

January 2015

A children's magazine published by The Church of Jesus Christ of Latter-day Saints

# THE *Friend*



Give us a  
**HAND!**

See pages 2-7

## Help through Tough Times



This summer with my baby-sitting money, I bought an iPod, and now I listen to the *Friend* on it. I love the *Friend*! As soon as it comes in the mail, I sit down and read it page by page. My sister has cancer, and the

*Friend* is helping me through the tough times and has given me hope.

**Alaina F., age 11, Utah, USA**

Listen to the *Friend* online at [friend.ids.org](http://friend.ids.org)!

## Flying with the *Friend*

We take the *Friend* with us on the plane when we fly to visit our cousins on the East Coast and the West Coast. We read the *Friend* from coast to coast!

**Emily W., Lucille N., C.J. W., and Ben N., ages 10, 8, 5, and 9, Virginia and California, USA**



## How My Family Uses the *Friend*

Our family really loves cooking together. The recipes in the *Friend* are some of our favourites! We cut the recipes out and put them in a folder to use all the time. We are so excited when the *Friend* comes so we can find new recipes to try!

**Maya, Savannah, and Carson A., ages 8, 4, and 6, Ontario, Canada**



## Dear Friends,

We need your help! You already know that the *Friend* has lots of great things to learn and do. But your parents might not know. Show your parents this month's *Friend*. Then choose something out of it to do with your family!

Thanks for sharing.

The *Friend*

P.S. Please send us a picture of what you and your family did. We'll be putting some of your pictures in each issue!

Was there a letter or a story in this month's issue that helped you? Tell us about it. Turn to page 48 to find out how.



## ◆ Primary Connection Find stories and activities to go with this month's sharing time theme and lessons.

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### Cover by Sam Nielson

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### HIDDEN CTR RINGS

**Level 1:** What's in your garden?

**Level 2:** Reptiles and rings are hard to find.

**Level 3:** No hint!



FROM THE FIRST PRESIDENCY

By President Dieter F. Uchtdorf

Second Counselor in the First Presidency

# You Are the SAVIOR'S HANDS

felt deep sadness

A story is told that during the bombing of a city in World War II, a large statue of Jesus Christ was severely damaged. When the townspeople found the statue among the rubble, they **mourned** because it had been a symbol of their faith and of God's presence in their lives.

Experts were able to repair most of the statue, but its hands had been broken so badly that they could not be fixed. The people added on the base of the statue of Jesus Christ a sign with these words: "You are my hands."

When I think of the Savior, I often picture Him with hands outstretched, reaching out to comfort, heal, bless, and love. He loved the humble and the meek and walked among them, ministering to them and offering hope and salvation. This is what He would be doing if He were living among us today. It is what we should be doing as His disciples and members of The Church of Jesus Christ of Latter-day Saints.

As we extend our hands and hearts toward others in Christlike love, something wonderful happens to us. Our own spirits grow stronger. We become happier, more peaceful, and more open to the whisperings of the Holy Spirit.

Let us commit to become the Savior's hands, that others through us may feel His loving **embrace**.

*Adapted from "You Are My Hands" Ensign, May 2010.*

hug

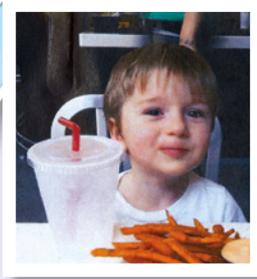
Read more about service in Matthew 25:34-45.





# Helping the SAVIOR

These kids helped, and so can you.  
Turn the page to see how!



