

# THE *Friend*



FRIENDS

by

MAIL



## Reading the *Friend* with Mom



I really like that my mom reads the *Friend* with me at night before I go to bed. It helps me sleep better. I used to have nightmares, but the *Friend* has helped me because of the good stories that are inside.

**Brian R., age 7, Utah**

## A Best *Friend*



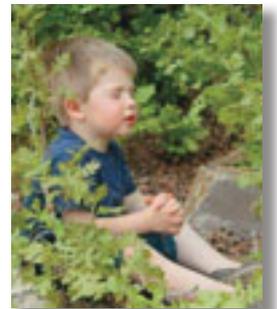
Sometimes on Sunday I like to play on the *Friend* Web site. I like to take the surveys. I think the *Friend* is like a best friend.

**Sarah E., age 8, Virginia**

## Praying in the Backyard

I was having a picnic in the backyard with my family. We had been learning about how Joseph Smith prayed in the Sacred Grove. I went to the trees in our backyard and said a prayer to Heavenly Father too.

**Dallin J., age 3, Utah**



## Reading the *Friend*

I like reading the *Friend*. My favorite parts of the magazine are Trying to Be Like Jesus and Friends by Mail. I like seeing how other people try to be like Jesus, and I follow their examples sometimes. I also like doing the hidden pictures. They are so fun!

**Cacie W., age 11, Idaho**



Was there a letter or a story in this month's issue that helped you? Tell us about it. Turn to page 48 to find out how.

Dear Friend,

Volume 40 Number 6  
June 2010

**The First Presidency:**

Thomas S. Monson, Henry B. Eyring,  
Dieter F. Uchtdorf

**The Quorum of the Twelve Apostles:**

Boyd K. Packer, L. Tom Perry, Russell M. Nelson,  
Dallin H. Oaks, M. Russell Ballard, Richard G. Scott,  
Robert D. Hales, Jeffrey R. Holland, David A. Bednar,  
Quentin L. Cook, D. Todd Christofferson,  
Neil L. Andersen

**Editor:** Spencer J. Condie

**Advisers:** Keith K. Hilbig, Yoshihiko Kikuchi,  
Paul B. Pieper

**Managing Director:** David L. Frischknecht

**Evaluation, Planning, and Editorial Director:**  
Vincent A. Vaughn

**Graphics Director:** Allan R. Loyborg

**Managing Editor:** Julie Wardell

**Assistant Managing Editor:** Jan Pinborough

**Assistant Editors:** Jennifer Maddy, Chad E. Phares

**Editorial Intern:** Lindsay Stevens

**Editorial Staff:** Susan Barrett, Ryan Carr,  
Jennifer L. Greenwood, R. Val Johnson, Adam C. Olson,  
Laurel Teuscher

**Senior Secretary:** Carrie Kasten

**Art Director:** Mark W. Robison

**Senior Designer:** Brad Teare

**Production:** Kerry Lynn C. Herrin

**Design and Production Staff:**

Collette Nebeker Aune, Kim Fenstermaker,  
Eric Johnsen, Scott M. Mooy, Jane Ann Peters,  
Scott Van Kampen

**Prepress:** Byron Warner

**Printing Director:** Craig K. Sedgwick

**Distribution Director:** Randy J. Benson

**© 2010 by Intellectual Reserve, Inc.**

All rights reserved. The *Friend* (ISSN 0009-4102) is published monthly by The Church of Jesus Christ of Latter-day Saints, 50 E. North Temple St., Salt Lake City, Utah 84150-3220, United States of America. Periodicals Postage Paid at Salt Lake City, Utah.

**To subscribe:** By phone: Call 1-800-537-5971 to order using Visa, MasterCard, Discover Card, or American Express.

**Online:** Go to [ldsatalog.com](http://ldsatalog.com).

**By mail:** Send \$8 U.S. check or money order to Distribution Services, P.O. Box 26368, Salt Lake City, UT 84126-0368.

**To change address:** Send old and new address information to Distribution Services at the above address, or change the address by phone at the number listed above. Please allow 60 days for changes to take effect.

**Submit manuscripts or art to:**

*Friend* Editorial, 50 E. North Temple St. Rm. 2432, Salt Lake City, UT 84150-3220, United States of America. Unsolicited material is welcome, but no responsibility is assumed. For return, include self-addressed, stamped envelope. Children's submissions will not be returned. E-mail: [friend@ldschurch.org](mailto:friend@ldschurch.org).

The *Friend* can be found on the Internet at [friend.lds.org](http://friend.lds.org).

Text and visual material in the *Friend* may be copied for incidental, noncommercial Church or home use. Visual material may not be copied if restrictions are indicated in the credit line with the artwork. Copyright questions should be addressed to Intellectual Property Office, 50 E. North Temple St., Salt Lake City, UT 84150, United States of America; e-mail: [cor-intellectualproperty@ldschurch.org](mailto:cor-intellectualproperty@ldschurch.org).

**POSTMASTER:** Send address changes to Distribution Services, P.O. Box 26368, Salt Lake City, UT 84126-0368, USA.

**Canada Post Information:** Publication Agreement #40017431.

# THE *Friend*

See the  
Guide to the *Friend*  
on page 48 for  
family home  
evening ideas.



A children's magazine published by The Church of Jesus Christ of Latter-day Saints

## Stories and Features

### IFC Friends by Mail

- 2 Come Listen to a Prophet's Voice: Be on the Lord's Side / President Dieter F. Uchtdorf
- 4 A Bump in the Road
- 6 A Year on Temple Square: The Beehive House
- 8 Buddies for Ben
- 10 Little Helping Hands
- 11 Special Witness: Elder M. Russell Ballard
- 12 Bulletin Board
- 14 Jehovah Calls Samuel
- 18 Skipping to a Jamaican Beat
- 20 Growing a Testimony
- 22 Meet the New Primary General Presidency
- 23 Friend to Friend: Scriptures and Firewood / Elder Allan F. Packer
- 24 20 Things to Do This Summer
- 27 Bright Idea
- 28 Primary Music Helps: The Holy Ghost
- 30 Trying to Be Like Jesus
- 36 I'll Walk beside You
- 38 Our Creative Friends
- 40 June Sharing Time Theme: The Holy Ghost Testifies of the Truth of All Things
- 42 Matt and Mandy
- 44 Shadows on the Wall
- 47 Friends in the News
- 48 Guide to the *Friend*
- 49 Our Savior, Jesus Christ

## For Little Friends

- 32 He Is Listening
- 34 Preparing to Pray
- 35 The Best Place

## Things to Make and Do

- 16 How Are Your E-Manners?
- 26 Funstuf
- 43 Funstuf
- 46 Coloring Page



Look for the *Friend* mouse to see which features are online at [friend.lds.org](http://friend.lds.org).



## Hidden CTR Ring

Clue: There are so many things to do this summer, including looking for the CTR ring!

Cover by Maryn Roos

# BE ON THE LORD'S SIDE

When I was little, I lived in Zwickau, Germany. My grandmother had a friend with white, flowing hair. Her name was Sister Ewig, and she invited my grandmother to church. When our family went there, we saw many children. All of us were very impressed by the music, especially the singing. One song, "Jesus Wants Me for a Sunbeam,"\* really impressed me. I felt very close to Jesus when I sang it. I knew that He wanted me to be a sunbeam for Him. I still love that song—and the testimony that it gave me of the Savior.

My whole family—except me, because I was only six years old—were baptized members of The Church of Jesus Christ of Latter-day

Saints. When I was eight, I was baptized in a public swimming pool by my father.

When I was 11, my family had to leave East Germany. We moved to Frankfurt, West Germany. I attended the Frankfurt Branch, which was not as big as the one in Zwickau. The Frankfurt meetinghouse was small, and we had classes in the basement. The missionaries taught us important gospel principles.

One missionary, Elder Stringham, impressed me very much with his lessons on the Pearl of Great Price, especially where Moses is being taught that he is a son of God (see Moses 1:3–4). Elder Stringham also taught me the scripture that

By President  
Dieter F. Uchtdorf  
Second Counselor in  
the First Presidency



says, "If God be for us, who can be against us?" (Romans 8:31). This gave me comfort and courage, because at that time the future looked bleak in Germany. The city of Frankfurt was in ruins with bombed-out buildings. That teaching has stayed with me throughout my life. It taught me that I need to be on the Lord's side. I cannot afford not to be on the Lord's side.

I challenge you children to follow the words of the prophets. When you do, you will find the answers to your questions, whether you are 6, 9, 11, 19, or, like me, 69 years old! ♦

From "Friend to Friend," *Friend*, June 1998, 6–7.

\**Children's Songbook*, 60.

## SPECIAL MISSIONARIES

Like President Uchtdorf, you are a member of the Church today because someone special taught someone in your family about the gospel. Ask your mother or father to tell you who was the first member of the Church in your family, and see if you can find out who taught the earliest members of the Church in your family. Fill in as many of the answers below as you can:

The first member of the Church in my family:

When he or she joined the Church:

Where he or she joined the Church:

How he or she found out about the Church and gained a testimony:

Who taught him or her about the gospel:



## BE A SUNBEAM FOR JESUS

When President Uchtdorf first went to church, he heard the song "Jesus Wants Me for a Sunbeam." You can be a sunbeam in your family by doing kind deeds and leaving cheery thank-you notes:

1. Trace the sun shape onto a piece of thin paper, and cut it out.
2. Write the name of a family member on one side of the sun, and then color it in your favorite sunny colors.
3. On the other side, write a note thanking a family member for something he or she does for you.
4. Do a secret kind deed for that person, such as making a bed or folding clothes, and leave a sunshine note.

**By Janet Halling**  
(Based on a true story)

*The voice of the Lord came into my mind* (Enos 1:10).

Jamie ran outside, the screen door banging shut behind her. “Can I go for a bike ride?” she asked Mom, who was pulling weeds in the flower bed.

“Sure. Don’t go too far,” Mom replied.

“I won’t.” Jamie wheeled her brand-new bike out of the garage. She loved how the silver spokes gleamed in the sunshine. And she loved how fast it went—much faster than her old bike.

Jamie buckled her helmet and looked up and down the country road in front of her house to make sure no cars were coming. Then she jumped on her bike and started pedaling up the hill. She loved to go all the way to the top and then coast back down. With the wind in her face, it felt like she was flying.

Jamie’s legs ached as she pedaled. When she was halfway to the top of the hill, she saw something square and tan-colored in the middle of the road. It looked like one of the worn-out foam chair cushions she had taken to the trash last week when Mom had reupholstered the kitchen chairs. One of the cushions must have fallen out of the garbage truck and been left in the road.

Then Jamie got a great idea. “What if I run over the cushion on my way down?” she thought. She imagined how it would feel to run over the squishy cushion with her bike’s tires.

Jamie finally reached the top of the hill and turned her bike around with a grin.

Now the ride down seemed even more exciting.

She wanted to hit

the cushion exactly in the middle.

She gripped the handlebars and pushed off. She pedaled hard a few times and then started coasting. The wind whipped through her hair, and the road was going by in a blur. The cushion was straight ahead, and Jamie pedaled a few extra times to get even more speed.

Then, when she had almost reached the cushion, Jamie heard a voice say very clearly, “NO.”

Immediately, Jamie turned the handlebars. Her bike tire whizzed by the cushion, just missing it. She braked hard and skidded to a stop at the side of the road.

Jamie’s legs were shaking as she got off her bike and walked over to the cushion. When she got closer, she saw it wasn’t a cushion at all. It was a big, flat, heavy rock.

Jamie didn’t feel like riding anymore. She pushed her bike the rest of the way home and told Mom what had happened.

“Do you know what would have happened if you had hit that rock?” Mom asked.

“I would have been hurt,” Jamie said.

“The rock would have stopped your bike, and you would have been thrown

**A BUMP**  
in the road

I'm thankful for the gift of the Holy Ghost. If I listen, He will protect me from harm.



off. You could have been hurt very badly,” Mom said.

Jamie’s eyes got big. “It was the Holy Ghost that said ‘no,’ wasn’t it?”

Mom nodded. “You were blessed because you listened and obeyed right away.”

Jamie gave Mom a hug. “I’m glad the Holy Ghost was there to protect me!”

“So am I.” Mom hugged Jamie extra hard. “Why don’t we say a prayer of thanks right now and then go move the rock so no one gets hurt?”

