week.



The Gospel— A Gift to

By President Henry B. Eyring
First Counselor in the First Presidency

All members of the Church accept part of the **charge** to take the **gospel** of Jesus Christ to the world. Full-time missionaries teach those who are not yet members of the Church. Members of the Church are to find those the Lord has prepared for the missionaries to teach.

And the promise of great joy for the faithful missionary is also ours as

faithful members who give our hearts to missionary work:

“And now, if your joy will be great with one soul that you have brought unto me into the kingdom of my Father, how great will be your joy if you should bring many souls unto me!

“Behold, you have my gospel before you, and my rock, and my salvation” (D&C 18:16–17).

There are many ways you can help find people for the missionaries to teach.

Charge: A responsibility from Heavenly Father

Gospel: The word gospel means “good news.” It means all the teachings and ordinances that Heavenly Father has given us through Jesus Christ and the prophets.





Art for the Heart

By Darcie Jensen

(Based on a true story)

By love serve one another (Galatians 5:13).

Mrs. Ramirez, who is that?" Sydney asked, pointing to a girl sitting at a desk. She had never seen this girl in their class.

Mrs. Ramirez smiled. "That's our new student, Yulia. Yulia just moved here from Ukraine. We're excited she's here."

Sydney looked at Yulia. She looked scared.

Sydney knew she would be afraid if she moved to a new country. That would be hard!

Sydney went and sat next to Yulia.

Smiling, she said, "Hi. My name is Sydney."

Yulia timidly smiled back but didn't say anything. Sydney tried to talk to her, but Yulia just shook her head.

"She doesn't speak English,"

Sydney thought. "She needs help!"

Throughout the day Sydney was Yulia's buddy. She showed Yulia around the school and helped her with classwork.

At lunch, Sydney asked Yulia, "Do you want to play with me?" She pointed to the playground to help Yulia understand. Yulia smiled and nodded. They played together for all of lunch recess.

Sydney began teaching Yulia lots of English words. She wanted to help Yulia feel more comfortable talking to people. Sometimes it was hard to understand each other, but the two girls soon became good friends.

In class a few weeks later, the girls were drawing a picture together. Sydney drew flowers and insects while Yulia drew grass and trees.

"We made a beautiful garden!" Sydney said when they finished.

Yulia smiled. "Yes, it is pretty. I like to draw."

Mrs. Ramirez came over to their desks. "What a beautiful picture! I'm glad you two are working together." She took their drawing and taped it on the class bulletin board. The girls smiled proudly.

One day when Sydney got home from school, her mom said, "Mrs. Ramirez called. She wanted to let you know that Yulia is in the hospital. She is having surgery on her heart tomorrow. She'll be in the hospital for a while to recover."

Sydney thought about Yulia the next day during school. She looked at their drawing on the bulletin board. That gave her an idea.

After school, Sydney told her mom, "I want to take Yulia something to cheer her up after her surgery. She liked drawing in class. Maybe we can take her some art supplies."

"That's a great idea!" Mom said.

Sydney and her mom bought a drawing pad and some bright crayons. Sydney couldn't wait to give them to Yulia. A few days later, Sydney and Mom went to the hospital. They found Yulia's room and knocked on the door.

Yulia's mom opened it and smiled. "Please come in. Yulia is resting."

Yulia turned as they entered the room. Her face was

Could Sydney find a way to help her new friend feel better?

Ukraine is a country in eastern Europe near Russia.

Its first temple was dedicated in the capital, Kyiv, in 2010.





pale, and she looked tired. "Hi, Sydney."

Sydney pulled out the drawing pad and crayons. She shyly set them on the bed next to Yulia. "I thought these might help you feel better."

Yulia's eyes lit up. She reached for the crayons.

"Thank you! I really like to draw. Can we draw right now?"

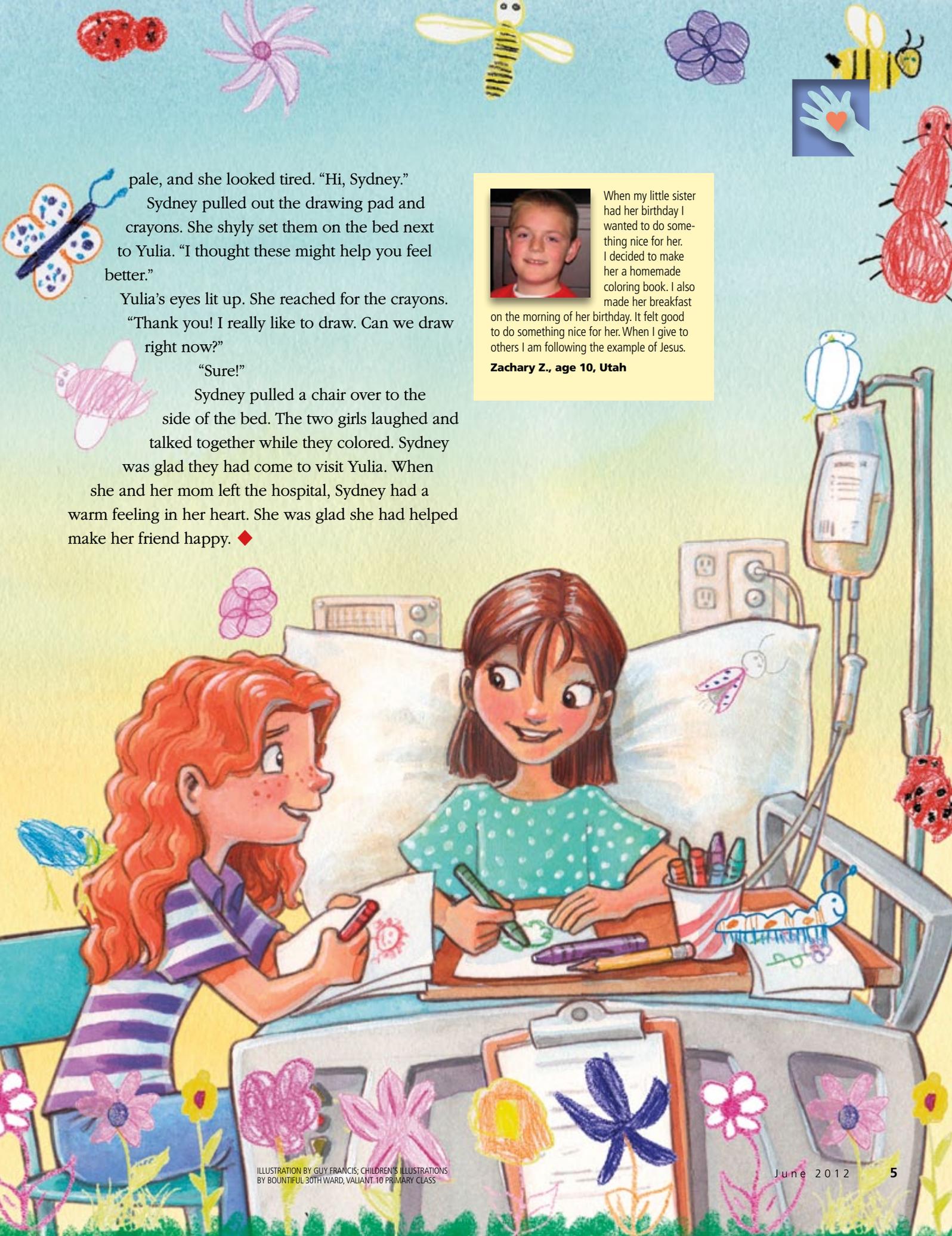
"Sure!"

Sydney pulled a chair over to the side of the bed. The two girls laughed and talked together while they colored. Sydney was glad they had come to visit Yulia. When she and her mom left the hospital, Sydney had a warm feeling in her heart. She was glad she had helped make her friend happy. ♦



When my little sister had her birthday I wanted to do something nice for her. I decided to make her a homemade coloring book. I also made her breakfast on the morning of her birthday. It felt good to do something nice for her. When I give to others I am following the example of Jesus.

Zachary Z., age 10, Utah



“When thou
risest in the
morning let
thy heart be
full of
**thanks
unto God.**”

—Alma 37:37

TWO MILLION HELPING HANDS



There are about one million Primary children in the world. That means there are two million hands to help and serve others! Look for more helping hands in this issue to see how other children have served.



One day in school our teacher had us play a quiet game where we took turns selecting children who were being quiet. I noticed that the boy next to me was sad because he wasn't being picked. I got chosen, so I picked him next, which made him happy. I felt good inside knowing that I had helped him.

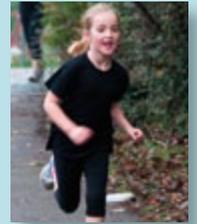
Alexander M., age 8, Virginia



Every morning my brother and I share the job of emptying the dishwasher. One morning while my brother was busy, I unloaded the entire dishwasher by myself. He was surprised and grateful that I did his job for him. The next morning my brother put away my pile of clean laundry while he was putting his away. I decided to keep the circle of service going and did his dishes job again. We are continuing to serve each other.

Andrew S., age 7, California

I helped organize a talent show at my school to raise money for a heart foundation. Then I ran in a race to raise money for cancer research. I did it with my mom, my grandma, and my great-grandma. I love running, helping people, and spending time with my family.



Rebekah H., age 7, England



My brother's best friend came to visit because his mom was very sick. I felt bad for him. My dad was taking my brother and me to an equestrian show presented by the Royal Canadian Mounted Police. I let my brother's friend have my ticket. I wanted him to be happy and to not worry about his mom.

Gabriela D., age 5, Alberta, Canada



I was bored one day, so I decided to make a card for my grandpa, who had just gotten home from the hospital. On the back I put pictures of Jesus and Joseph Smith. I was happy I could help someone in need!

Emily W., age 8, Utah

METEORS

And MEMORIES

By Wendy Ellison

(Based on a true story)

Fathers are so special with a very special love (Children's Songbook, 209).

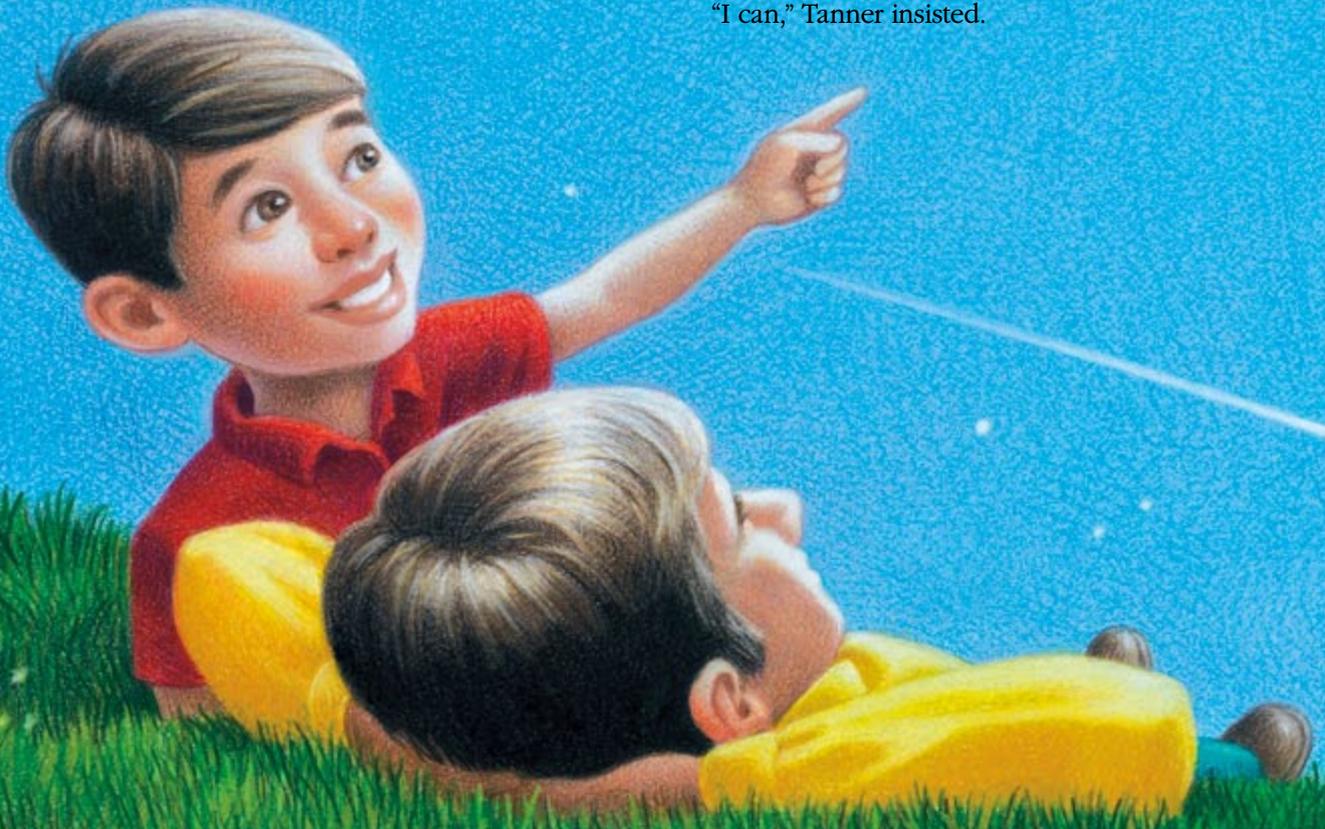
Tanner usually watched the weather forecast on TV to find out if it would be warm enough to wear shorts the next day. One night he was surprised when the weatherman mentioned something besides the weather.