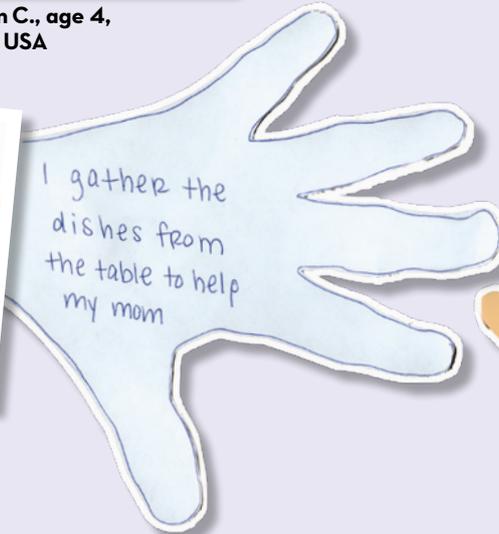
Benjamin C., age 4,  
Virginia, USA



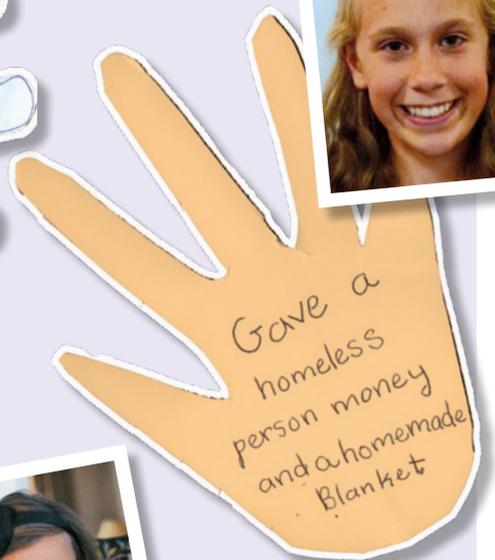
Edna L., age 6,  
Utah, USA



James C., age 7,  
Virginia, USA



Hayley W., age 10,  
Utah, USA



I helped Sister Mouritsen Clean her Classroom.

Eli A., age 10,  
Utah, USA



Sarah B., age 9,  
Virginia, USA



# Give Us a Hand!

**W**hen Jesus was on the earth, He loved and served everyone. We can follow His example today. Here are some kids who followed Jesus by finding ways to help!



ILLUSTRATION BY CASEY NELSON

## Cookies and Puppets

*Our family had a “season of service.” My brothers and I made puppets for children in an orphanage. We also took chocolate-chip cookies to some firemen and cleaned up at a lake. I’m glad we could serve!*

**Tobin P., age 9, Idaho, USA**



## Happy Songs

*In our special day of service we visited an assisted living center. When we started singing Primary songs and other songs, people started clapping and singing along. Some of them even danced! We left hugs and cards we made for them.*

**Leiria District, Portugal**

## Better than Christmas



*My mom and dad were exhausted from a long day. I washed and put away the dishes and cleaned the floor, table, and counter. Then I cleaned the living room and the playroom. When my mom and dad woke up, they said it was better than Christmas!*

**Cambrie G., age 11, Georgia, USA**



## SEND US YOUR HANDPRINT

How many helping hands can we collect this year? Do a good deed and help us find out!

1. Trace your hand on a piece of paper and cut it out.
2. Write about how you followed Jesus by serving someone—or about how someone served you. It can be something big or small.
3. Add a photo of yourself.
4. Ask your parents or an adult to help you send your submission to [friend@ldschurch.org](mailto:friend@ldschurch.org) or to the address on page 48.

We'll be collecting helping hands from now until October 2015.



# Holding Hands around



(Simplified)

Words and music by  
Janice Kapp Perry

*Joyfully*  $\text{♩} = 108-120$

C G C

1. There are chil - dren sing - ing all a - round the world, — Hap - py  
2. There are chil - dren shar - ing all a - round the world, — Lead - ing

F Dm G C F

voic - es ring - ing out the joy - ful word. — We are chil - dren glow - ing with the  
oth - er chil - dren to the gos - pel fold. — With the strength of youth, we do the

C F G

gos - pel light, Stand - ing tall, walk - ing strong, choos - ing right. There are  
Fa - ther's work. With our hearts and our hands we will serve. We are

C G C F Dm

child - ren lead - ing out in ev - 'ry land — Who be - lieve in keep - ing all the  
cov - 'nant chil - dren with a gift to give. — We will teach the gos - pel by the

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# the World



G C F C

Lord's com - mands. — Like the strip - ling war - iors we go forth in faith, For we  
way we live. — With each word and ac - tion, we will tes - ti - fy: We be -

1 3 2

2 1

F G C *Boldly*

know that the Lord is our strength. We are chil - dren hold - ing  
lieve, and we serve Je - sus Christ.

3 1 2

5 3

F G C F G

hands a - round the world, Like an ar - my with the gos - pel flag un - furled. We are

1 5

2 5

Am Em F C Am Fm C G C

led by His light, And we love truth and right. We are build - ing the king - dom of God.

