

MY FAMILY NIGHT FUN

These ideas go along with *Come, Follow Me*—for Individuals and Families each week.

Book of Mormon Art Show

For Introductory Pages of the Book of Mormon



Sing "Book of Mormon Stories" (Children's Songbook, 118)

Read "The Precious Book of Mormon" (page 2). What blessings come from reading the Book of Mormon?

Have everyone draw their favorite Book of Mormon story. Then hang them up for a family art show! They can help you remember to read the scriptures together.

Now send a picture of your art to the *Friend!* (See how on page 39.)

Scripture Search

For 1 Nephi 1–7



Sing "Keep the Commandments" (Children's Songbook, 146)

Act out the story of Nephi getting the plates. Pick a narrator or take turns reading the story "Nephi Gets the Brass Plates" on page FJ4. You can use the cutouts on page 8 and give everyone a piece to hold.

Now it's your turn to look for the scriptures! Send someone out of the room and hide a Book of Mormon for them to find. When they start searching, say "hot" when they get close and "cold" when they get far away. Take turns hiding and finding the scriptures.



Blindfold Path

For 1 Nephi 8–10



Sing “Search, Ponder, and Pray”
(*Children’s Songbook*, 109)

In the vision of the tree of life, people had to walk along the path and hold to the iron rod to get to the tree. The iron rod represents the word of God (see 1 Nephi 11:25).

Get a long string and a blindfold. Blindfold one person and spin them around. Have them try to walk in a straight line across the room. Was it hard?

Now have two people hold the string. After you spin the blindfolded person, have them hold onto the string as they walk across the room. How did it help them? How can the scriptures help us?



Pass the Apple!

For 1 Nephi 11–15



Sing “He Sent His Son”
(*Children’s Songbook*, 34–35)

In the vision of the tree of life, the fruit on the tree represents the love of God (see 1 Nephi 11:21–22). The fruit was so delicious that Lehi wanted to share it with everyone.

Get a piece of paper for each person and an apple or other round fruit. Roll each paper lengthwise into a cone and tape it in place.

Now sit in a circle. Put the apple in one cone and pass it from cone to cone around the circle. What’s something good you can share with others?



TREAT TIME

Cookie Dough Dip



Mix 1 8-oz package (226 g) cream cheese, 1/4 cup brown sugar, 1/4 cup powdered sugar, and 1 teaspoon vanilla extract.



Stir in 3/4 cup mini chocolate chips.

Serve with graham crackers, sliced apples, or strawberries.

Banana Bites



Peel a banana and cut it into thin slices.



Spread peanut butter or chocolate spread on each slice.

Then put another slice on top to make a sandwich. For a fun frozen treat, place them in the freezer for about three hours.

Mix-and-Match Trail Mix



Use nuts, cereal, dried fruit, pretzels, or other small snacks to make your own trail mix.

Start by giving each person in your family a resealable plastic bag. Then take turns adding ingredients. Shake your bags to mix!