

Come, Follow Me

for Little Ones

Here are some activity ideas for toddlers and young children that go along with each week's reading.

FOR Alma
23–29

PROMISES

Read Alma 23:7 together and talk about how the Anti-Nephi-Lehies promised never to hurt people ever again. Draw weapons on pieces of paper. As you bury each one under a rug or towel, help your little ones say, "I will be a peacemaker."



FOR Alma
30–31

NATURE WALK

Read Alma 30:44 together and help your little ones say, "God made this beautiful world." Look out a window or go on a walk and help your children name the beautiful things you see—clouds, sky, dirt, bugs, and plants. Testify that Heavenly Father and Jesus Christ created all of these things!



FOR Alma
32–35

FAITH GROWS LIKE A SEED

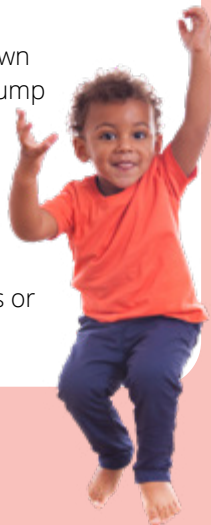
Read Alma 32:41 together and help your little ones say, "My faith grows when I do good things." Help your children learn about seeds and plants by picking seeds out of a piece of fruit or caring for a houseplant. Explain that our testimonies grow little by little, like a seed grows into a plant.



FOR Alma
36–38

SMALL THINGS

Read Alma 37:6 together. Crouch down when you hear the word "small" and jump up and spread your arms wide when you hear the word "great." You could use the scripture verse or repeat the phrase, "Small things can make a great difference!" Talk about how small things like reading the scriptures or praying can make a great difference.



FOR Alma
39–42

BECAUSE OF JESUS

Read Alma 40:23 together and help your little ones say, "Because of Jesus, we will live again." Look at pictures of family members who have died. Help your children learn their names and faces. Testify that they can meet their family members someday.