4 1 4

1 4 1

# The Secret



By Jessica Larsen

(Based on a true story)

*“There is something all can give”* (Children’s Songbook, 236).

**N**ot Ivy! She’s a *girl*,” Braden whispered behind Adam.

But Adam was team captain for dodgeball for the day, and he had made his choice. “I pick Ivy,” he repeated a little louder. Tyler, the other team captain, smirked. Even Coach Garcia looked surprised at Adam’s second pick.

Ivy looked surprised too and then shyly stepped forward. Braden groaned.

Ivy wasn’t just any girl. She was the smallest girl in the class. She didn’t look very fast, and the ball seemed bigger than she was. “She probably can’t even lift the ball,” Braden said as Ivy walked over.

“Maybe she’ll be our secret weapon,” Adam said,

trying to sound sure. But that’s not why he had picked her. Ivy had once told Adam she didn’t like it when they played sports because she was always picked last. The other boys teased Ivy, but Mom and Dad had told Adam that boys should show respect for girls. So he picked Ivy. As he watched Tyler pick the biggest boy in class, Adam gulped. What would this game be like?

After everyone was on a team, Coach Garcia blew the whistle, and the teams ran to opposite ends of the court. Coach Garcia handed Tyler the ball, and Tyler scanned Adam’s team before he focused on Ivy. He pulled back his arm and let the ball fly.

*Bam!* The ball smacked the ground and bounced without hitting anyone. Adam blinked. Ivy had moved

# Weapon



*Everyone had underestimated what Ivy could do.*

just in time. Everyone around him seemed surprised, but Adam just smiled. Maybe picking Ivy had been a good idea after all.

The game continued. Tyler kept trying to hit Ivy with the ball, but she kept dodging and diving out of the way. No one could hit her with a ball. Tyler and some of his teammates were so busy trying to get Ivy out that they didn't spend much time aiming for anyone else. Adam grinned—Ivy's size actually made her *better* at dodgeball because being small and fast made her harder to hit.

At last Adam's team won the game. "Secret weapon was right," Braden said. "Ivy's pretty good."

"Yeah," Tyler said. "Next time, she's on *my* team. We'll win for sure!" Ivy smiled as she walked back to class,

surrounded by teammates.

Adam couldn't stop smiling as he followed the group. He had been nice to Ivy, and he had helped the other boys respect girls a little more. The greatest secret weapon wasn't a secret at all—it was just being kind. ♦

The author lives in Arizona, USA.

**Turn the page for an activity to go with this story!**



**"Every person is different and has a different contribution to make. No one is destined to fail."**

President Henry B. Eyring, First Counselor in the First Presidency

"Help Them Aim High," *Ensign*, Nov. 2012, 60

# Family Fun Time



Good social skills and manners come from treating other people well. Read “The Secret Weapon” (page 8) and talk about ways your family members have looked out for others in small ways like Adam did for Ivy.



## Role-Playing Game

Take turns choosing a situation from the list below. Talk about some of the things you might say and do. Then act out the scene to practice.

1. You want to work with your friends on a project at school, but your teacher puts you in a group with kids you don't know very well. How can you get to know the other kids better so you can work well together?
2. Your little brother accidentally spills food on his clothes, and your older sister makes fun of him. What can you say to be a good example to your sister and to help your brother?
3. Primary is about to start, and you're waiting for your teacher to come in. You try to talk to your friend, but he's playing on a phone. How can you kindly let your friend know you want to talk with him?
4. You're playing a game at a friend's house, and another of her friends comes to the door and asks to play. How can you help the other friend feel included?

## Yogurt Parfait

Here's an easy treat you can put together quickly with everyone working together. Be sure to get an adult's help. Makes four servings.

- 2 cups fruit (try peaches, bananas, or berries)
- 2 cups yogurt
- 1 cup granola

1. Wash and peel the fruit as needed and cut it into bite-sized pieces.
2. Put  $\frac{1}{4}$  cup of yogurt in the bottom of four cups or parfait glasses. Sprinkle 2 tablespoons of granola over the yogurt in each cup. Top with half of the fruit, divided evenly among the glasses.
3. Repeat by putting another  $\frac{1}{4}$  cup of yogurt, 2 tablespoons of granola, and the rest of the fruit in each cup.



