

the Friend

JULY • 2007



Friends by Mail



I Know Jesus Christ Helps Us



Scriptures

I try to read the scriptures every day. I know that they comfort us. One night I was sick and couldn't sleep. My mom told me to read the scriptures, so I did. After reading a few verses, I tried to sleep again and I did! I know that the scriptures are true and help us.

Prayer

Our family travels a lot. Every time we get on an airplane I say a quiet prayer. Afterward I'm comforted and less nervous.

Family

Our whole family teaches and cares for each other.

Prophets

I know that prophets teach the gospel. I like to read about prophets and learn about their lives.

Pioneers

I like to read about my ancestors and pioneers. My great-great-great-great-grandpa was taught by Wilford Woodruff in England.

Baptism

I was baptized by my dad on my mom's birthday. I made a covenant with Heavenly Father and Jesus Christ because I want to have the Holy Ghost. I know that Jesus Christ died for us and loves us and wants to help us.

Lexy R., age 10, Northern Territory, Australia



Praying for Dad



My dad is a firefighter. Sometimes he has to go away for a long time. It seems like months, but it is really only two or three weeks. Once he had to go to Montana to fight a forest fire. I prayed every night that he would not get hurt, and my prayer was answered. My dad came home safe, but he had a beard!

Megan D., age 7, Arizona

Sunburn Medicine



I got a really bad sunburn on my back and it hurt a lot. It bothered me all morning. After lunch I read the *Friend*, and it helped me forget about my sunburn. I love reading the *Friend*.

Sierra S., age 10, Utah

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the friend

See the
Guide to the Friend
(inside back cover)
for family home
evening ideas.



A children's magazine published by The Church of Jesus Christ of Latter-day Saints

Stories and Features

- IFC Friends by Mail
2 Come Listen to a Prophet's Voice: Courage in a Cornfield / President James E. Faust
4 It Is Enough
6 Friend to Friend: Blessings of the Temple / Elder Paul E. Koelliker
8 Ready to Go!
12 Friends in the News
14 Sharing Time: Family Faith
18 Helping Kevin
22 Trying to Be Like Jesus
30 Our Creative Friends
32 Manna for Mother
40 Making Friends: Jaganath Martin of Riverton, Utah
43 Special Witness: Elder David A. Bednar
44 From the Life of President Spencer W. Kimball: Resist Evil Influences
46 A Real Hero
48 Matt and Mandy
IBC Guide to the *Friend*

For Little Friends

- 36 Counting on Family
36 Marshmallow Covered Wagon
38 Jumping for Joy
39 Family Love

Verse

- 17 July Jubilee

Things to Make and Do

- 21 Coloring Page
24, 28 Gathering to Zion
26 Funstuf
27 Kitchen Krafts
35 Funstuf

Cover by Jerry Thompson





Courage in a Cornfield

BY PRESIDENT JAMES E. FAUST
Second Counselor in the First Presidency

The light shining in your faces comes from the Lord. This same light led the way for 15-year-old Mary Elizabeth Rollins and her 13-year-old sister, Caroline, on a dark day in Independence, Missouri.

It was 1833, and an angry mob roared through the streets of Independence, wreaking havoc. In their path was the home of Brother William W. Phelps, where the printing press was kept. He had been printing revelations received by the Prophet Joseph Smith. The mob demolished the printing press and threw the wreckage into the street. However, they stacked up the printed pages in the yard so they could burn them later.



President Faust shares a true story of heroism and divine protection that can guide us today.

Mary Elizabeth and Caroline had been hiding by the fence, frightened spectators to all this destruction. Even though Mary Elizabeth was terrified, her eye was fixed on those precious pages. She and her sister ran out from their hiding place, gathered up the scriptures, and bolted. Some members of the mob saw them and ordered them to stop. But the brave girls ran into a large cornfield, where they dropped breathlessly to the ground. They carefully laid the pages of revelations between the tall rows of corn and then covered the pages by lying on them. The mobsters looked and looked for the girls, coming quite close at times, but never did

find them. Eventually they gave up their search.

I believe the light of the Lord directed Mary Elizabeth and Caroline as to what to do and where to go for safety. That light shines for you, and it will guide you as it did the Rollins girls. It will keep you safe even when danger lurks.

My dear young friends, you can stand apart from evil, just as the Rollins sisters did, if you will develop your own testimony of the Savior. As you do so, you will grow in spiritual strength. ●

From an April 2006 general Young Women meeting address.



THINGS TO THINK ABOUT

- 1. Although they were afraid, Mary Elizabeth and Caroline risked their lives to save revelations that became part of the Doctrine and Covenants. How can you show love for the scriptures today?**
- 2. Facing injury from a mob takes courage. What threats do you face today that require courage on your part?**
- 3. How can you develop a testimony of the Savior? How can your testimony help you stand apart from evil?**

Carlitos wiped the tears from his eyes. His mamá had been sick for many months. At last Papá had convinced her to go to the city, many kilometers from their small village in Chile, and see a doctor. After many tests, the doctor said that Carlitos's mamá had cancer.

Mamá refused to feel sorry for herself. "I still have much to do," she said.

One day, two young *norteamericanos* (North Americans) appeared at the door of their small home. "We are from The Church of Jesus Christ of Latter-day Saints," one said in halting Spanish.

Mamá listened intently and occasionally asked questions. She accepted the young men's message immediately. "It is the truth," she said.

Despite the disease that caused her much pain, Mamá was determined to be baptized and confirmed.

On Saturday morning the family traveled to the small meetinghouse where Elder Metzger baptized her. She shivered as she stepped from the baptismal font.

"Mamá, you are cold," Carlitos said and wrapped his arms around her waist. "You must go home and get warm."

Mamá shook her head. "It is not enough. I will stay until I am confirmed. How can I be cold when the gospel warms me?" She was confirmed a member of The Church of Jesus Christ of Latter-day Saints.

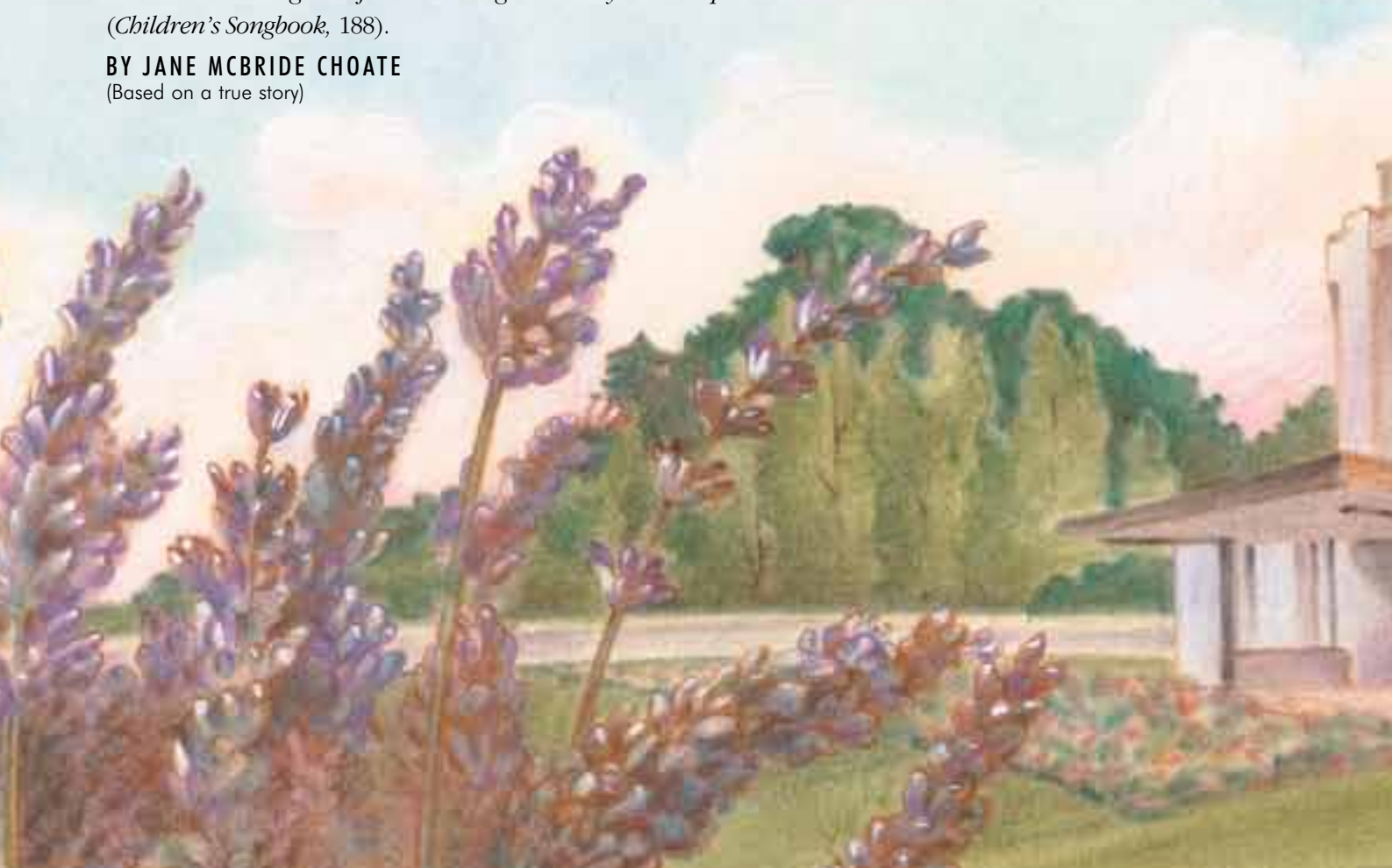
Mamá was not content with just that. She was determined that Papá and Carlitos learn of the restored gospel as she had. "If you will pray, you will know the truth of which the missionaries speak," she told them.

The elders taught them the gospel of Jesus Christ. Papá would have to give up his cigarettes. Carlitos listened to

It Is Enough

Families can be together forever through Heav'nly Father's plan
(*Children's Songbook*, 188).

BY JANE MCBRIDE CHOATE
(Based on a true story)





the elders' teachings and felt peace wrap around his heart. He began to understand the warmth that Mamá had described.

Within a month Papá had stopped smoking. Shortly afterward both Papá and Carlitos were baptized and confirmed. A few weeks later Papá received the Aaronic Priesthood.

Carlitos would have to wait three more years before he could receive the priesthood.

Mamá was very weak, but she always managed to go to church and visit those in the village who were sick.

"We are members of God's Church, but it is not enough," Mamá told Papá and Carlitos one night.



"I know that the earth was created and that the Lord's Church was restored so that families could be sealed and exalted."

Elder Russell M. Nelson of the Quorum of the Twelve Apostles, "Nurturing Marriage," *Ensign*, May 2006, 36.

"What must we do now?" Carlitos asked. He loved learning about the gospel and wanted to live it in every way.

"We must be sealed in the temple," Mamá said.

The temple in Santiago was the closest one to their home. But they did not have enough money to travel there. Any extra money Papá earned went to buy medicine for Mamá.

So Mamá started a temple jar. She placed it by the door. The coins she collected grew until the family had enough money to make the trip. In the temple their family was sealed for time and all eternity.

Mamá glowed with happiness. "It is enough," she said. ●





Blessings of the Temple

In the last days . . . the mountain of the Lord's house shall be established . . . and all nations shall flow unto it (Isaiah 2:2).

I love the temple. When I was a child, my Primary teacher took my class to the Salt Lake Temple grounds. It was wonderful to walk through the grounds, admire the beautiful flowers, and feel Heavenly Father's Spirit near the house of the Lord.

My teacher pointed out that the temple is made from granite stones. She talked about the sacrifice the pioneers made for those precious stones—how it took five days for them to bring one stone to the temple site. “Can you see all these stones?” she asked. “Think of how many days it would have taken the pioneers to bring them to build this beautiful temple.” I remember realizing the sacrifice that was made by our ancestors.

It was a memorable experience. It's also an example of how you children can enjoy the blessings of the temple now. If you live near a temple, you can partake of the spiritual atmosphere at the temple grounds. After you are baptized and confirmed, you can participate in temple dedications. And there will be many more dedications; 11 are being planned right now! When you turn 12, you can perform baptisms for the dead. No matter how far you live from a



**From an interview
with Elder Paul E.
Koelliker of the
Seventy; by Heather
Kirby, Church
Magazines**



At 18 months

temple, it is important for you to prepare now for that sacred opportunity.

Children have a powerful influence for good on both adults and other children. Some of the Primary children of the Houston Texas Temple district wrote to the contractors who were building the temple there. The letter said: “We want you to know the temple is very important to us. Because the land was dedicated by an Apostle of the Lord, the building and land are sacred to us. The temple is where we will come to be married. We will come here to learn what we need to know to return to our Heavenly Father. May the Lord bless you for the work you are doing for us.”

The contractors then took this lovely letter and placed it in their office. They read it every day. When the temple was finished, the contractors brought their own children to tour the temple and to feel the spirit expressed by the Primary children in their letter.

Another blessing in my life has been working so closely with President Gordon B. Hinckley. Over the past nine years the Church has gone from having 51 temples to 124 temples. This miracle has strengthened my faith and helped me understand the importance of temples.

In 1998 we had 51 temples operating and 17 being built. Then in general conference, President Hinckley said that we needed to



have 100 temples by the end of the year 2000.¹ It meant 32 new temples would be built in addition to the 17 already in process. We thought it was an impossible task. But nothing is impossible when blessed by the Lord. It took many miracles to make it happen in that short time. Time and time again, things came together at just the right moment—miracles such as finding enough sod to lay on a temple property just hours before the dedication took place.