Jamie nodded. Her heart felt happy and light. She knew this was also the Holy Ghost telling her that Heavenly Father and Jesus Christ love her. ♦



**“We listen for that still, small voice. When it speaks, [we] obey. Promptings of the Spirit are not to be postponed.”<sup>1</sup>**

President Thomas S. Monson

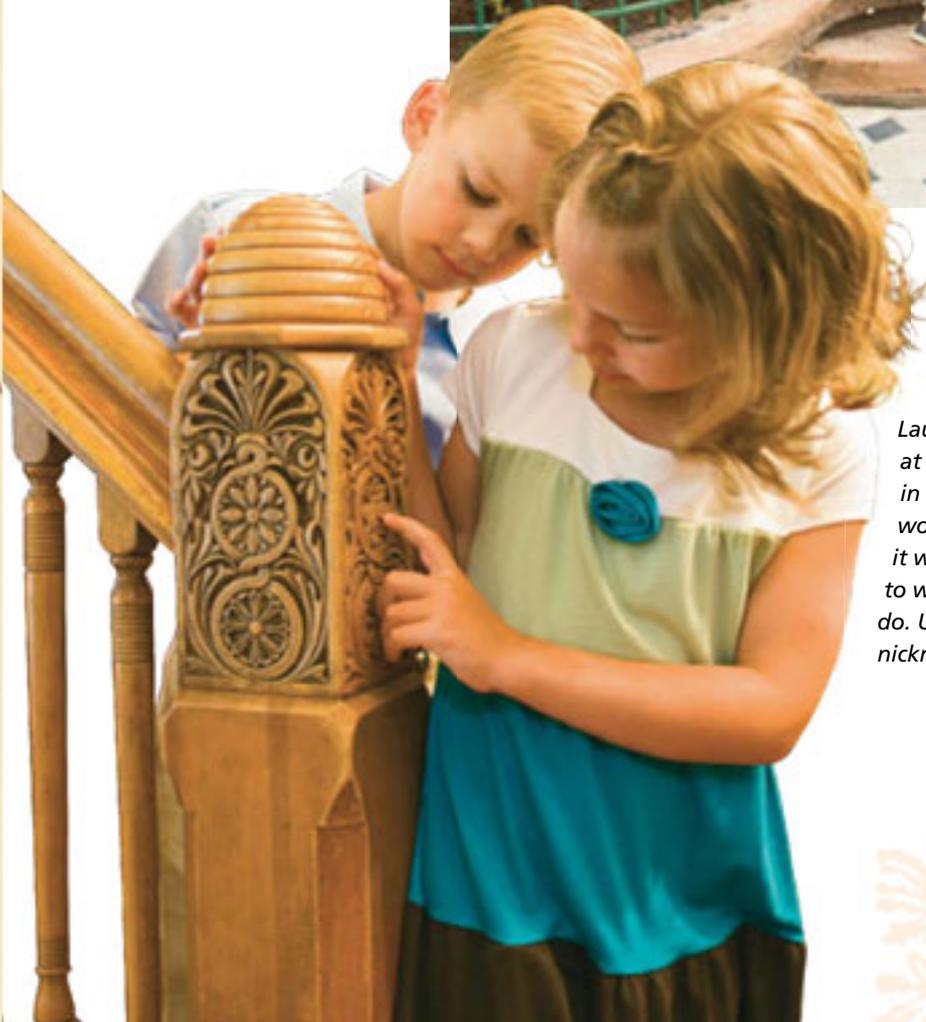


# The Beehive House

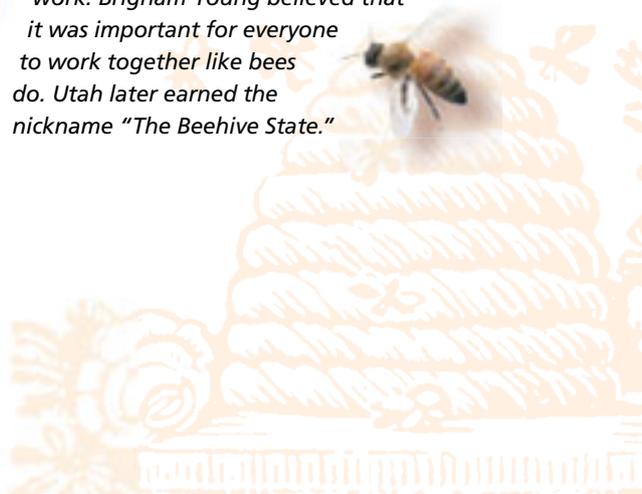
Come with us this month for a look at an important place on Temple Square.

By Megan Withers Roxas

Bees buzzed outside as Lauren and Nate C. of Pleasant View, Utah, stepped inside the Beehive House for a tour. Join them to learn more about this historical place—the house of the prophet Brigham Young, the second President of the Church.



*Lauren, age 8, and Nate, age 6, look at the beehives engraved on a staircase in the house. Beehives represent hard work. Brigham Young believed that it was important for everyone to work together like bees do. Utah later earned the nickname “The Beehive State.”*





Lauren really enjoys playing the piano. She was excited to learn that Brigham Young's children also liked to play the piano and other musical instruments. At night, the family gathered in the sitting room to play music, learn about the gospel, and read the scriptures.



Brigham Young was not only the prophet, but also the governor of Utah Territory. For this reason, many important people came to the Beehive House, including U.S. President Ulysses S. Grant. The prophet's children would watch the guests arrive from the windows of a small room they called "the fairy castle."



The sister missionaries explained to Lauren and Nate that Brigham Young felt it was important for children to play. The house has a room filled with toys, including this box of marbles.

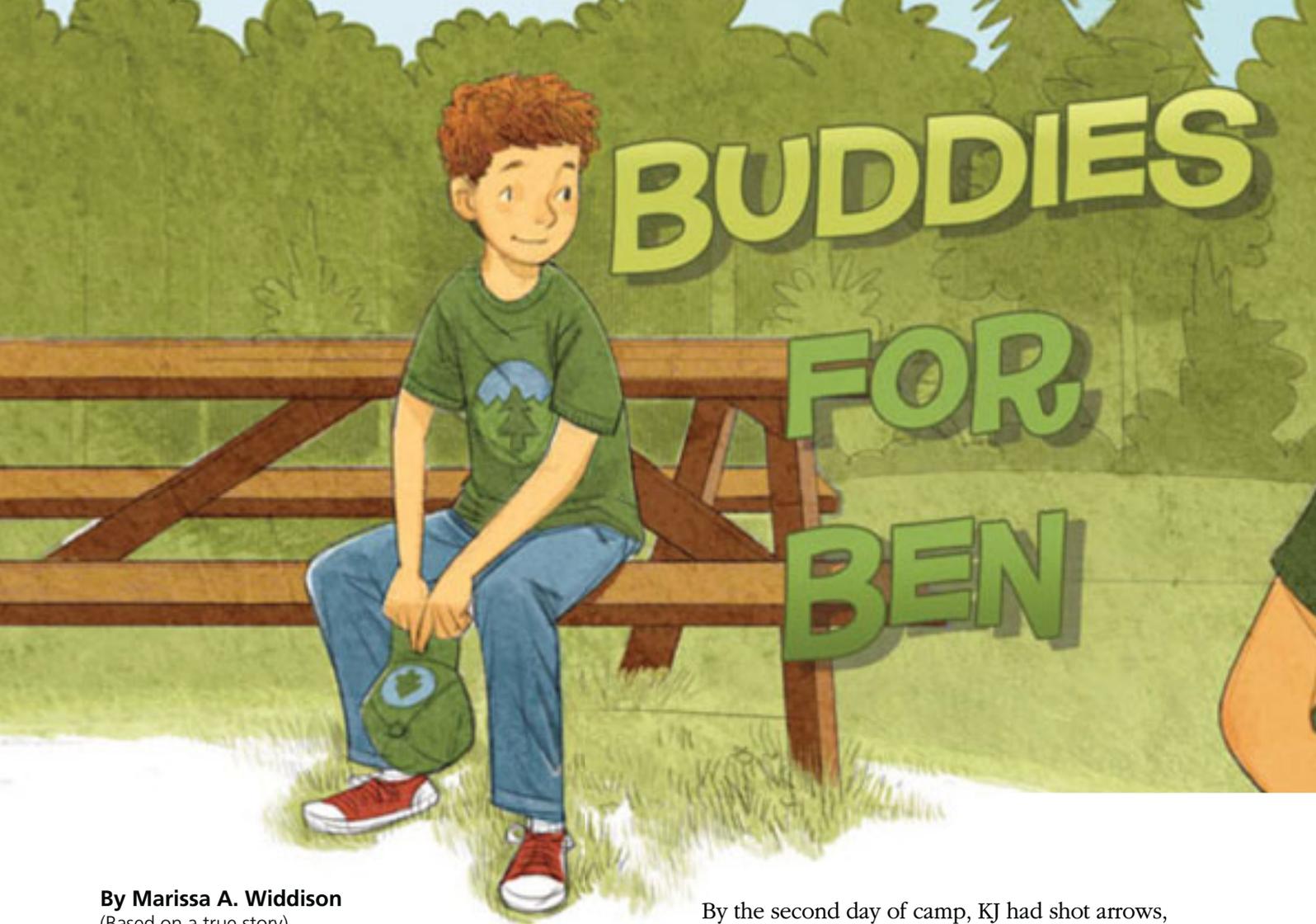


Lauren and Nate loved visiting the Beehive House. Watch a video at [friend.lds.org](http://friend.lds.org) to learn more about their visit.

## Did You Know?

- The Beehive House was built in 1854.
  - Every day Brigham Young's wife Lucy would make 24 pies and 24 loaves of bread to feed her family, as well as the workers building the Salt Lake Temple.
- Brigham Young always ate last so he could make sure that everyone else had enough to eat.
- The house had its own store! Family children, members of the Church, and Native Americans in the area could go there to trade supplies for food, clothing, and shoes.
- The early pioneers didn't have a lot of money and had to decorate with what they had. A popular decoration was wall wreaths made of human hair!
- Brigham Young's bedroom was near the front door so he could greet visitors without disturbing his family.





**By Marissa A. Widdison**

(Based on a true story)

*I'll walk with you. I'll talk with you. That's how I'll show my love for you (Children's Songbook, 140–41).*

**K**J was excited. It was Monday, but he wasn't going to school. It was summer vacation and the first day of Cub Scout day camp.

"Look at how many people there are!" Jorge said, pointing at the grassy field that was crowded with Scouts.

Suddenly, Mike said, "Look who decided to show up. Late, as usual."

KJ looked up to see Ben running toward them. His brown hair was damp and he was sweating by the time he got to the group.

"Hello! Hello! Hello!" Ben said shrilly as he hopped up and down. Ben always seemed to have more energy than his body knew what to do with.

A few of the boys rolled their eyes and turned away. KJ felt a little guilty as he ignored Ben and looked down at his shoes.

By the second day of camp, KJ had shot arrows, identified forest plants, and painted a picture. Now he was sanding wood for a birdhouse. Even though he was having fun, KJ knew that something wasn't quite right.

The other boys made fun of Ben and never picked him to be on their team. Sure, Ben had trouble remembering things and paying attention, but KJ knew he was a nice kid. But KJ worried that if he started being nice to Ben, the other boys might make fun of him too.

As KJ got ready for bed, he thought about all the times Ben sat alone. After saying his prayers, KJ thought of the words to one of his favorite Primary songs: "Jesus walked away from none. He gave his love to ev'ryone. So I will! I will!"\*

The next day when the boys were making crafts, KJ took a deep breath and sat down next to Ben. He knew that Jesus would want him to be nice to Ben, no matter what the other boys thought.

"Hey, look at me!" Ben said loudly. "I'm a slimy creature from the lagoon!" He raised both hands and



wiggled his fingers to show that they were covered in glue. With a laugh, Ben wiped a glob of glue on KJ's arm.

Some of the other boys shook their heads. KJ felt his face turn red, and he knew the boys were watching to see how he would react.

"You're right about the slimy part, Ben," KJ said, wiping off the sticky mess with a chuckle. "Are you going to decorate your picture frame with sea creatures? That'd be pretty cool."

Ben looked at him and a grin spread across his face. "Great idea!" he said.

At the end of craft time, KJ felt good when a few of the other boys said hi to Ben.

Soon the whole group was heading to the water sports area.

"OK, everyone, pick a partner for the water balloon toss!" a camp volunteer said.

"Ben, do you want to be my partner?" KJ asked.

"You bet! You bet!" Ben said, giving KJ a big high five. As they grabbed their water balloons, Jorge

wished KJ good luck.

"Good luck to you too, Ben!" Jorge said.

The days passed quickly, and soon it was the last day of camp.

"What was your favorite part of camp?" Dad asked KJ on the way home.

KJ looked down at his Cub Scout manual and thought about the belt loops he had earned. Then he pulled out a picture tucked between the pages of the book. It showed the boys crowded around a table after a soccer game. Every one of them, including Ben, had a huge smile on his face. By the end of the week, almost all of the boys were treating Ben like a friend.

"It was fun to make some new friends," KJ said with a smile. ♦

**"As we read about the life of Jesus Christ, we find that in His travels He often took time to . . . lift the downtrodden. . . . He took the time to care."<sup>2</sup>**

Elder M. Russell Ballard of the Quorum of the Twelve Apostles



# Little Helping Hands

By Rosalice de Araujo Scherffius

**O**ne beautiful spring day, I heard a knock at my front door—then another and another. It sounded like the knocks came from little hands.

Dropping a basket of clean laundry on the couch, I opened the door. There stood Wade, Savannah, Mace, and Zane. At once they began showering me with questions: “Is it OK if we pull the weeds in your garden?” “May Mom and Dad trim your bushes?” “What color are your favorite flowers?”

For a moment I stood there speechless. Then I asked, “Would you like to come in to visit?”

The children smiled up at me. “Oh, no,”

they said. “We’re not here to visit. We’re here to help you!”

The children showed me the tools they had brought. “May we get started?” they asked. “We will be careful of your purple flowers.”

Soon eight little helping hands were busy at work as four happy voices filled the air. All day long they worked, pulling weeds and planting flowers.

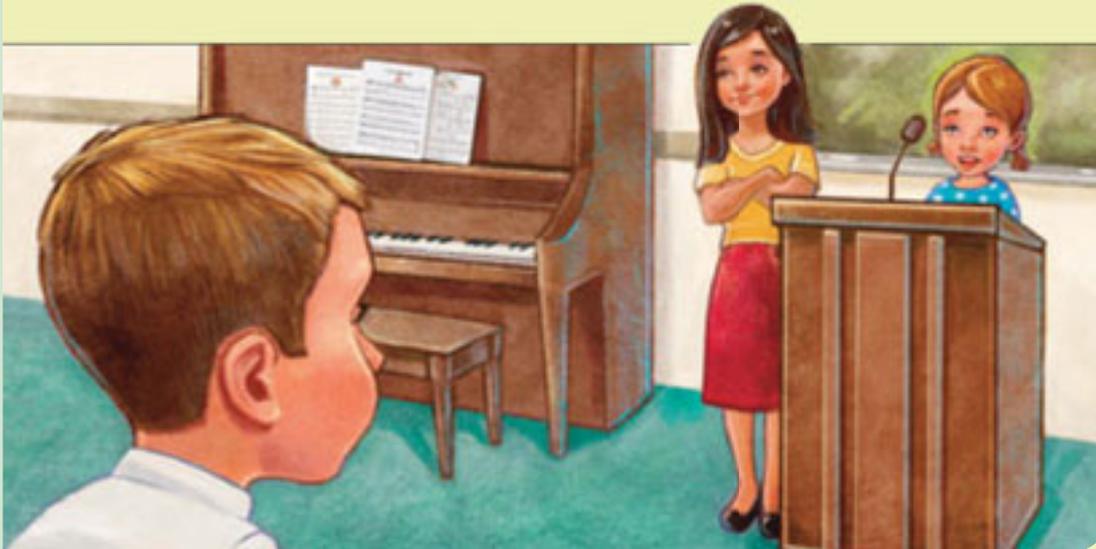
What a beautiful example of love and service those children set for me. I will always remember their kindness—and the gorgeous marigolds they planted in my garden with their little helping hands. ♦



# Why is having a **testimony** important?



Elder M. Russell Ballard of the Quorum of the Twelve Apostles shares some of his thoughts on this subject.