"A meteor shower will light up the sky tomorrow night," the weatherman said. "The forecast calls for clear skies, but the best view for stargazers will be away from the lights of the city."

"Awesome!" Tanner exclaimed. He liked looking at the stars, but he had never seen a meteor shower before. "Dad, will we be able to see it from our house?"

"I think we might be able to spot a meteor or two, if you can stay awake that late," Dad said with a smile.

"I can," Tanner insisted.



*Spotting meteors
was pretty cool,
but having Dad
there made it
even better.*

All the next day Tanner looked forward to watching the meteor shower. He felt like it would never get dark enough. It was pretty late when he and Dad finally stepped outside into the warm night. Even though it was past his bedtime, Tanner was too excited to be tired. Dad found the perfect spot in the backyard. They lay down on their backs and stared up at the millions of flickering lights.

“Look at all the stars,” Tanner said. “Does the universe ever end?”

Dad shook his head. “We see just a tiny part. No one really knows how many stars and planets there are,” he said. “Did you know that some of the stars you see are suns for distant planets?”

“That’s cool!” Tanner said.

While they waited, they talked about space and stars. Dad pointed out a satellite as it moved across the sky.

After a while, Dad and Tanner started seeing meteors. Some were bright points of light with long tails. Others blazed by in exploding flashes that quickly disappeared. One followed another, a little like fireworks in the night sky.

“Did you see that?” Tanner asked, pointing to a

fading streak of light.

“That was a good one,” Dad said.

“There’s another one,” Tanner said as a brilliant light burst into view.

They watched the sky for a long time and saw many meteors before Dad said it was time to go inside and get some sleep.

Tanner was having so much fun he wished he could stay up until morning. “Let’s do this again sometime,” he said as he stood and reluctantly walked to the back steps of their home.

“We will,” Dad said.

“Thanks,” Tanner said with a smile. Even though he didn’t want to go inside, things had turned out even better than he’d expected. He got to stay up late, gaze at the stars, and see so many meteors that he lost count. But the best part of the whole night wasn’t any of those things—it was the memories he had made with Dad. ♦

“Trust your father. . . . Talk to him. Share your thoughts and feelings, your dreams and your fears.”¹

Elder M. Russell Ballard of the Quorum of the Twelve Apostles





FATHER'S DAY ACTIVITIES

Remember to ask an adult for help when you make a Kitchen Crafts recipe.

Dinner-for-Dad Meatball Sandwiches

1/2 cup whole-wheat bread crumbs
1/2 teaspoon salt
1/4 teaspoon pepper
1/4 cup onion, finely chopped
1 egg
1/2 teaspoon Worcestershire sauce
1 tablespoon milk
1¼ pounds (.5 kg) ground beef
dinner rolls
marinara sauce

1. Wash your hands with soap and water. Preheat oven to 350°F (177°C).
 2. In a large bowl, combine the first seven ingredients. Mix well.
 3. Add ground beef. Use your hands to combine the mixture.
 4. Form meatballs that are one inch wide. Place them on a greased pan so they do not touch.
 5. Bake for 25–30 minutes. Remove from oven and let cool for 5 minutes.
 6. Place meatballs on sliced dinner rolls and top with marinara sauce.
- (Recipe makes approximately 12 meatballs.)



Nifty Napkin Rings

Your dad may need plenty of napkins so he doesn't get messy eating his meatball sandwich.



- To make a special napkin ring, take a cardboard tube from an empty paper towel roll. Have an adult help you cut off a ring 1½ inches tall.
- Cut a length of yarn in your dad's favorite color.
- Tape or glue one end of the yarn to the inside of the cardboard ring.
- Wrap the yarn around the outside of the ring in vertical rows. Try changing colors or threading beads onto the yarn for different looks. You may need to tape or glue the yarn to the inside of the ring in a few places to make sure it stays in place. Continue wrapping until the outside of the ring is covered.
- Trim the end of yarn and tape or glue it to the inside of the ring.
- Finally, slip a napkin through the middle and give it to your dad with his yummy dinner!

What is revelation?



By Elder David A.
Bednar of the
Quorum of the
Twelve Apostles

*The members
of the Quorum
of the Twelve
Apostles are
special witnesses
of Jesus Christ.*

Revelation is communication from God to His children on the earth.

**Sincere desire and worthiness invite the
spirit of revelation into our lives.**

**Some revelations are received immediately;
some are recognized gradually.**

**As we honor our covenants and keep the commandments,
as we strive to do good and to become better, we can walk
with the confidence that God will guide our steps.**

From "The Spirit of Revelation," Ensign, May 2011, 87–90.



Bulletin Board

★ Good Word ★

This month's good word is **service**. It means doing things that help other people. Do you know who it is we're really serving when we serve others? Find the answer on page 15.

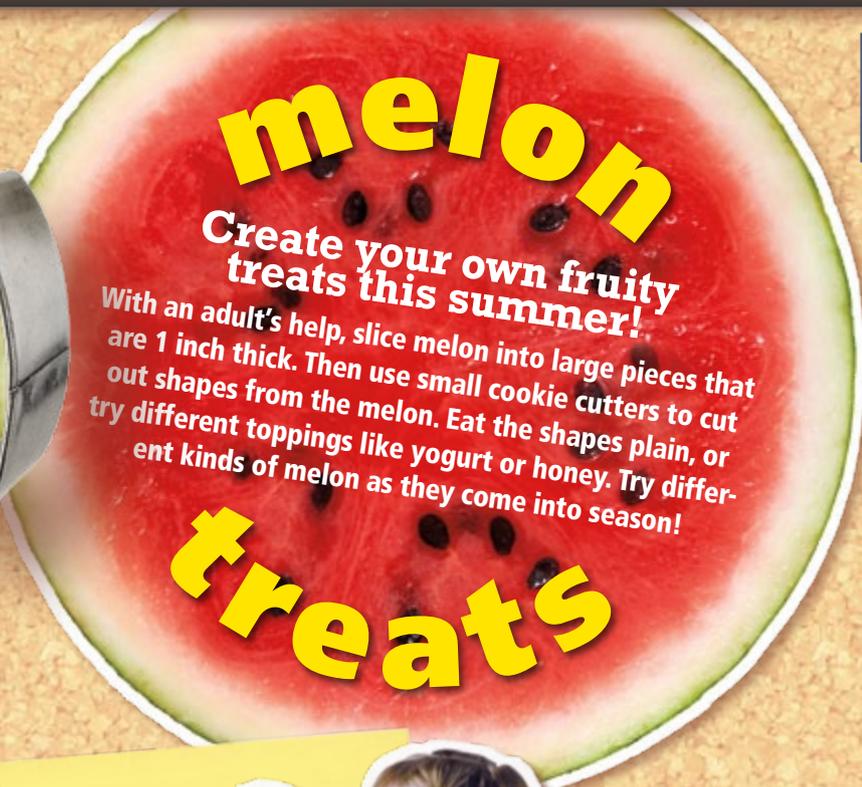


Journal Junction

Each month this year you can write a little bit of your own history in your journal. This month write about your father. What is his name? What does he look like? What do you like to do together? Draw a picture of your father, or write down your favorite memory of him.

My dad's name is Robert.
He has a crew cut. We do
lots of stuff together.
One of our favorite
things is to go to the
zoo. He likes the monkeys.
I like the polar bears.

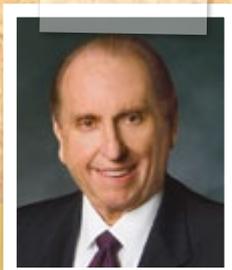




Create your own fruity treats this summer!

With an adult's help, slice melon into large pieces that are 1 inch thick. Then use small cookie cutters to cut out shapes from the melon. Eat the shapes plain, or try different toppings like yogurt or honey. Try different kinds of melon as they come into season!

treats



"My brothers and sisters, we are surrounded by those in need of our attention, our encouragement, our support, our comfort, our kindness. . . . We are the Lord's hands here upon the earth, with the mandate to serve and to lift His children. He is dependent upon each of us."*

—President Thomas S. Monson



**"What Have I Done for Someone Today?" Ensign, Nov. 2009, 86.



You'll read a lot about service in this issue. Have your own month of service by decorating an empty box and calling it your Service Box. At the beginning of the month write down ways you can serve others, like being kind to a new kid at school, helping a brother or sister with chores, or making a card for someone. Put the papers in the box. Each week, pull out a few acts of service and try to do them during the week. You could even ask your family or friends to join you with their own boxes of service!





King Benjamin's People

REPENT

From Mosiah 2:1; 4; 5; 6:1-3.

By Diane L. Mangum

The families of Zarahemla were crowded around the tower where King Benjamin stood. The king had called them together to speak to them. He taught them about Jesus Christ. He told them they could not be **saved** unless they repented of their sins.

Being saved means being resurrected and, because of the Atonement, not having to be punished for our sins.

one another. He taught the parents that they should care for their children and teach them to obey God's laws. They should not let their children fight and quarrel but should teach them to love and serve each other. The people should share what they have with the poor, visit the sick, and help those who need help. King Benjamin explained that there are many ways to commit sin, so it is important that we be careful about what we think and do.

When he finished teaching, King Benjamin asked the people if they believed his words.

They all cried out that they did believe. They knew his words were true because the Spirit of the Lord had changed their hearts. They no longer wanted to do evil, but only good.

The men and women knew they had sinned. They fell to the ground in fear and cried out to God to forgive them. The Spirit of the Lord came upon them, and they were filled with joy and peace.

Then King Benjamin began to teach them again. He wanted to tell them more about the plan of salvation and the things that would bring them joy.

He told them to live peacefully and to not hurt



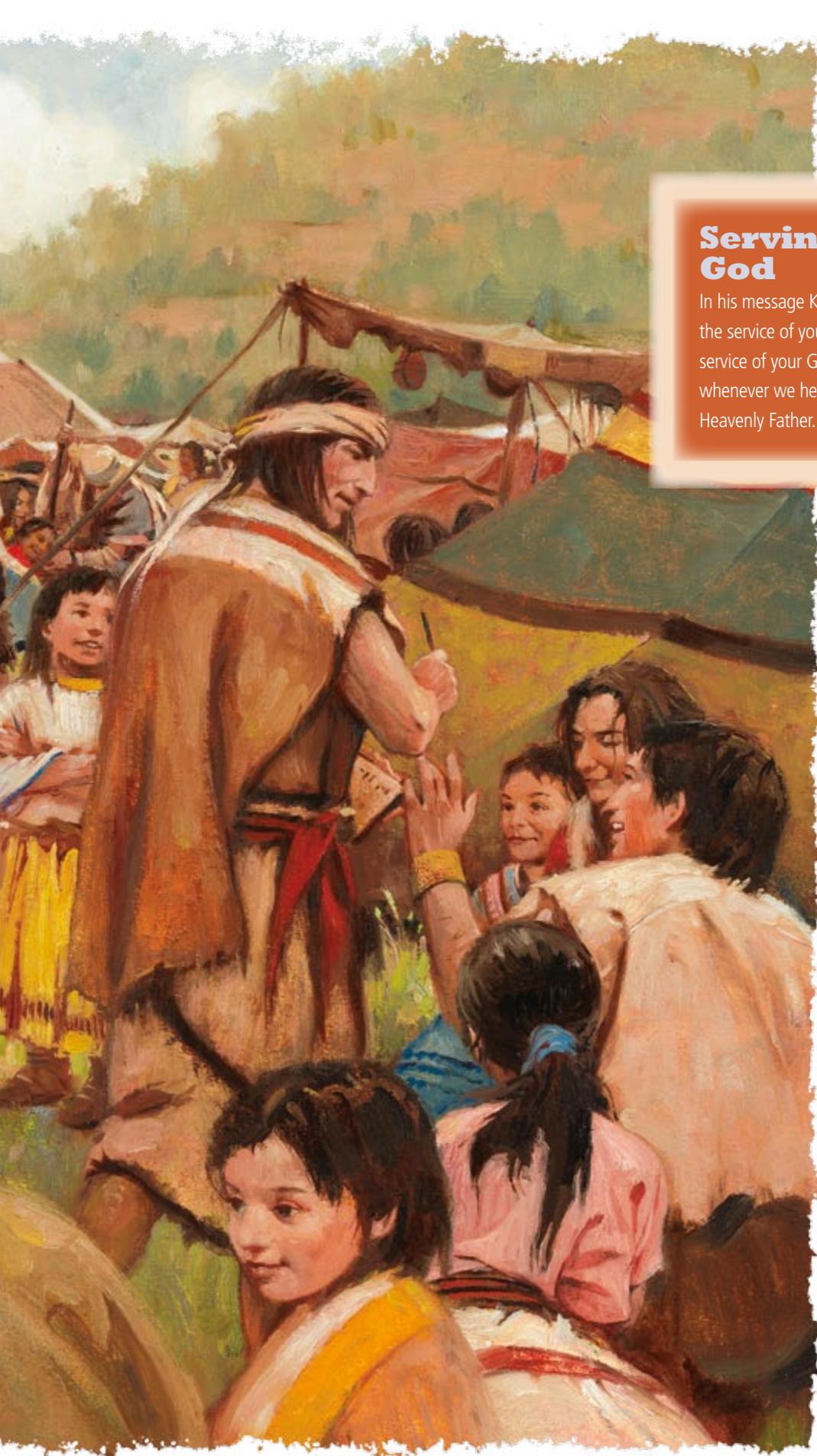
Covenant

A covenant is a two-way promise.