In the year 2000 there were 34 temples dedicated. That's the most that have ever been dedicated in one year in the history of this world. President Hinckley was inspired to build more temples. Then the Lord magnificently blessed us and helped that happen because He honors His prophets. I hope you honor the prophets too. And I hope you will always value and prepare for temple blessings. ●

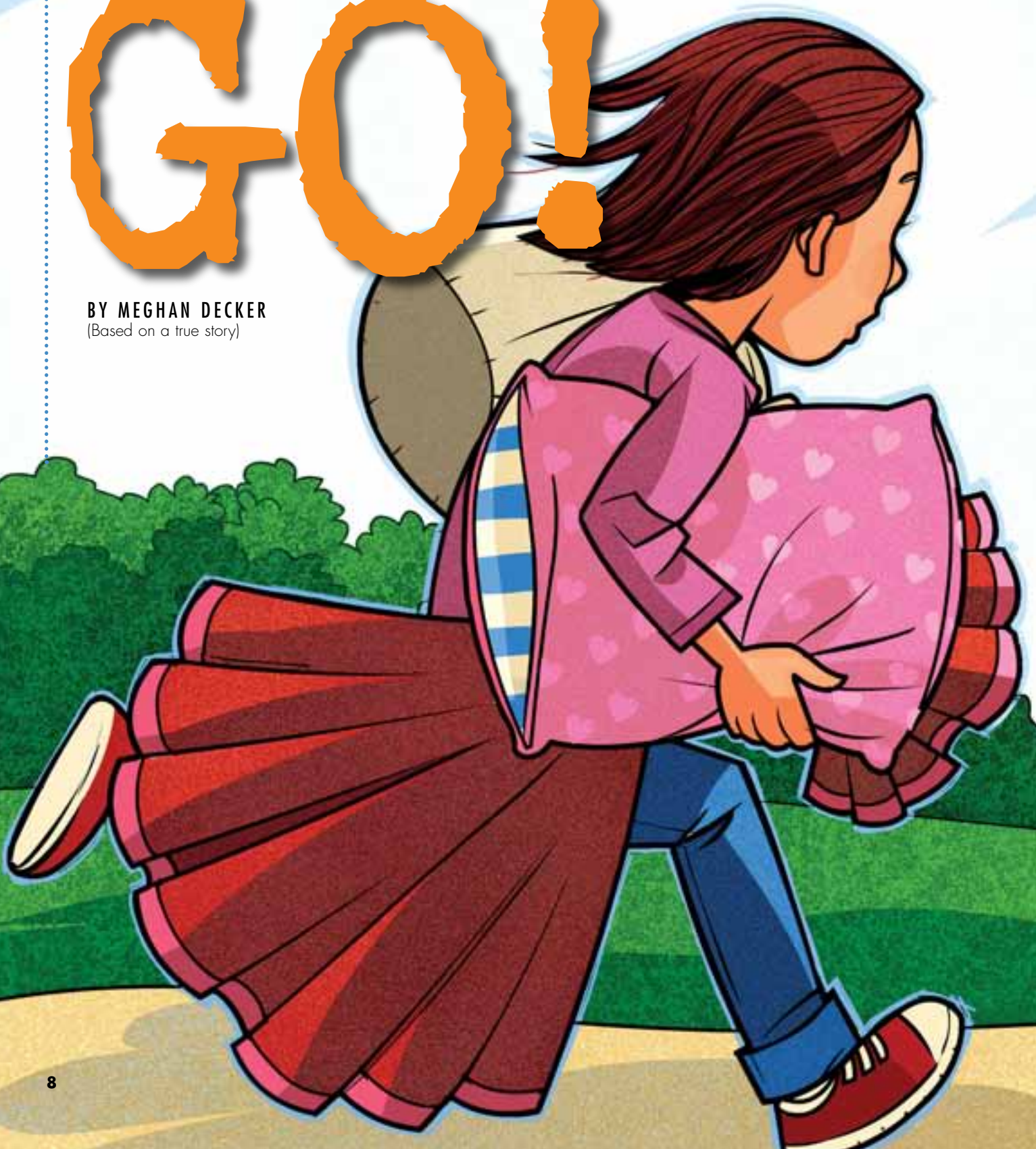
NOTE

1. See "New Temples to Provide 'Crowning Blessings' of the Gospel," *Ensign*, May 1998, 88.

Ready to

GO!

BY MEGHAN DECKER
(Based on a true story)





If ye are prepared ye shall not fear (D&C 38:30).

Come on downstairs, everyone!” Mom called. “It’s time for family home evening!”

Sarah reluctantly closed her book and joined her sister and brother as they went into the family room. Family home evening was fun, but she didn’t think it was as exciting as the adventure story she was reading.

After Dad welcomed everyone, Audrey led the family in a song and Tyler gave the opening prayer. Sarah waited for Dad to announce who was giving the lesson. Instead, he said, “We’re going to practice what we would do in an emergency. You have two minutes to get ready and be in the car. Get whatever you would need if you were going to be gone for three days. Go!”

Dad, Mom, Audrey, Tyler, and Sarah jumped up. Sarah dashed to her room, and then stood

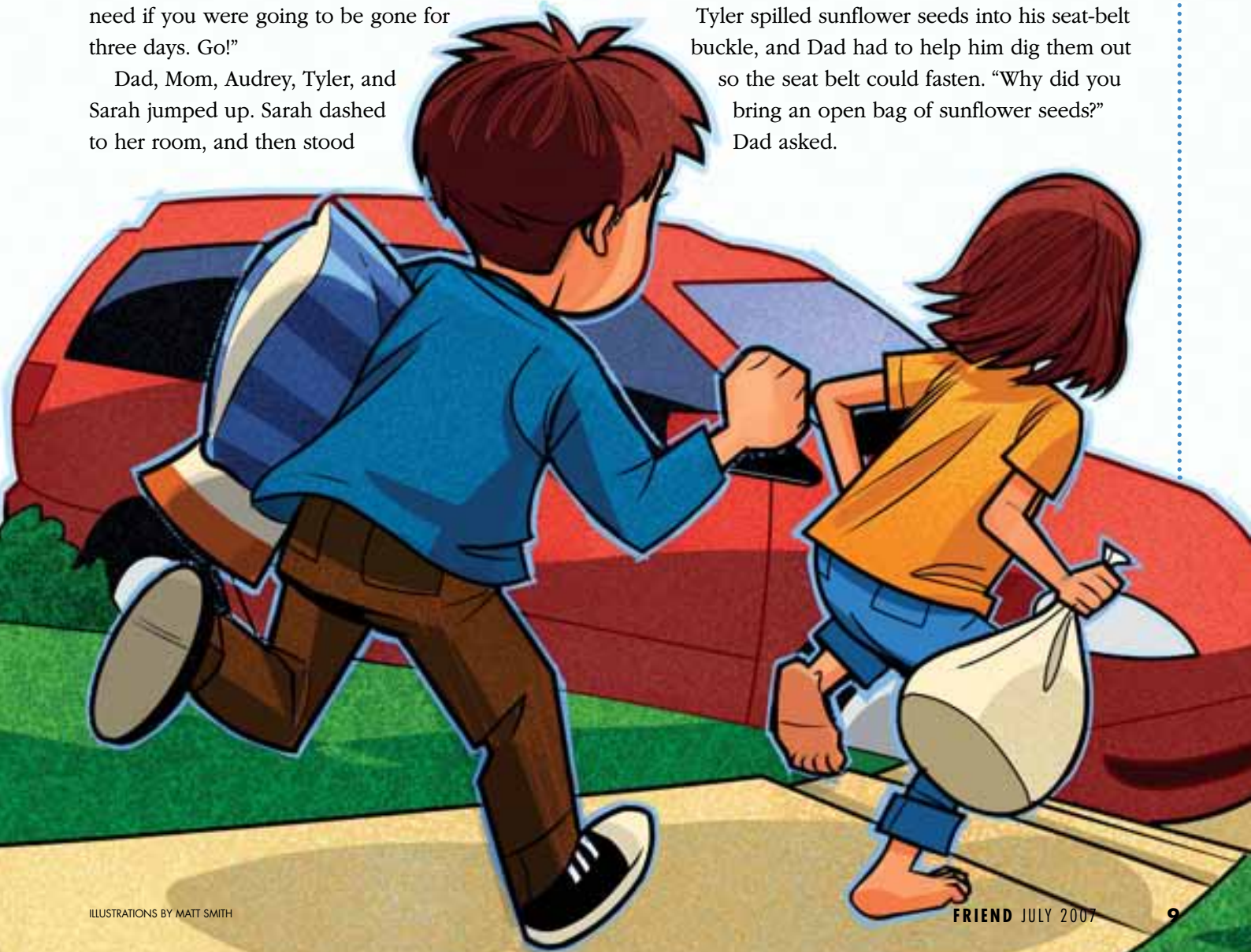
in the middle of it looking around. What would she need? Clothes! She pulled clothes out of her drawer and put them in a small bag. There wasn’t room for much more, but she stuffed her pajama pants in too, and then remembered her glasses case and the elastic bands for her braces. Would she need a blanket? Or a pillow? She grabbed both.

Two minutes isn’t very long, and Sarah didn’t feel ready when Dad said, “Get in the car, everybody! Bring whatever you have and let’s go!”

Sarah, Audrey, and Tyler ran out to the car, threw in their stuff, and piled into the seats.

Audrey called back into the house, “Mom, I forgot my tennis shoes—will you grab them on your way out?”

Tyler spilled sunflower seeds into his seat-belt buckle, and Dad had to help him dig them out so the seat belt could fasten. “Why did you bring an open bag of sunflower seeds?” Dad asked.





“That’s my food,” Tyler said.

The family van pulled out of the driveway a moment later. “How did we do?” Dad asked. “We got out in good time, but are we prepared for three days away from home?”

“Mom, you got me two different shoes,” Audrey complained. “I can’t wear these.”

“Sorry,” Mom said. “I was trying to pull all the coats out of the closet, and I couldn’t see the shoes very well. At least there’s a right and a left shoe, even if they don’t match.”

“I got some clothes and a blanket, but I forgot my contact lens case and a brush,” Audrey said. “I did remember my toothbrush, though.”

“Oops,” Tyler said. “I guess I’ll have to borrow yours. But I got clothes and a Book of Mormon—except it’s in French. I picked up the wrong one off the bookshelf.”

“I brought my coat too, because I didn’t know where we were going,” Sarah said. “I saw a flashlight in my room, so I brought that, but I didn’t get anything to eat.”

“We have food in the 72-hour (3-day) kits I put in the car,” Dad said. “Do you remember we put those together last year? And there are tents in the duffle bag. Those are always by the back door.”

“Dad, I know we have things ready, but I don’t know where everything is kept,” Audrey said. “Maybe

you should show us where to find stuff in case you aren't at home and the rest of us have to leave."

"That's a very good idea, Audrey," Mom replied. "I'm not sure that I could find everything in a hurry myself. I knew I wanted to get important papers and my scriptures, but I wasn't very organized. I grabbed bread and peanut butter and apples, but I didn't have time to fill the cooler with water, so I just pulled jugs of apple cider and milk out of the fridge."

"Ugh, warm milk?" Tyler asked.

"We'd have to drink it up fast," Mom said. "Maybe we ought to put some sealed water containers in the garage, in case we need to leave quickly. I'd never thought of that before."

"Why don't we go get an ice-cream cone and talk about what we learned tonight?" Dad said.

"I know one thing I want to do," Sarah said. "It took

me a while to decide what to get. Even though I knew it wasn't for real, I was still scared, and I had a hard time thinking of what I needed. I want to plan what I would gather up ahead of time."

"I would definitely want a brush," Audrey said.

"And I would want something more than sunflower seeds," Tyler said.

Dad nodded. "Let's all make a list this week of the things we would need if we had to leave suddenly and be gone for three days. Next Monday night we can go over our lists and decide how to get organized so we are prepared to grab items and go. We will probably never need to do that—but if we do, we'll be ready."

While she was eating her ice-cream cone, Sarah decided she had been wrong about something. She didn't miss her exciting book at all tonight; family home evening could definitely be an adventure! ●

Your family can be prepared by storing basic emergency supplies in one convenient place.

You can gather your own emergency items, such as:



For more ideas, visit the "Food Storage and Preparedness" section at www.providentliving.org, and www.fema.gov/kids.

Friends in the News



Elm Creek Ward

"A Day with the *Friend*" was the theme of the Primary activity day of the Elm Creek Ward, Tulsa Oklahoma Stake. The children rotated through classes that featured a Funstuff activity, singing time, story time, a Special Witness: Guess Who? activity, and Kitchen Krafts where they made their own lunch.



Dalton Jacob H., 4, Texas, likes to sing his favorite Primary song, "Did Jesus Really Live Again?" He likes to play video games, ride bikes and horses, and help his dad. He has begun to save money for his mission.



Madison B., 11, South Carolina, likes to do magic tricks. She plays the piano and clarinet, knows all the Articles of Faith, loves activity days, and has almost earned her Faith in God Award.



Dominique and Kayla C., 5 and 3, Pennsylvania, like playing together. Dominique also likes ponies, reading, eating pumpkin cake, dancing, singing, blowing bubbles, swimming, and drawing pictures. Kayla enjoys taking naps, watching TV, and playing with friends. She likes her mommy and daddy to read stories to her in bed.



Timmy W., 4, Maryland, is the oldest of three children. He likes trains, reading, and going crabbing with Dad. He is the only Sunbeam in his branch, but he enjoys playing with all the Primary children.



Martha, Gareth, and Ross W., 3, 9, and 7, Wales, are thankful to be members of the Church. Gareth and Ross like to ride their bikes and climb trees. Martha is eagerly waiting to join her brothers in Primary.



Ellaina Sharrann V., 6, Colorado, likes to swim, read, do math, sing, and eat apples. Her favorite song is one her grandma wrote for her. She is learning to play the piano.



Peter H., 3, Ohio, likes to play with his older sister, race toy cars, and wrestle with his dad. He is learning how to offer a blessing on the food and pray at bedtime. His favorite food is chicken potpie.



Christopher Daniel C., 9, California, enjoys being a Bear Cub Scout. He is learning to play the violin and wants to go on a mission like his Uncle Stephen.



Aubreana W., 11, Nevada, loves her family and likes to read the *Friend*. She enjoys math, friends, soccer, and piano. She also enjoys going to activity days and church.



Sienna, Paisley, and Bergundy S., 3, 6 months, and 5, Texas, love having family home evening together. Bergundy enjoys teaching the lesson and finding pictures to match her stories. Sienna thinks the treats are the best part—especially when she gets to choose chocolate chip cookies. Paisley gets excited and kicks her feet when the family sings Primary songs to her.



Skyler W., 8, Mississippi, likes to sing Primary songs that her grandmother has taught her. She loves her cat, P. J., and enjoys reading the *Friend*. She likes school and is a top student.



Beatriz C., 8, Texas, moved to the United States from Venezuela. She likes to ride bicycles. She reads every night to learn English. Her favorite Book of Mormon hero is Captain Moroni “because he was prepared.”



Coulter G., 6, Washington, likes going to Primary. His favorite Primary song is “I Love to See the Temple.” He also likes hiking with his family and being a helpful big brother to his sisters.



Sam H., 10, Arizona, likes football and reading. He is a Webelos Scout and has a strong testimony. He is a good example to his friends.



Madeleine J., 5, Alberta, Canada, is a wonderful big sister. She enjoys ballet, swimming, and making crafts. She also likes family home evening and learning French in kindergarten.



Newport Branch

The Primary children of the Newport Branch, Montpelier Vermont Stake, participated in a “Kindness Begins with Me” program. They were encouraged to perform acts of kindness for family members or friends during the week. At the conclusion of the program, each child designed his or her own T-shirt illustrating the theme. They were later invited to report on their acts of kindness during a sharing time.