# NEWS FLASH

from Matt & Mandy!



Hey, Mandy, you look different.

Have you checked the mirror lately? So do you!

And that's not all that's different!



You might notice handprints on pages 3 and 5.

This year, the *Friend* wants you to give them a hand—literally!

Whenever you serve someone, write what you did on a handprint and mail it to the *Friend*.

Also, watch for the monthly "Friends Who Care" stories.



In other news, we older kids are studying the New Testament in Primary this year.

Now each issue has a "Scripture Time" story and activity to help our family study the New Testament together.



That's great! I'm also excited about the new Articles of Faith page.

It'll have tips for memorizing a new article of faith every month.



Which is good, because Stretch isn't the best study partner.



And finally, here's your chance to be a detective!

Solve the "Family History Mystery" each month, and soon you'll be a pro.

Speaking of families ... let's share our news report with Mom and Dad!

You could share this good news with your parents too!

ILLUSTRATIONS BY MATT SWEENEY

# Alia's NEW Ring

By April N. Perry  
(Based on a true story)

*What could be  
better than a  
shiny CTR ring?*

*"Listen to the still small voice! Listen! Listen! when you have to make a choice. He will guide you always"* (Children's Songbook, 107).

Alia twisted the new CTR ring on her finger. At church today her Primary teacher had given everyone in the class a CTR ring. Alia loved the shiny green shield. She took her ring off to show Mom.

"What does 'choose the right' mean?" Mom asked.

"It means you do what Heavenly Father wants you to do," Alia said.

Mom nodded. "You choose the right in lots of ways. Like when you're kind to your brother and sister, or when you help Dad and me at home."

Alia smiled and traced the letters on the ring.

She kept a close eye on her ring while she stacked blocks with Ethan and Grace. She liked the way the letters shone. She was careful with it during dinner. She didn't want it to fall into the mashed potatoes! When she helped clear the table, she kept her fist clenched so the ring wouldn't slip off.

Mom and Dad were washing dishes when Alia remembered to ask, "Why wasn't Mikayla at church today?"

Mikayla was Alia's newest friend. They'd met at church a few months ago, and Mikayla and her mom were planning to be baptized soon.

"I don't know," Dad said. "Maybe you could visit her tonight."

"Could we take her some cookies?"

"Good idea," Mom said. "After Ethan and Grace are in bed, we can take some of the cookies we made yesterday."

As they got in the car later, Alia said, "I think I should give my CTR ring to Mikayla."

"Are you sure?"

"Well, I guess we could just give her the cookies, but . . ."



"I know you love your ring, so you decide. Listen to the Holy Ghost," Mom said. "Then follow that prompting!"

"But how do I *know* if it's the Holy Ghost?"

"You'll feel peaceful and happy inside. Why don't we pray about it? If you feel good, then you know that's the Holy Ghost."



"OK. But if I give her my ring, can I get another one?"

"Yes, but it might take a while to come in the mail."

After the prayer, they drove to Mikayla's house.

"I'll give them the cookies," Mom said as they walked to the door. "I won't say anything about the ring—that's up to you. Just tug on my sleeve if you decide to do it."

Alia twisted the ring around and around on her finger. She thought hard about what she should do.

Mom rang the doorbell. Mikayla's mom answered and invited them in.

"We missed you at church today," Mom said. "We wanted to let you know we were thinking about you."

"Thank you. These cookies look great. Mikayla, come say hi."

They talked for a few minutes. Mom was saying good-bye when Alia tugged on her sleeve. Mom looked down and smiled at Alia.

"Looks like there's one more thing."

Alia slid her ring off and handed it to Mikayla.

"Alia wanted to give you this," Mom said. "We prayed about it before we came. She wants you to have it."

Mikayla put the ring on her finger. "Thank you!"

Alia grinned. "It means 'choose the right!'"

As Alia and her mom walked back to the car, Mom said, "Well, how do you feel?"

"A little sad that I don't have the ring anymore, but glad I listened to the Holy Ghost."

"I'm proud of you. And now you know what the Holy Ghost feels like!"

Alia smiled. "Can we get lots of CTR rings? In case the Holy Ghost tells me to give more away?"

Mom hugged her. "Good idea," she said. ◆

The author lives in California, USA.

Has the Holy Ghost ever prompted you to do something hard?