When we are baptized, we make a covenant to follow Jesus Christ and obey His commandments.

Heavenly Father promises that if we do this we can always have His Spirit with us.





Serving God

In his message King Benjamin said, “When ye are in the service of your fellow beings ye are only in the service of your God” (Mosiah 2:17). He meant that whenever we help someone, we are actually serving Heavenly Father.

The people of Zarahemla wanted to make a covenant with God. They promised to be righteous and obedient all of their lives.

King Benjamin told them that because of this covenant they would be called the children of Christ. If they honored their covenants, they would be saved and have

Eternal life means living in the celestial kingdom with Heavenly Father and Jesus Christ.

eternal life.

Before the people returned to their homes, the names were written down of each person who made a covenant with God. Every person there who was old enough took on the name of Christ and promised to do His will. King Benjamin called teachers and priests to help the people learn more about God and remember the promises they had made. ♦

What BIG SISTERS

By Jennifer Maddy

(Based on a true story)

*Each day I'll try to do his will and let my light so shine
that others seeing me may seek for greater light divine
(Children's Songbook, 82–83).*

Amanda pulled the silky ribbon around the loop and tightened the pretty bow. “There you go, Emma,” she said.

“Thanks!” Emma said as she looked over her shoulder, trying to see the bow on the back of her dress. “It’s hard for me to tie it backwards.”

“That’s what big sisters are for,” Amanda said. She picked up her scriptures and headed to the kitchen for breakfast. It was Sunday, and the family was busy getting ready for church.

On her way to the kitchen, Amanda found Clara sitting on the floor. Clara was frowning. Her shoes were on the wrong feet.

“Let me help you with your shoes, Clara,” Amanda said.

She undid the straps of Clara’s shoes, put them on the right feet, and tightened the straps. Clara stood up and marched around happily. “Thanks, Amanda!” she said.

Amanda figures out how to help her family on a busy Sunday morning.

Amanda smiled. “That’s what big sisters are for,” she said.

In the kitchen, Amanda found Megan and Rachel sitting at the table.

“We’re hungry,” Megan said. “Where are Mom and Dad?”

“Mom is taking care of the baby, and Dad is at a meeting at church,” Amanda said.

“I’ll help you get breakfast.”



Are For



Amanda poured cereal and milk into two bowls and put two slices of bread in the toaster. The toaster ticked as Megan slurped her milk and Rachel listened to the crackling cereal. When the toast popped up, Amanda spread on butter and strawberry jam. She put the toast on two plates and handed them to her sisters.

“Thanks, Amanda!” they said.

“That’s what big sisters are for,” Amanda said, and she put another piece of bread in the toaster for herself.

A few minutes later, Mom walked into the kitchen carrying baby Ruby. When Mom saw the girls eating breakfast, she smiled gratefully at Amanda.

“Thank you, Amanda,” Mom said. “You’re such a big help to me and your younger sisters. You’re a great example for them—even little Ruby!”

Ruby blinked and smiled at her oldest sister.

At church, Amanda sat quietly with her family. When the organ started playing the opening hymn, Amanda opened a hymnbook. She loved singing the hymns in sacrament meeting.

“‘Come, follow me,’ the Savior said,” she sang. “Then let us in his footsteps tread.”

Amanda looked down the row at her sisters and saw that they were watching her. Then they opened their hymnbooks and began to sing. Megan and Rachel shared a book while Emma pointed out the words to Clara.

A warm feeling grew inside Amanda. She was glad she could serve her family by helping her younger sisters. She promised herself that she would always try to be helpful and to be a good example for them. After all, that’s what big sisters are for! ♦



My mom was feeling sick one night, and I wanted to help her feel better. I decided to put my little brother and sister to bed for my mom. I helped them say their prayers, and I tucked them in tight. I even said, “I love you. Good night!” to help them have sweet dreams. It felt good to be able to help my mom.

Liberty W., age 5, Alberta, Canada



One of Carly's favorite things to do on the playground is have scavenger hunts with her friends.



A PLAYGROUND for CARLY

By Chad E. Phares

Carly W. from Rexburg, Idaho, is a busy helper. At home Carly helps out by taking care of her family's cats, dogs, and chickens. Because Carly is one of the best students in her class at school, she

helps other children with math and reading. In Primary Carly's singing helps other children to feel the Spirit.

Because Carly has done such a good job helping others, some of her friends decided to help her too.

Carly was born with a disease

called spina bifida. This disease makes it hard for Carly to use all of her muscles. Doing things like walking on uneven ground and climbing up stairs can be hard for her. At school, Carly wasn't able to play on the playground because the playground equipment was hard for her to use. There were other children who also couldn't play on the playground equipment.

"Sometimes I felt frustrated at recess because I couldn't play on the playground," Carly says.

One of Carly's friends, Halli Jo,



Carly helps other students with math and reading.

The rubber flooring of the playground is easier for Carly to walk on.



Carly and Halli Jo (right) like to play with dolls, walk outside, and color together.

**Learn more
about Carly at
lds.org/friend.**



and Halli Jo's mom decided to earn money to build a playground that Carly and all the other students at the school could use.

Halli Jo, her mom, and a lot of other people worked to earn money for the new playground. It took a lot of work, but they were able to earn enough money to build a new playground that all the students could play on.

"It was a lot of hard work," Halli Jo says. "But it never made me sad to do the work—it just made me love Carly more."

Carly is happy to be able to

play on the playground with her friends. She says, "I like walking up the ramps and going down the slides. Me and my friends have fun together." ♦



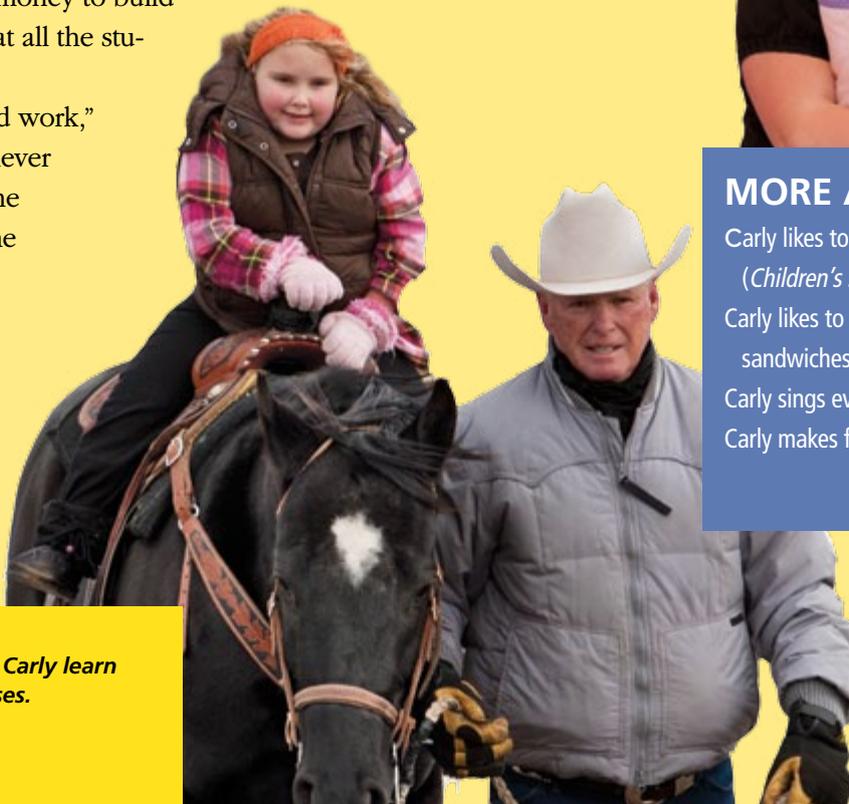
MORE ABOUT CARLY

Carly likes to sing "Nephi's Courage" (*Children's Songbook*, 120).

Carly likes to eat chicken strips and sandwiches.

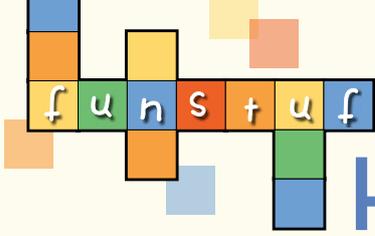
Carly sings everywhere she goes.

Carly makes friends easily.



PHOTOGRAPHS BY CHRISTINA SMITH

One thing that helps Carly learn balance is riding horses.



Happy Birthday, Bishop!

By Val Chadwick Bagley

These Primary children are surprising their bishop on his birthday. See if you can help them find a baseball, baseball bat, belt, bow tie, candy cane, cherry, cookie, crayon, doughnut, envelope, flashlight, football, garden hoe, hose, kite, ladder, ladybug, letter L, lollipop, marshmallow, number 3, paintbrush, pen, pencil, and sock.





The Blessings of Hard Work

Let us cheerfully do all things that lie in our power
(D&C 123:17).

From an interview
with Elder Per G.
Malm of the Seventy;
by Hilary Watkins
Lemon



When I was a young boy in Sweden, my father served as a counselor to several mission presidents. This calling required him to travel many weekends. He was an example to my siblings and me of the importance of serving the Lord, even when it means we must make sacrifices.

I also learned the value of physical work early in my life. During the summers I would ride my bike to a strawberry farm several miles away. I picked strawberries for many hours each day to earn money.

Our family had a summer cottage on a farm. It did not have electricity or plumbing, so we had to chop our own wood and carry water from a well. The farmer who owned the farm trusted me to sometimes take the cows to the barn for milking and to let them

back out. We harvested and stacked hay and used horses to haul the hay bales to the barn.

My experiences with physical work and my father's example in devoting himself to the Lord's work helped me on my first mission. When I was only 16 years old, I was called as a bricklayer for Church buildings in Sweden, Finland, Germany, and the Netherlands. I received many spiritual impressions during my service. I learned that honest physical work is one way to do what is right and, therefore, be in harmony with God.

It is an honor to receive an assignment and to report that you have done your very best to complete it. When we accept assignments and use our time and talents to build the Lord's kingdom, we will experience and see the blessings Heavenly Father has in store for us. ♦

Growing in the Garden

*Yard work—on
the last day of
vacation?*





Therefore all things whatsoever ye would that men should do to you, do ye even so to them (Matthew 7:12).

Matt, Joey, Isaac, and Liza had spent a whole week at Grandma and Grandpa's house with their parents. They had played at the park, visited the river, and seen the last patches of snow melting in the mountains. They also went to a children's museum, read books at the library, and watched a funny movie. It had been a good trip.

"Are we leaving tomorrow?" Liza asked on the last night of their vacation.

"Yes," Mom said. "But we don't have to leave until after lunch. Maybe we can do something fun together in the morning."

"Shopping?" Matt asked. He was hoping to search the second-hand store for treasures.