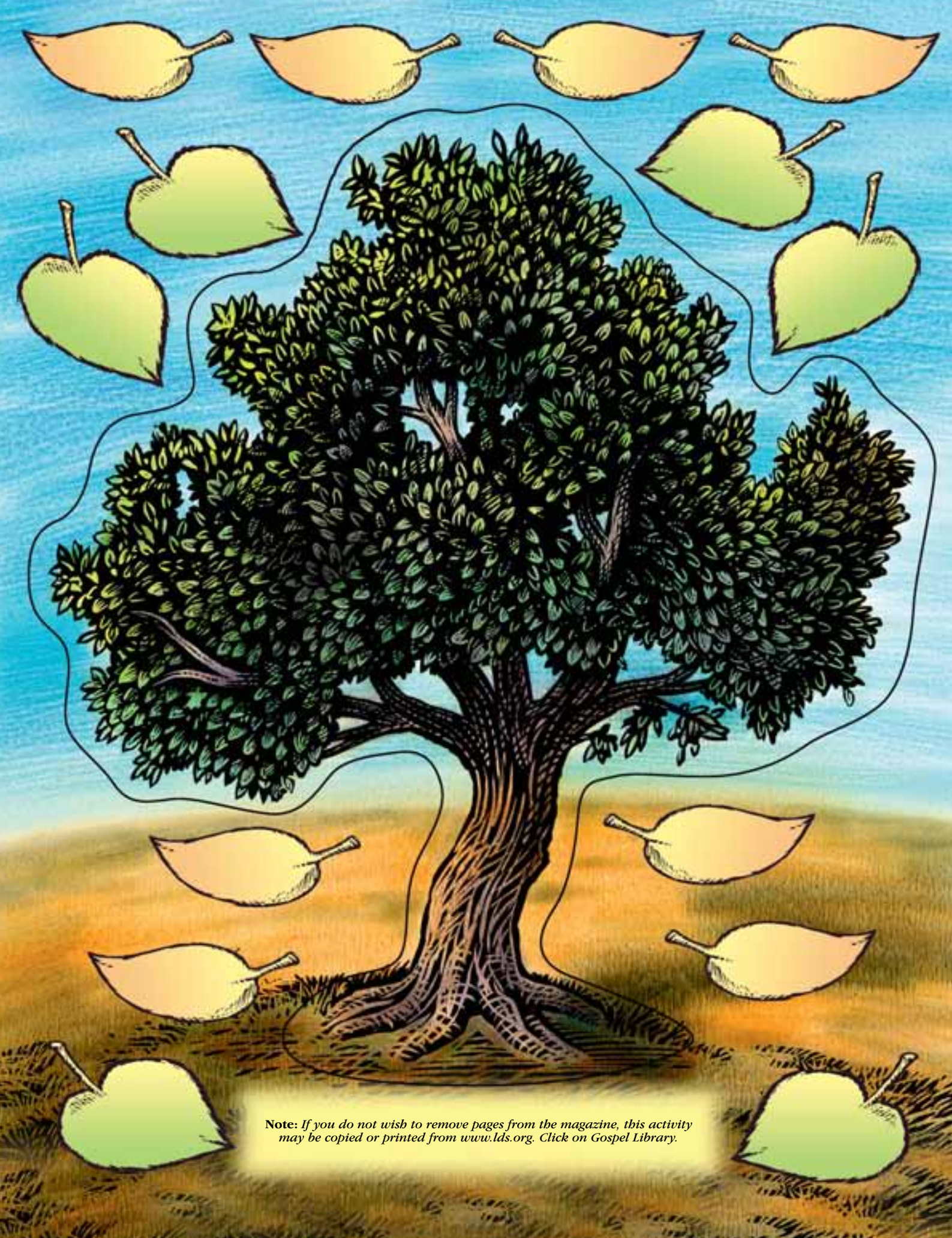


Garret R. and Brandon P., 8 and 8, Utah, were baptized by their fathers. They both received scriptures from their Grandma Swensen, which they treasure and plan to use on their missions when they are old enough.



Hacienda Heights Ward

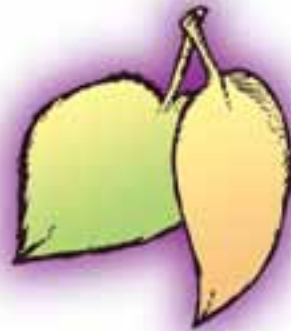
The Primary children of the Hacienda Heights Ward, Las Vegas Nevada South Stake, are shown holding the hygiene kits they assembled at a Primary service activity. They donated items for the kits over a five-month period, one item a month. They were encouraged to work to earn the money for the items they donated. During the activity they also helped clean the chapel and wrote letters to the missionaries and members of the military from their ward.



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Family Faith



Happiness in family life is most likely to be achieved when founded upon the teachings of the Lord Jesus Christ (“The Family: A Proclamation to the World,” *Ensign*, Nov. 1995, 102).

BY ELIZABETH RICKS



When missionaries arrived in William Jarvis’s town in Lancashire, England, some men tried to prevent the missionaries from preaching. But they continued anyway, and William and his wife, Jane, joined the Church.

William’s family left England to travel to America in 1859. After 13 weeks in a sailing vessel and after many train rides, they joined other immigrants in the George Rowley handcart company. William pulled a handcart more than 1,000 miles (1,600 km).

Jane became sick and died. The company needed desperately to find food, so William stayed behind to bury his wife. Two Swedish converts stayed to help.

As the men started out again, they saw some Indians riding toward them. William was worried. Imagine his relief when the Indians were friendly. They laughed about the carts that the men were

harnessed to. The Indians then harnessed *themselves* to the handcarts and pulled the carts until they caught up with the company! William’s grandson later wrote, “Surely never was a small kindly deed more appreciated.” (See Jeston Jarvis, *A Short Sketch of the Life of William Jarvis*.)

In July we celebrate the coming of the pioneers to the Salt Lake Valley. The pioneers showed great faith. William Jarvis had faith. He was an example to his family. You have examples of faith in your family, and you can be an example of faith. As your family follows Jesus Christ in faith, you will be blessed. ●

Activity

Remove page 14, and cut out the leaves. Cut out the tree, and mount it on heavier paper. Write the name of a relative on each leaf. (You may need to trace and cut out more leaves.) Glue the leaves to your family tree. You might want to put relatives on your father’s side of the family on one part of the tree and relatives on your mother’s side on the other part. You will want your own leaf on the trunk because you belong to both sides of the family!

Sharing Time Ideas

(Note: All songs are from *Children's Songbook* unless otherwise noted; GAK = Gospel Art Picture Kit, *TNGC* = Teaching, No Greater Call.)

1. Play a game of "Who Are We?" Show children the name of a family from the scriptures such as the family of Adam and Eve, Abraham and Sarah, Lehi and Sariah, or Joseph and Mary. Help them answer yes-or-no questions about the family they belong to. Have the other Primary children ask questions to find out about the family. A child might ask, "Do we learn about your family from the Book of Mormon?" Be prepared with some hints and picture clues. When each family is identified, tell about the family, and show where this family is found in the scriptures. Ask the children to think of one good quality of the family that they would like to have in their own family. For example, "I would like my family to be patient like Abraham and Sarah's family."

Show the children a copy of "The Family: A Proclamation to the World." From paragraph 7 read, "Happiness in family life is most likely to be achieved when founded upon the teachings of the Lord Jesus Christ." Bear your testimony about the truth of this statement and about the importance of righteous families. Sing "Families Can Be Together Forever" (p. 188).

2. Several weeks beforehand, ask older children to prepare to tell about the first member of their family to join the Church. If possible, select children whose families have been members for several generations and also children whose families are recent converts. Allow time for each child to tell about his or her ancestor or family member. (Alternatively, present stories of Church leaders such as Brigham Young and Parley P. Pratt from the *Primary 5* manual [pp. 65–66].) Make a list of qualities that people needed in order to join the Church 150 years ago. Make another list of qualities that people need today to join the Church. Point out the similarities. Sing "To Be a Pioneer" (pp. 218–19). Testify of the blessings that come to a family through the gospel.

3. Divide the Primary into two groups. Have one group look up Exodus 20:12 and the other look up Mosiah 13:20. Invite them to read their verses at the same time. Explain that the scripture in Exodus is part of the Ten Commandments, which Moses received on Mount Sinai. In Mosiah, Abinadi is quoting Moses. That is why the scriptures are the same. Help the children memorize this scripture by going down the rows and having each child say one word. Repeat several times.

For younger children: Show picture 6-24 from the *Primary 6* picture packet (Moses carrying the Ten Commandments). Help the children memorize "Honor thy father and thy mother." Discuss the meaning of the word *honor*.

Conduct a panel discussion (see "Panel Discussions," *TNGC*, 175–76). Invite three to five members of the ward or branch of varying ages, including children, to come to Primary to answer questions about honoring parents. Prepare questions in advance, and let your panel members know what questions you will be asking. For example, you might ask, "What is one thing that your child has done to honor you?" or, "How old do you need to be before you can stop listening to your parents?" Stress the importance of always honoring your parents—both your earthly parents and your heavenly parents.

Create a medley of songs about the family: "Grandmother" (p. 200), "When Grandpa Comes" (p. 201), "Mother Dear" (p. 206), and "Fathers" (p. 209). Move from one song to the next.

Show a picture of your own parents, and share a personal story about how honoring and obeying your parents has blessed you.

Bear testimony of Heavenly Father's love for all of His children.

4. Help the children prepare a family home evening for their families (with their parents' permission). Set up three stations (see "Stations," *TNGC*, 179). Divide the children into three groups, and have them rotate through the stations. At station 1 make a sign to be posted in their homes that reads, "Love Is Spoken Here." Review the song presentation (see idea 5) so the children will be able to teach their families the truths in the song. At station 2 tell a story of the first person in a family to join the Church. Challenge the children to find their own stories of an ancestor or family member to share in family home evening. At station 3 teach the children to prepare a simple treat. Using the Kitchen Krafts page from an issue of the *Friend*, select a treat that would be simple and inexpensive for a child to make.

Sing "The Family" (p. 194), and let the children softly clap the long-short rhythm. Explain that there is a fermata—a musical pause—in the song, and ask the children to listen for it. The clapping should stop during the fermata.

Bear testimony of how family prayer, family scripture study, and family home evening bring families together.

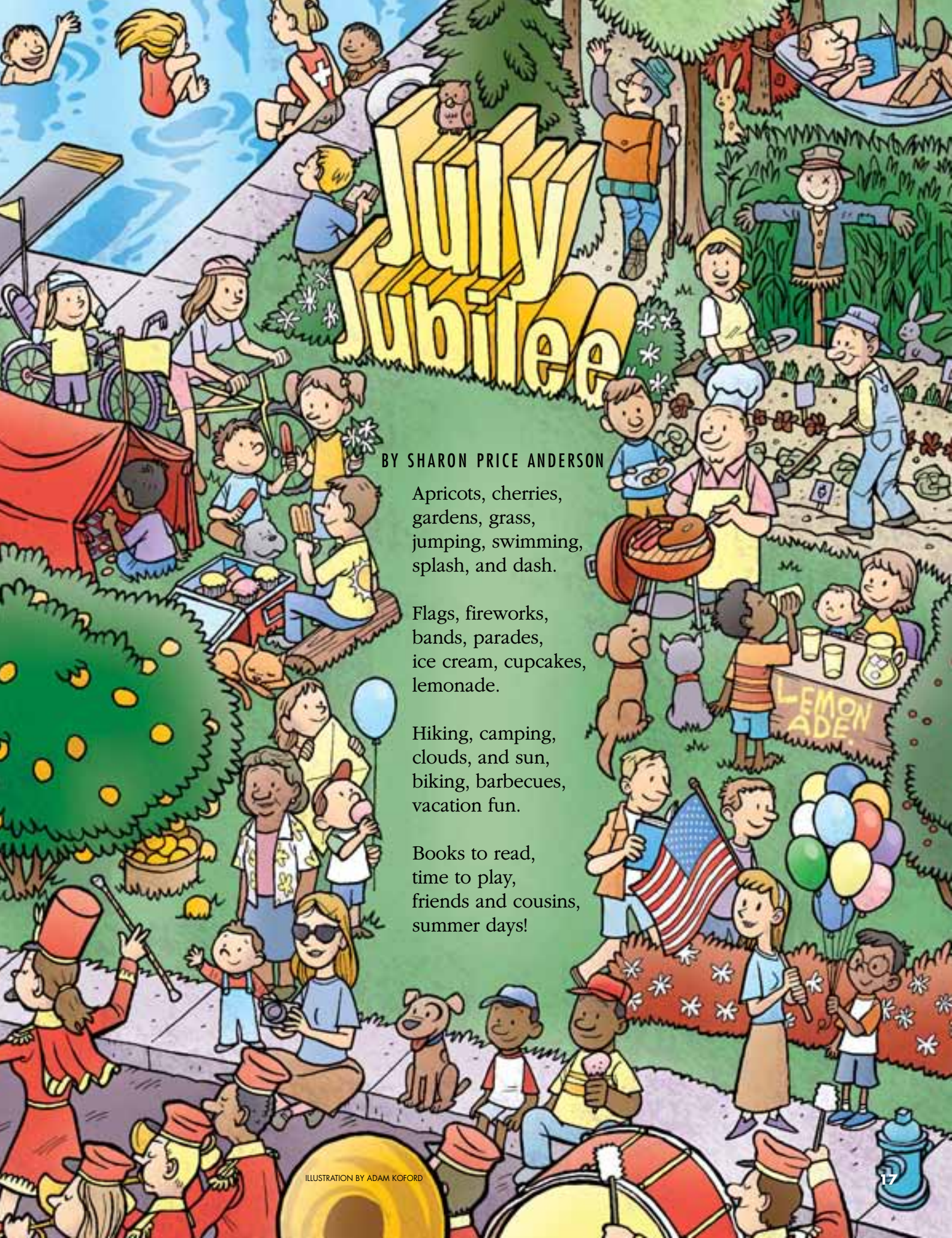
5. *Song presentation:* "Love Is Spoken Here" (pp. 190–91). Display signs such as "English Is Spoken Here," "Russian Is Spoken Here," "French Is Spoken Here" around the room. Ask the children to describe an area where that language is spoken. Display another sign that reads, "Love Is Spoken Here." Ask them what kind of place this would be. Tell them it is important to speak loving words at home, no matter what language they are spoken in.

Ask the children to help you create a picture of a place where love is spoken. Ask them to listen as you begin the picture. Sing, "I see my mother kneeling." Invite a girl to represent a mother. The child representing the mother can reinforce the words by using gestures. For example, the child can bend her knees when the song says, "kneeling"; the child can point to her mouth when the song says, "whispers"; the child can put her finger over her mouth when the song says, "quiets." At the end of the verse, have the child point to the sign "Love Is Spoken Here."

Invite a boy to represent a father in the second part of the song. Use similar gestures to reinforce the words of the song. Be sure to sing the lines several times so that the children can hear the melody and rhythm. Again point to the sign at the end. Teach the final line of the song by displaying a picture of the Savior such as GAK 240 (Jesus the Christ) next to the "Love Is Spoken Here" sign.

Explain to the children that the picture you have created might not be the picture they see in their homes right now. It is not the picture that Sister Vicki F. Matsumori, second counselor in the Primary general presidency, saw when she was growing up. But this is her favorite song. She says: "Because I grew up in a nonmember home, I did not see my mother kneel in prayer or experience my father exercising the priesthood. The song represents the example I hoped my own children would have in our home and the standard I hope will continue through the generations of our family." Bear testimony of the blessings of living the gospel in the home, and challenge the children to prepare to have eternal families of their own.

6. *Friend* references: "May Li's Family Prayer," Sept. 1998, 2–4; "Family History ABCs," Feb. 2002, 24–25; "Family Home Evening," Feb. 2003, 27; "Family Home Evening Ideas," Jan. 1998, 3; "Grandpa Goodhue's Hand-Me-Down Smile," Jan. 1987, 2–5; "Listen to Learn," July 1992, inside front cover; "Honor Your Father and Mother," Oct. 2005, 34–36.