## What should be a part of my testimony?

There are basic truths we need to constantly teach one



another and share with those not of our faith. Testify God is our Father and Jesus is the Christ. The

plan of salvation is centered on the Savior's Atonement. Joseph Smith restored the fulness of the everlast-



ing gospel of Jesus Christ, and the Book of Mormon is evidence that our testimony is true.



**Personal testimony is the foundation of our faith.**

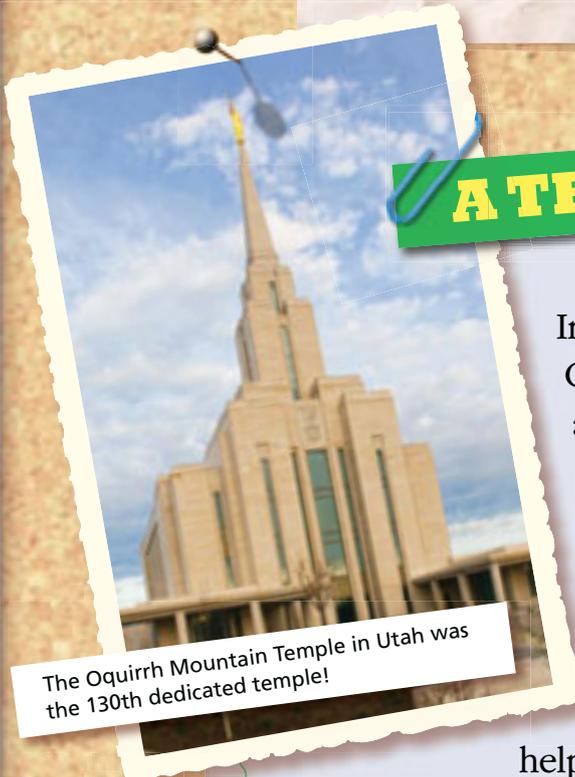
**Testimony . . . changes lives. It changes how you think and what you do. It changes what you say.**

**When one receives a testimony of truth . . . , it immediately begins to have impact on that person's life.**

**In our world today it is a rare and precious thing to have a testimony that God our Heavenly Father lives; that His Son, Jesus Christ, is our Savior and Redeemer.**

*From "Pure Testimony," Ensign, Nov. 2004, 40–41.*

# Bulletin Board



The Oquirrh Mountain Temple in Utah was the 130th dedicated temple!

## A TEMPLE GOAL

In the May 1998 general conference, President Gordon B. Hinckley (1910–2008) announced a goal to have 100 temples by the end of the century. That was less than two years away! By the end of the year 2000, 49 temples were dedicated, bringing the number of working temples to 102. Now there are more than 130 temples around the world! This was a big goal, but Heavenly Father helps us all with our goals, whether they are little or big. How has Heavenly Father helped you with a goal?



## Mini Tie Keychain

By Paula Weed

Make this fun keychain for your dad! You'll need:

- 1 old necktie that can no longer be worn
- 1 ring keychain
- scissors
- glue



1. Take the narrow tail end of the tie and pull it through the ring about five inches. Make sure the seam of the tie is facing down.



2. Fold the tail sideways so it is pointing to the right. Now you will be able to see the seam.

# FRUIT KABOBS

## JOURNAL JUNCTION

Enjoy a refreshing treat with these fruit kabobs. You will need a banana, grapes, pineapple chunks, vanilla yogurt, coconut flakes, and wooden skewers. Cut the banana into slices and the pineapple into small pieces. Slide the grapes and pieces of fruit onto the skewers. Hold both ends of the skewer and roll the fruit in vanilla yogurt. Then roll the fruit in coconut flakes.

Take some time this month to read 3 Nephi 13:30-33. Then write in your journal about the love you have for Heavenly Father and for your earthly father.



3. Wrap the tail over the top of the tie where it folds through the ring.



4. Continue wrapping the tail around the ring until the seam shows. This should look like a knot on a tie.



5. Pull the tail through the ring and down through the "knot."



6. Cut off the mini tie keychain from the original tie. Use a dab of glue to attach the mini tie to the cut-off tail. Add a small amount of glue to the cut edge of the fabric so it won't fray.



The account of Samuel is found in 1 Samuel 1, 3.

# Jehovah Calls

By Diane L. Mangum

Each night young Samuel slept inside the tabernacle at Shiloh. An oil lamp was supposed to burn all night long in the tabernacle. Eli, the priest, was old and his eyesight was too poor to make sure the lamp was always burning. It was Samuel's job to make sure the lamp never went out.

Samuel had lived at the tabernacle since he was very young. He saw his parents just once a year when they came to the tabernacle to offer sacrifices and to bring him a new set of clothes. Samuel's parents had

promised the Lord that they would have Samuel serve Him in the tabernacle. The old priest Eli taught Samuel to love and serve Jehovah.

One night Samuel was fast asleep. Then he heard a soft voice call his name: "Samuel, Samuel."

Samuel thought Eli must need something. He went to Eli's room. "Here am I," Samuel said. Eli stirred from his sleep, surprised to see Samuel. He had not called the

boy. Eli sent Samuel back to his bed.

Samuel returned to his bed and laid his head down to sleep. Everything in the tabernacle was quiet. Suddenly, a voice again called, "Samuel."

The boy jumped from his bed and ran back to Eli's room. He was

certain he had heard someone call his name. Samuel asked Eli what he wanted. Puzzled, Eli said he had not called Samuel. Once again, he told the boy to lie back

## What Was the Tabernacle at Shiloh?

The tabernacle was a portable temple. When the children of Israel were at Mount Sinai with the prophet Moses, Jehovah commanded them to build a place to worship and offer sacrifices. They took the tabernacle with them as they traveled from place to place. After they got to the promised land, the first permanent home for the tabernacle was in the town of Shiloh.

# Samuel



**Jehovah** is another name for Jesus Christ. He is Heavenly Father's oldest son. Heavenly Father asked Him to create the world and to help people return to Heavenly Father's presence. When Jehovah speaks to people, He is usually representing Heavenly Father. In the Old Testament, Jehovah is usually referred to as LORD. After He was born in Bethlehem, He was known as Jesus Christ.

God, our Heavenly Father, is the father of our spirits. He loves and watches over us always. We worship Him and pray to Him.

down and go to sleep.

Samuel obeyed. Then he heard a voice call his name a third time. When Samuel went back to the priest, Eli finally realized who had been calling the boy. Eli told Samuel it was Jehovah calling his name. He said Samuel should go back to his bed. When Jehovah called again, Samuel should say, "Speak, Lord; for thy servant heareth."

Samuel did as Eli told him. He went back to his bed to lie down and listen.

The voice spoke again, "Samuel, Samuel."

This time Samuel answered, "Speak, for thy servant heareth."

As Samuel grew, Jehovah continued to teach him, and Samuel continued to listen. When Eli died, Samuel became the prophet. He was a great

Then Jehovah spoke to Samuel. Jehovah explained that Eli's sons were not worthy priests. Samuel would be called to become a prophet. Even though Samuel was just a boy, Jehovah knew his name and had a plan for him.

leader, priest, and judge in Israel for many years. ♦

Did you know that a lamp can represent God's eternal presence?



# How Are

Cell phones, e-mails, text messages—there are so many great ways to talk to your friends and your family. Do you know when it's appropriate to use them?

**1** You just received a birthday gift from your grandma. Your mom reminds you to send her a thank-you note, but you want to send her an e-mail instead. What do you do?

- a. Send Grandma an e-mail.
- b. Send her a handwritten note.

**2** Mary e-mails you to invite you to her birthday party. You want to send the e-mail message to your best friend, Sarah. What should you do?

- a. Send the e-mail to Sarah so she knows about the party too.
- b. Keep the e-mail to yourself.

**3** It is time for family home evening. You want to keep playing your computer game until the lesson starts. What do you do?

- a. Finish your game while your family sings the opening song.
- b. Turn off the computer, and sing with your family.

**4** Your parents gave you a new cell phone for emergencies. You want to call your friend so the other kids at school can see your phone. What do you do?

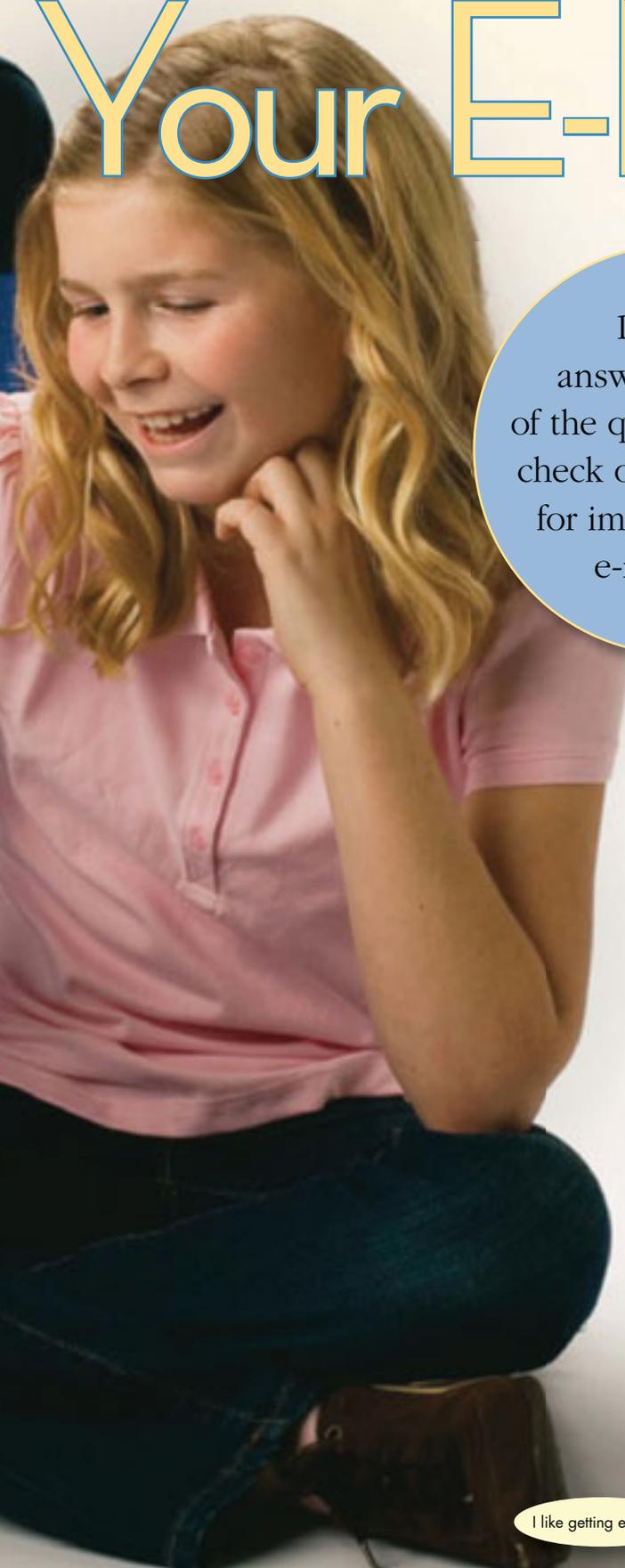
- a. Make some quick calls, just to show off your new phone.
- b. Keep your phone in your backpack.

**5** Your friend Cristina wants to play football with you, but you are instant messaging your friend Jacob. What do you do?

- a. Tell Cristina you'll play with her tomorrow so you can keep writing to Jacob.
- b. Tell Jacob you will write to him later so you can play football with Cristina.



# Your E-Manners?



Did you answer *a* to any of the questions? If so, check out these ideas for improving your e-manners.

**1** E-mail is a fast way to communicate, but taking the time to send a thank-you note will show your grandma how much you love her and appreciate her gift. You could also call her to tell her thank you.

**2** Sending one friend's e-mail to another friend is like telling a secret. If your friend sends you a message that is meant just for you, keep that message to yourself. Then Sarah's feelings won't be hurt if she wasn't invited to the party too.

**3** Computer games are fun, but family home evening is important. Join in the opening song, and save the computer game for later.

**4** If your parents bought you a cell phone for emergencies, you shouldn't use it to call friends. Also, other kids might feel bad if you show it off.

**5** It's great to talk to friends who aren't with you, but it's better to spend time with friends in person. Try limiting your computer time so you can spend time with friends face-to-face. ♦

I like getting e-mails!



But you like playing with me more!

Yes!



# Skipping to a

By Megan Withers Roxas

On a warm evening in Kingston, Jamaica, you might find Samuel (age 10) and Giordayne (age 7) outside skipping with their two brothers. As they skip, they sing to the beat:

1, 2, 3, *Aunty Lulu,*  
4, 5, 6, *Aunty Lulu,*  
7, 8, 9, *Aunty Lulu,*  
10, *Aunty Lulu,*  
10, *Aunty Lulu.*



Samuel and Giordayne are two happy children who are good at many things. They enjoy playing sports, studying hard at school, helping around the house, and being an example to those around them with their big smiles and cheerful attitudes.

## School Days

In Jamaica, schools have Boy Day and Girl Day every year. On Girl Day, boys don't go to school. Instead, mothers may go to school with their daughters. They have a talent show, a spelling contest, and other fun activities.

Giordayne was chosen from her class to compete in the spelling contest, and she won. "My favorite word to spell is *environment*," Giordayne says.

On Boy Day, fathers may attend school with their sons. Samuel entered the writing contest. He wrote an essay explaining how he shows respect to himself and others. He also won first place.

Turn to page 38 to read a poem that Samuel wrote.

# Jamaican Beat

## A Visit to the Temple

Samuel looks forward to the day when he can attend the temple. For many families in Jamaica, it's a big sacrifice to visit the temple because there isn't a temple there. It is expensive to go to the United States to attend the temple.

Fortunately, Samuel and Giordayne's family was able to go. Samuel says, "My favorite family vacation was when we went to New York City to visit my aunt. We saw the Manhattan Temple. It is the only temple I have ever seen."

The whole family was very excited when the Panama City Panama Temple opened in 2008 because it's not as hard to go there. Once or twice a year, the members in Jamaica travel to the Panama City Temple. "I am excited to go to the temple when I turn 12," Samuel says.



## An Answer to Prayer

One time their father's company was going to be shut down. Giordayne encouraged her family to ask Heavenly Father for help. "Giordayne is so diligent in her prayers. She always reminds our family of the things we need to pray for," her mother says. The family's prayers were answered when their dad got a new job. "I knew that if we prayed, everything would be OK," Giordayne says confidently.

