



YOU CAN HELP LIKE JESUS!



When Jesus was on earth, He helped all He saw. He fed those who were hungry. He comforted those who were sad. He taught everyone His gospel. Jesus asked us to follow Him. When we are baptized, we promise to try to do what He did.

Today many people in the world need our help. Some are lonely. Some are hungry. Some have had to leave their homes. Some haven't heard the gospel yet. Each of us can do something to help.





By the Primary General Presidency

Sister Joy D. Jones
 Sister Lisa L. Harkness
 Sister Cristina B. Franco



What Your Helping Hands Can Do

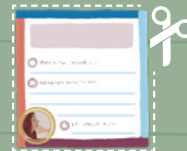
Children can change the world with their loving hearts and helping hands. About 100 years ago, Primary children helped build a hospital in Salt Lake City, Utah, USA. Every week, they brought pennies for the new hospital. When it opened in 1922, it was called the Primary Children's Hospital. That's because the children helped build it, bit by bit!

As you look around, you will find many people you can help. You can share the gospel by the way you live and serve others. You can help them feel Heavenly Father's love.

An Invitation to Help

This year we are inviting you to use your loving hearts and helping hands to help others. The happy feeling you have when you help someone comes from the Holy Ghost. It lets you know that Heavenly Father is very happy with your efforts! ●

In each month's Friend, you can:



1. Read about a Primary child who is helping, like Stella from Ghana (page 4).

2. Cut out the Helping Like Jesus card (page 6).

3. Take the challenge from the Helping Hands Team (page 7).

Send your photo and story about how you're helping to the *Friend!* See the back cover to find out how.

ILLUSTRATIONS BY LIZ BRIZZI