

Bulletin Board



Starting in 1856, more than 3,000 members of the Church pulled handcarts across the plains to the Salt Lake Valley. The journey was hard, but the Saints had the faith to keep going. Elder Parley P. Pratt (1807–1857) of the Quorum of the Twelve Apostles said of the travelers, “Their faces were much sunburnt and their lips parched; but cheerfulness reigned in every heart, and joy seemed to beam on every countenance.”* The words hidden in the word search have to do with a handcart journey. See if you can find them all.

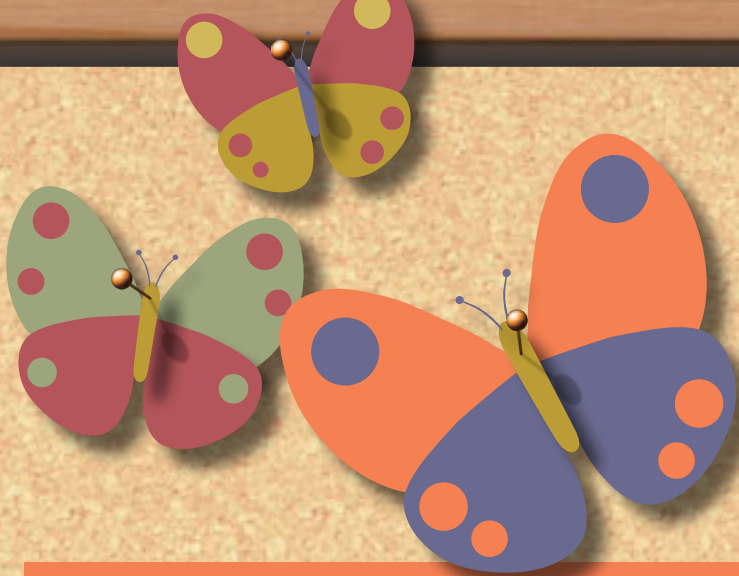
BUFFALO
COOKING POT
FAITH
FLOUR
HANDCART
PRAIRIE

RIVER
STRENGTH
TENT
TESTIMONY
WALKING
WHEELS

C	A	R	J	T	C	M	Y	G	R	Z	G	R	H	C
Q	O	J	V	E	T	P	W	I	Q	N	T	A	M	T
K	K	O	D	S	G	Y	V	E	I	A	N	L	D	K
U	X	Q	K	T	N	E	B	K	K	D	L	H	K	U
K	J	P	E	I	R	K	L	D	C	G	M	A	E	X
J	C	M	A	M	N	A	O	A	P	T	T	S	I	I
V	Z	O	F	O	W	G	R	L	W	B	A	A	R	C
P	J	R	L	N	X	T	P	F	A	L	J	V	I	F
S	N	E	O	Y	J	H	V	O	A	F	Z	D	A	L
H	T	G	N	E	R	T	S	F	T	I	F	T	R	O
M	B	D	E	U	M	B	X	F	R	I	T	U	P	U
W	N	R	U	E	U	N	N	M	S	O	O	H	B	R
K	X	A	B	J	V	D	O	O	L	B	T	N	E	T
W	H	E	E	L	S	P	D	S	J	N	Y	V	S	P
A	D	O	F	V	U	N	R	L	F	S	W	Z	N	G

Heavenly Father has blessed us with a beautiful world. Take some time this month to read Moses 2 about the Creation. Then write in your journal what you think is beautiful about where you live.

JOURNAL JUNCTION



BUTTERFLY WINGS

To make this fluttery snack, you will need celery, cream cheese, small twisted pretzels, pretzel sticks, and paprika.

1. Cut celery stalks into two-inch sticks.
2. Spread cream cheese in the middle of the celery sticks.
3. Stick the twisted pretzels in the cream cheese to make the wings.
4. Lightly sprinkle paprika onto the cream cheese to give the butterfly spots.
5. Break pretzel sticks in half and stick the pieces in the cream cheese to form antennae.

ONLINE SURVEY RESULTS

On a *Friend* Web site survey we asked you what your favorite snack is. There were 1,233 people who responded! Remember to try and eat healthy snacks like fruits and vegetables. When you follow the Word of Wisdom you will “run and not be weary, and shall walk and not faint” (D&C 89:20).