"I have a different idea," Mom said. She pointed out the window at the garden. Spring was almost over, but most of the things growing in the garden were weeds. Last year's grapevines draped over a fence. One fuzzy, pale green plant had started an army of little shoots just like itself. Matt remembered that plant—lamb's ear. He helped Grandpa choose it a few years ago.

"Don't you think we'd have fun helping Grandma and Grandpa get their garden ready for summer?" Mom asked. Nobody said a word. "Think about all the nice things Grandma and Grandpa have done for you. Wouldn't you like to do something kind for them? I know you're all good workers, and they'd be thankful for your help."

Matt didn't think working sounded like fun, but he did want to help his grandparents.

After breakfast the next day, Grandpa gave each person a job. Mom used big clippers to trim the grapevines. Liza pulled weeds, Isaac lined up smooth stones around the edges of a new flowerbed, Joey carried weeds and grapevine trimmings to a compost pile, and Matt helped Grandpa and Dad dig up the little lamb's ear plants so they could be planted in new places in the garden.

Soon the sun was high in the sky. "I think we've put in a good morning's work," Grandpa said.

The garden looked much different than it had earlier that morning. Matt was amazed they had done so much work.

"Everybody, go clean up for lunch," Mom said. "After we eat it will be time to go home."

After lunch, Mom and Dad buckled the children into the car. Grandma and Grandpa came out to say good-bye.

"Thank you for all your hard work," Grandma said. "It would have taken us a lot longer to do it all by ourselves."

Grandpa leaned into the car and handed Matt a big, sealed plastic bag. When Matt looked closely, he realized it was one of the small lamb's ear plants surrounded by dirt.

"Remember when you chose that plant, Matt?" Grandpa asked. "I thought you'd like to have one for your own garden."

Matt looked at Mom. "Can we put it in our flowerbed in the front yard?" he asked.

"Sure, Matt. Then you'll see it every day," Mom said.

"Awesome," Matt said. "And every time I see it, I'll remember working in Grandma and Grandpa's garden." ♦

"This is the spirit of compassion: that we love others as ourselves, seek their happiness, and do unto them as we hope they would do unto us."

President Dieter F. Uchtdorf, Second Counselor in the First Presidency



Worldwide HELPERS

By Jan Pinborough
and Linda Davies

Emergency strikes! A family in Japan loses their home in a tsunami. A boy in Romania doesn't have pencils or paper for school. A girl in Bolivia needs a wheelchair. A mother in the United States doesn't have any food for her children.

Each week the Church and its members help people

like this around the world. Church members help people in their own communities. And the Church sends supplies from the Humanitarian Center in Salt Lake City, Utah. Ten-year-old Hunter S. from Kaysville, Utah, visited the center to learn all about how the Church helps others. ♦



Some babies in orphanages lie in cribs with only white walls to look at. These colorful toys are fun for babies to play with.



The Humanitarian Center sends dolls and other toys to children in need.



School kits go to children who need school supplies.



Toothbrushes and other supplies go to children in orphanages and people in disaster areas.



What is given	How much	Where
Clothes and shoes	8 million pounds	43 countries
Quilts	45,000	many countries
School kits	220,000	many countries
Wheelchairs	59,000	59 countries
Disaster supplies (food, clothes, medical supplies)	for 119 disasters	58 countries



Hunter saw a big painting of Jesus healing a man who couldn't walk. We try to follow Jesus's example by loving and helping others.



Elder and Sister Naisbitt show Hunter bags of shoes and boots waiting to be shipped all over the world.



Hunter said the wheelchairs the Humanitarian Center sends are awesome.

A soft doll can comfort a young child who has lost a home. Look on page 26 to find out how you can make one to donate to a homeless shelter near you.



Hunter Helps

Hunter likes building and finding out how things work, and he uses his talents to help others. When his family helped build a house for a family who didn't have one, Hunter helped staple down the foam layer under the foundation. And when his neighbor's car wasn't working, Hunter looked under the hood and showed him the broken part.



Some new babies have to be wrapped in newspapers or banana leaves because their mothers don't have blankets for them. Newborn kits provide warm blankets for these babies.



The pins on this map show 178 countries where people have received help from the Humanitarian Center.

How YOU Can Help



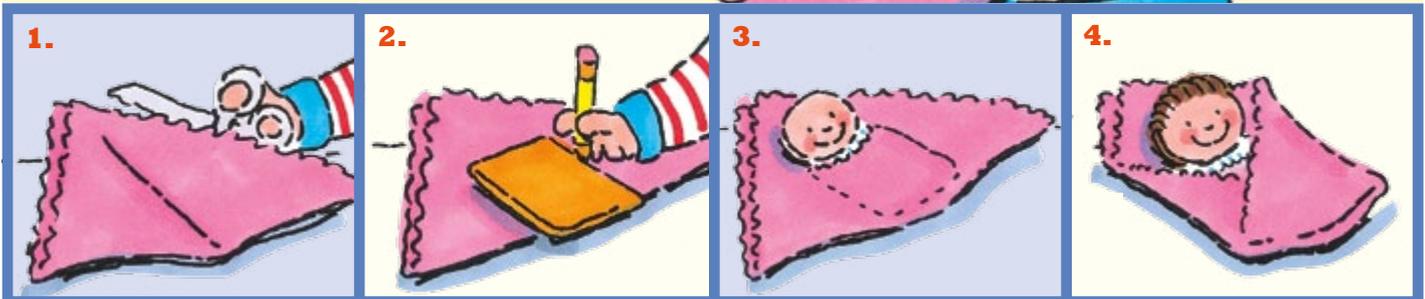
- When you pay your tithing, you can also include a donation to the Humanitarian Aid Fund.
- Make and donate items for orphanages, homeless shelters, and disaster areas. You could make a quilt or collect school supplies for children in need. Or use this pattern to make a comforting doll for a child in a hospital or shelter.

Comfort Doll

Have an adult help you and do your best work!

You will need:

- * 10-inch square of flannel
- * 3- x 4-inch piece of cardboard
- * 3 3/4-inch circle of muslin or soft knit fabric
- * 3-inch piece of gathered lace
- * stuffing or quilt batting
- * needle and thread
- * fabric pen
- * yarn
- * knitting needle
- * pinking shears



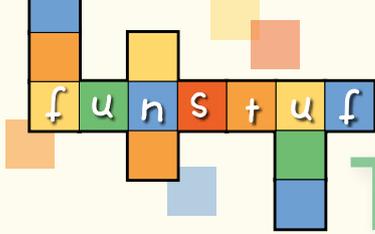
1. To make the doll's blanket: Fold the flannel in half into a triangle. Trim the unfolded edges with pinking shears. Fold the triangle in half again, and press the crease with your fingers to mark the center of the triangle. Place the triangle on the table with the folded side at the bottom and the peak at the top.

2. To make the doll's body: Place the piece of cardboard in the middle of the triangle, with the narrow side of the cardboard even with the folded edge of the fabric. Use a pencil to mark the rectangle shape where the cardboard is. Remove the cardboard, and use a needle and thread to stitch along the long sides of the rectangle. In between the layers of fabric,

stuff the rectangle with stuffing or batting. Put the layers back together and stitch along the top of the rectangle.

3. To make the doll's head: Sew around the edge of the circle of fabric with long stitches. Draw the thread up to form a head, and stuff it with batting. Place the head on the fabric above the body and stitch it down. Sew lace between head and body. Draw eyes and a smile on the head.

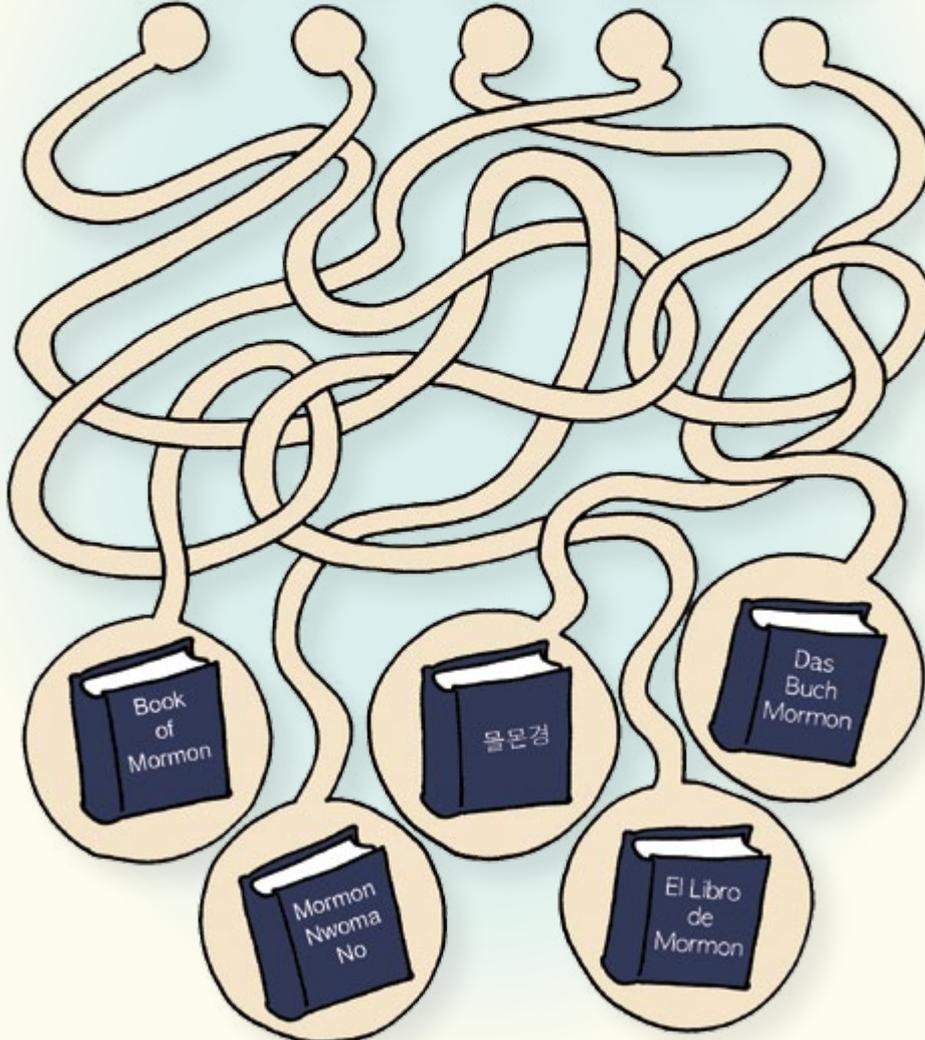
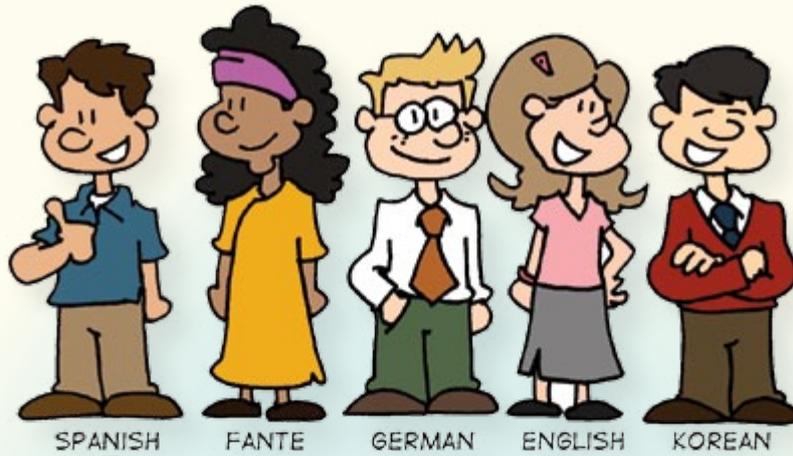
4. To make the doll's hair: Wrap a long piece of yarn around the knitting needle. Put it in a warm oven for 10 minutes. Cool completely and then cut the yarn into two-inch-long pieces and sew onto the doll's head.



The Book of Mormon around the World

By Arie Van De Graaff

The Book of Mormon teaches people about Jesus Christ. More than 150 million copies of the Book of Mormon have been published in 82 languages. Follow the lines to help these children find the Book of Mormon in their own languages.



The Little League LESSON

*I have a fam'ly here on earth.
They are so good to me. I want
to share my life with them
through all eternity
(Children's Songbook, 188).*



By Lindsay Stevens

(Based on a true story)



“Why do I have to be here?” Lindsay whined. “You need to support your brother,” Mom said.

“But it’s so boring,” Lindsay said. “Most of the time I don’t even watch him.”

