

Bulletin Board

Good Word

This month's good word is **heritage**. Heritage is something that is passed down from one generation to the next. Your heritage comes to you from your parents and ancestors and is something you will pass down to your children and grandchildren. Another word for heritage is *legacy*. Find it on page 20.

Heritage



Journal Junction



Each month this year you can write a little bit of your own history in your journal. This month write about your grandparents. How many do you have? What are their names? Are they still living? Write down a favorite memory you have with one or more of your grandparents.

SPONGE BALL

3 new rectangular sponges
ruler
pen
scissors
string



1. Use the ruler and the pen to draw lines $\frac{1}{2}$ inch apart down the long side of the sponges. Cut the sponges on the lines.
2. Lay the strips on top of each other in three layers, five to six strips in each layer.
3. Loop a piece of string around the middle of the strips. Pull and knot the string tightly.
4. Fluff the pieces out into a ball. Dunk the ball in cold water, and you'll have a cool toy with on a hot day!



Fast Fact

When the early members of the Church crossed the plains, they couldn't take a lot with them. Children had to leave behind most of their toys and clothes. Some of the supplies each family needed were beans, flour, salt, dried apples, bedding, nails, and fishing equipment. What would you have taken on the journey?

"The Word and Will of the Lord concerning the [pioneers] in their journeyings to the West:

"Let all the people of The Church of Jesus Christ of Latter-day Saints, and those who journey with them, be organized into companies, with a covenant and promise to keep all the commandments and statutes of the Lord our God. . . .

"Let each company provide themselves with all the teams, wagons, provisions, clothing, and other necessities for the journey, that they can" (D&C 136:1-2, 5).