Print more tags for your "sleuth kit" at [friend.lds.org](http://friend.lds.org).

# Family History Mystery

Get ready to be a family history detective!

Each month we'll give you a new detective case to solve. Remember, every good detective collects notes and evidence and keeps them in a safe place. Cut out the label below and paste it on a notebook, folder, or box. Now you're ready to start sleuthing. Good luck!

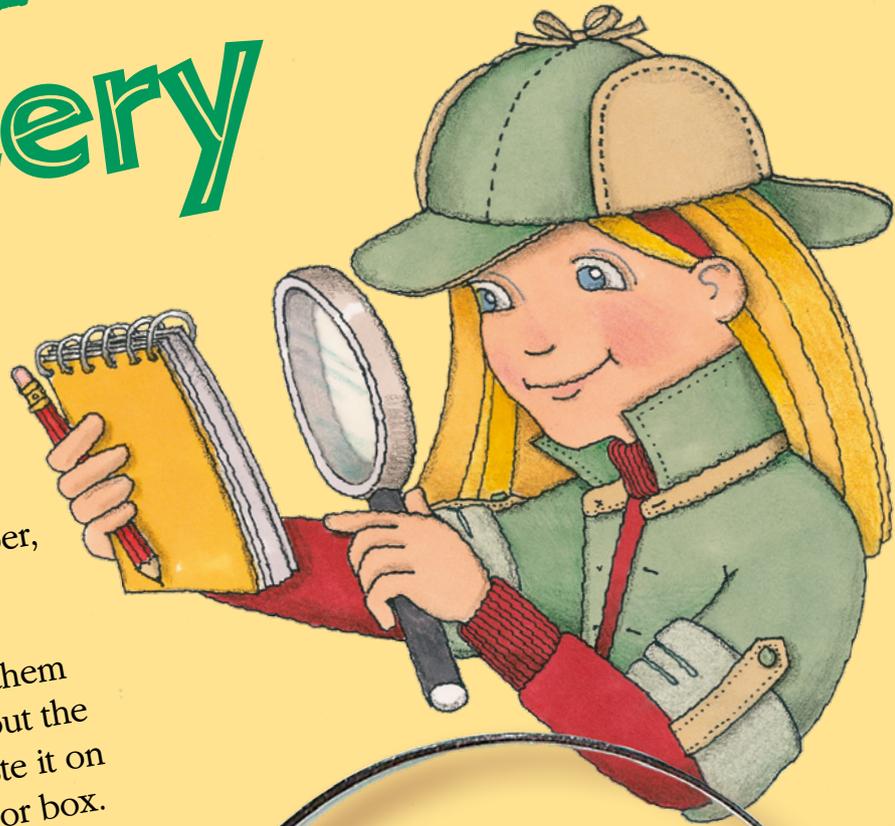


ILLUSTRATION BY JULIE F. YOUNG



## Case #1: The Mystery of the Heirloom

Dear Detective,

An heirloom is a special object that a family can pass down for generations. Find an heirloom in your house. Then ask a parent to help you learn your heirloom's story. Who did it belong to? How did it get passed down? Write down what you find out and put it in your evidence file.

Family History Mystery:  
**EVIDENCE FILE**

**MYSTERY SOLVED**

### SMART SLEUTH TIP

Pictures are important evidence. Be sure to include a photo or drawing of the heirloom in your file!



“I am a child of God;  
rich blessings are in store.”

—Children’s Songbook, 2



# CONNOR to the RESCUE!

By Kasey Tross

(Based on a true story)

*“Through a still small voice, the Spirit speaks to me” (Children’s Songbook, 106).*

**C**onnor was hot and thirsty. He had been playing outside all morning, and his mouth was dry as he pulled open the back door. A rush of cool air greeted him, and it felt wonderful. He hurried into the kitchen to get a glass of water.

As he drank his water, he thought about the red toy helicopter he had seen in the store two weeks before. Connor couldn’t wait to finally have enough money to buy it. He had been saving his allowance money and doing extra chores ever since he had seen the helicopter.

He finished his glass of water and went into the living room to ask his mom if she had any more chores she could pay him to do.

“Mom,” he said. “Do you . . .”

“Shh, Connor. Wait just a minute,” Mom said. “I want to listen to this.”

