

Come, Follow Me for Little Ones

Here are some activity ideas for toddlers and young children that go along with each week's reading.

- **For the Introductory Pages of the Book of Mormon:** Read the full title of the Book of Mormon, including the subtitle, "Another Testament of Jesus Christ." Put a picture of the Savior somewhere in the pages of a Book of Mormon. Help your children flip through the book and find the picture. You could do this repeatedly, and every time you find it, help your little ones say, "The Book of Mormon is about Jesus!"

- **For 1 Nephi 1–7:** Read 1 Nephi 3:7 together and help your little ones say, "God will help me keep the commandments." Hide a set of scriptures in your home and give your children clues to help them find it. You could use the scripture story in this month's *Friend Junior* to tell them about when God helped Nephi get the scriptures.

- **For 1 Nephi 8–10:** Read 1 Nephi 8:30 together and help your little ones say, "I will hold on to the word of God." Ask your children to hold on to a broomstick or rope to represent the iron rod as you lead them around a room. End your walk at a picture of Jesus or something else to represent God's love. You could even have some fruit as a snack!

- **For 1 Nephi 11–15:** Read 1 Nephi 11:24 together and help your little ones say, "Jesus came to earth because He loves me." Help your little one flip through copies of the *Friend* and draw a heart next to each picture of Jesus. This would be a great time to share your feelings about the Savior.

- **For 1 Nephi 16–22:** Read 1 Nephi 17:13 together and help your little ones say, "The Lord will guide me." Turn off the lights and walk around a room using just flashlights. Talk about how Jesus, like the light, can help us feel safer and know what to do.

