



By President Russell M. Nelson

Learn about Jesus

God sent His Son Jesus Christ to help us. You can have power from Jesus Christ when you do these things:



Study "The Living Christ." It is a testimony about Jesus Christ from the prophets and apostles.



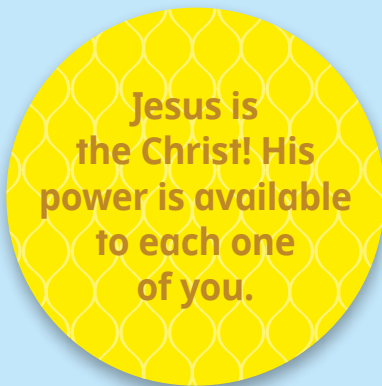
Learn about the Savior. Several years ago I read and underlined every verse in the scriptures about Jesus Christ. When I finished, I told my wife, "I am a different man!"



Be willing to stand out, speak up, and be different from the people of the world.



Try to look to Jesus in every thought (see Doctrine and Covenants 6:36). When you do, your doubts and fears will flee.



Make sacred covenants and keep them.

From "Drawing the Power of Jesus Christ into Our Lives," Ensign, May 2017, 39–42.