July Jubilee

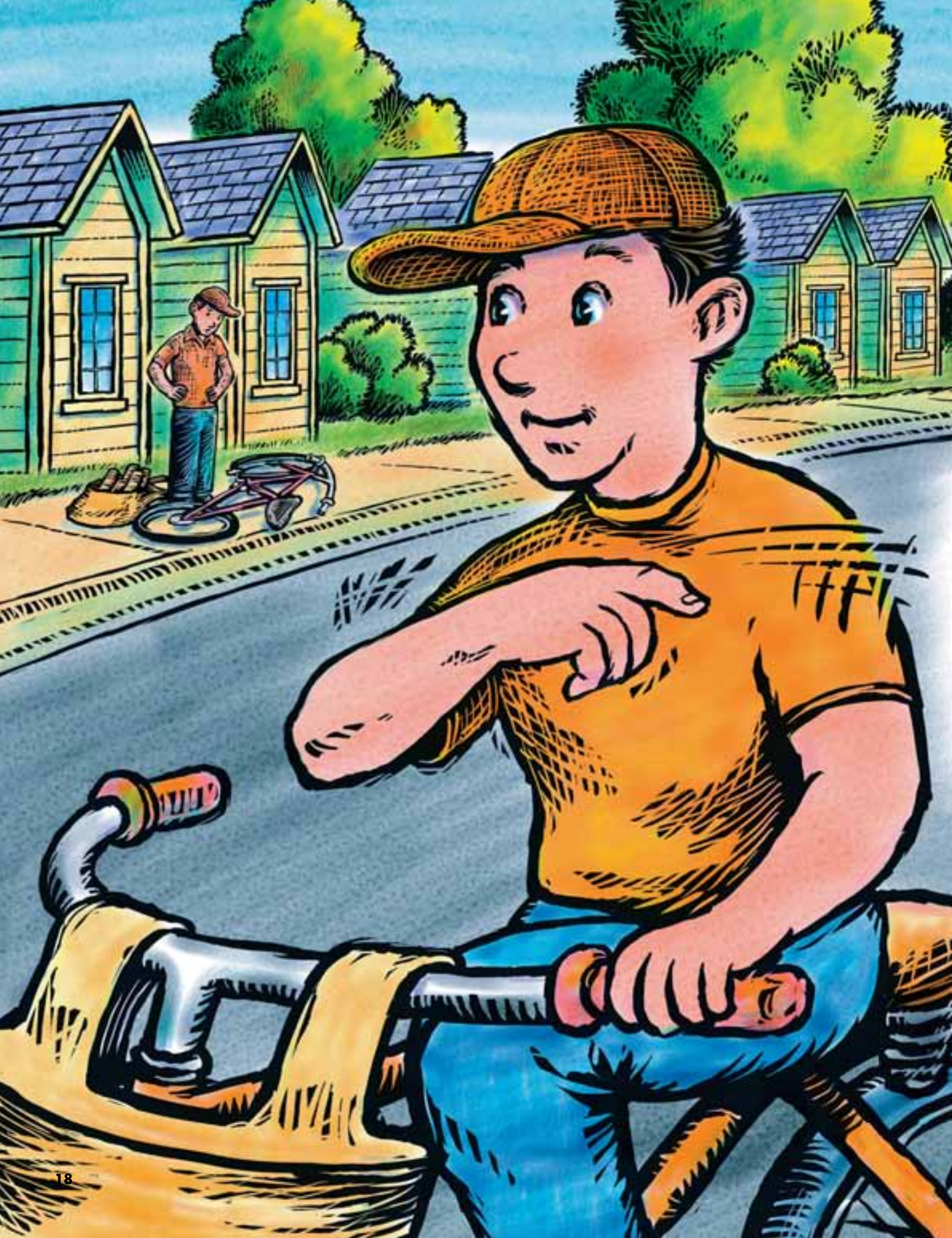
BY SHARON PRICE ANDERSON

Apricots, cherries,
gardens, grass,
jumping, swimming,
splash, and dash.

Flags, fireworks,
bands, parades,
ice cream, cupcakes,
lemonade.

Hiking, camping,
clouds, and sun,
biking, barbecues,
vacation fun.

Books to read,
time to play,
friends and cousins,
summer days!



BY VICKI H. BUDGE

(Based on a true story)

Look up the following scriptures: Matthew 5:42, 2 Peter 1:7, Mosiah 2:17. Which one do you think fits the story best? Write that scripture on the blank lines.

It was hard to ride fast with the newspaper bag so full, but Jonathan was trying to hurry so that he could get to his ball game. When he was almost finished with his route, he ran through some lawn sprinklers to get the newspaper to a dry spot on the porch. He liked the cold water spraying all over him so much that he ran back and forth to the porch two more times.

Then Jonathan saw his friend Kevin a couple of blocks away. Kevin's paper route was right next to Jonathan's, but Kevin wasn't riding his bike or throwing papers onto porches. He was bent over his bike like there was something wrong. Jonathan delivered his last two newspapers and rode over to see what was going on.

"Tire's flat," Kevin said. He kicked the ground and shook his head sadly. Then he lifted his



One hot summer day, Jonathan rode his brand-new bike from house to house delivering newspapers. The heavy newspaper bag hanging from his handlebars banged into his legs as he pedaled. Sweat ran down his forehead, and his hands were so sweaty they soaked the handles on his bike, but he didn't care. He had earned enough money from his newspaper route to buy his own bike, and just riding it made him happy.

newspaper bag off his handlebars and dropped it to the ground with a thud. It was still half-full of papers. "Now what'll I do? Our baseball game is in half an hour."

Jonathan saw sweat running down Kevin's face. His eyes were moist too. Maybe the moisture wasn't

all sweat, Jonathan thought, and he felt really sad for his friend.

“You can take my bike.” Jonathan said it so quickly he surprised himself. What if Kevin ran over a nail with Jonathan’s brand-new bike? What if he crashed into something and bent the handlebars? What if he laid the bike down behind a car and the car ran over it? Jonathan suddenly thought of a lot of things that could happen to his bike.

“Thanks a lot!” Kevin said. His face lit up with a big smile. “Are you sure?”

Jonathan wondered if he was really sure. His

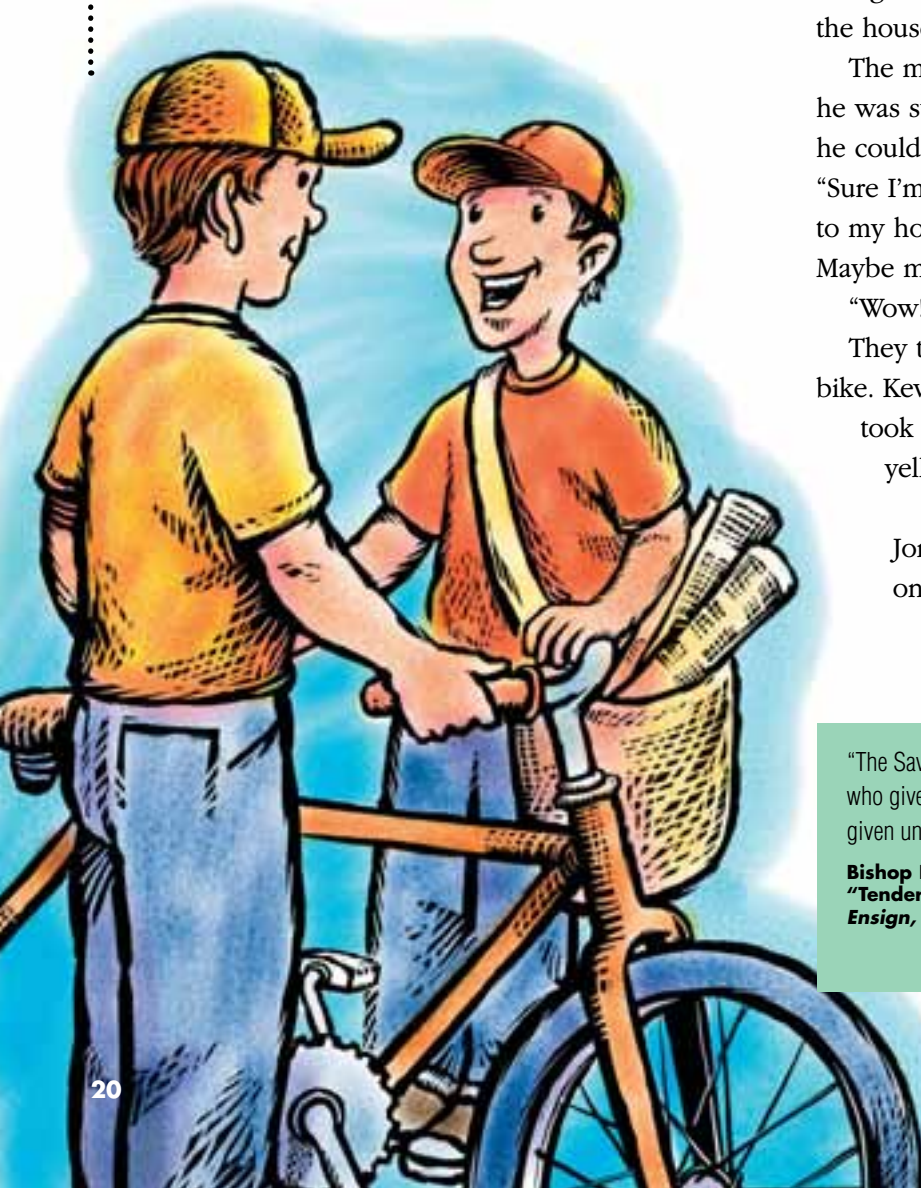
parents had talked to him a lot about taking good care of his bike. But when he thought of his parents, he remembered scripture stories they had taught him about helping others. And his dad was always helping people. A lot of the time Jonathan got to help too. He helped his dad get firewood for a family whose truck had broken down. He helped his dad clean Sister Story’s yard when she couldn’t get around very well. That was fun because she had a little dog named Peetie, who liked Jonathan a lot. He remembered his dad driving him to Brother and Sister Call’s house to leave treats on the porch, knock, and run away. They did that several times until the Calls guessed who was doing it. After that, they knocked, took the treats into the house, and stayed for a good visit.

The more Jonathan thought about his dad, the more he was sure he wanted Kevin to borrow his bike so he could finish the route and get to the baseball game. “Sure I’m sure,” Jonathan said. “I’ll push your bike to my house and you can pick it up after the game. Maybe my dad and I can help you fix it.”

“Wow! Thanks again,” Kevin said.

They took Jonathan’s empty newspaper bag off the bike. Kevin put his half-full bag over his shoulder and took off pedaling fast. “See you at the game!” he yelled.

As he pushed Kevin’s bike down the street, Jonathan didn’t stop to splash more cold water on himself. He already felt great! ●



“The Savior promises great blessings to those who give of themselves: ‘Give, and it shall be given unto you.’”

**Bishop H. David Burton, Presiding Bishop,
“Tender Hearts and Helping Hands,”
Ensign, May 2006, 11.**





My family can follow Jesus Christ in faith.

“Happiness in family life is most likely to be achieved when founded upon the teachings of the Lord Jesus Christ”
 (“The Family: A Proclamation to the World,” *Ensign*, Nov. 1995, 102).



Trying to Be Like Jesus

He that followeth me shall not walk in darkness, but shall have the light of life (John 8:12).

Book of Mormon Brothers

By Brandon and Andrew C.
with help from their mom



When President Hinckley said to read the Book of Mormon, I told Mom that I would do it. She wasn't

sure I could, but I worked really hard, reading whenever I had time. Some nights I stayed up reading with Mom. I finished three weeks before my eighth birthday. My dad showed me a special scripture in Moroni that says to pray about the Book of Mormon and ask if

it's true. When I read the Book of Mormon I felt the Spirit, and I was so happy when I finished it. I hope you'll be happy when you finish it too.

Brandon C., age 8, California

When the prophet asked us to read the Book of Mormon, I couldn't read all the words yet. My older brother, Brandon, was reading it, and I wanted to read it too. I just started reading all the words I knew and finished the Book of Mormon that way. I prayed to know if it was true, and the answer was yes! It made me very happy. I want to



read all the words when I get better at reading.

Andrew C., age 6, California



Example through Song

By Natalie S.
with help from her mom

As I was going to the park with my friend Emma and her mom, I saw the temple and started to sing "I Love to See the Temple." When we got to the park, Emma's mom told my mom that she wanted to start going to church again. My mom was surprised because Emma's mom hadn't been to church for a long time. She told my mom, "Natalie was singing Primary songs, and Emma doesn't even know any." Now Emma is a Sunbeam. I'm glad I could be an example.

*Natalie S., age 4 (right)
with her friend Emma, Utah*



Bicycle Service

By Hunter J.



It was really hot one day and my family wanted to go swimming. We like to ride bikes

to the swimming pool because it's more fun than driving in the car. The only problem is that it's a lot of work getting the bikes down



and ready to go. Mom was busy getting all the swimming things ready, so I told her I would help by getting the bicycles ready. I even set up the bicycle trailer for my little brother all by myself. When

Mom came out she couldn't believe I had done everything by myself. It felt good to go the extra mile like Jesus said to do. And we were all able to go swimming sooner too.

Hunter J., age 10, Virginia

Repentance and Reverence

By Shawn W.

with help from his mom



Once my friend and I ran all around the church when we had a substitute Primary teacher. After

church I called the substitute and said I was sorry. Now I try to be good at church. I walk, not run. I fold my arms. In Primary I listen and answer questions. When I am reverent, I feel the Spirit.

Shawn W., age 6, Connecticut

Kind at School

By Melissa N.

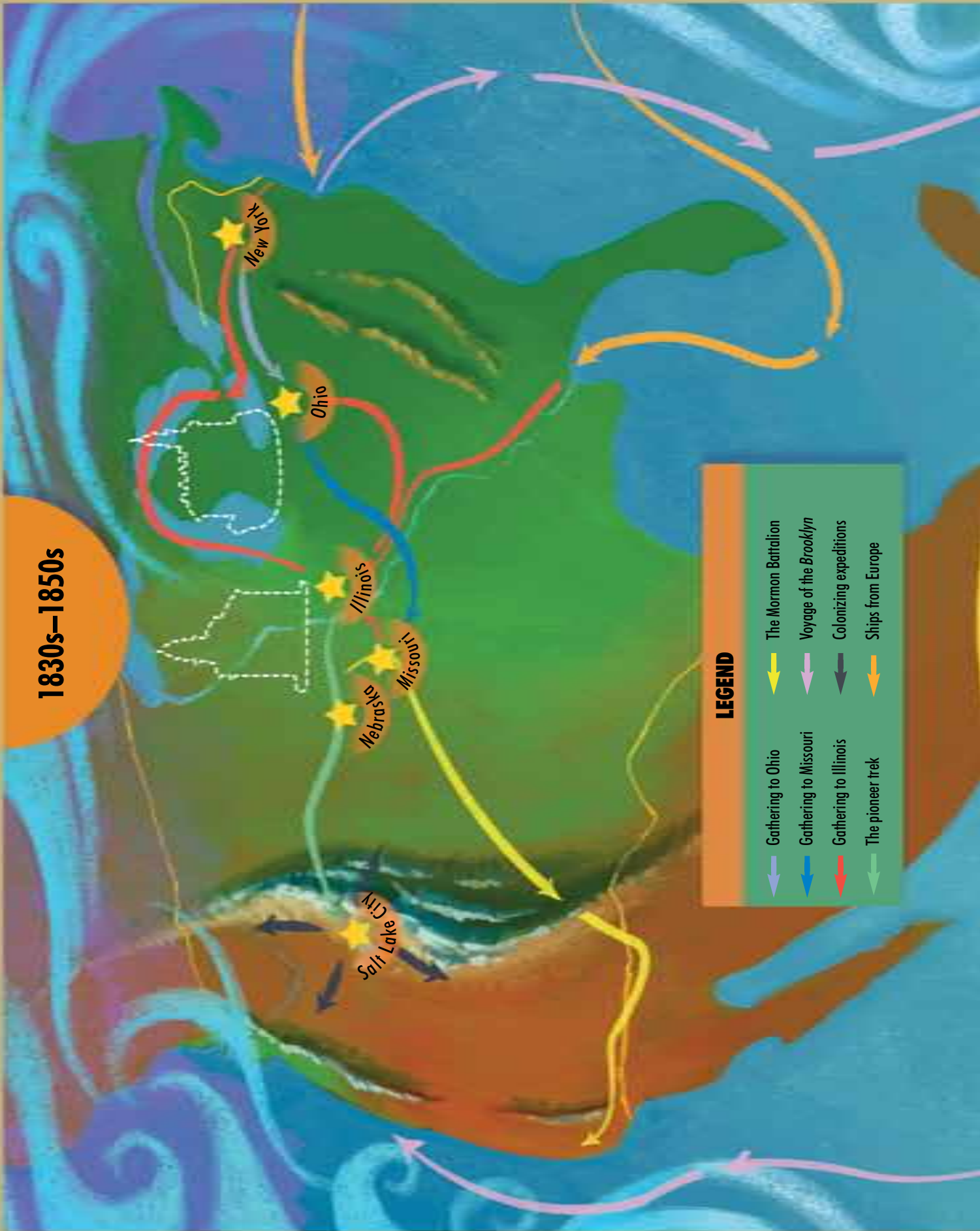
Itry to be like Jesus when I am at school by being kind to others. One time my friend felt bad and started to cry because she forgot her snack. I had an extra snack in my backpack, so I gave it to her. She felt happy, and that made me feel good.