## Two Great Teachers

Samuel dreams of becoming a teacher when he grows up. He wants to teach his favorite subjects: mathematics and science. Giordayne, who looks up to her older brother, wants to be a teacher too.

Samuel and Giordayne are already teachers now by being great examples to their friends. There are only a few children at their school who are members of the Church.

"When someone is doing something bad, such as fighting, I tell them to do what's right," Samuel says.

Samuel and Giordayne enjoy sharing their testimonies, and their Primary president knows

she can rely on them to give a talk if the speaker is unable to attend. On Sunday mornings they wake up extra early to prepare a talk just in case they are needed to speak.

Samuel and Giordayne try to faithfully serve the Lord in everything they do. Giordayne says, "I know that if I have faith, I shall not perish, but I will live with Heavenly Father and Jesus Christ again." ♦



An illustration of an elderly woman with short, wavy white hair and round black-rimmed glasses. She is wearing a purple turtleneck sweater and is looking down at a young girl. The girl has short brown hair and is wearing a pink long-sleeved shirt with white polka dots and blue pants. She is kneeling in a garden bed, wearing brown gardening gloves. She is holding a small bouquet of white flowers and red strawberries. In the background, there are green bushes and several tall green plants. The title 'GROWING A Testimony' is written in a stylized font on the right side of the image.

# GROWING A Testimony

**By Julie C. Donaldson**

(Based on a true story)

*The Holy Ghost . . . filleth with hope and perfect love*  
(Moroni 8:26).

Mary knelt in the warm dirt next to her grandma. She gently lifted the leaves of the strawberry plants, looking for rich red berries that were ripe and ready to eat. Mary felt happy when she helped at Grandma's farm.

"Mary, look at everything Heavenly Father has given us," Grandma said.

"Look at the sun that warms us and makes things grow, the creek that gives us water, the trees that give us shade. What the scriptures say is true: all things on earth testify that there is a God."

Mary's happiness faded away as Grandma's words reminded her of something her dad had said. "Grandma, Dad said that he doesn't know if Heavenly Father is real. He doesn't say prayers or go to church with us anymore."

Mary stared at the dirt and poked at an ant crawling around. She felt bad saying those things because she loved her dad.

Grandma put her hand on Mary's cheek. Looking right into Mary's eyes, Grandma asked, "Mary, do *you* believe in Heavenly Father?"

"So much!" Mary exclaimed, feeling the Spirit warm her heart.

Grandma patted her cheek. "I know you do. You have a testimony. Don't you ever doubt it, no matter what anybody tells you."

"I won't, Grandma," Mary promised. "I just wish it

could be like it was before, when we all went to church together."

"So do I, sweetheart," Grandma said with a sigh. "But people are like plants. We can't make them believe any more than we can make these strawberries grow."

"But don't you pray to Heavenly Father to help the plants grow?" Mary asked.

"I sure do. Every day," Grandma said.

Mary smiled. Now she knew what she could do.

That night Mary knelt beside her bed, bowed her head, and prayed to Heavenly Father. She thanked Him for Grandma and for Dad, for strawberries, and for the beautiful earth. Then she asked Heavenly Father to bless Dad to believe in Him again.

After her prayer, Mary felt peaceful and happy inside, like she was full of love. She knew it was

the Holy Ghost she was feeling, and her testimony grew a little stronger. She knew that Heavenly Father heard her prayer and loved her. She knew He loved Dad too.

Mary hoped her dad would believe in Heavenly Father again someday. But no matter what, *she* would always believe in Heavenly Father. He was as real to her as sunlight and shade and water, as real as the love she felt in her heart when she prayed. ♦



**"I will remember my baptismal covenant and listen to the Holy Ghost."**

My Gospel Standards



# Meet the New Primary General Presidency

A new Primary general presidency was called during the April 2010 general conference. Sister Rosemary M. Wixom was called to serve as Primary general president. Sister Jean A. Stevens is her first counselor, and her second counselor is Sister Cheryl A. Esplin. Let's get to know the new Primary general presidency.



**Sister Jean A. Stevens,  
First Counselor**

- **Place of marriage:** Salt Lake Temple
- **Family:** Five children and seven grandchildren
- **Favorite food:** All kinds of salads
- **Favorite hobby:** Anything with my family
- **Favorite color:** Green
- **Favorite Primary song:** "A Child's Prayer"
- **Favorite Book of Mormon story:** Jesus Christ blessing the Nephite children
- **Favorite scripture:** "Trust in the Lord with all thine heart; and lean not unto thine own understanding. In all thy ways acknowledge him, and he shall direct thy paths" (Proverbs 3:5-6).



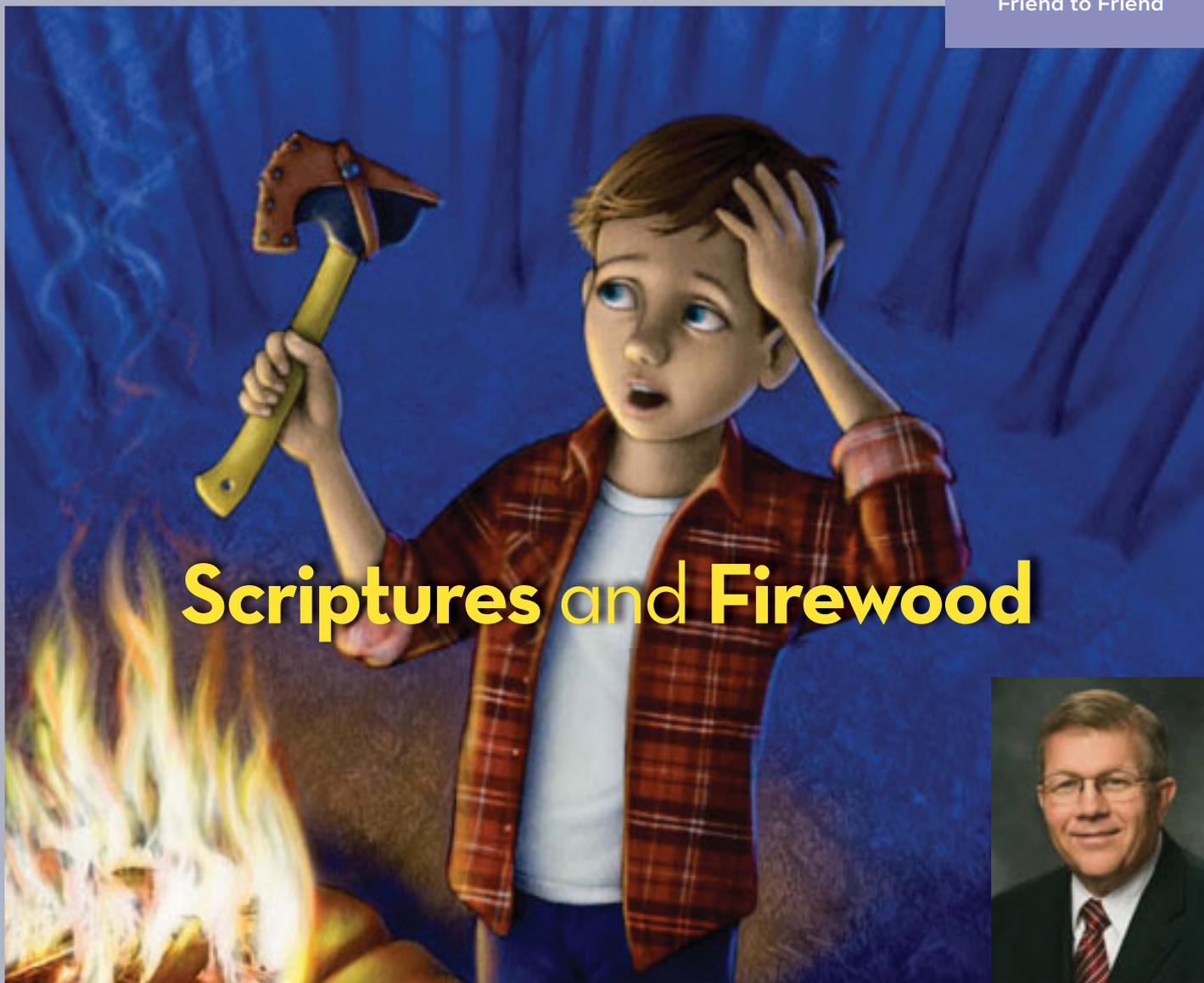
**Sister Rosemary M. Wixom,  
President**

- **Place of marriage:** Salt Lake Temple
- **Family:** Six children and six grandchildren
- **Favorite food:** Pizza
- **Favorite hobby:** Preparing for Sunday dinners with children and grandchildren
- **Favorite color:** Blue
- **Favorite Primary song:** "A Child's Prayer"
- **Favorite Book of Mormon story:** Helaman's warriors listening to their mothers
- **Favorite scripture:** "Wherefore, be of good cheer, and do not fear, for I the Lord am with you, and will stand by you; and ye shall bear record of me, even Jesus Christ, that I am the Son of the living God, that I was, that I am, and that I am to come" (D&C 68:6).



**Sister Cheryl A. Esplin,  
Second Counselor**

- **Place of Marriage:** St. George Utah Temple
- **Family:** Five children and eighteen grandchildren
- **Favorite food:** Homemade fresh hot bread
- **Favorite hobby:** Playing with grandchildren and doing things with family
- **Favorite color:** Vibrant blue and pink
- **Favorite Primary song:** "I Know that My Savior Loves Me"
- **Favorite Book of Mormon story:** Jesus Christ visiting the Nephite children
- **Favorite scripture:** "And whoso receiveth you, there I will be also, for I will go before your face. I will be on your right hand and on your left, and my Spirit shall be in your hearts, and mine angels round about you, to bear you up" (D&C 84:88).



## Scriptures and Firewood



*Seek learning, even by study and also by faith*  
(D&C 88:118).

**W**hen I was 12 years old, I took my new hatchet on a camping trip. I arrived after dark and volunteered to chop some firewood. I expected it to be easy since the hatchet's blade was sharp and the handle was strong. But the hatchet didn't work well at all. I had to chop hard and long to cut the logs. I finished the job feeling very frustrated.

Then I got closer to the campfire and saw the problem—I had left the hatchet cover on! In that moment, I learned that when things seem hard, it is important to look more carefully at what's going on, instead of just getting frustrated.

We can remember to look more carefully when we read the scriptures too. Sometimes when we read the

scriptures, we may not understand them at first. We might feel like we are trying to chop wood with a cover on our hatchet. But we will understand better if we take time to look more carefully.

At the beginning of each chapter, a heading tells us about what is happening in the chapter. We can ask, "What was going on here? What was this person feeling?" When we take time to look more closely at the scriptures, we can better understand what they can teach us. This will build our self-confidence and our testimony.

I have found it helpful to say a prayer asking to understand the scriptures when I read them. Then I ask, "What does Heavenly Father want me to learn from this scripture?" He always helps. ♦

From an interview with  
Elder Allan F. Packer  
of the Seventy;  
by Anna Culp

Don't know what to do this summer? If you get bored or want to do something different, take a look at this list and try some of them out.

# 20 things to do this summer

By Yulia Phares



Set a family goal to visit all of the parks in your city or area before the summer is over. You can make one day each week your "park day."

Celebrate fun, little-known holidays. For example, June 26 is National Chocolate Pudding Day, July 1 is International Joke Day, and August 1 is Respect for Parents Day. Try to find other holidays you can celebrate.

Memorize a scripture each week. Take a few minutes each day to practice. By the end of the summer, you can have several scriptures memorized.

Have a "freeze dance" with friends and family members. Turn on music and start dancing or running. When the "freezer" pauses the music, you have to stop in the position you are in. Stay in that position until the music starts again.



Do anonymous good deeds. You can do a sibling's chores, clean around the house, or write kind notes for family members and leave them on their pillows.



Set up a backyard obstacle course. Take turns seeing how fast you can complete it.



Choose a favorite story and act it out for your family.



Ask a parent to take you to the library. Keep a tally of how many minutes or hours you read during the summer.

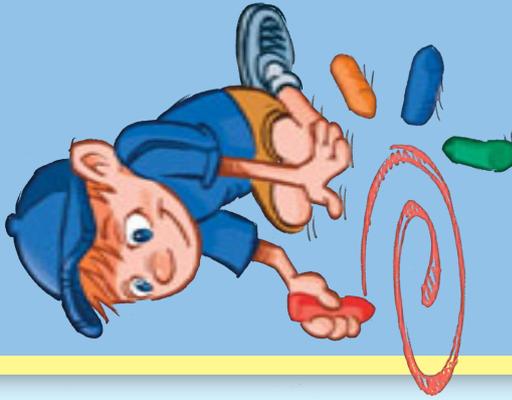
Have a family talent show. Encourage every family member to participate.



9

Make up a story as a group. You and your friends or family members can take turns adding to the story, one person at a time.

Get some chalk and have a sidewalk art contest on your driveway or sidewalk.



Visit [friend.ids.org](http://friend.ids.org) and click on "Find Friend Activities by Topic" to choose from hundreds of activities that have appeared in the *Friend* that you can print and do.

Ask a parent to help you make cookies. Deliver them to friends or neighbors.



Take walks with your family. Every time you take a walk, count something different. For example, you can count red cars one time and mailboxes the next time.



Go on a picnic. You could even have it in your home or backyard.



Choose a talent you want to have and work every day to develop it. This could include writing, playing a musical instrument, juggling, or anything else you want to develop.



Have a treasure hunt in your house. Place clues throughout the house that will help you find the treasure.



Have a silly-jumps contest in the backyard. See how far you can jump while flapping your arms, standing on one foot, etc. You can use a tape measure to see who jumps the farthest.



Have a parent take a picture of you doing something fun while holding the *Friend*.

Send it to us and we may put it in the magazine. See page 48 for information about how to submit.



With a parent's help, print several coloring pages from [friend.ids.org](http://friend.ids.org). After you and other family members color them, try to completely cover the refrigerator with the coloring pages.



# Family Gardening

By Val Chadwick Bagley

President Spencer W. Kimball (1895–1985) encouraged families to plant gardens. Look at the picture of this family working in the garden. See if you can find all 26 letters of the alphabet hidden there.