Lindsay’s little brother, Michael, had joined a Little League baseball team, and Mom took Lindsay to every practice and every game. Lindsay was bored the whole time. While Michael struggled to hit the baseball, Lindsay listened to music, read books, and drew pictures for her little sister.

Lindsay sighed and watched her brother stand in the outfield with his teammates. She watched him as he ran to catch a ball, missed it, and then threw it to the wrong person.

“Keep going, Michael!” Mom called. “You’re doing great!”

“But, Mom,” Lindsay said, “he’s *not* doing great.”

“That’s why we’re here, Lindsay,” Mom said. “To cheer Michael on, especially when he does badly. If we weren’t here and Michael felt like he was failing, he might stop trying. I want him to always try. Just like how I want you to always try with your art.”

“No one has to cheer me on in art class,” Lindsay said.

“Michael doesn’t come with me and shout, ‘Great job!’ when I mix the colors right.”

“No, but he always compliments your art when you show it to us,” Mom said.

Lindsay thought about that. She remembered how Mom had driven her to art classes and how sometimes Michael had to ride in the car, even when he wanted to play with his friends. She watched Michael in the outfield. The other team’s batter had just hit the ball. It was going straight toward him!

“Come on, Michael!” Lindsay cheered. “You can catch it!”

Michael ran toward the ball and stretched out his mitt. He caught the ball!

Lindsay and Mom both stood up and cheered. “Great job, Michael! You’re my favorite brother!” Lindsay shouted.

“I’m your only brother!” Michael shouted back with a huge grin on his face.

Lindsay sat back down, smiling from ear to ear.

“Maybe I should pay attention and cheer Michael on,” she thought. “Watching him catch that ball was the most interesting thing that has happened all day. And he looked like he really cared that I was watching. I’m so proud of him.”

“Mom, I think you’re right,” Lindsay said. “We should support Michael.”

Mom smiled. “I’m glad you changed your mind.”

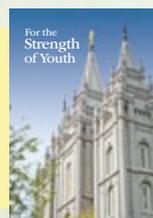
“Let’s cheer some more!” Lindsay said.

“Go, Michael!” cheered Lindsay and Mom. “You can do it!” ♦



“Strengthen your relationships with your brothers and sisters. They can become your closest friends. Support them in their interests, and help them with challenges they may be facing.”

For the Strength of Youth (2011), 15



What are you doing tonight, Matt?



Watching your dance recital, of course!



Dylan's Saturday Surprise

By Jennifer Judd

(Based on a true story)

We all have work; let no one shirk. Put your shoulder to the wheel (Hymns, no. 252).

Dylan! Time to get up!" Mom said. "We're going over to church."

Dylan opened one eye. "Mom, it's *Saturday*," he said sleepily. "We don't go to church until tomorrow."

Mom laughed. "Don't you remember? We're going to help clean the chapel today."

Dylan groaned. After a long week at school, he looked forward to sleeping in and doing fun activities on Saturday.

"This is a great way to serve the Lord," Mom said. "You might actually *like* cleaning after today."

"I might have to get up early and clean today," Dylan thought, "but I don't have to like it."

When they got to the church building, Dylan saw some ward members gathered around the custodial closet. They were all adults. "Maybe I'm too young to do most of this stuff," he thought.

Just then Brother Palmer spotted Dylan and handed him some disposable rags and a bottle of disinfectant cleaner. "You can clean the sinks and empty the trash in the men's restroom," he said.

"Can this day get any worse?" Dylan thought.

Dad smiled at Dylan. "Dylan and I will be a team," Dad said. "We'll clean the restroom and the windows

on the south end."

Dylan followed Dad into the men's restroom. "I could be eating a doughnut for breakfast right now," he thought.

Dad started whistling as he began scrubbing the first sink. Dylan recognized the hymn:

Put your shoulder to the wheel; push along.

Do your duty with a heart full of song.

(Hymns, no. 252)

"Dad sure seems happy," Dylan thought as he picked up a rag. As they worked, Dylan and Dad talked about a baseball game they planned to go to that night. Dylan began to feel less tired. Soon Dad said, "We're all done in here! Let's start on the windows now."

Out in the hallway, everyone was busy vacuuming and wiping. Staci from Dylan's Primary class was cleaning a window.

"This is fun!" she said. "It's not every day you get to help take care of the Lord's house."

Dylan paused. "The Lord's house," he thought. Outside the sun was shining in a bright blue sky. "Cleaning isn't so bad if it helps keep the Lord's house beautiful on the inside, just like His world is on the outside."

Dylan went to work seeing how clean he could get the windows.



Will Dylan change his attitude about cleaning the church?

Mom tapped him on the shoulder. “Good work, bud!” she said. “Those windows really shine!”

“I think we’re all done,” Dad said. “Let’s put the supplies back in the closet.”

On the way out, Dylan stopped by a picture of Jesus in the foyer. As he looked at the Savior’s loving face, it felt good to know that in a small way he had helped Him today.

“Would you like a doughnut when we get home?” Mom asked.

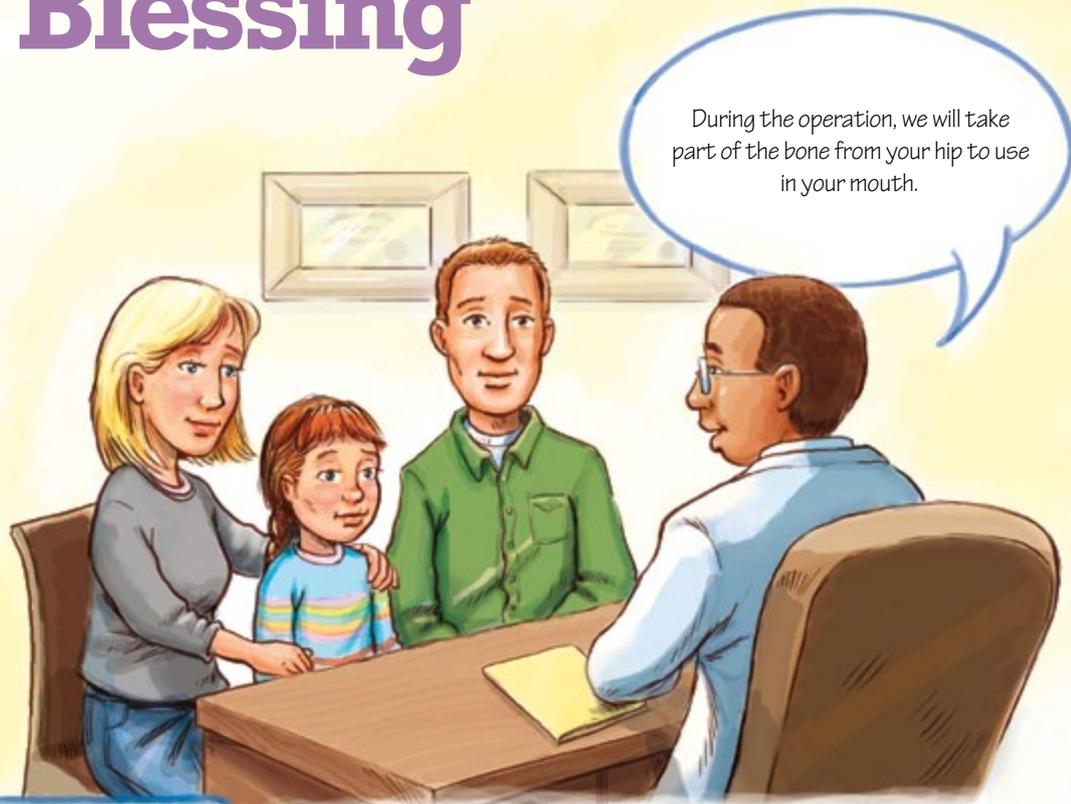
“Sure!” Dylan said. “This was a good way to spend Saturday morning after all,” he thought happily. ◆

Dana's Blessing

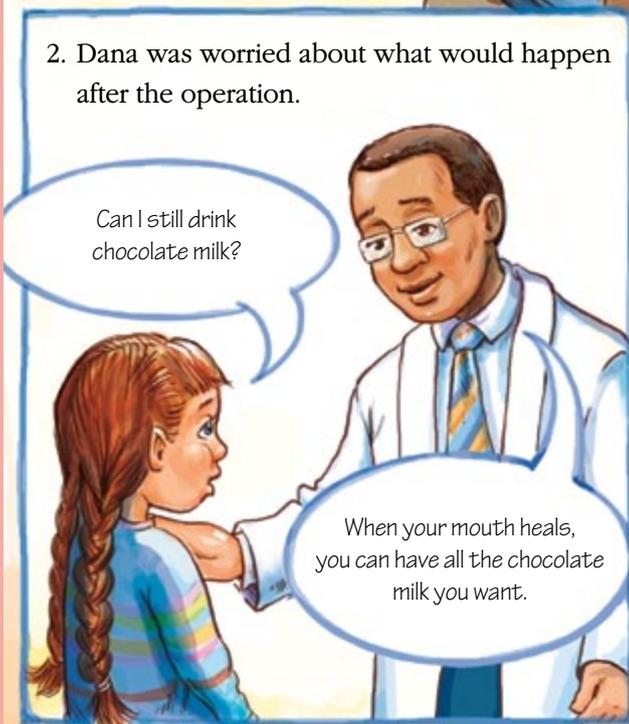
By Jane McBride Choate

(Based on a true story)

1. Dana was born with a hole in her lips and inside her mouth. She had already had four operations to try to fix it. Today Dana and her parents had an appointment with the doctor to talk about another operation.



2. Dana was worried about what would happen after the operation.



3. The night before the operation, Dana's dad and uncle gave her a priesthood blessing. Uncle Hyrum anointed Dana with consecrated oil. Then Daddy said the blessing.



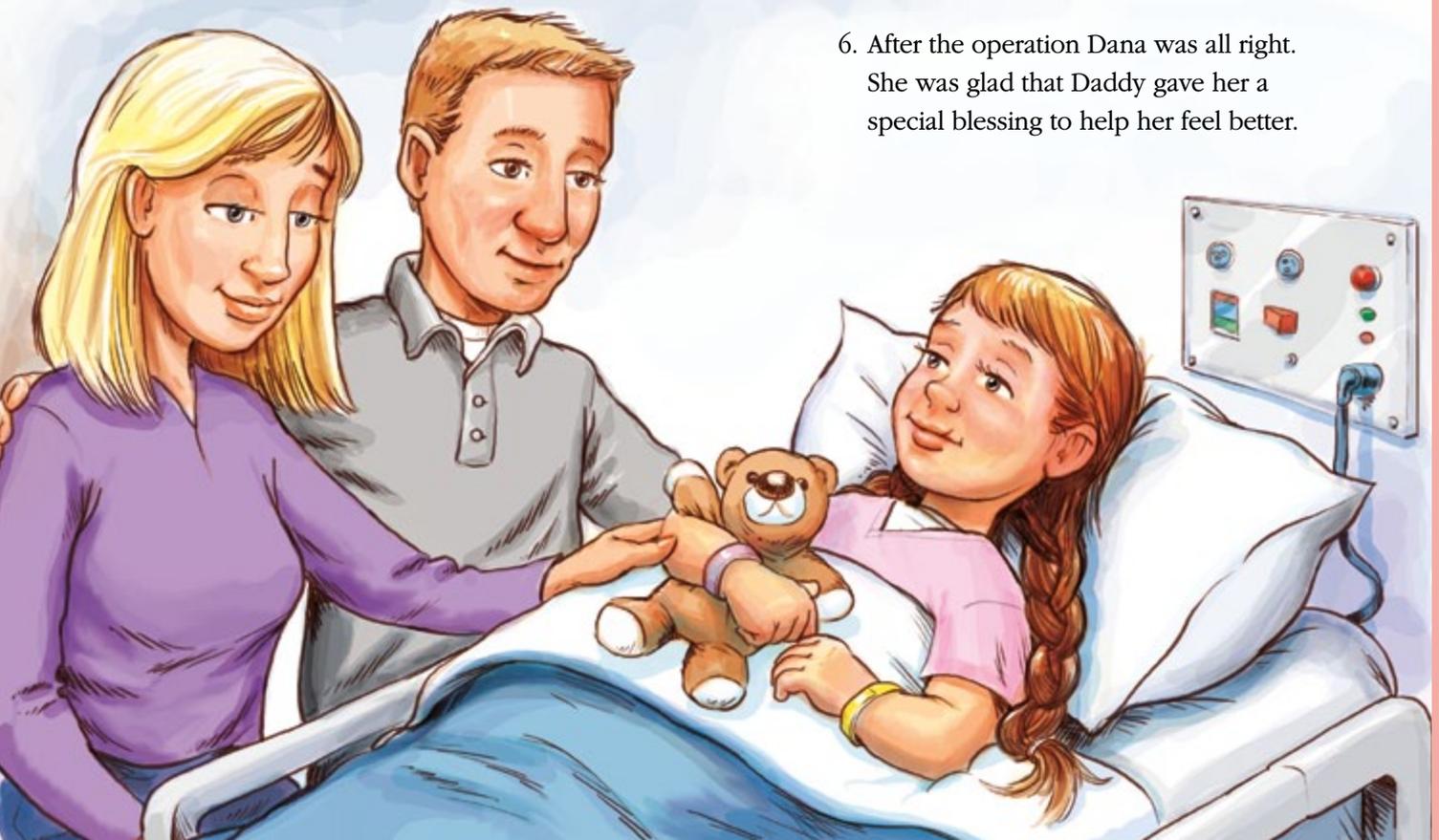
4. The next morning Mommy and Daddy took Dana to the hospital.