Once a friend got hurt on the playground so I walked with him to the nurse's office. If somebody doesn't have anyone to play with on the playground, I play with them. It makes me feel good to help others be happy.

Melissa N., age 7, Minnesota



1830s–1850s



LEGEND

- Gathering to Ohio
- Gathering to Missouri
- Gathering to Illinois
- The pioneer trek
- The Mormon Battalion
- Voyage of the *Brooklyn*
- Colonizing expeditions
- Ships from Europe

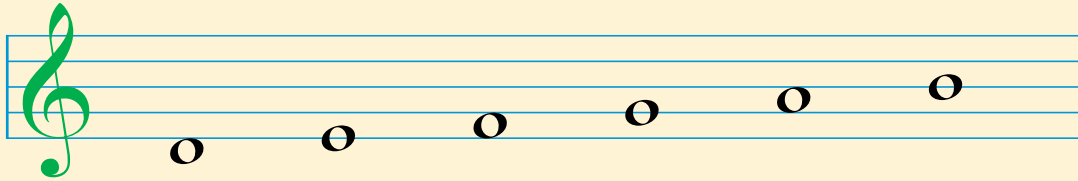
Gathering to Zion

Today

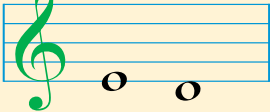
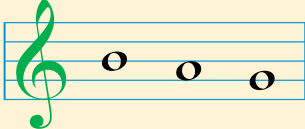
A Musical Picnic

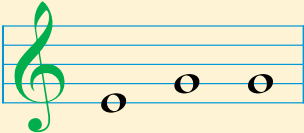
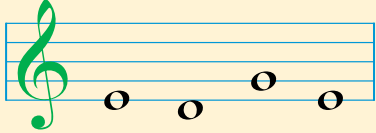
BY PATRICIA LANDSBERG

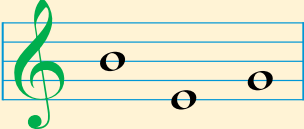
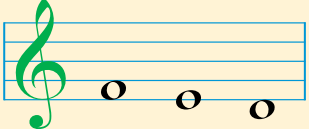
To find out how two friends spent a summer day, use the names of these musical notes to fill in the blanks.
See page 35 for answers.

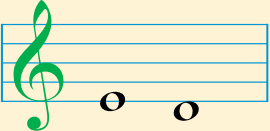


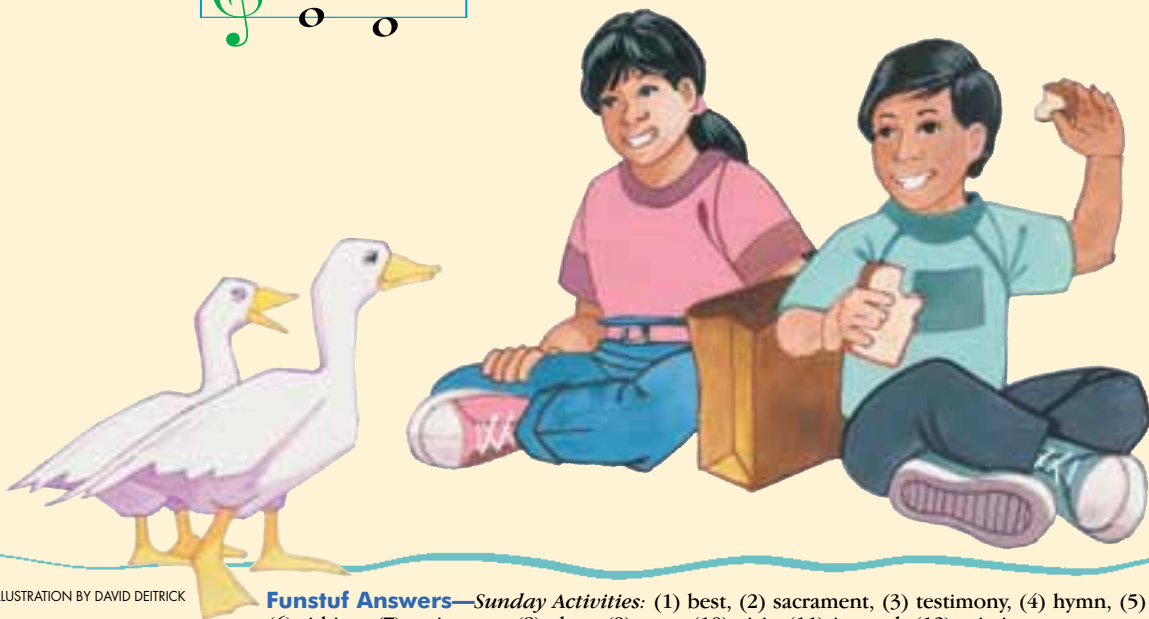
Key: **D** **E** **F** **G** **A** **B**

Amy and  went on a picnic. They packed a paper  with apples,

 salad, carrots, and some bread. They sat near the 

of the pond. Amy said, "Look at the ducks  for food." They 

the ducks some bread.  said, "What a great day for a picnic."





KITCHEN KRAFTS

BY HILARY M. HENDRICKS

Pioneers who crossed the sea could not bring fresh food because it would spoil. For weeks they ate rice, oatmeal, and hard biscuits. To improve their bitter drinking water, they added lime and a bit of sugar.

You can make Ship's Biscuits and Lime Water to sample. Then make Shipshape Sandwiches to remind you of the pioneers at sea.

SHIP'S BISCUITS

2 cups whole-wheat flour

1/2 teaspoon salt

1/2 to 1 cup water, depending on your climate's humidity

1. Stir the flour and salt together. Add the water a little at a time until you can press the dough into a ball. (It should not be very sticky.)

2. Knead the dough a few times. Roll it into a rectangle, about 1/2 inch (1.5 cm) thick. Cut the dough into six rectangle-shaped biscuits. Poke each one several times with a knife.

3. Bake on an ungreased baking sheet at 325°F (163°C) for 45 minutes. Remove from baking sheet to cool. Store biscuits uncovered so they dry out. To eat the biscuits, soak them in soup or milk.

LIME WATER

1 cup water

2 teaspoons lime juice

1 teaspoon sugar

Mix ingredients together and stir until sugar dissolves.

SHIPSHAPE SANDWICHES

1 medium cucumber, peeled

1 can (6 ounces/170 g) tuna fish, drained

1 tablespoon mayonnaise

1 heaping tablespoon sweet pickle relish

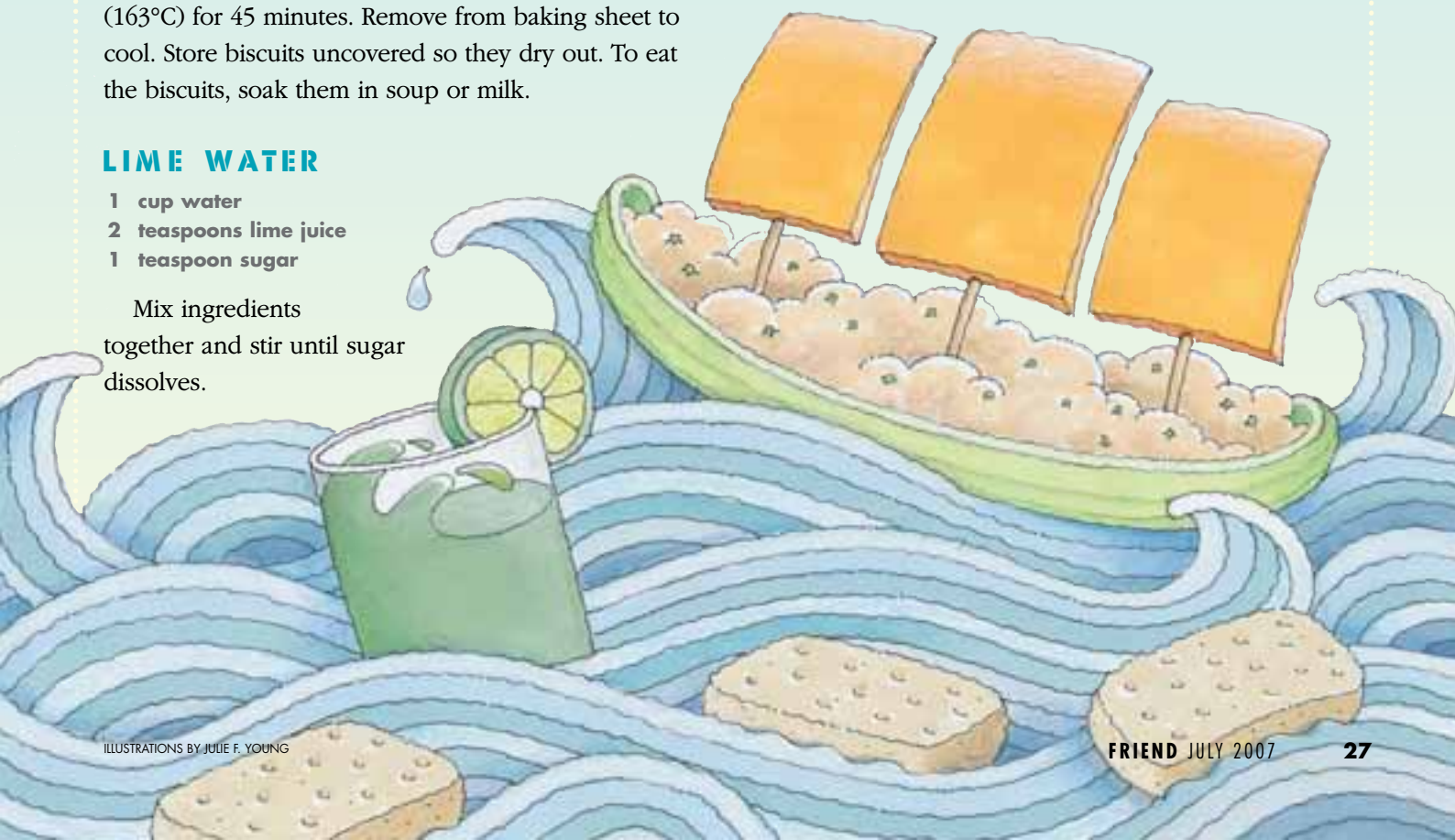
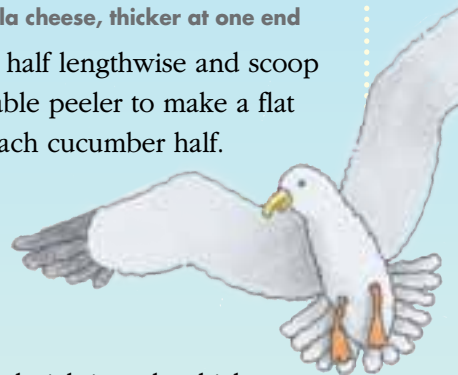
6 toothpicks

6 slices cheddar or mozzarella cheese, thicker at one end

1. Slice the cucumber in half lengthwise and scoop out the seeds. Use a vegetable peeler to make a flat surface on the bottom of each cucumber half.

2. In a small bowl, mix the tuna, mayonnaise, and relish together. Divide the mixture evenly between the two cucumber halves.

3. Poke one end of a toothpick into the thickest edge of a slice of cheese. Carefully poke the other end of the toothpick into the cucumber so the slice of cheese stands up like a sail. Repeat with the remaining toothpicks so each cucumber "ship" has three sails.



Gathering to Zion

In the early days of the restored Church, members were asked to gather to a central place in the United States. First it was Ohio, then Missouri, then Illinois. After the Latter-day Saints were driven from Nauvoo, Illinois, they began a great westward trek to the valley of the Great Salt Lake. For years afterward members from all over the world gathered there. Many crossed the ocean in sailing ships. Then they traveled to Winter Quarters (now in Nebraska) by whatever means they could, including riverboats or railroad trains. On the final trek across the Great Plains and the Rocky Mountains, the Saints came by wagon, handcart, horseback, and on foot. After their arrival thousands were

sent to settle in other areas of the western United States.

We are no longer asked to cross oceans or continents to gather in one place. All around the world gospel pioneers gather in their branches, wards, stakes, and holy temples. You are one such pioneer. Yours is a spiritual journey just as challenging as the pioneers' trek west.

Instructions: To honor pioneers of the past, cut out these pictures, and place them on the map, which is on pages 24–25. Refer to the legend to decide where each picture should go. The Kirtland and Nauvoo Temples have been outlined to help you. To honor today's pioneers who gather in their own countries, place the four families on the world globe.

Note: If you do not wish to remove pages from the magazine, this activity may be copied or printed from www.lds.org. Click on Gospel Library.





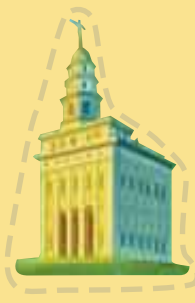
Voyage of the *Brooklyn*

In 1846 (the year before the pioneers arrived in the Salt Lake Valley) some 220 Latter-day Saints sailed to California around the southern tip of South America on the *Brooklyn*. On the five-month, 17,000-mile (27,000-km) voyage they were hit by storms, and 12 died. After their arrival in Yerba Buena (now San Francisco), some stayed in California and others traveled to Utah.



The Mormon Battalion

In 1846 the United States government asked a group of Latter-day Saint men to fight in the Mexican War. They marched from Council Bluffs, Iowa, almost 2,000 miles (3,200 km) to California, earning much-needed money to help the Saints. They never had to fight a battle but completed one of the longest infantry marches in history.



Our Creative Friends

Crossing the Plains in Song

When the pioneers crossed the plains,
Faithfully enduring heat, snows, and rains,
Their hands blistered and clothes torn,
They sang a song, and hope was born.
Singing together in joyful song,
When one started they all sang along.
Their notes filled the air with love
As they felt loving guidance from above.
The songs helped the pioneers smile
As they pulled their handcarts mile after mile.
Around the campfire and throughout the day
They tried to sing their troubles away.
Laughing together and pulling along,
They truly discovered the power of song.

Hope T., age 12, Utah

When You Choose the Right

When you choose the right,
Even if your path is dark as night
You'll begin to see some light.

Meredith S., age 9, Virginia

Jesus Is My Savior

Jesus is my Savior,
Jesus is my King,
Jesus is my Guardian,
For He knows everything.

Jesus is my Savior;
He helps me every day.
Thank you, Jesus,
I love You
For showing me the way.

Alice O., age 9, Minnesota

Prayer

Prayer is important.
This is why:
It gives us blessings.
Why don't you try?

You will receive
The things you need.
When you're hungry
He will feed.

It gives you a feeling
Deep down inside
That He will always
Be by your side.