“The heavens declare the  
**glory of God**; and the  
firmament sheweth **his**  
**handywork.**”

—Psalm 19:1



# The Holy Ghost

(Children's Songbook, 105)

Words and music by Jeanne P. Lawler



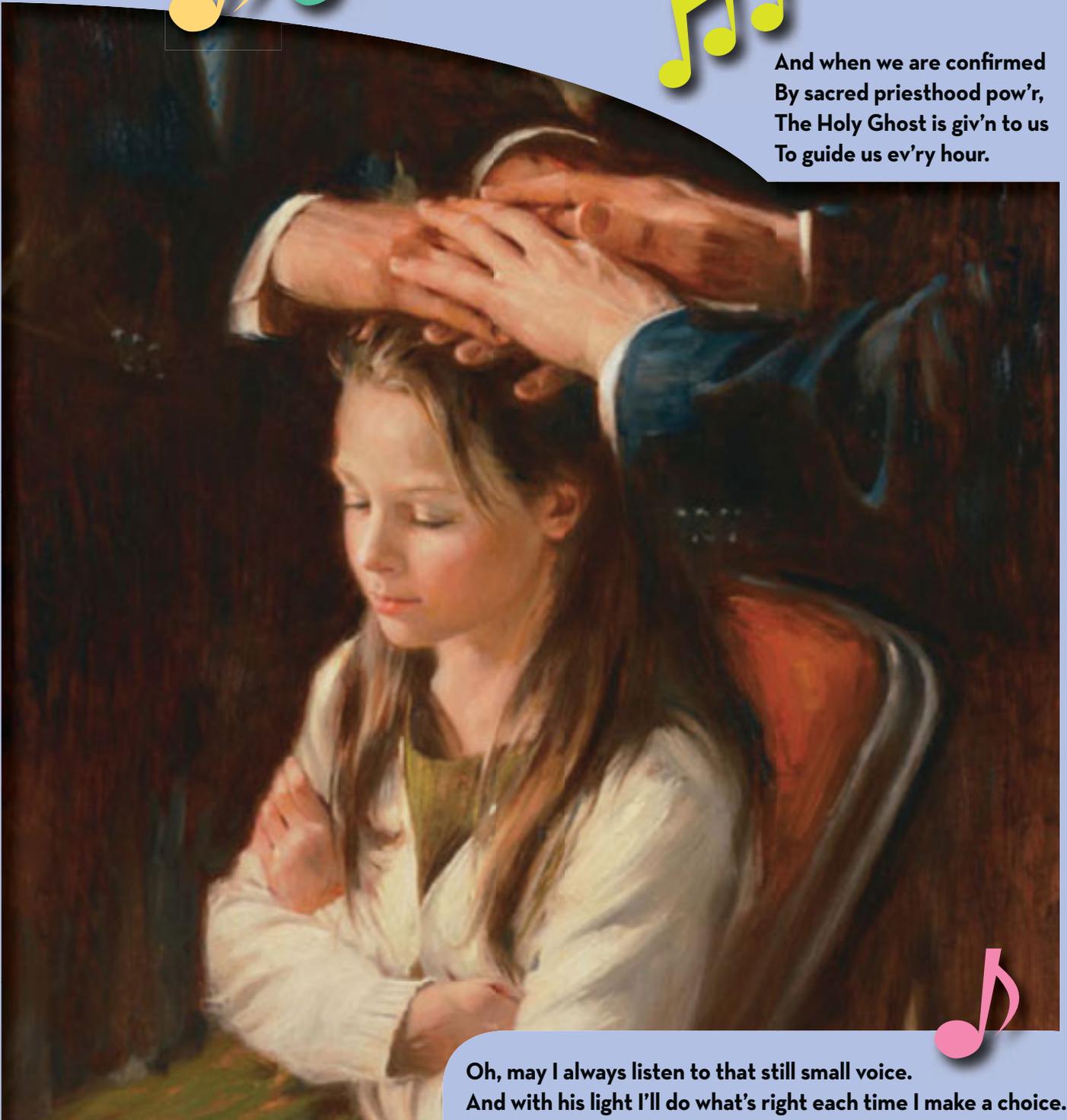
When Christ was on the earth,  
He promised he would send  
The Holy Ghost to comfort us,  
Our true, eternal friend.



The Holy Spirit whispers with a still small voice.  
He testifies of God and Christ and makes our hearts rejoice.

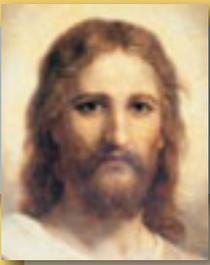


And when we are confirmed  
By sacred priesthood pow'r,  
The Holy Ghost is giv'n to us  
To guide us ev'ry hour.



Oh, may I always listen to that still small voice.  
And with his light I'll do what's right each time I make a choice.

**Teaching suggestion for Primary music leader:** After the children are familiar with the words to both verses, have them hum the song except the lines “The Holy Spirit whispers with a still small voice” and “Oh, may I always listen to that still small voice.” When the children get to those lines, have them sing the words to emphasize the importance of recognizing the Holy Ghost.



# Trying to Be Like Jesus

## Courage to Be Honest



One time I went to stay at my abuelo's home with my mum and sisters. (*Abuelo* is the Spanish word for grandpa.) When I got up in the morning, I started playing with the curtains in the bedroom. Suddenly the rod fell down. I was very worried and scared to tell anyone because I didn't want my abuelo to be angry. I said a prayer and asked Heavenly Father what I should do. I felt the Holy Ghost tell me that I should tell my abuelo the truth. I went downstairs and told him that I accidentally broke the curtains and that I was very sorry. Abuelo said it was OK, and that it wasn't my fault because it was already broken. I felt really happy for telling the truth.

**Elena H., age 7, New South Wales, Australia**



## Blessed for Obedience

My best friends from school were trying out for a competitive soccer league. The tryouts were on Sundays. My mom told the coach that I was not going to try out for the team because the tryouts were on Sundays, which is our Sabbath day.

The coach called back a few days later and said he had scheduled a special Wednesday tryout for me. I made the team. I know Heavenly Father blesses us when we keep the Sabbath day holy.

**Jack S., age 7, California**



Tell us how you're trying to be like Jesus. Turn to page 48 to find out how to send us a letter.

## Showing Love



**M**y sister and I had the day off from school. We were trying to find something to do. We each wanted

to play a different game. My sister usually lets me play the game I want, so I played her game with her because I love her. I know Jesus would want us to play fair and show our love to others, even when it's something we don't really want to do.

**Rob V., age 8, Georgia**



## Being a Missionary

**O**nce I gave a lesson in family home evening about missionary work. I challenged my family to invite someone to church. We decided to invite one of our friends who was our neighbor. My



mom and I talked about what I could say before I called our friend. I was very nervous, but I invited him to sacrament meeting. I told him it was our Primary program and that

I was giving a talk. He thanked me for inviting him but didn't say if he

would come. When I entered the chapel on Sunday I didn't see our friend. I felt disappointed. After I was sitting on the stand, I suddenly saw him in the congregation. I was so happy and grateful that I got to be a missionary.

**Taylor A., age 10, Utah**



## Book Decision



**O**ne day at school I was reading a book from the school library. I had a bad feeling because there

were some bad words in the book. During recess I went to the library and told the librarian. She reported it to the headmaster. They took all the copies of the book out of the library. I felt good because I chose the right.

**Sariah L., age 8, England**

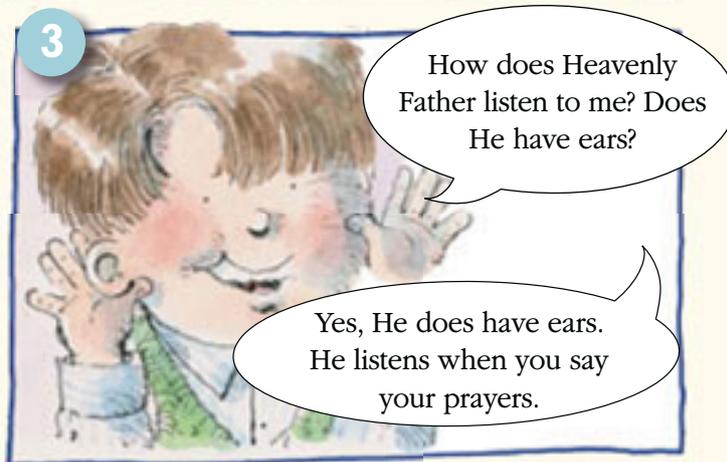
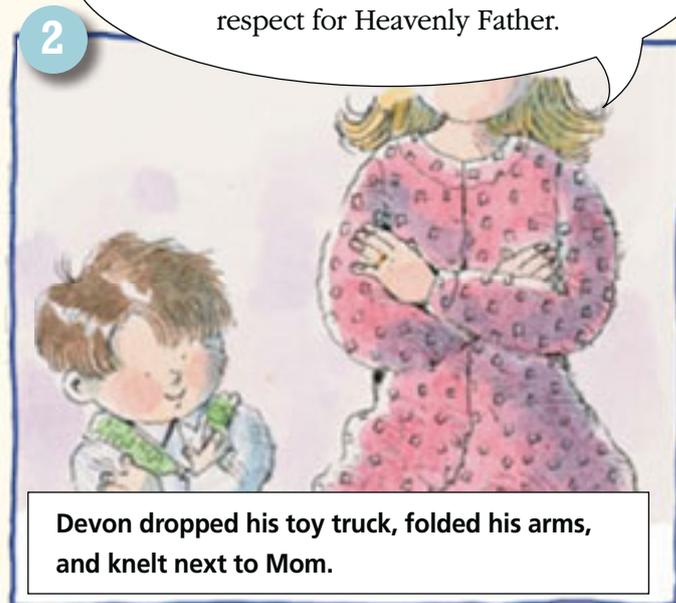
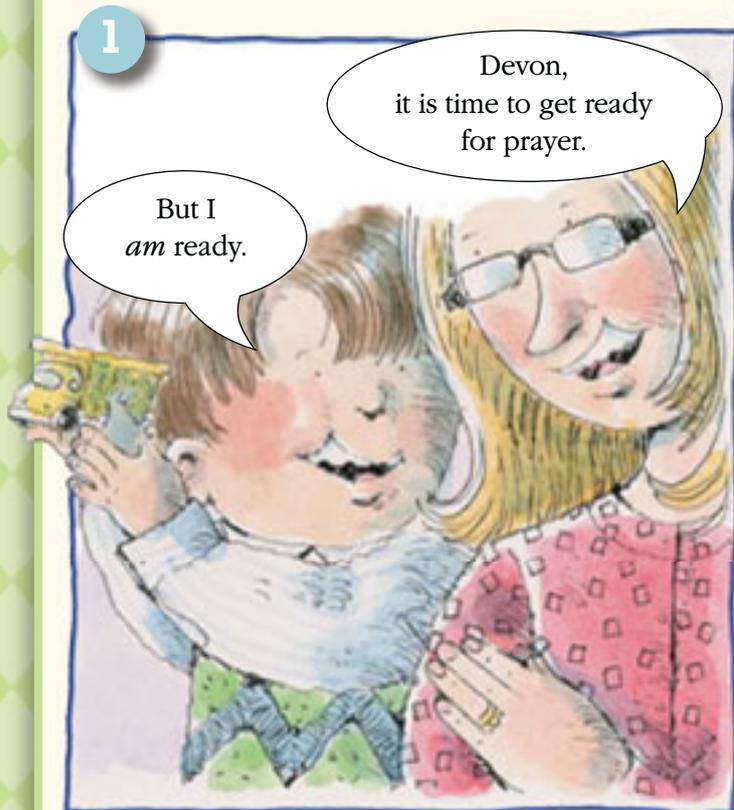


# He Is Listening

By Allison J. England

(Based on a true story)

*The Lord hath heard the prayers of his people*  
(Mosiah 27:14).



5

Devon, how do you feel when you share?

Happy.

And how do you feel when you do something wrong—like throw your toys?

I feel bad.

The Holy Ghost helps us have these feelings to let us know right and wrong. He also helps us have ideas about what things we can do to be happier.

7

Just because you do not hear Heavenly Father talking to you, that does not mean that He isn't listening. He sends you warm, good feelings to let you know He is there.

There are other ways we can know Heavenly Father is listening. Remember how He helped Grandma feel better after she got a priesthood blessing?

6

Yes, I'm glad Grandma felt better.

Devon felt happy.

Now I know, Mom. Heavenly Father does listen to me.

8

## HELPS FOR PARENTS

- Find a quiet time and place to read “He Is Listening” with your child. Share an experience about when Heavenly Father answered one of your prayers. Share how you felt.
- Like Devon’s mom in “He Is Listening,” ask your child questions that will help him or her learn to recognize how the Holy Ghost feels. If possible, use recent experiences your child has been a part of.
- After your child completes this activity, use it to help your child practice good prayer manners the next time he or she prays.



## Preparing to Pray

Devon needs to get ready to pray. Look at the pictures. If he is getting ready to pray, circle the picture. If he is doing something that does not help him get ready to pray, draw an X on the picture.





I sit on my bed  
and put on my socks.

I sit on the riverbank  
and toss across rocks.

I sit on the bus  
That takes me to school.

I sit on the edge of  
A blue swimming pool.

I sit on a branch  
High up in a tree.

But the best place to sit  
Is on Daddy's knee.



# The BEST Place

By Jane McBride Choate



# I'll Walk beside You

By Dawna Wardell  
(Based on a true story)

*Lead me, guide me, walk beside me, help me find the way*  
(Children's Songbook, 2-3).

**B**ut, Pa, I'm bigger now! See?" Joshua said as he stood on his tiptoes.

"I do see how big you are," Pa said. "Come over here to the measuring wall. We'll measure again."

Joshua ran over to the measuring wall and stood as tall as he could. Pa took a pencil and put a mark on the wall just above Joshua's head. It was a little higher than the last one.

"Well, I'll be!" Pa said. "You've grown one-eighth of an inch!"

"I knew it! Can I ride Dugan today?" Joshua asked as he jumped up and down.

"I think you just might be big enough to ride the horse," Papa said.

Joshua was so excited! He went to the corrals with Pa and watched as Pa put a bridle and harness on Dugan.

"Why didn't you put a saddle on her?" Joshua asked.

"Because today we have work to do with her," Pa explained. "We are building a fence. You and Dugan will get to help."

