

Rubber-Band Books

Make this book and use it to answer the journal prompts on "For Older Kids." When you fill up all the pages, make a new one!

1

Cut two sheets of paper in half lengthwise. Use more papers if you want a thicker book.



2

Fold all the papers in half, punch two holes on the folded side, then pull a rubber band through the holes to make two loops on the front.



3

Slip a paperclip into each rubber band loop. Now you're ready to write!



Hot Cocoa Combos



Mix 1 cup of hot milk with one of these flavor combinations. Stir until melted and smooth.

What other combos can you come up with?

What will you name your creations?

Top with marshmallows, whipped cream, candy canes, and anything else you can imagine!

Peppermint PIZZAZZ



1/2 cup
white chocolate
chips



2 crushed
peppermint
candies

Sweet 'n' SPICE



1/4 cup
milk chocolate
chips



1/4 teaspoon
cinnamon + tiny
pinch cayenne

Zesty ORANGE



1/2
teaspoon
sugar



1/4 cup
milk chocolate
chips



1
teaspoon
orange zest

Cut out these "stickers" and use them in your journal! When you write about one of these things, tape the picture to the corner of the page. Print more at friend.ids.org during January.