Connor turned to look at the television.

On the news there were pictures of things that had been wrecked—buildings had fallen down, streets were full of stuff, and there were people who looked like they

*Real earthquakes call for real helicopters—not toy ones.*





Once I worked really hard and earned money doing extra jobs. I finally saved enough to buy a special doll I wanted. Our stake was helping collect food and money for the food bank. My mom and dad asked if I wanted to donate. I decided to give my money to the food bank instead of buying a doll. I know Jesus wants me to love and serve others.

**Rachel M., age 7, Ohio, USA**

were hurt. He saw the word *earthquake* at the bottom of the screen, but it was in a place he'd never heard of.

"There was a terrible earthquake," Mom explained. "Almost everything was destroyed. They have no electricity and no running water, and a lot of people are hurt and need help."

Connor had a funny feeling in his chest. He wondered

what it would be like to be thirsty and not have any water to drink, or to be hurt and not have someone to help you.

"Mom, can't anyone help them?" he asked.

"A lot of people want to help, but right now it's almost impossible for people to get into the country," she said. "Most of the runways and roads are blocked or destroyed."

"I wish there was something we could do," Connor said. He felt sad for the people in the earthquake. Then suddenly he had an idea. "Mom, can we pray for them?" he asked.

His mom smiled. "That's a great idea," she said. They turned off the television and knelt on the floor. As Connor said the prayer, the sick feeling he had was replaced with a good, calm feeling.

After they said "Amen," Connor had another idea. He knew how he could help. He ran into his room and found the jar of money he had been saving to buy the red helicopter. He took it to his mom.

"Mom, is there a way to get this money to the people in the earthquake?" he asked. "Maybe it could help get a real helicopter to bring them food and water and maybe even a doctor."

Connor's mom gave him a hug. "That is a very kind and thoughtful thing to do, Connor," she said. "Let's take it to the bishop on Sunday. He'll know what to do with it."

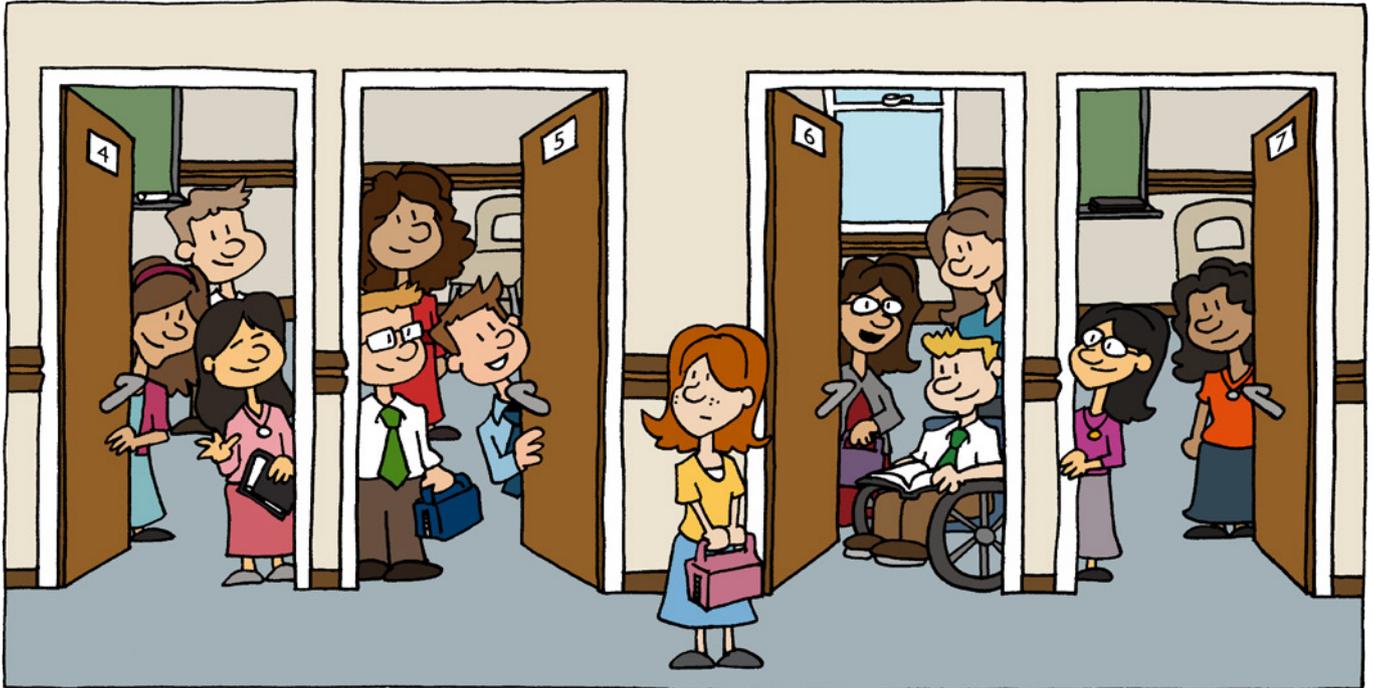
Connor was glad that even though he lived far away from where the earthquake happened, he could still help in a small way. He knew he wouldn't be getting the toy helicopter any time soon, but he loved the good feeling he had inside. He was glad he followed the promptings of the Holy Ghost to help someone in need. ◆