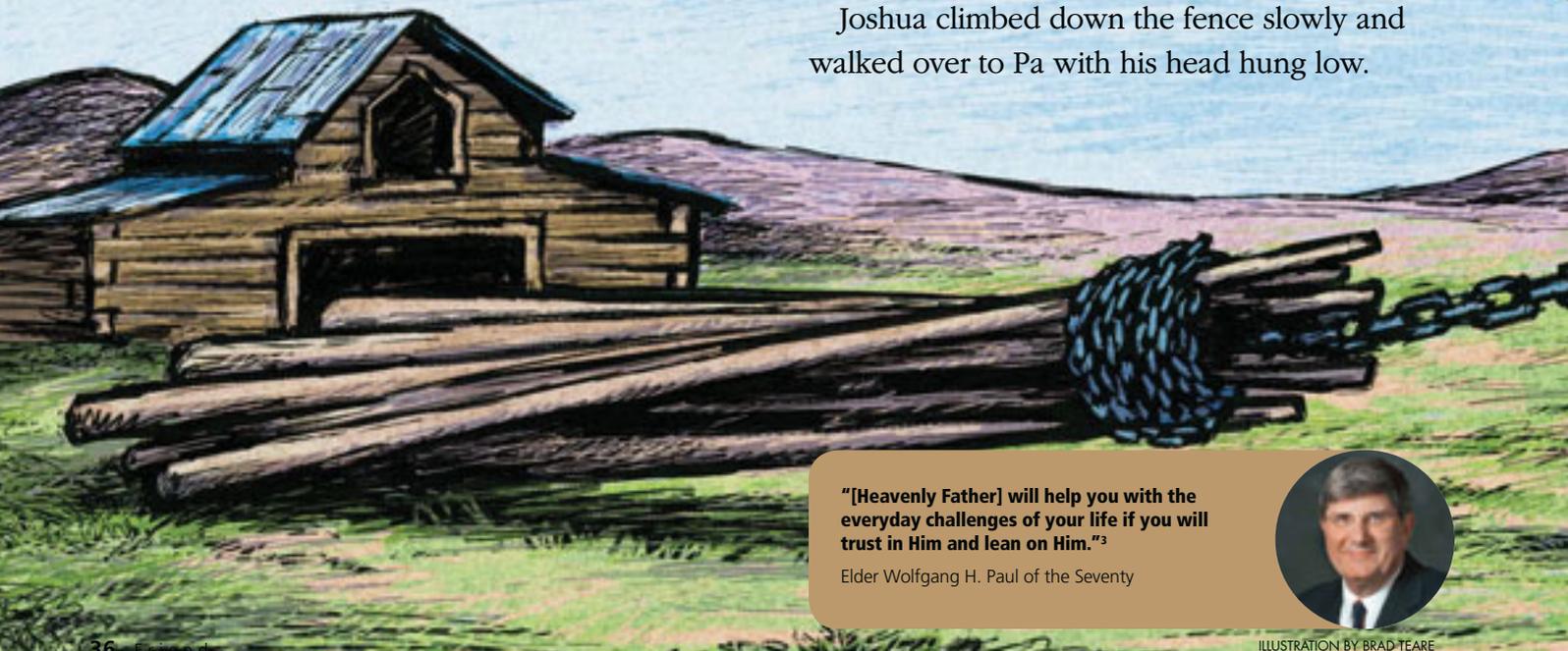
"Really? How?" Joshua asked.

"We will put a chain around the poles that are in that pile by the barn. Then we will hook them to the harness on Dugan and she will pull the poles where they need to go," Pa said.

Joshua sat on the fence as Pa put a chain around the poles. He looked at Dugan. "She is a really big horse," he thought. He began to feel nervous.

Pa finished chaining the last pole. "Ready, Joshua? Come over here and I'll lift you up."

Joshua climbed down the fence slowly and walked over to Pa with his head hung low.



**"[Heavenly Father] will help you with the everyday challenges of your life if you will trust in Him and lean on Him."<sup>3</sup>**

Elder Wolfgang H. Paul of the Seventy



“What’s the matter? Have you changed your mind?” Pa asked.

“Maybe I better wait until tomorrow,” Joshua mumbled. “I’ll be even bigger then.”

“I bet you won’t be scared anymore after you get on the horse. I won’t let you get hurt. I’ll walk beside you and lead Dugan to the place where we unload the poles,” Pa said.

“Really? You’ll be with me?” Joshua asked.

“You bet I will,” Pa said. He reached down

and lifted Joshua onto Dugan’s back in one big swoosh.

“Wow! Look how high I am!” Joshua said. He grinned from ear to ear.

As he rode, Joshua looked at Pa. He realized that Heavenly Father would always be there to help him too. He would lift him up. He would walk beside him. And knowing that, Joshua could do anything—even ride a really big horse. ♦



When I get bigger I want to ride a horse.

You'll have to learn how!

**Attention! Attention! Children's Art Exhibit**

Don't forget to send your best artwork to be considered for the Children's Art Exhibit. Send your entry to: Children's Art Exhibit, 45 N. West Temple St., Salt Lake City, UT 84150, USA. Your entry must be postmarked on or before July 31, 2010. For complete details about how you can participate, see the *Friend* April 2010 issue, page 39.

**Jesus Died for Me**

Every time I remember Jesus died,  
Tears come down to my eyes.  
Sometimes I try not to cry,  
So I just take a big, deep sigh.

Jesus did not do anything wrong,  
When He was young, maybe He sang songs.  
Jesus preached to all men  
All the time—again and again.

When Jesus went to Gethsemane,  
He prayed, knowing He would die for me.  
Because Jesus died for me,  
I should be as faithful as I can be.

*Samuel M., age 10, Jamaica*

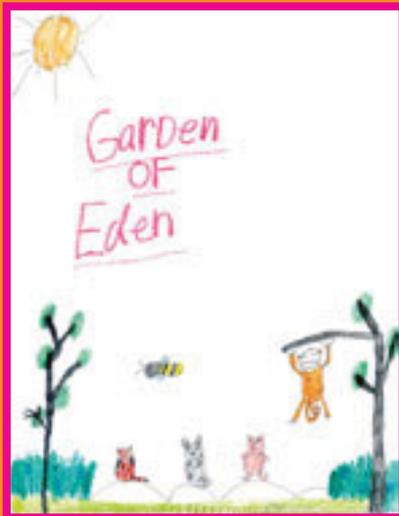
**My Family**

Families are fun when they play catch with me!  
Alphabet bingo is what I play with my family.  
Mealtimes are when I like to talk and joke.  
Ice cream I like to eat with them in the  
summer.  
Laughing together is fun for me.  
I like playing in the pool with them in the hot,  
hot weather.  
Everything I do with my family is fun.  
Sunday is the Sabbath day, and we go to  
church together.

*Esther L., age 7, England*



*Hannah D., age 5, California*



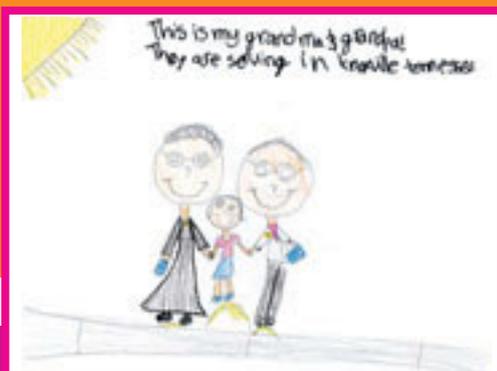
*Hannah S., age 10, Florida*



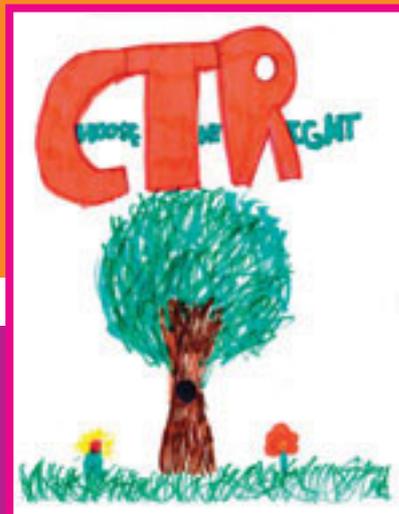
*Katie J., age 11, Michigan*



*Amber H., age 10, Arizona*



*Shayla M., age 10, Utah*



*Mitchell S., age 10, Ohio*



*Carson S., age 7, Nevada*



Steven W., age 6, California

### Shake 'n' Make Ice Cream

- ice
- 6 tablespoons rock salt
- 2 tablespoons sugar
- 1 cup milk
- 1/2 teaspoon vanilla extract
- 1 pint-size plastic bag
- 1 gallon-size plastic bag

1. Fill gallon bag half full with ice, then add rock salt.
2. Pour sugar, milk, and vanilla in the pint bag and seal it.
3. Place the small bag inside of the large bag and seal. Shake for 5-7 minutes.
4. Enjoy.

David W., age 10, Utah



Tyler B., age 7, Florida



Isabella W., age 7, Ohio



Lexie Z., age 7, Iowa



Justin H., age 9, Wisconsin



Krystaley P., age 10, Missouri



Ethan E., age 8, Missouri

Would you like to send us a poem or drawing? Turn to page 48 to find out how.

# The Holy Ghost Testifies of the Truth of All Things

By Sandra Tanner and Cristina Franco

**I**n the Book of Mormon we read about Lehi and his family. Heavenly Father led them to a new home in a choice land. Lehi received a marvelous gift from God: a round ball with two spindles that “pointed the way whither [they] should go” (1 Nephi 16:10). This gift was called the Liahona. Nephi said the Liahona “did work according to [our] faith and diligence and heed”

(1 Nephi 16:28). Lehi’s family learned to follow the directions of the Liahona.

We receive a marvelous gift when we are baptized and confirmed. This is the gift of the Holy Ghost. The gift of the Holy Ghost is like the Liahona. We can learn to follow the Holy Ghost. If we follow His promptings, we can return to live with Heavenly Father and Jesus Christ again.

## JUNE 2010 SCRIPTURE JOURNAL

*Read* Moroni 10:5.

*Pray* to Heavenly Father to know that the Holy Ghost will help you.

*Memorize* Moroni 10:5.

*Choose* one of these activities, or create your own:

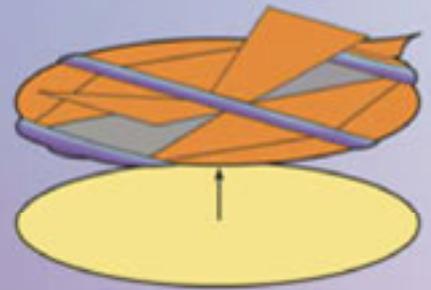
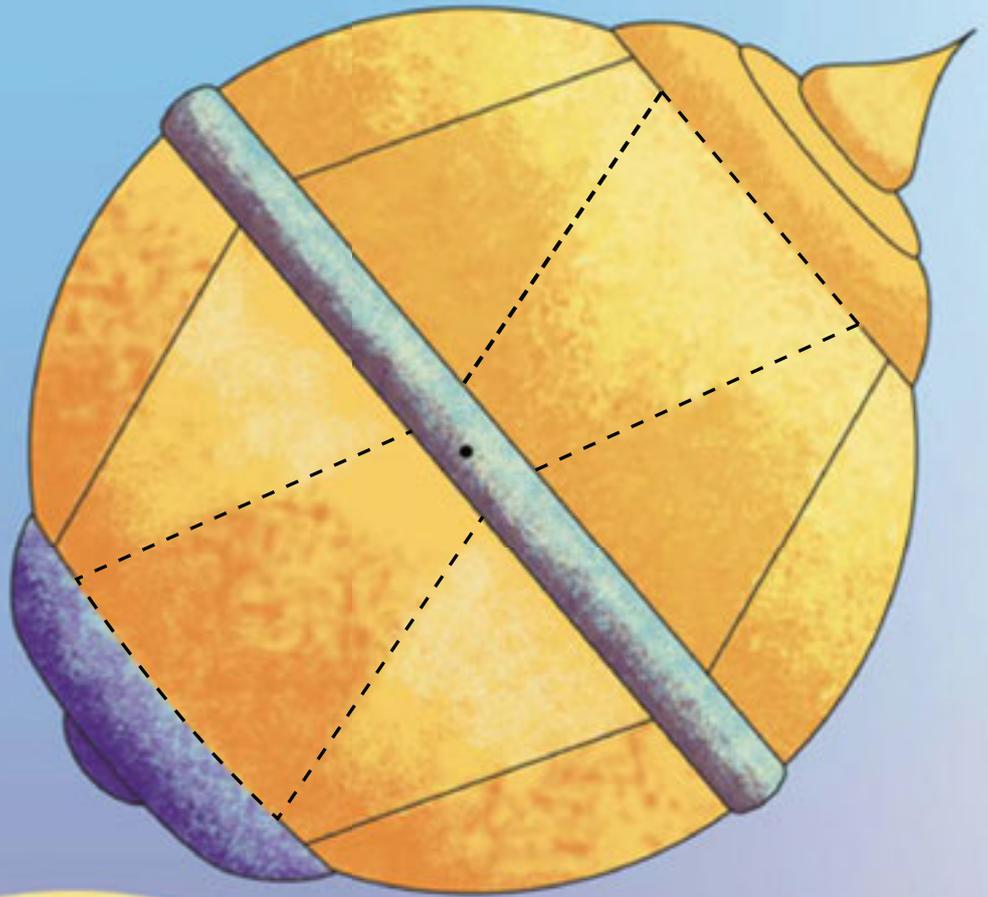
- Help someone else memorize Moroni 10:5.
- Remove the activity on page 41, and mount it on heavy paper. Cut out the circles and the two sections within the broken lines. Attach the circles with a metal fastener. Read the question in the