Brady H., age 9, Washington

3



4



5



9



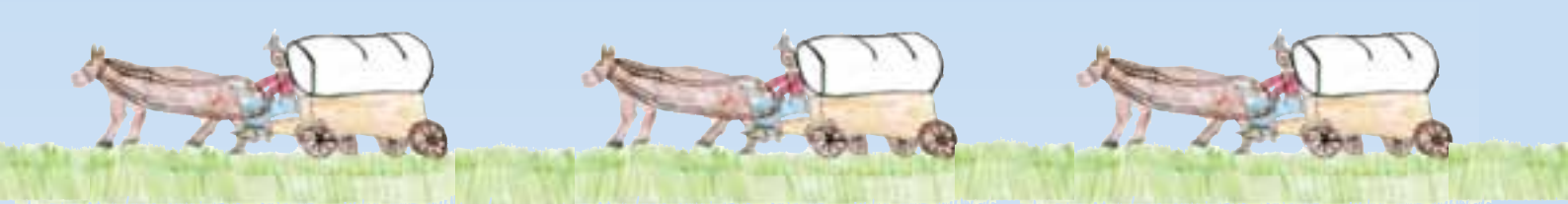
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14

30





Drawings

- 1 Marshall N., age 5, Connecticut
- 2 Robert U., age 6, Michigan
- 3 Victoria H., age 5, Malaysia
- 4 Avery S., age 4, Wisconsin
- 5 Brierton S., age 8, California
- 6 Lexi N., age 10, Utah
- 7 Holly C., age 7, Arizona
- 8 Sara N., age 7, Washington
- 9 Craig T., age 10, Texas
- 10 Jessica S., age 8, Nevada
- 11 Zackery P., age 6, Arizona
- 12 Tucker L., age 5, Oregon
- 13 Sarah E., age 7, Quebec, Canada
- 14 Colton R., age 9, Utah

1



2



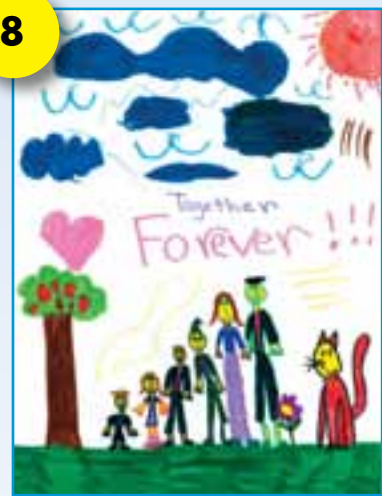
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7



8



11



12



13



He gave them bread from heaven to eat (John 6:31).

There is enough food for only one more day,” the captain said. “Would you like to eat it all or divide it into smaller portions to last three days?”

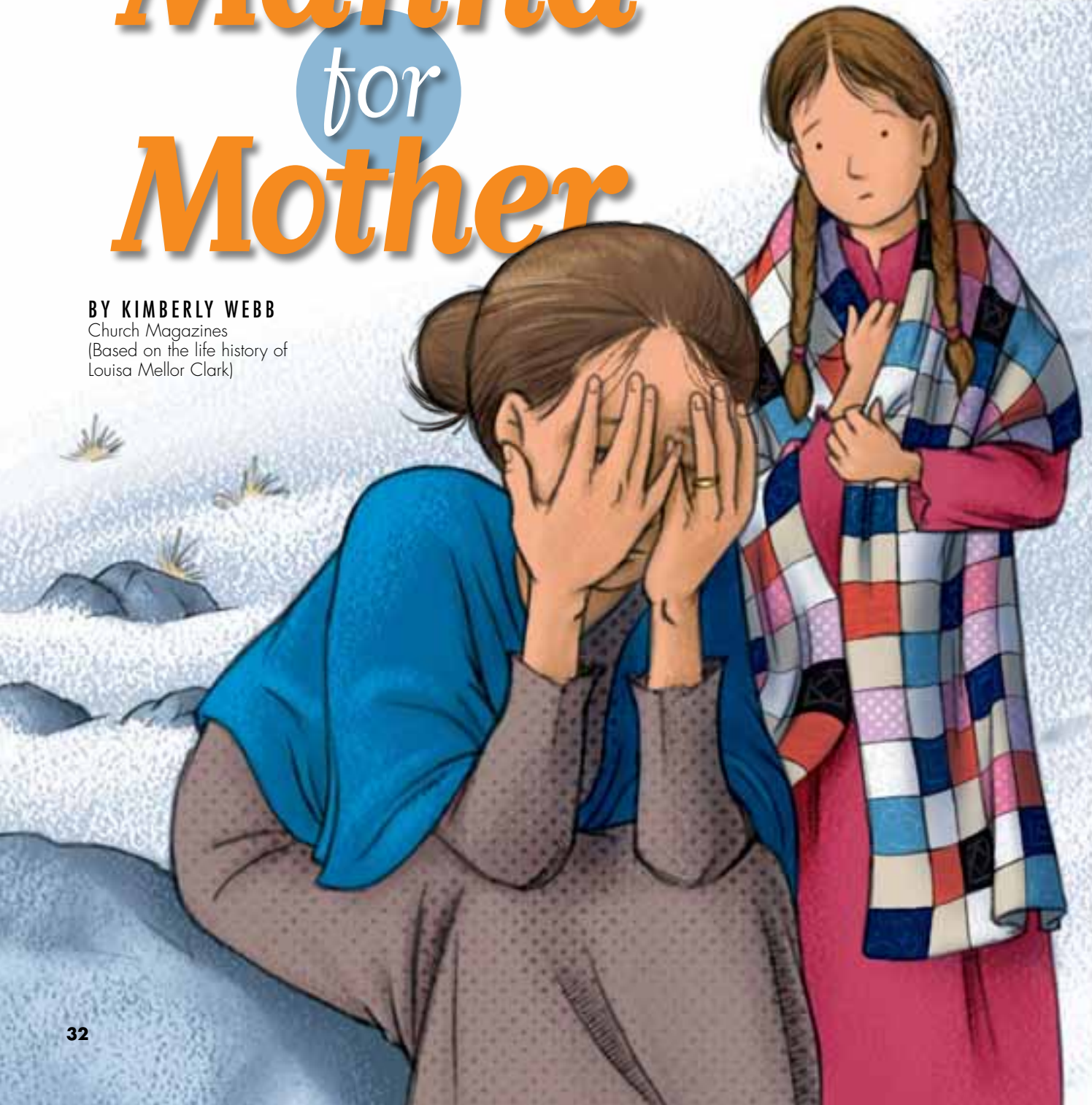
The company agreed to divide the food. Louisa’s stomach growled as she and her family accepted their

tiny portions. As a member of the Martin Handcart Company, she couldn’t remember the last time she’d had enough to eat.

That night, the company gathered around the fire to sing. “And should we die before our journey’s through, happy day! All is well!”*

Manna for Mother

BY KIMBERLY WEBB
Church Magazines
(Based on the life history of
Louisa Mellor Clark)





Louisa's sister Elizabeth wiped away a tear. "Are you worried about Mother?" Louisa whispered. Elizabeth tried to smile. "A little. But remember Mother's blessing?"

Louisa nodded. "Yes. It comforts me too."

Mother had been sick before leaving England, and Father had helped carry her onto the ship. Mother had been given a blessing that promised she would live to see her children reach Zion. Though she improved during the sea voyage, pulling a handcart through the early winter snow and surviving on such little food had weakened her again. Every day she grew worse.

Staring into the dying fire, Louisa tried not to think about the snowy graves that had been dug for so many of her friends along the trail. Instead she thought about Mother's blessing and the warm feeling of assurance she had felt. Mother, Father, and all six of her siblings—even the two-year-old twins—would make it to Zion safely. Louisa was sure of it!

The next morning, as they plodded through the snow, Louisa's mother began to stumble.

"Go on without me," she called to Louisa's father. "I can't go any further!"

"You have to keep trying," Elizabeth pleaded.

It was no use—Mother's strength was gone. She kissed each family member good-bye. Then she hobbled over to a boulder, sat down, and cried.

"The company can't wait for us," Louisa's father said, his eyes filled with sadness.

Louisa tried to keep her voice steady. "Elizabeth, will you help Father take care of the others?"

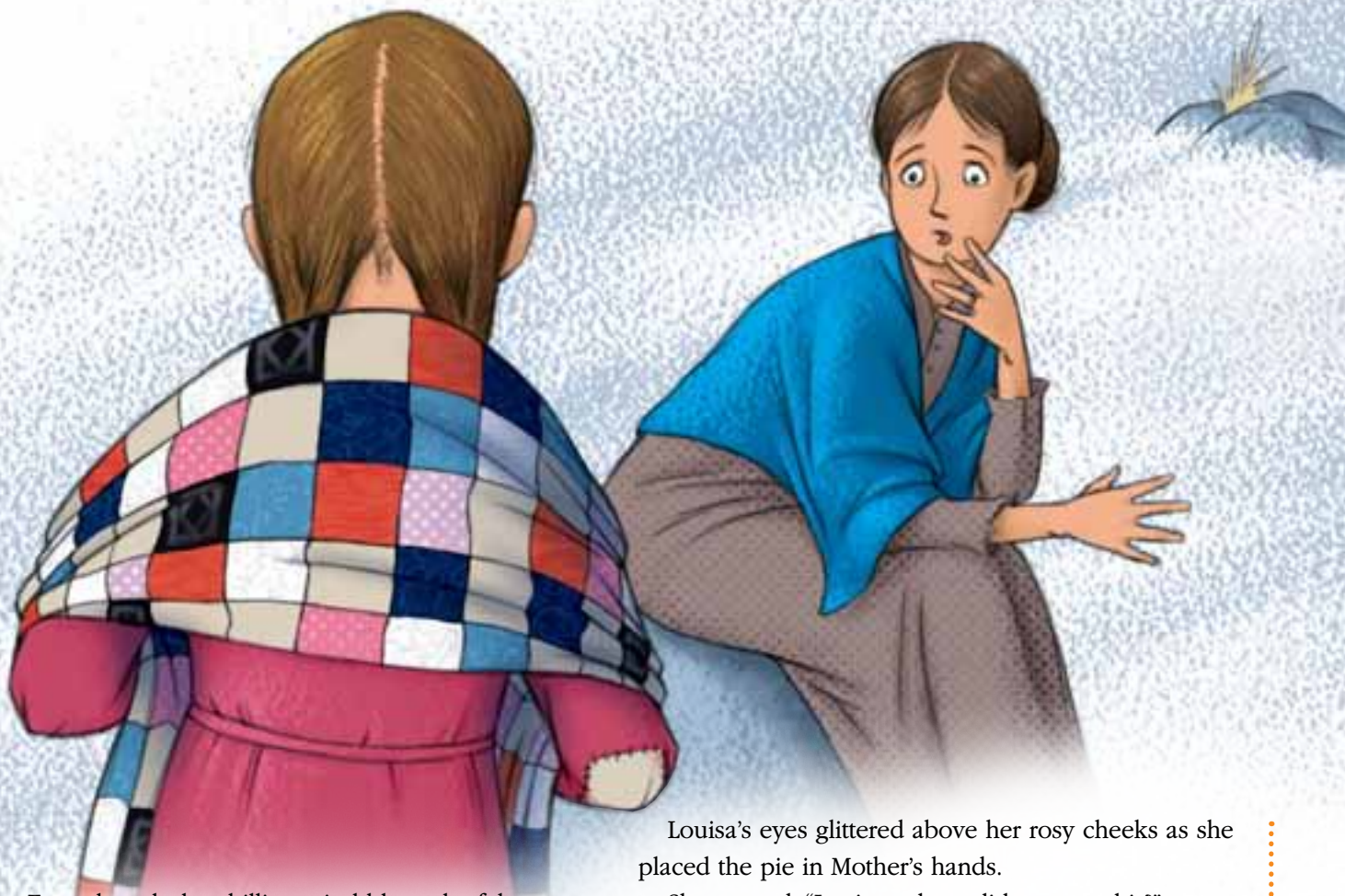
Elizabeth's eyes grew wide. "Louisa—"

"We can't all stay here, and we can't leave Mother alone to die," Louisa insisted. "I'll stay here. Don't worry." She tried to sound brave. "Heavenly Father will help us."

As the weary company struggled past, tugging their sagging handcarts, Louisa sat next to Mother and watched them disappear over the ridge. Soon Louisa and her mother were alone, listening to the howling wind. Louisa's skin prickled at the thought of howling wolves.

"I'll be right back, Mother," Louisa said. She walked down the trail a short distance and knelt in the snow. "Please, Heavenly Father, wilt Thou protect us from the devouring wolves? Wilt Thou grant Mother the strength to continue so we can reach camp tonight?"

Louisa remained on her knees, waiting. She thought of camp, its welcoming bonfire and loving family members huddled around it. She thought of Zion, still hundreds of miles away.



Even though the chilling wind blew, she felt a warm spot growing in her heart. *Yes*. Heavenly Father would answer her prayer.

Louisa hopped onto her sore feet and started back up the trail, but something lay in her path. She blinked in surprise. She squinted and crouched down for a better look.

There, in the middle of the road, was a perfectly made pie.

“Oh my goodness,” Louisa cried. “Manna from heaven!” Laughing, she snatched it up. It looked and smelled delicious, like the pies Mother used to make back home in England.

“Mother, I’ve found something!” Louisa called.

“What is it?”

Louisa’s eyes glittered above her rosy cheeks as she placed the pie in Mother’s hands.

She gasped. “Louisa, where did you get this?”

“I prayed for you, and Heavenly Father sent me a pie. I found it on the road.”

Tearfully, Louisa’s mother thanked Heavenly Father for the miraculous gift. She ate the pie and rested awhile.

“I’m feeling much better,” Mother finally said, pulling herself onto her feet. “The Lord doesn’t want us to give up, and I won’t—not ever again.”

Louisa grinned. “Let’s catch up with the others. We can still make it to camp tonight.”

After darkness fell, they met Louisa’s father coming back to look for them. He rejoiced that Mother had regained her strength.

For the rest of the journey, whenever Louisa’s mother felt like quitting, she remembered the gift of the pie and offered a prayer of thanks instead.

Louisa and her family prayed with gratitude all the way to the Salt Lake Valley, where they arrived together safely on November 30, 1856. Mother’s blessing was fulfilled, just as Louisa had always known it would be. ●

**Hymns, no. 30.*

“Please do not lose hope in the Savior and His love for you. It is constant. He promised that He would not leave us comfortless.”

Elder Joseph B. Wirthlin of the Quorum of the Twelve Apostles, “Press On,” *Ensign*, Nov. 2004, 103.



Sunday Activities

BY VAL CHADWICK BAGLEY

Unscramble the words below, then fill in the blanks that describe the kinds of things we should do on Sundays. Answers on page 26.



1. Wear your Sunday _____ .



2. Partake of the _____ .



3. Bear your _____ .



4. Sing a _____ .



5. Go to _____ .

1. BTES _____

2. SCMNAAETR _____

3. YTEIMOTSN _____

4. YHMN _____

5. HRUCHC _____

6. HIGNTTI _____

7. RISCPTREUS _____

8. SLCAS _____

9. RPAY _____

10. TVSII _____

11. LJAONUR _____

12. INSMRIORA _____



6. Pay your _____ .



7. Study the _____ .



8. Participate in _____ .



9. Bow your head to _____ .



10. Go for a _____ .



11. Write in your _____ .



12. Write to a _____ .

We are a happy family (Children's Songbook, 198).

Counting on Family

BY MIRIAM A. ROBERTS



1

There is just one me. That's why I'm so special.