5. The nurse came to take Dana to the operating room. Dana gave Mommy a hug.



6. After the operation Dana was all right. She was glad that Daddy gave her a special blessing to help her feel better.





READY FOR BLESSINGS

By Hilary M. Hendricks

During a priesthood blessing we should show our faith by being reverent like we are during a prayer. Circle the picture that shows what to do during a blessing.

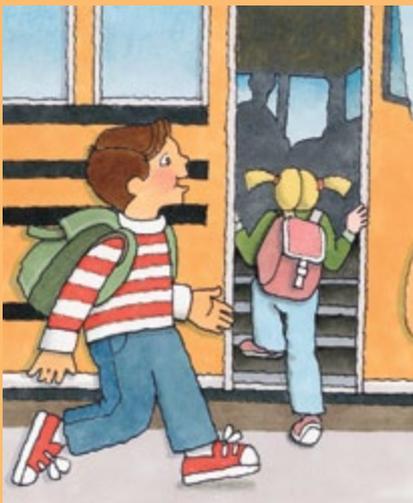


TIME FOR A BLESSING

By Hilary M. Hendricks

There are many kinds of priesthood blessings. You may have received a name and a blessing when you were a baby. You can ask for a blessing when you are sick, hurt, sad, or scared. Many children receive a priesthood blessing before school starts each year.

Look at these pictures. Why do you think these children received priesthood blessings?





I choose the right by living gospel principles.

I will go and do the things which the Lord hath commanded, for I know that the Lord giveth no commandments unto the children of men, save he shall prepare a way for them that they may accomplish the thing which he commandeth them (1 Nephi 3:7).

By Ann Stephenson

(Based on a true story)

Let us love one another: for love is of God (1 John 4:7).

Hi, Mom,” Tanner called as he took off his shoes and hung up his backpack.

“Hi, Tanner,” Mom said as she looked up from washing the dishes. “How was school?”

Tanner liked school, so when Mom asked him that question, his answer was usually the same.

“Good. How was your day?”

“It was fine,” Mom said softly.



Tanner wasn't so sure. Mom didn't sound very happy. And she wasn't smiling like she usually did when he came home from school.

“Is something wrong?” Tanner asked.

“No, nothing's really wrong,” Mom said. “I've just had a bad day.”

“I'm sorry,” Tanner said. He gave Mom a big hug, hoping it would help.

Tanner walked to the pantry and began to look for a snack. While

he looked, he thought about some bad days he had had—like the time someone stole his scooter, or when he crashed his bike and skinned his knee. “I guess moms can have bad days too,” Tanner thought.

Tanner wondered what he could do to help Mom feel better. He thought of a few things that made him smile—frogs, video games, and spaghetti—but he was pretty sure Mom didn't care very much about any of those things.

After grabbing a handful of crackers,

A Bad Day

Tanner had an idea. He walked across the kitchen and stood next to Mom. “Mom,” he said, “what was the best part of your day?”

Mom stopped washing the dishes. Tanner could tell she was thinking hard about his question. A big smile spread across her face. “You are,” she said. “You are the best part of my day.”

Tanner smiled too. Mom seemed happier. He was glad he could help make her bad day better. ◆



Better

**"Let us open our hearts, let us reach down
and lift up."³**

President Gordon B. Hinckley (1910–2008)



Show and Tell

Would you like to send something to Show and Tell? Turn to page 48 to find out how.



Joseph M., age 10, Nevada



I love to bear my testimony. It makes me feel good inside to say that I know that I am a child of God. I always say that I know Heavenly Father loves me, and when I say that, I feel it even more.

Dorian P., age 7, England



At activity days we have been learning the Articles of Faith. At home I have been jumping rope to help me memorize them. My mom writes an article of faith on a piece of paper, and then I look at it while I jump rope. This has made memorizing the Articles of Faith fun and easy for me!

Seadra H., age 8, Arizona



There is a boy on my bus who bosses me around. One day he hit me. I knew I could choose to hit him back or not. I decided to choose the right. I prayed for my enemy, just like Jesus taught.

Stephen S., age 7, Ohio

If anyone ever hits you, tell a parent, a teacher, or another trusted adult immediately.



Shannon S., age 8, Wales

Who is a good example to you?
See page 48 to find out how
to send us your answer.



One day my mom and brother and I were running errands. In a shoe store, I noticed that a lady had left her keys on a chair when she went to the checkout counter. I had two choices: one, leave the keys and someone might take them, or two, take them to the lady so she could drive home. I thought that Jesus would choose the second one. So I picked up the keys and gave them to the lady, and she thanked me. I felt good inside for doing the right thing.

Lacy T., age 10, Nevada



Gavin U., age 6, Morocco, moves to a new country with his family every two years. He has gone to Primary on four different continents. Gavin likes to ride his bike, draw, and play with his three little sisters. He reads the Book of Mormon every night and is excited to get his own scriptures when he is baptized.



Liam T., age 9, Kentucky, likes Cub Scouts. He also likes to bike, geocache, invent, and play sports. Liam helps his dad mow the lawn. He has a testimony of the gospel and the Book of Mormon. Liam is preparing to serve a mission when he is older.



Tess H., age 8, Utah, is a loving sister and daughter. She likes to dance, play the piano, and read the scriptures with her family. Tess also likes to read stories in the *Friend* about children her own age.



The Primary children in the **Brookville Pennsylvania District** met together to learn more about Jesus Christ. They talked about ways they can thank Him for being our Savior.

My Most Important Blessing

My most important blessing is the special-est of all.

My most important blessing stands shining, bright, and tall.

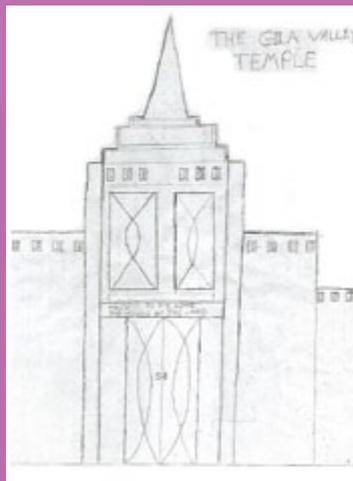
His Spirit stays with me when my troubles start to come,

Because He is my Savior, the Lord of everyone.

Emily O., age 7, Utah



Daniel J., age 5, Illinois



Patricia M., age 12, Arizona



Keili P., age 6, Michigan

You can use this lesson and activity to learn more about this month's Primary theme.

I Choose the Right by Living Gospel Principles

Ramón jingled the coins in his pocket as he finished selling his chickens' eggs at the village market. He thought about the jar at home that held his tithing coins. On Sunday he was going to give the coins to the bishop. Ramón had a warm feeling inside. He was glad to pay tithing.

The market stalls were full of things for sale. Ramón saw a colorful shirt with the logo of his favorite soccer team. He pictured himself wearing the shirt, running down the field, and scoring the winning goal. Ramón looked at the price tag. He could buy the shirt if he spent all his egg money plus his tithing coins.

Ramón noticed the warm feeling was gone. He really wanted the shirt, but he knew Heavenly Father wouldn't want him to spend his tithing coins. Ramón started walking home. He decided to pay his tithing first. Then he could earn more money selling eggs until he could buy the shirt and pay his tithing like the Lord wanted him to. ♦

JUST YOU

When we pay our tithing, we fill out a tithing slip. We put the money and the slip in an envelope and give it to a member of the bishopric or branch presidency. You can learn how to fill out your own tithing slip by looking at the picture below.

Tithing and Other Offerings	
Date	Ward or branch
Name (last, first, middle). Use the same spelling on all your forms.	
Membership record number	
Tithing	\$
Fast offering	\$

Besides entering your tithing, what else can you fill out on the tithing slip? Ask a parent about other ways you can donate to the Church.

CTR Activity: Blessings of Tithing

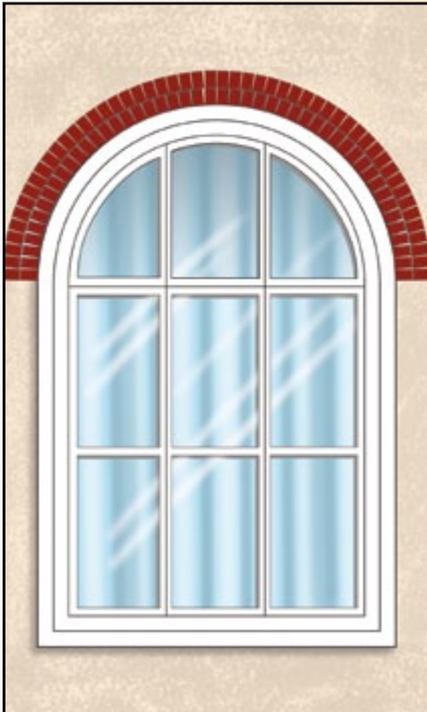
Malachi was an Old Testament prophet who taught that when we pay tithing, the windows of heaven will be opened and blessings will pour down upon us (see Malachi 3:10). As a family, talk about what blessings you have received from following the law of tithing. Place a bean, button, or small pebble on the windows that represent the blessings you enjoy.



