



Pick-Up Challenge

Tres is a game that kids in Cambodia like to play. You can try it too!

What you need: a small ball and several sticks

How to play: Throw the ball upward. While it's in the air, use the same hand to pick up a stick and catch the ball. Move the stick to your other hand. Repeat until you've picked up all the sticks. Next, try to pick up two sticks at a time, then three sticks, and so on.

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Marvelous Mango Rice

Rice with mango is a popular dessert in Cambodia. It's usually made with steamed sticky rice (also known as glutinous rice). Here's a version you can make. Be sure to get an adult's help.

- 1 cup white rice
- 1 14-oz (400-ml) can coconut milk
- 1/3 cup sugar
- 1/2 teaspoon salt
- 1 fresh mango, sliced (you could also use canned mango or peaches)

1. Cook the rice according to the directions on the package.
2. While the rice is cooking, heat and stir the coconut milk, sugar, and salt over low heat until the sugar and salt have dissolved. Set aside about 1/4 cup.
3. Stir the milk mixture into the rice and let it sit for a few minutes.
4. Pour the remaining 1/4 cup of milk over the rice and serve with mango. If you want, top it with sesame seeds or toasted coconut.