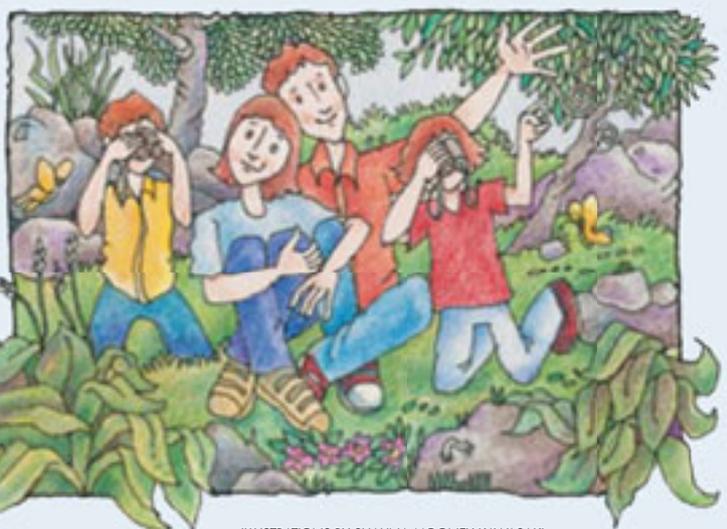
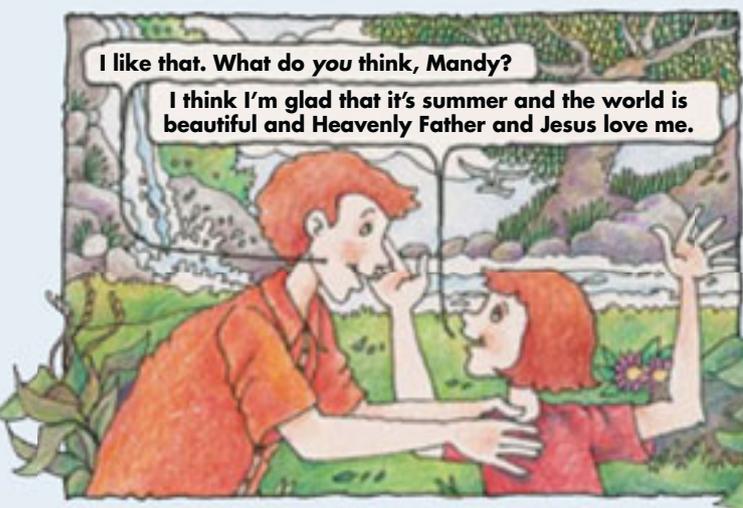
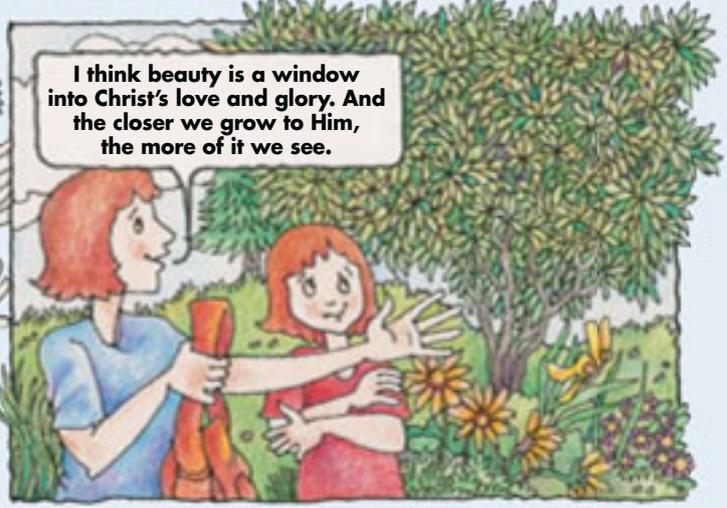
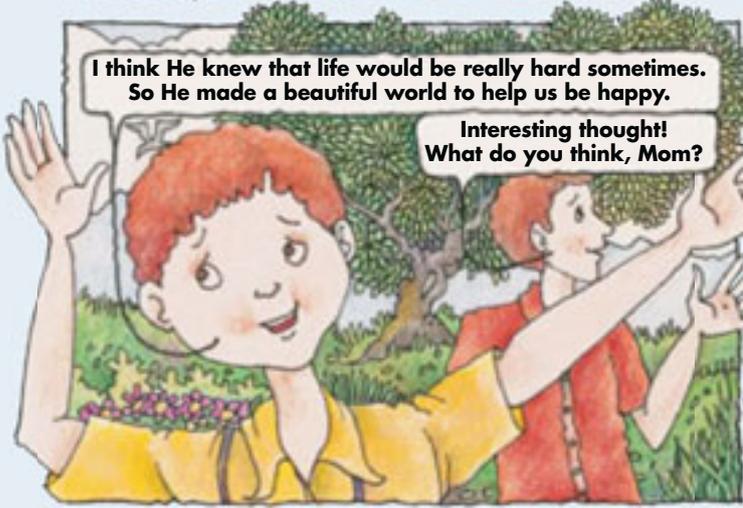
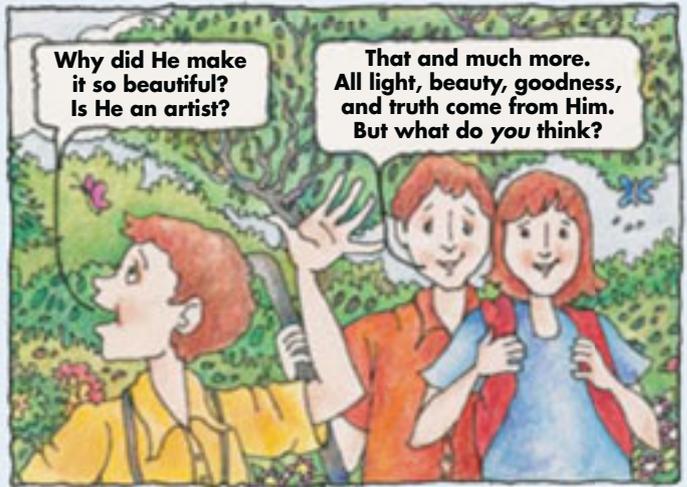
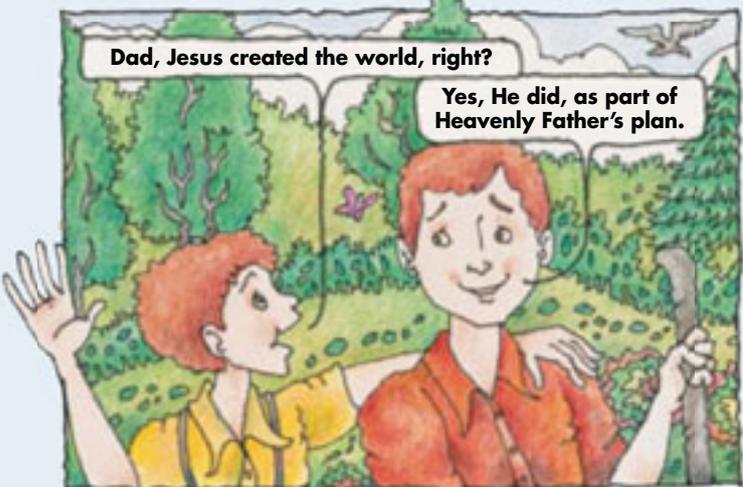
cutout area, and find its answer in the scripture reference in the opposite window. You can write your answers in your scripture journal.

- Write in your journal about some times you have felt the Holy Ghost. Recognizing His help in the past will help you listen to and follow His promptings in the future.
- Talk to your parents, teachers, or friends about times they have been led by the Holy Ghost.

*Write* in your journal or draw a picture about what you have done. How does what you have done help you understand Moroni 10:5? ♦



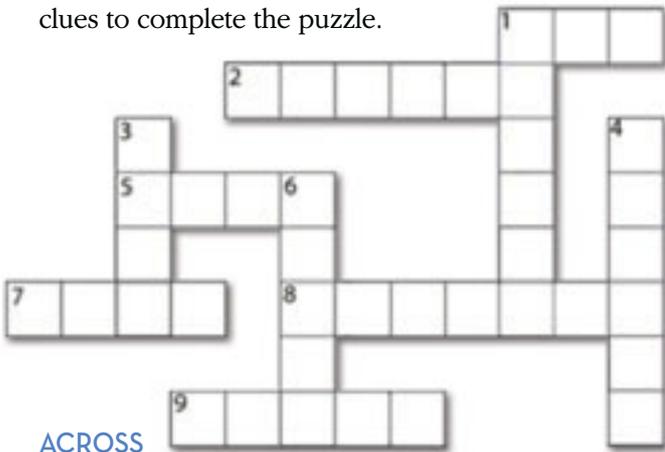




# Father's Day

By Lindsay Law

Father's Day is on June 20 in the United States, Canada, and the United Kingdom. Find the fathers in these clues to complete the puzzle.



## ACROSS

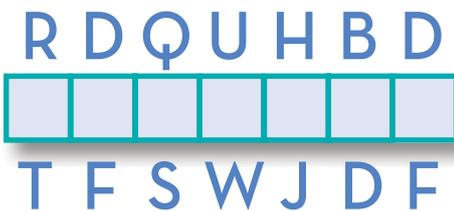
- 1 Job 42:15
- 2 Exodus 18:2
- 5 1 Nephi 5:10
- 7 Moses 7:1
- 8 2 Nephi 8:2
- 9 Genesis 47:7

## DOWN

- 3 Genesis 41:51
- 4 Mosiah 27:14
- 6 Mormon 8:1
- 9 Genesis 46:1

# Showing Kindness

By Amie Jane Leavitt



Heavenly Father wants us to treat one another with kindness. Fill in the shaded boxes in the middle of the puzzle with the letters that belong in between the top and bottom letters. The letters you fill in will create a word that can help you show you care for others.

# Names of the Holy Ghost

By Chad E. Phares

The verses listed include different names for the Holy Ghost. Use your scriptures to find the names. Then circle the name in the puzzle.

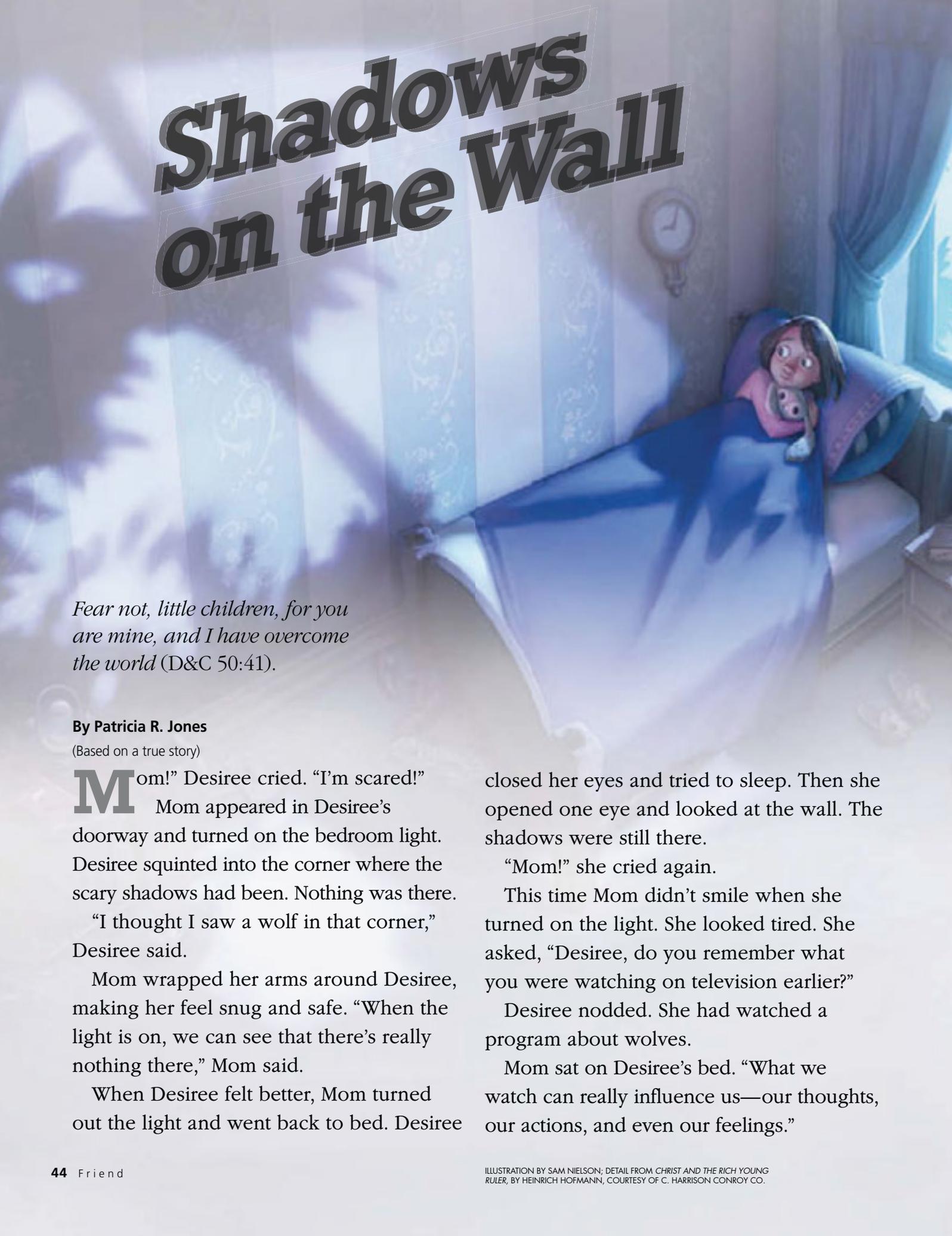


- Doctrine & Covenants 42:17
- Doctrine & Covenants 76:18
- 3 Nephi 11:36
- Alma 5:46
- 1 Corinthians 2:14
- 1 Nephi 11:11



Find the answers on page 48.

# Shadows on the Wall

An illustration of a young girl with dark hair, wearing a pink shirt and a blue blanket, sitting up in bed. She has a worried expression. The room is dimly lit, with a clock on the wall and a window with blue curtains. Large, dark, shadowy figures are cast onto the wall behind her, appearing to be reaching out or crawling. The overall mood is one of fear and mystery.

*Fear not, little children, for you are mine, and I have overcome the world (D&C 50:41).*

**By Patricia R. Jones**

(Based on a true story)

**M**om!” Desiree cried. “I’m scared!” Mom appeared in Desiree’s doorway and turned on the bedroom light. Desiree squinted into the corner where the scary shadows had been. Nothing was there.

“I thought I saw a wolf in that corner,” Desiree said.

Mom wrapped her arms around Desiree, making her feel snug and safe. “When the light is on, we can see that there’s really nothing there,” Mom said.

When Desiree felt better, Mom turned out the light and went back to bed. Desiree

closed her eyes and tried to sleep. Then she opened one eye and looked at the wall. The shadows were still there.

