

Family Fun Time



Good social skills and manners come from treating other people well. Read “The Secret Weapon” (page 8) and talk about ways your family members have looked out for others in small ways like Adam did for Ivy.



Role-Playing Game

Take turns choosing a situation from the list below. Talk about some of the things you might say and do. Then act out the scene to practice.

1. You want to work with your friends on a project at school, but your teacher puts you in a group with kids you don't know very well. How can you get to know the other kids better so you can work well together?
2. Your little brother accidentally spills food on his clothes, and your older sister makes fun of him. What can you say to be a good example to your sister and to help your brother?
3. Primary is about to start, and you're waiting for your teacher to come in. You try to talk to your friend, but he's playing on a phone. How can you kindly let your friend know you want to talk with him?
4. You're playing a game at a friend's house, and another of her friends comes to the door and asks to play. How can you help the other friend feel included?

Yogurt Parfait

Here's an easy treat you can put together quickly with everyone working together. Be sure to get an adult's help. Makes four servings.

- 2 cups fruit (try peaches, bananas, or berries)
- 2 cups yogurt
- 1 cup granola

1. Wash and peel the fruit as needed and cut it into bite-sized pieces.
2. Put $\frac{1}{4}$ cup of yogurt in the bottom of four cups or parfait glasses. Sprinkle 2 tablespoons of granola over the yogurt in each cup. Top with half of the fruit, divided evenly among the glasses.
3. Repeat by putting another $\frac{1}{4}$ cup of yogurt, 2 tablespoons of granola, and the rest of the fruit in each cup.