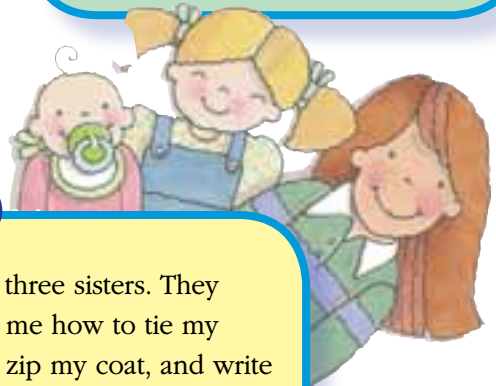
There is just one you, so you are special too. What's your name?



2

I have two parents. Mom and Dad work with me, play with me, read to me, and pray with me.

What do your mom and dad do with you? _____



3

I have three sisters. They taught me how to tie my shoes, zip my coat, and write my name.

How many sisters do you have? _____



4

I have four grandparents—two grandmas and two grandpas. I always have a cozy lap to sit on and someone to get a kiss from.

What do you like to do with your grandparents? _____



5

I have five brothers. I don't have to look very far to find a buddy to do things with.

How many brothers do you have? _____

Marshmallow Covered Wagon

BY PAM VOELKER



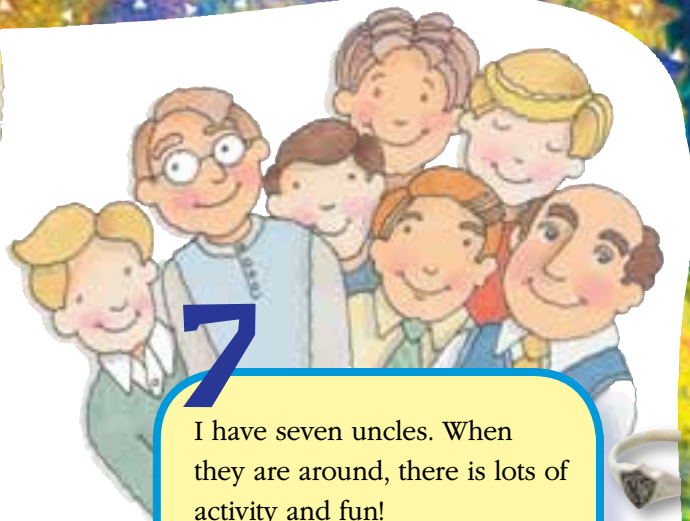
6



I have six aunts in all shapes and sizes. They are like extra moms. Everyone needs an extra mom now and then.

How many aunts do you have? _____

7



I have seven uncles. When they are around, there is lots of activity and fun!

How many uncles do you have? _____

8



I have eight great-grandparents. Most of them I only know through their photos, but I can still hug two of them.

Does your family have photos of your great-grandparents? _____

9



I have nine pets—one guinea pig, one dog, two cats, two canaries, and three goldfish. Mom calls them my zoo, but they feel like family to me!

How many pets do you have and what kind are they? _____

10



I have ten cousins—for now. When all of us get together, the day just isn't long enough.

How many cousins do you have? _____



I'm so glad I can count on family!



Jumping for Joy

BY CARRIE BLAKELY

Run,



Jump,



Hop,



Skip,



Wiggle,



Giggle,



S-L-I-D-E.



Roll on the ground,



Jump up and down.



It feels great to be alive!

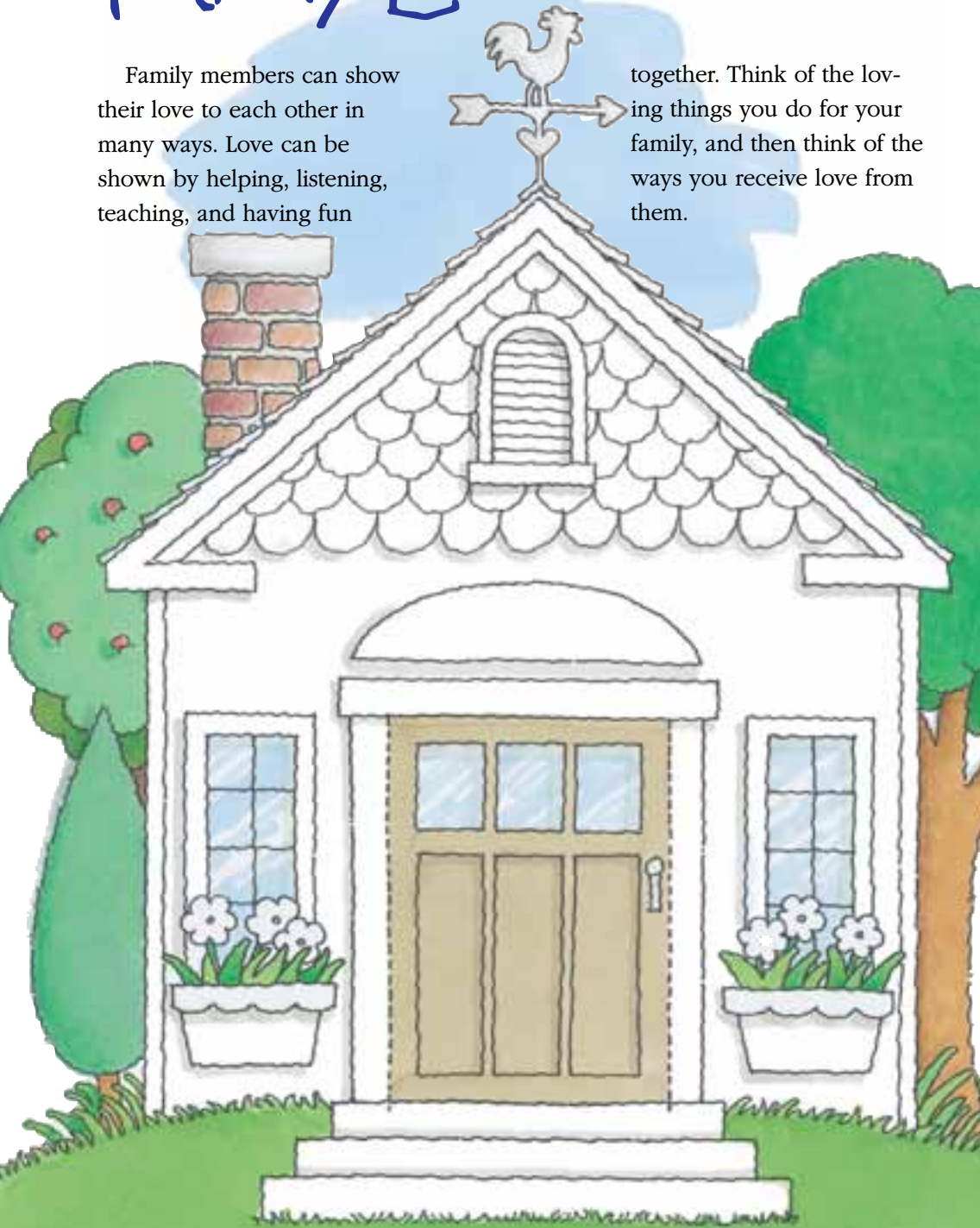


Family Love

BY PAT GRAHAM

Family members can show their love to each other in many ways. Love can be shown by helping, listening, teaching, and having fun

together. Think of the loving things you do for your family, and then think of the ways you receive love from them.



Instructions: Color the house to look like your home. Write your address over the door. Mount this page on heavy paper, then cut out the house and the picture strip. Cut along the broken lines on each side of the door. Slide the picture strip through the slits on each side of the door. Glue the ends of the picture strip together. Show one picture at a time, and tell how family love is shown. You may want to draw a strip of your own pictures.



JAGANATH MARTIN
OF RIVERTON, UTAH

Go, Jag!

Many of us have problems that can get in our way: poor eyesight, bad hearing, or perhaps crooked feet. Jaganath Martin, age 8, sees his problems as hurdles to fly over. Jag was born missing portions of his arms and legs.



BY ERICA HAMMON

Learning to Walk

"Mom, why do monkeys jump in trees?" Jag asked one morning.

"I guess because they are just built that way," his mom replied.

"So when I get big, I can jump in trees too!" he exclaimed. He thought he would grow arms and legs as he grew older.

Jag cried when Mom told him his body wasn't built that way. "He only gets upset about his disability if it stops him from doing something, like riding bikes," his mom says. Most of the time, Jag learns how to do what he wants to do.

Try walking on your knees with both legs tied up. Difficult? This is a little like how Jag felt when he decided to learn how to walk instead of scamper on all fours. He pushed a baby toy around the house to help him keep his balance until he could finally walk.



Jag's family likes to collect elephants. It reminds them of India—where Jag, his brother, and sisters were born.



A Part of the Class

In school, Jag holds a pencil between his only thumb on one arm and the nubbin on his other arm. He has better handwriting than most of his friends with 10 fingers! When the recess bell rings, he tags along in his wheelchair. (He likes to use it only for long distances.) Then he hops out to play ball or tag with friends. "Look out for Jag!" they holler as he scurries after them.

Jag likes Primary too. His teachers say his questions are so interesting that sometimes they have to search for the answers.





Jag's Favorites

School subjects: science and social studies



Hobby: trading cards

Food: root beer and ribs



Holiday: Christmas

Day of the year: December 26, his birthday

Activity: play soccer, baseball, or football with friends



Color: silver

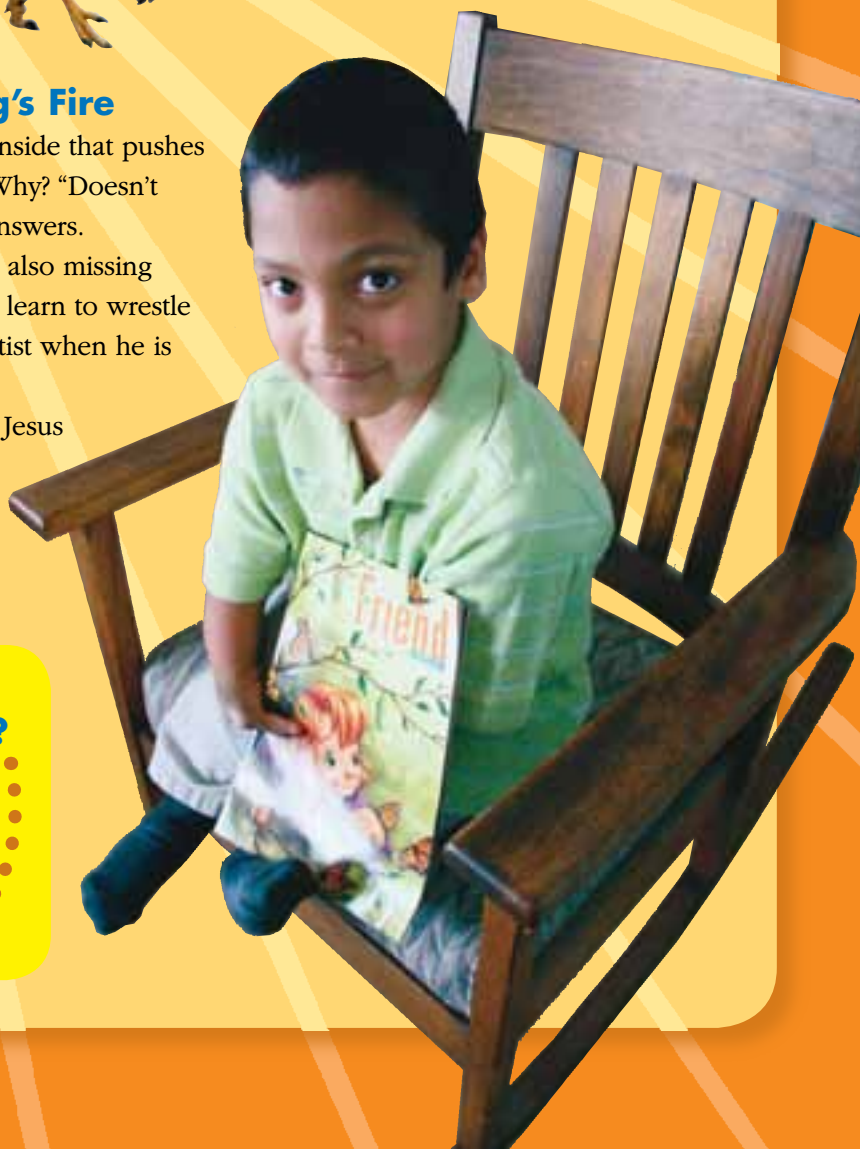
Animal: dinosaur

Jag's Fire

Jag has a fire inside that pushes him to do hard things. Why? "Doesn't everyone have to learn to do these things?" he answers.

He looks up to a professional wrestler who is also missing parts of all four limbs, and he hopes that he can learn to wrestle someday too. He thinks about becoming a scientist when he is older.

Jag's greatest heroes are Heavenly Father and Jesus Christ. "God helps me keep trying to do things that are hard," he says. With determination and faith in the Savior, Jag plans to fly over every hurdle in his path.



Where in the world is India?

Before being adopted, Jag and his three siblings – Sarisha, Kirsi, and Taj – were born here.



Why is it important for me to be honest?



Elder David A. Bednar of the Quorum of the Twelve Apostles shares some of his thoughts on this subject.

People of integrity and honesty not only practice what they preach, they are what they preach. And the Savior stands as the finest example.

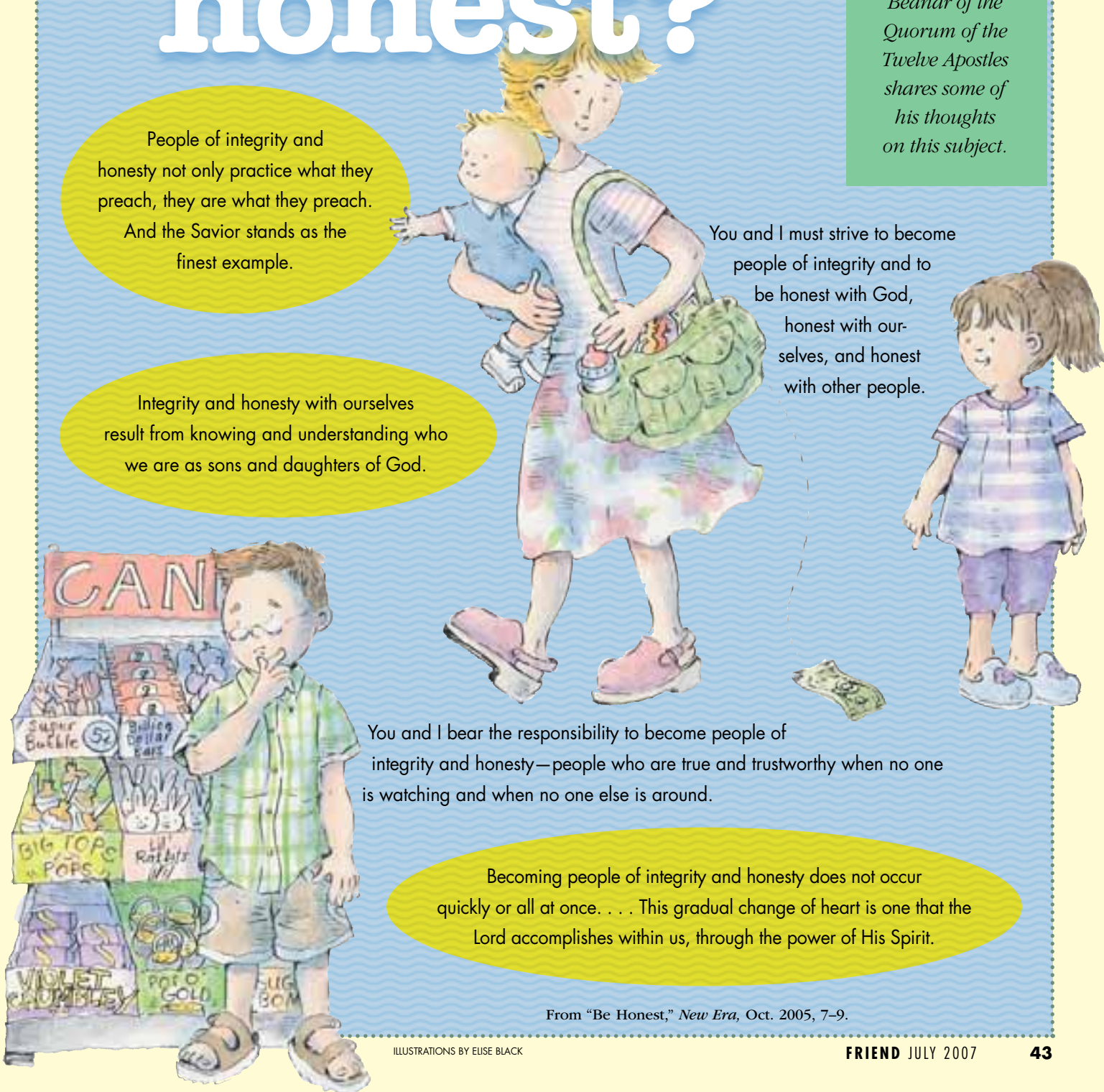
Integrity and honesty with ourselves result from knowing and understanding who we are as sons and daughters of God.