More faith



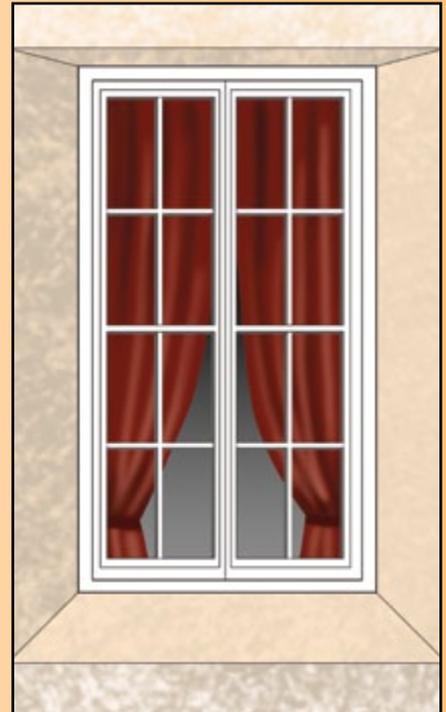
Stronger testimony



Trust in the Lord

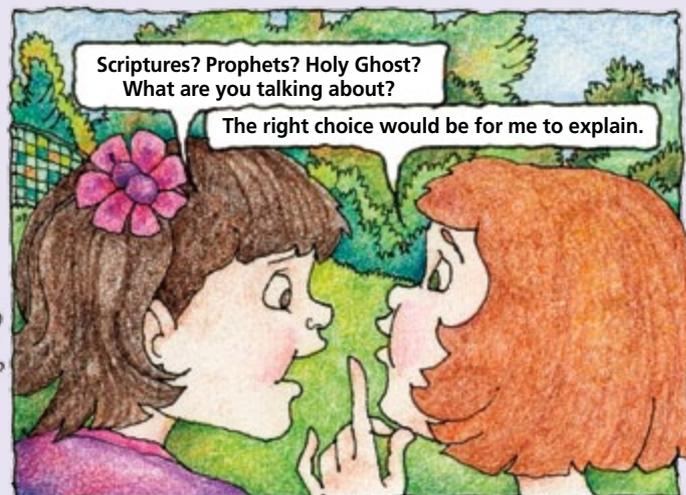
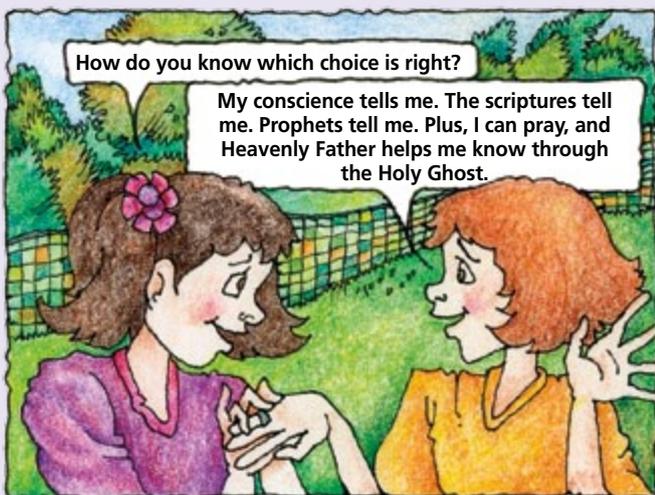
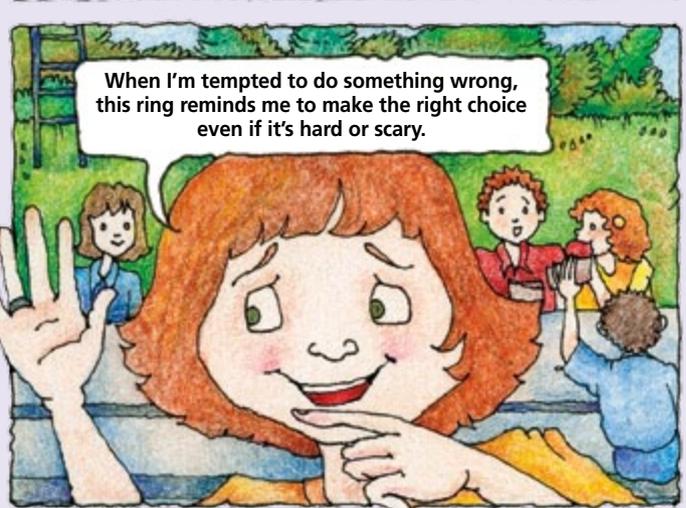
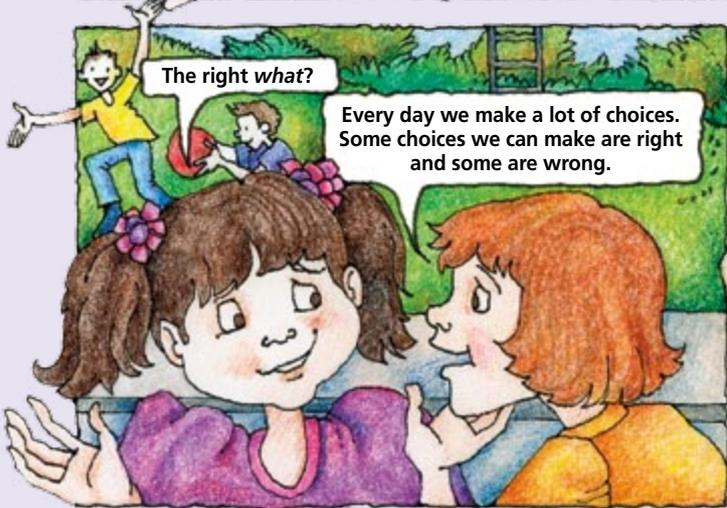
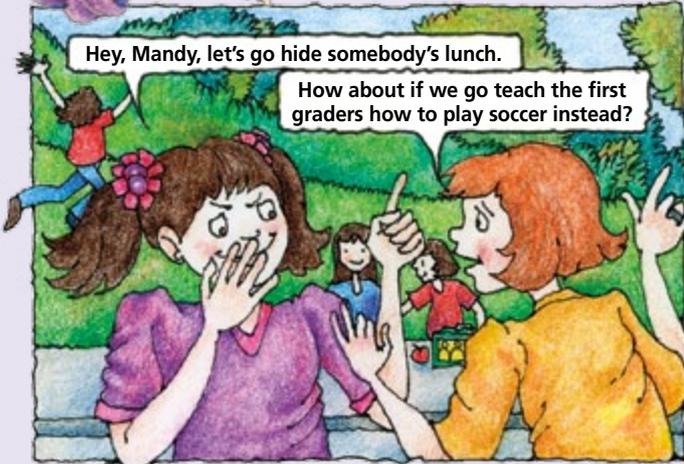


Happiness in the gospel



Enough food

MATT AND MANDY



I don't know anyone I can invite to church. What are other ways I can be a missionary now?



Being a missionary can be as simple as giving your friend a hug or sitting next to a new friend in Primary. Sometimes they just need a friend to make them feel good inside. When you are a missionary, you make others want to be missionaries too.

Lauren A., age 12, Utah

Our uncle Logan is on a mission. He said that miracles happen when you open your mouth and talk about the gospel as best you can. We gave away 10 copies of the Book of Mormon in one week by opening our mouths to people we met as we ran errands with our mom. Several people thanked us for the book and told us they were going to read it! Now we keep copies of the Book of Mormon in our van so we can keep being missionaries.

Eliza and Lucy B., ages 7 and 6, Virginia

Help the elderly or people in need. You can help with a garden or with cooking. You don't necessarily need to invite someone to church. Just bringing up the gospel in a conversation and telling a little about your standards and the history of the Church is being a missionary.

Ashley H., age 12, Illinois



I can help people when they are sick. I can pray for others to feel the Holy Ghost. If someone is being bullied, I can have the courage to stand up for the person and ask the bully to stop. I can set a good example for others to follow.

Landyn M., age 9, Utah



Invite someone in your neighborhood to have family home evening with you and your family.

Victoria S., age 10, California

One way is to just be a good friend. At school, you can smile at a new kid or help someone who is hurt. These are some ways I like to be a missionary!

Ashley J., age 11, Alaska

You can be a missionary now by inviting school friends to activity day or Cub Scouts, by helping other people do what's right, and by being kind.

Laurel S., age 9, Alberta, Canada



Just simply set a good example for those around you.

Kearan N., age 11, Tennessee

During the summer, we fill baskets with things we like to do indoors when it's too hot to go outside: crayons, stationery for letter writing, a Church DVD, and the *Friend* magazine. Then we deliver the baskets to our nonmember friends. Being a missionary can be so much fun!

Autumn M., age 7, Arizona

Next Question

What should I do when bad thoughts come into my mind?

Do you have some advice about this? Send us your answer and photo by June 29, 2012. Find our address on page 48 or e-mail us at friend@ldschurch.org. (Put "Question Corner" in the subject line.) Remember to include a parent's permission!

A True Friend



By Sarah Chow

(Based on a true story)

Thy friends do stand by thee

(D&C 121:9).

The note was written on blue paper with zigzags drawn around the corners, so even though Jeremy handed it to her, Melanie knew the note was from Rachel. Melanie glanced around. Reading time was over, and her classmates were putting away their books.

Melanie knew how the note would start: “Dear Best Friend.” She smiled to herself. She and Rachel had been friends since second grade. “We’re still best friends, even though we’re very different,” Melanie thought as she unfolded the note.

*Dear Best Friend,
Do you smoke?
—Rachel*

Melanie was surprised. “Rachel and I are together all the time,” she thought. “Doesn’t she know I don’t smoke?”

She wrote on the bottom of the paper:

No. I think it’s gross. Why do you want to know?

—Melanie

Melanie handed the note back to Jeremy. Soon he passed it back again. Melanie read:

I snuck a pack of cigarettes from my aunt’s house. Do you want to try some with me after school?

—Rachel

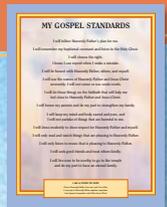
Melanie stared at the note. Then she wrote:

Rachel! Why do you want to smoke? It’s bad for you! I know you like to try new things, but I don’t want to see you get hurt.

—Melanie



"I will not partake of things that are harmful to me."
My Gospel Standards



Rachel wrote back:
A few cigarettes aren't going to hurt me. I might not even finish the whole pack.
-Rachel

Melanie felt like she was going to cry. She wrote:
You're my friend, and I love you. Don't smoke.
-Melanie

Melanie watched Rachel as she read the note. Now Rachel looked like she was going to cry. She held onto the note for a long time. Then she wrote back. When Melanie got the note, she read:
Thanks. I love you too. I won't smoke the cigarettes.

Melanie was grateful she had chosen to be an example. She felt relieved that Rachel had made the right choice. ♦

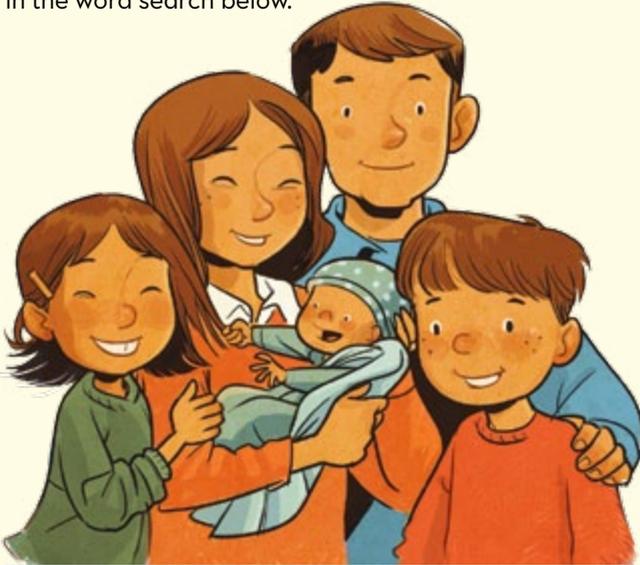


One day I was at my friend's house, and there was beer in their refrigerator. My friend drank some and then offered me some. I told her that I don't drink beer. She asked me why, and I told her that my Church said we shouldn't drink it because it is bad for our bodies. I'm glad I didn't drink the beer. I'm also glad we have the Word of Wisdom to keep us healthy and safe.
Sarah C., age 8, Nevada

THE FAMILY

By Chad E. Phares

“The Family: A Proclamation to the World” teaches us that we are children of heavenly parents and that our families are important to Heavenly Father’s plan. See if you can find some of the important words from the proclamation in the word search below.



CHILDREN	HUSBAND
DAUGHTER	MALE
ETERNAL PLAN	MARRIAGE
FATHER	MOTHER
FEMALE	SON
HEAVENLY PARENTS	WIFE

M L N X M N M J G O E I T R H
 L V E L Z E X O C P D L E E F
 E F I W U R O Y T X I T A E R
 E S O M B D E N V H H V M M P
 D G K J X L W I J G E A M H P
 Z U A L K I I S U N L R W X R
 N H T I S H C A L E R Y I Z I
 O K Y K R C D Y H U S B A N D
 S L U P B R P T K O C H G T K
 U O S H A A A G P C P Z N F G
 S F E M R Q Q M O N Z S H A P
 J U O E S P Y B X O O P U T Z
 A I N A L P L A N R E T E H Q
 X T L X V T V F P M Q D E E B
 S F P M F T Z G I O Q H N R G

AN IMPORTANT COMMANDMENT

By Regina Thompson

After Jesus Christ was resurrected, He taught His Apostles about missionary work. Decipher the code to find out what He said. See answer on page 48.

20 12 2 22 18 13 7 12 26 15 15 7 19 22

4 12 9 15 23, 26 13 23 11 9 22 26 24 19

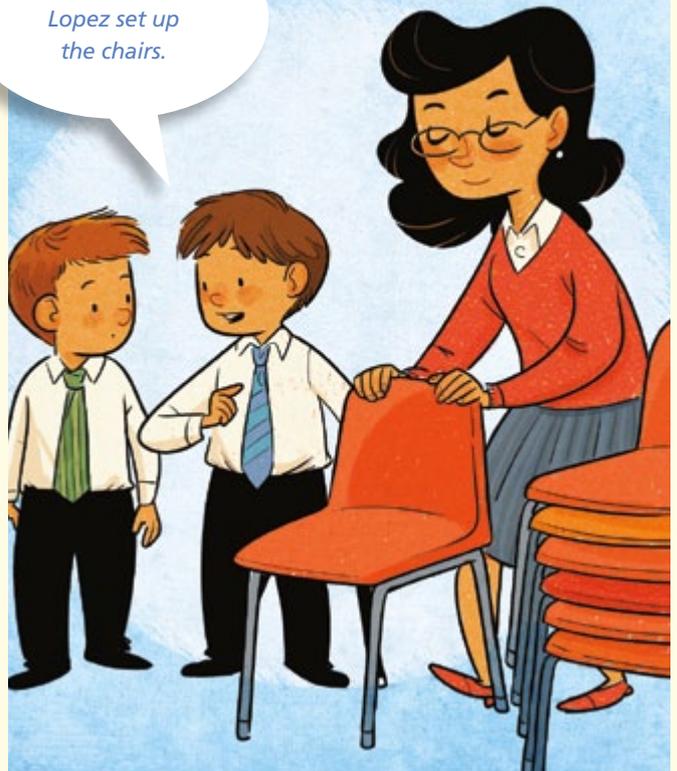
7 19 22 20 12 8 11 22 15 7 12 22 5 22 9 2

24 9 22 26 7 6 9 22.