“Mom!” she cried again.

This time Mom didn’t smile when she turned on the light. She looked tired. She asked, “Desiree, do you remember what you were watching on television earlier?”

Desiree nodded. She had watched a program about wolves.

Mom sat on Desiree’s bed. “What we watch can really influence us—our thoughts, our actions, and even our feelings.”



“But the show I watched about wolves wasn’t bad,” Desiree said.

“What we watch on television can affect our thoughts, even if it isn’t a bad program. I think that what you watched tonight played a part in how you are feeling,” Mom explained.

Desiree thought about what Mom said. She had never noticed being affected

by what she watched before.

“Wow,” Desiree said. “I’ll have to be more careful in deciding what to watch.”

Mom smiled. “That’s a good idea, Desiree.”

“But what about tonight? I still feel scared.”

“I have an idea,” Mom said. She took a picture of Jesus Christ off Desiree’s desk and pulled it out of its wooden frame. Then she

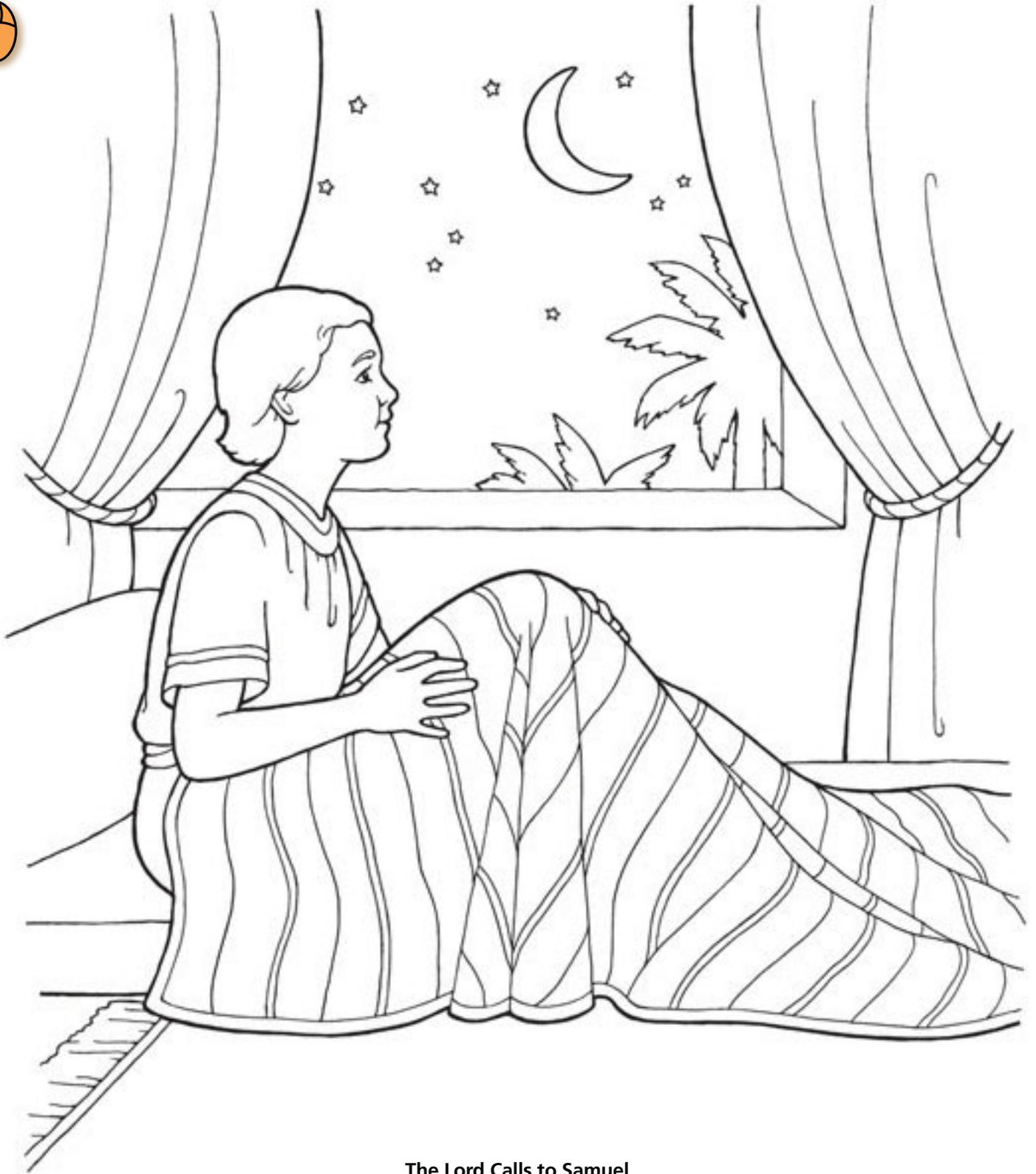
neatly taped it to the wall where Desiree had seen the scary shadows. “He will always be there for you, Desiree. Remember that when you are afraid.”

As Mom turned off the light, a warm feeling filled Desiree’s heart. She knew what Mom had said was true. Jesus would always watch over her, help her, and quiet her fears. ♦

**“Fear not; only believe. Believe in God, the Father of us all. . . . Believe in the Lord Jesus Christ, the Son of God.”<sup>4</sup>**

President Gordon B. Hinckley (1910–2008)





**The Lord Calls to Samuel**  
*The Lord called Samuel: and he answered, Here am I*  
(1 Samuel 3:4).

# Friends in the News



## Hidden Valley Ward

The Primary children of the Hidden Valley Ward, Kaysville Utah South Stake, had a great time building a float for the annual Kaysville parade. They combined their Primary theme, "My Eternal Family," and the parade theme, "Proud to be an American," to create their float—"Proud to Be an American Family." The float won the award for the best theme-oriented float.



## Arbor View Ward

The Primary children in the Arbor View Ward, Las Vegas Nevada Elkhorn Springs Stake, had a Primary activity honoring the members of the First Presidency. They learned trivia, played games, and had treats that related to each member of the First Presidency.



**Andrew T.**, 6, Idaho, has four brothers. He enjoys going on family bike rides, playing basketball in the driveway, and planning activities for family home evening. Andrew is a peacemaker.



**Brooklyn D.**, 9, Virginia, likes to sing and dance. She recently performed in a play at her school and also joined the ward choir. She likes seeing all her friends at church and really enjoys her Primary class.



**Aubrie and McKenna F.**, 10 and 8, Utah, are loving sisters. Aubrie loves being with her family and friends and her cat, Boo. She likes to sing and performs in a choir. She enjoys going to Primary and wants to serve a mission. McKenna likes to help her mom take care of their garden, can fruits and vegetables, and bake. She is compassionate and helps others.



**Malachi B.**, 4, Ontario, Canada, likes Primary. He wants to be a missionary one day. He likes to offer mealtime and bedtime prayers. He is proud to wear his CTR ring every day and enjoys the *Friend*.



**Jackson P.**, 6, California, likes to sing, play baseball and basketball, draw, and wrestle with his two older brothers. He has a younger sister too. Jackson's prayers inspire his family.



**Esther F.**, 6, Florida, likes playing at the beach and swimming in the pool. Last month she learned about being a member missionary. She decided to give a Book of Mormon to her kindergarten teacher. After giving her teacher the Book of Mormon, she had a warm feeling in her heart.



**Nathan S.**, 11, Nevada, is the ward organist. His ward was in need of an organist, and when the bishop asked him, he accepted the calling. He practices diligently. He knows that sacrament meetings need to be a reverent place where everyone may feel the Spirit. Nathan looks forward to serving a mission one day.

**Would you like to be a friend in the news? Turn to page 48 to find out how.**



## Possible Ideas for Family Home Evening

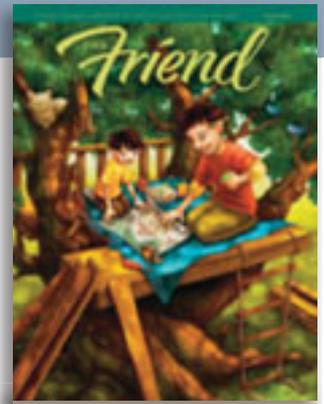
1. Have a family member put on a blindfold. Have him or her walk around the room, trying to avoid obstacles along the way. Then try again, but this time ask one family member to whisper directions. Discuss how the directions made it easier to avoid obstacles. Read "A Bump in the Road" (pages 4–5) and talk about ways the Holy Ghost can speak to you.

2. Take the quiz "How Are Your E-Manners?" (pages 16–17). Act out some situations from the quiz to practice being polite with technology. Discuss the importance of being considerate and thoughtful.

3. Read "Scripture and Firewood" (page 23). Why was it so difficult for Elder Packer to chop logs? Try to draw a picture wearing mittens or oven mitts. Then choose a scripture to study. Talk about how taking time to carefully study the scriptures can help you understand them.

4. Sing a loud song, clapping your hands and stomping your feet. Then sing a quiet Primary song and discuss how you feel afterward. Read "Shadows on the Wall" (pages 44–45) and talk about why it would be more difficult for the Holy Ghost to comfort you when you are being loud.

The *Friend* can be found on the Internet at [friend.lds.org](http://friend.lds.org).  
To subscribe online, go to [ldscatalog.com](http://ldscatalog.com).



### Topical Index to this Issue of the *Friend*

(FLF) = For Little Friends  
(f) = Funstuf  
(IFC) = inside front cover  
(m) = music helps  
(v) = verse

Baptism and Confirmation 2, 28 (m), 40  
Book of Mormon 11, 40  
Choose the Right 2, 8, 16, 30  
Church History 6  
Family 2, 10, 12, 18, 20, 24, 26 (f),  
35 (FLF, v), 36  
Family History 2  
Fear 36, 44  
Friendship 8  
General Conference 22  
Heavenly Father 2, 4, 12, 20, 27, 30, 36,  
42, 43 (f), 44  
Holy Ghost 4, 20, 28 (m), 30, 40, 43 (f)  
Jesus Christ IFC, 2, 8, 11, 14, 27, 28 (m),  
30, 42, 44, 49  
Journals 12, 40  
Love and Kindness 2, 8, 10, 30, 43 (f)  
Manners 16  
Missionary Work 2, 30  
Music Helps 28  
My Gospel Standards 2, 4, 8, 10, 11, 16,  
18, 20, 23, 30, 44  
Old Testament 14, 27, 46  
Prayer IFC, 18, 20, 23, 30, 32 (FLF),  
34 (FLF)  
Primary 22, 28 (m), 40, 47  
Prophets 2, 4, 6, 11, 12, 26 (f), 45  
Quorum of the Seventy 23, 36  
Quorum of the Twelve Apostles 8, 11, 49  
Scriptures 12, 14, 23, 27, 40, 43 (f),  
46, 49  
Service 2, 10, 24  
Temple Square 6  
Temples 12, 18  
Testimony 2, 11, 20, 23

Please send your submission to: *Friend Magazine*  
50 E. North Temple St., Rm. 2432  
Salt Lake City, UT 84150-0024  
Or e-mail: [friend@ldschurch.org](mailto:friend@ldschurch.org)

The following information and permission must be included:

Full name \_\_\_\_\_

Age \_\_\_\_\_ State/Province, Country \_\_\_\_\_

I grant permission to print submission and photo:

Signature of parent or legal guardian \_\_\_\_\_

Children whose work is submitted should be at least three years old.

To send us a letter, drawing, or poem, please fill out this form and include it with your submission. Please also include a school photo or high-quality snapshot. Submissions will not be returned and may be edited for length and clarity.

### The *Friend* NEW OR RENEWAL SUBSCRIPTION

\$8.00 (U.S.) per year

Name \_\_\_\_\_ Address \_\_\_\_\_  
City \_\_\_\_\_ State \_\_\_\_\_ Country \_\_\_\_\_ Zip \_\_\_\_\_

**To Subscribe: By phone:** Call 1-800-537-5971 to order using Visa, MasterCard, Discover Card, or American Express. **Online:** Go to [www.ldscatalog.com](http://www.ldscatalog.com). **By mail:** Send \$8 U.S. check or money order to Distribution Services, P.O. Box 26368, Salt Lake City, UT 84126-0368.

**To change address:** Send old and new address information to Distribution Services at the above address, or change the address by phone at the number listed above. Please allow 60 days for changes to take effect.

The *Friend* is available each month in Braille, or as a Talking Book, for the visually impaired. For more information, contact Salt Lake Distribution Services, 1999 West 1700 South, Salt Lake City, UT 84104-4233, United States of America. Key 040204

### Sidebar References

- "The Spirit Giveth Life," *Ensign*, June 1997, 3.
- "Taking Time to Care," *New Era*, Oct. 1986, 4.
- "God's Guiding Hand," *New Era*, July 2008, 43.
- "Fear Not; Only Believe," *New Era*, Jan. 2000, 6.

### Funstuf Answers

Page 43: Father's Day: Across: 1) Job, 2) Jethro, 5) Lehi, 7) Adam, 8) Abraham, 9) Jacob; Down: 1) Joseph, 3) Alma, 4) Mormon, 6) Isaac.  
Showing Kindness: Service.



**“And he ordained twelve, that they should be with him,  
and that he might send them forth to preach.”**

**–Mark 3:14**





## For Children



**PLAY A GAME** Click on **Play Games** at friend.lds.org to play the Missionary Maze. You can help lead the missionaries through a neighborhood until they reach the home of the family they are scheduled to teach.

### LISTEN TO STORIES

Click on **Listen to Stories** at friend.lds.org to listen to some of your favorite stories from this issue as well as past issues.



## For Parents



**FAMILY HOME EVENING** Find some easy-to-prepare ideas for family home evening. Click on **Home and Family** at lds.org, then on **Family Home Evening Quick Tips**.

### HELPFUL RESOURCES

Visit the **Home and Family** section of lds.org to find information on available resources for those with disabilities. Click on **Disability Resources**.



## For Teachers and Leaders



**SAVIOR OF THE WORLD** The Church production *Savior of the World: His Birth and Resurrection*, presented annually at the Conference Center Theater, is now available for presentation by wards and stakes. Download the script, score, and other production materials at lds.org/pa. Click on **More Callings/Programs** and then on **Activities**.

**TEMPLES AROUND THE WORLD** Your family can discover where temples are located and planned around the world by going to lds.org/temples. You can choose to view temples in geographical, chronological, or alphabetical order.