You and I must strive to become people of integrity and to be honest with God, honest with ourselves, and honest with other people.

You and I bear the responsibility to become people of integrity and honesty—people who are true and trustworthy when no one is watching and when no one else is around.

Becoming people of integrity and honesty does not occur quickly or all at once. . . . This gradual change of heart is one that the Lord accomplishes within us, through the power of His Spirit.

From "Be Honest," *New Era*, Oct. 2005, 7–9.





FROM THE LIFE OF PRESIDENT SPENCER W. KIMBALL

Resist Evil Influences

As a young missionary serving in the Central States Mission, Elder Kimball was traveling on a train to Chicago, Illinois, when a man approached him.

It was a vulgar book filled with obscene pictures. Spencer wouldn't touch it.


The man tried a different approach.

Come into the city with me. I'll show you where you can have a good time.

Hey there, young fellow. I have a book that I think you'll like.

You are wrong, sir. That book does not appeal to me.

Absolutely not. I am a representative of Jesus Christ, and I will not follow where you go.

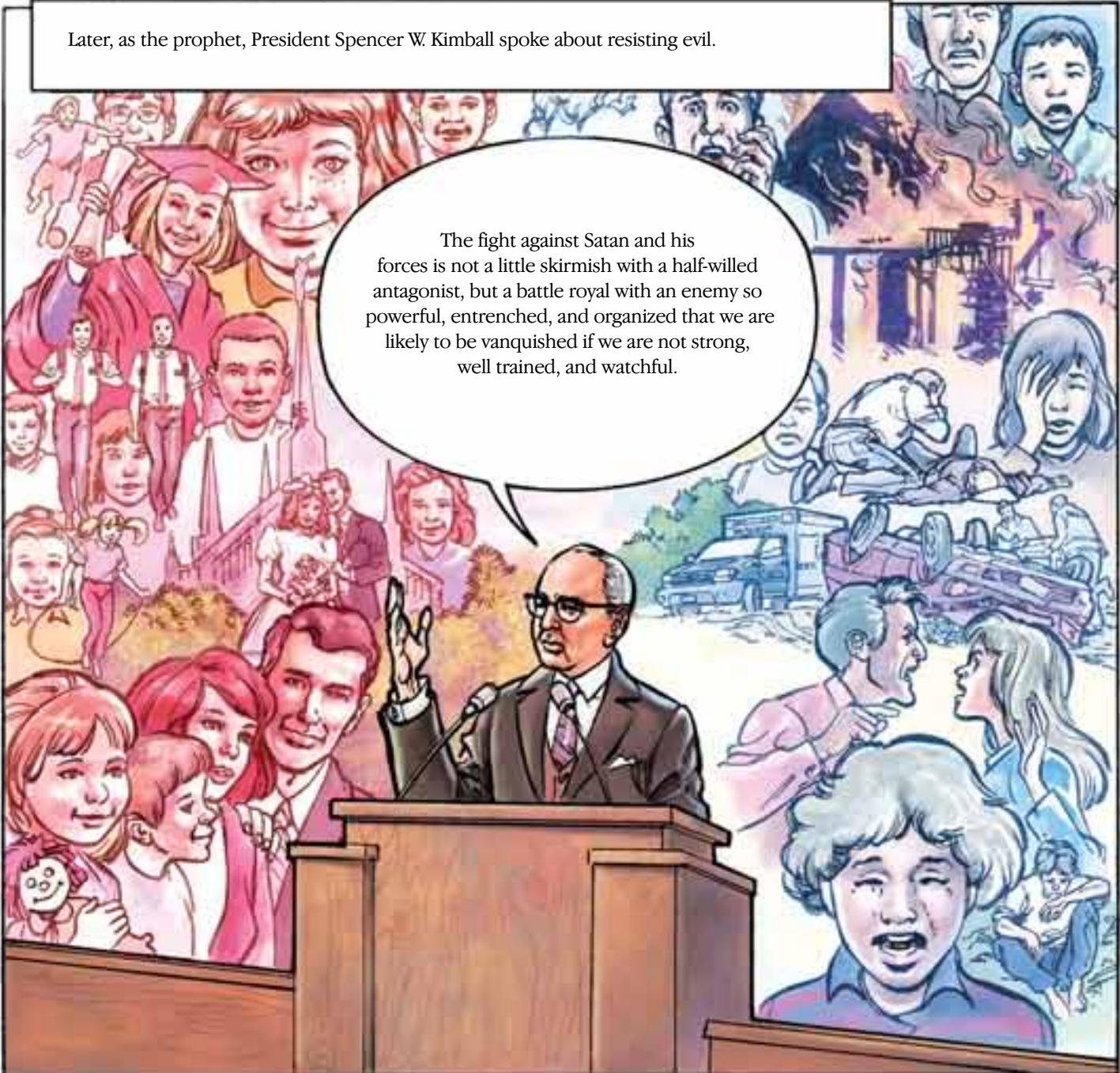


The man realized that the young missionary was in earnest and finally left him alone. Spencer recorded in his journal that he could feel himself blush for an hour.

Oh, how hard Satan, through his imps, tries to lead young people astray.

I thank the Lord that I had the power to resist.

Later, as the prophet, President Spencer W. Kimball spoke about resisting evil.



The fight against Satan and his forces is not a little skirmish with a half-willed antagonist, but a battle royal with an enemy so powerful, entrenched, and organized that we are likely to be vanquished if we are not strong, well trained, and watchful.



BY MARIANNE SORENSEN LEMON

(Based on a true story)

Take . . . the prophets . . . for an example (James 5:10).



Early Monday morning, five-year-old Ji-Woong jumped out of bed and changed into his Meteor Guy outfit. As he flew into the kitchen, he chanted, “Faster than light, stronger than steel, it’s . . . Meteor Guy!”

“Good morning, Ji-Woong. You’re up early,”

Umma (Mother) said.

“Of course. I have to save the world!” Ji-Woong zoomed around the table.

Before lunch, Ji-Woong changed into his Ninja Lizard costume and pretended to climb the kitchen cabinets.

“What are you doing now?” Umma asked. She dished up sticky rice, kimchee, and pot stickers.

“I have to rescue someone on the 20th floor. I’m Ninja Lizard!” Ji-Woong shouted. He concentrated on his important mission.

By late afternoon, Ji-Woong was dressed as the Korean Eagle. “Come on, Little Eagle,” he called to his trusted sidekick. “The city is in danger!” He charged outside with his golden cape billowing behind him.

After dinner, Ji-Woong and his family gathered in the living room for family home evening. Ji-Woong was still wearing his Korean Eagle costume.

“Tonight, we’re going to talk about a hero,” Appa (Father) said.

“Oh, wow!” Ji-Woong exclaimed. “Which one? Ninja Lizard? Meteor Guy? The Korean Eagle?”

“Those are characters in comic books and cartoons,” Appa said.

“Yeah, and they’re terrific!” Ji-Woong said. “They can climb and fly, and they save people all the time.”

“Actually, honey, they are just make-believe. Right?” Umma asked.

Ji-Woong nodded. “Yes, they are

just made up, but I wish they were real. I want to be like them.”

“The hero I’m going to tell you about *is* a real person,” Appa said. “He helped save his family from starving in the wilderness, and he made a boat to help them sail across an ocean.”

“Oh, I know who it is,” Ji-Woong said. “It’s Nephi! I didn’t know he was a hero.”

“He certainly is, and you can be like him.”

“But I want to be a *superhero* and have lots of power.”

“Did you know that Nephi had tremendous power?” Appa asked.

“He *did!*” Ji-Woong was amazed.

“Of course. He prayed and was led by the Spirit through the streets of Jerusalem to obtain the brass plates.¹ He prayed and received power from the Lord to shock his brothers.”² Appa held up a picture of Nephi shocking his brothers. “Later, he prayed and a terrible storm ceased.”³

“How did Nephi get his power?” Ji-Woong asked.

“The Lord gave him power because Nephi was a righteous man who prayed in faith,” Appa explained. “You too can pray and then follow the promptings of the Holy Ghost. Heavenly Father will help you know when people need help.”

“And then I can rescue them!” Ji-Woong said happily.

The next day, Ji-Woong woke up early and rushed outside. He found some sticks in the yard and brought them into the kitchen.

“What are the sticks for?” Umma asked.

“I’m going to make a bow and arrow so I can be like Nephi,” Ji-Woong said. “After all, he’s a *real* hero.”

- 1. See 1 Nephi 4.
- 2. See 1 Nephi 17:7–8, 18, 53–55.
- 3. See 1 Nephi 18:11–21.

“Heroes can be found in the stories contained in the holy scriptures.”

Elder L. Tom Perry of the Quorum of the Twelve Apostles, “I Confer the Priesthood of Aaron,” *Ensign*, Nov. 1985, 46.





MATT AND Mandy





The *Guide to the Friend* can help you find stories or articles for preparing lessons or talks for church or for family home evening. The Primary theme for July is "My family can follow Jesus Christ in faith."



Family Home Evening Ideas

Look for the FHE symbol on the pages mentioned below.

1. When have you needed to be brave and protect something important to you? Read President James E. Faust's "Courage in a Cornfield" (pp. 2-3). Share experiences of when you have defended the Church, your family, or your personal beliefs. Discuss how you felt afterward.

2. Read Luke 22:32. What does it mean to be converted and strengthen others? Read "It Is Enough" (pp. 4-5). Carlito's mother is a good example of how we can strengthen our families and help others feel the light and truth we feel in our own lives. What can your family do to help build others' testimonies?

3. Elder Paul E. Koelliker relates experiences he has had with temples in "Blessings of the Temple" (pp. 6-7). Ask the children in your family why they are excited to go to the temple, and then ask the adults who have been to the temple why they enjoy going. How can your testimony of the temple affect others as the children's letter affected the construction workers? If possible, visit a temple and walk around the grounds. Discuss the blessings of the temple and why God commands His children to build them. Sing "I Love to See the Temple" (*Children's Songbook*, 95).

4. If you were in a situation similar to Sarah's family in "Ready to Go" (pp. 8-11), what would you want to take with you? Make sure that your family has prepared supplies in case of an emergency. If not, make goals on how to acquire vital items. Show everyone where these items can be found. Make a list of what you would not want to leave without, and make sure you can find those things quickly.

5. Find a wagon, a wheelbarrow, or another kind of cart to pull. Go on a walk with your family and take turns pulling the cart. You could pack a sack lunch in your cart and have a picnic after the walk. As you walk, talk about the story "Family Faith" (pp. 14-15) and discuss the faith the Jarvis family must have had. During your picnic, talk about ways you can show faith as the pioneers did.



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Topical Index to this Issue of the *Friend*

(FLF) = For Little Friends
(f) = Funstuff
(IFC) = inside front cover
(v) = verse

Baptism IFC, 4
Book of Mormon 22, 46
Choose the Right 22, 43, 44, 46
Church History 2, 6, 14, 24, 27, 28, 32, 48
Courage 2, 40
Emergency Preparedness 8
Faith 14, 21, 46
Family 4, 8, 14, 17 (v), 21, 22, 27, 32, 36 (FLF), 39 (FLF), 40
Family History 14, 32, 36 (FLF)
Family Home Evening 8, IBC
Heavenly Father 6, 40, 46
Heroes 2, 40, 46, 48
Holy Ghost 46
Jesus Christ IFC, 2, 14, 21, 22, 32, 40, 43, 46
Love and Kindness 18, 22, 39 (FLF)
Missionary Work 4, 14, 44
Music 22, 26 (f)
My Gospel Standards IFC, 2, 4, 6, 14, 18, 21, 22, 35 (f), 39 (FLF)
Pornography 44
Prayer IFC, 32, 46
Presiding Bishopric 20
Prophets IFC, 2, 6, 44
Quorum of the Seventy 6
Quorum of the Twelve Apostles 5, 34, 43, 47
Reverence 22
Sabbath Day 35 (f)
Scriptures IFC, 4
Service 22, 39 (FLF)
Temples 4, 6
Testimony 2

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What's in the *Friend* this month?



page 2

What important treasure did Mary Elizabeth and Caroline rescue and hide in a cornfield?

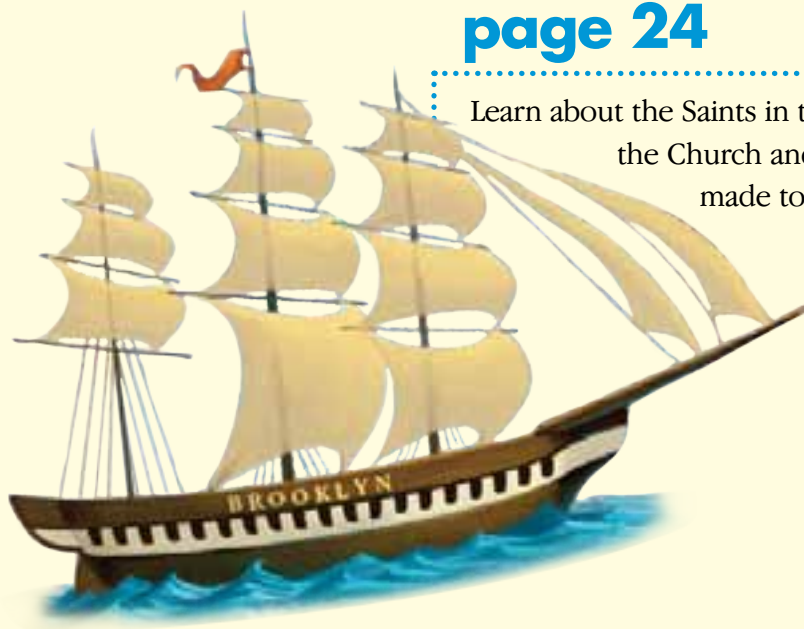
page 8

If you had to leave your home in two minutes for three days, what would you take?



page 24

Learn about the Saints in the early days of the Church and the sacrifices they made to gather to Zion.



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