A=26	F=21	K=16	P=11	U=6
B=25	G=20	L=15	Q=10	V=5
C=24	H=19	M=14	R=9	W=4
D=23	I=18	N=13	S=8	X=3
E=22	J=17	O=12	T=7	Y=2
			Z=1	

WAY TO BE

Let's help Sister Lopez set up the chairs.



I Will Be Valiant

(Simplified)

Briskly ♩ = 108-128

Words and music by Vanja Y. Watkins

The first system of musical notation consists of a treble and bass staff in 4/4 time. The treble staff begins with a triplet of eighth notes (1, 3, 5) and continues with a melody. The bass staff provides a simple accompaniment. The lyrics are: "The Lord needs val-iant ser-vants, To do his".

The second system continues the melody and accompaniment. The treble staff features a triplet of eighth notes (5, 2, 1) and another triplet (3, 3, 3). The lyrics are: "work in the lat-ter day, Who fol-low the teach-ings of".

The third system continues the melody and accompaniment. The treble staff features a triplet of eighth notes (1, 1, 1) and another triplet (3, 3, 3). The lyrics are: "Je-sus And serve his peo-ple in a lov-ing way. I will be his".

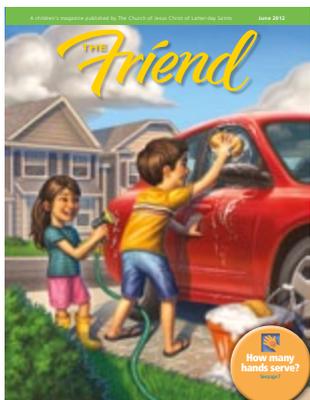
The fourth system continues the melody and accompaniment. The treble staff features a triplet of eighth notes (3, 5, 3) and another triplet (5, 2, 2). The lyrics are: "ser-vant And keep my cov-'nants val-iant-ly. I'll".

The fifth system concludes the piece. The treble staff features a triplet of eighth notes (3, 3, 3) and another triplet (5, 4, 5). The lyrics are: "stand for truth. I'll stand for right. The Lord can de-pend on me." The piece ends with a final triplet of eighth notes (3, 3, 3).

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Practice tip: Look for the triplets at the beginning and end of the song.
Remember that those three notes together get only one beat.

You can print out or listen to this song at lds.org/friend.



Possible Ideas for Family Home Evening

1. Use the Bringing Primary Home lesson and activity to learn more about this month's Primary theme (pages 40–41).
2. Read President Eyring's message "The Gospel—A Gift to Share" and do the accompanying activity (pages 2–3). Make a list of other blessings the gospel brings and how you can share those blessings with others.
3. In "Art for the Heart," Sydney cheers up a sick friend in the hospital (pages 4–5). As a family, visit a hospital or nursing home and brighten someone's day. (Call first to find out visiting policies.)
4. Read "The Little League Lesson" (pages 28–29). Look at the calendar and see who in your family has upcoming events (a test, a performance, or a talk in church). Talk about how you can support each other. For example, you could write a note of encouragement before a performance and congratulate the person afterward. Put your plan into action!
5. Read "Dana's Blessing" (pages 32–33). Talk about why blessings are important, when we can receive blessings, and how blessings are given. Family members can share testimonies about blessings and the priesthood.

The *Friend* can be found on the Internet at lds.org/friend.
To subscribe online, go to store.lds.org.



Please send your submission to: *Friend* Magazine
50 E. North Temple St., Rm. 2432
Salt Lake City, UT 84150-0024
Or e-mail: friend@ldschurch.org

The following information and permission must be included:

Full name _____

Age _____ State/Province, Country _____

I agree to the terms of the *Friend* Submission Agreement (lds.org/friend/parentalconsent) and grant permission for the *Friend* to print my child's submission and photo in print or online.

Signature of parent or legal guardian _____

To send us a letter, drawing, or poem, please fill out this form and include it with your submission. Please also include a school photo or high-quality snapshot. Submissions will not be returned and may be edited for length and clarity. Children whose work is submitted should be at least three years old.



Hidden CTR Ring

Did you find the ring? Look on page 13!

Sidebar References

1. "Fathers and Sons: A Remarkable Relationship," *Ensign*, Nov. 2009, 47.
2. "You Are My Hands," *Ensign*, May 2010, 70.
3. "Reaching Down to Lift Another," *Ensign*, Nov. 2001, 54.

Funstuf Answers

Page 46: "Go ye into all the world and preach the gospel to every creature" (Mark 16:15).

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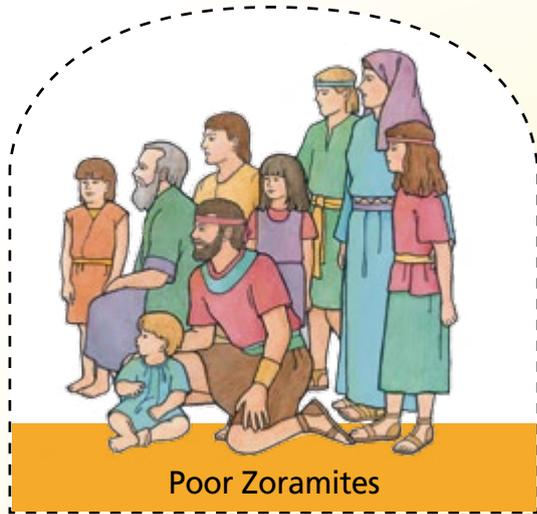
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City _____ State _____ Country _____ Zip _____

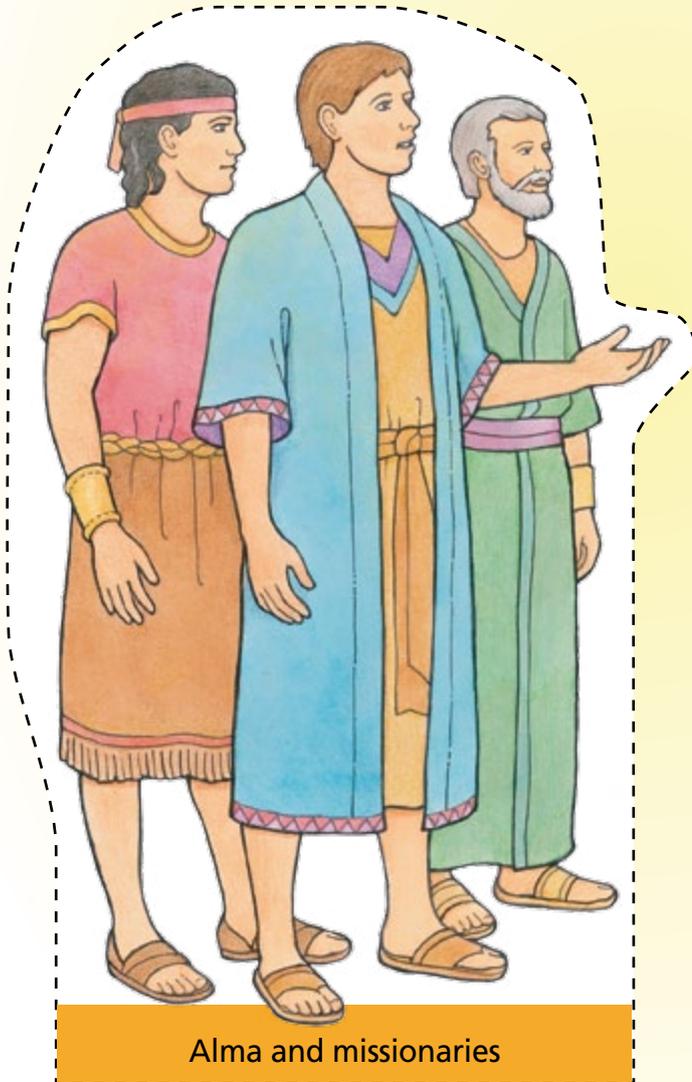
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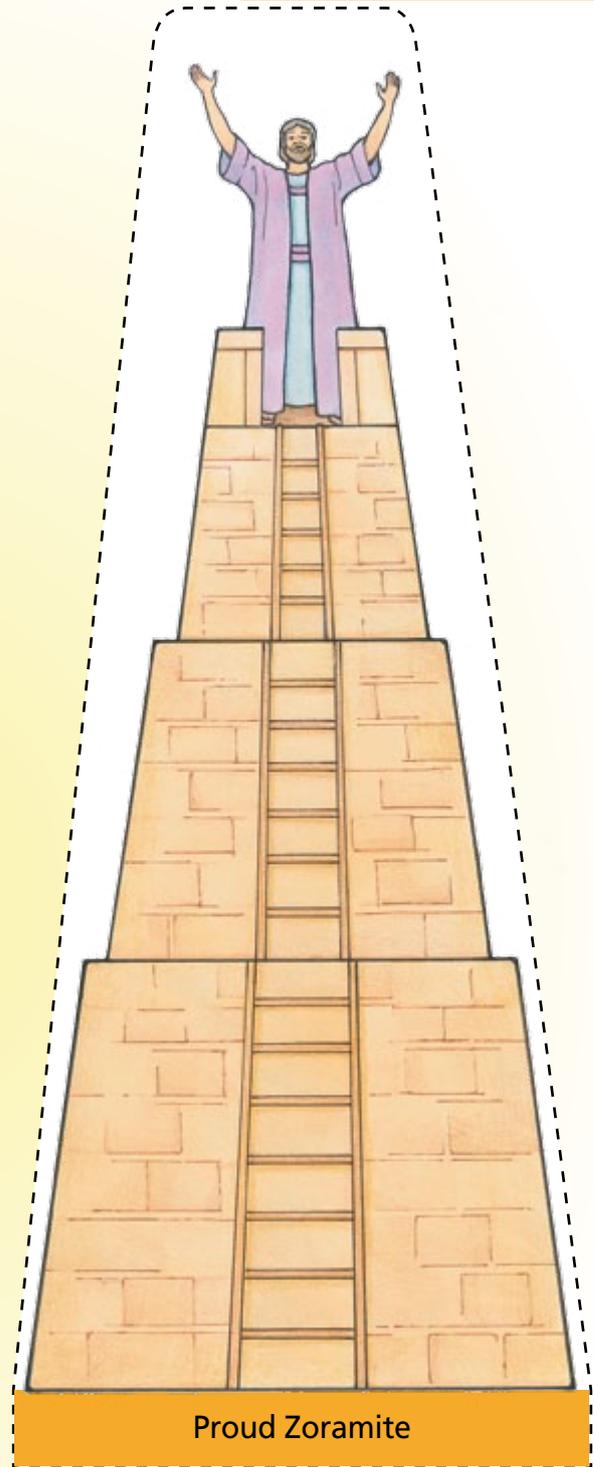
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Key 040204



Poor Zoramites



Alma and missionaries



Proud Zoramite

The Zoramites and the Rameumptom

Alma 31–32; 35

This year 10 issues of the *Friend* will contain Book of Mormon scripture figures. To use, cut them out and glue or tape them to cardboard, heavy paper, small paper sacks, or craft sticks. Store each set in an envelope or bag, along with the label that tells where to find the story in the scriptures.

Through **Your** Eyes



This picture relates to the gospel principle of being pure. When I was baptized I wore all white. When I was immersed in the water, I was pure and had no sin. The same thing happens when I take the sacrament and repent—I become clean and pure again, just like the plumeria flower.

Ally A., age 11, Hawaii

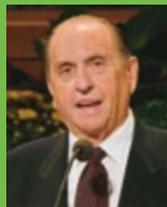
Do you like taking photos? We'd like to see your best shots about how Heavenly Father blesses your life. E-mail them to friend@ldschurch.org and include your name, age, and where you're from. Please also include a sentence explaining how your picture shows Heavenly Father's blessings in your



life. Remember, we can't publish your submission without a parent's permission in the e-mail. If there are people in the photo, we also need to know that they gave their permission to be photographed. We're looking forward to seeing Heavenly Father's blessings through your eyes!



What's online?



President Monson has asked us to "find someone who is having a hard time or is ill or lonely, and do something for him or her." Watch the video "Pass It On" at lds.org/friend to see what some children did to follow the prophet and to get ideas for what you can do too.

Want to find out more about Carly and the playground that was built for her (page 18)? Visit lds.org/friend to watch a video about Carly.