The author lives in Virginia, USA.

# Sunday Mix-ups

## Primary Visitor

By Arie Van De Graaff



This Primary girl is new to the ward. Help her find her class by using the clues below. Check your answer on page 48.

- Her class has more girls than boys in it.
- Someone in her class is wearing glasses.
- At least one person in her class remembered to bring his or her scriptures to church.

Once you've found her class, count the number of ties and necklaces in the picture.

## Tie Tangle

By Jon Clark

Circle the three ties that are different from the others.



# BULLETIN BOARD

## Wake Up!

Start your day with a quick, yummy breakfast. Peel a banana and smear it with peanut or almond butter. Then roll it in your choice of granola, raisins, or crispy rice cereal. Cut it in sections to make breakfast sushi!

## COURAGE!

"Courage ... includes doing the right thing even though we may be afraid, defending our beliefs at the risk of being ridiculed, and maintaining those beliefs even when threatened with a loss of friends."

**President Thomas S. Monson**

"Be Strong and of a Good Courage," *Ensign*, May 2014, 67.

## STAND TALL!

"I will remember my baptismal covenant and listen to the Holy Ghost."

**My Gospel Standards**

What can you do to remember your covenants?



## Fun with Friends

Be a good friend by learning to understand how other people are feeling. Write the feelings in the list on slips of paper and put them in a bowl. Take turns pulling out a feeling and acting it out for your family or friends to guess.

Happy  
Sad  
Hungry  
Tired  
Excited  
Shy



Think of more feelings and add them to the game!

## Give Us a Hand!

Help us in our quest to collect stories of kindness and caring this year! Read about it on page 5. Then check back on Bulletin Board each month for updates!





I definitely had more faith than a little mustard seed.  
This math test would be a breeze.

# THE BEST TEST I Ever Failed

By June Haskell

(Based on a true story)

“What doth it profit, my brethren, though a man say he hath faith, and have not works?” (James 2:14).

I looked up as my Primary teacher asked me to read a scripture.

I read, “If ye have faith as a grain of mustard seed . . . nothing shall be impossible unto you” (Matthew 17:20).

Our teacher held out her hand and showed us a tiny mustard seed. I started feeling excited. I definitely had that much faith. So *nothing* would be impossible? What a great way to live!

The next day I went to school with big plans. Things were going to be different from here on out. No more working hard for good grades. Not with faith on my side!

My math teacher walked to the blackboard. “Take out your notebooks. We have a lot to review for the test tomorrow.”

I wanted to laugh out loud. Why should I bother paying attention? I had faith! I relaxed at my desk and ignored the lesson. Who knew school could be this easy?

That night after dinner I helped Dad carry dishes to the sink. “Have any homework tonight?” he asked.

“Nope.” I almost told him more, but I decided to keep it a surprise for now. He’d be so proud of me once he learned how much faith I had.

“Wow, lucky you.”

I smiled. Oh yeah. I was feeling plenty lucky, all right.

The next morning Tia ran over as I got off the school bus.

“Hi!” she said. “Sorry I couldn’t come over last night.

It took me forever to study for the test.”

I raised an eyebrow. “Hmm. I didn’t study at all.”

“What?” Nathan said. He’d just joined us. “You didn’t?”

“Nope. I don’t have to study to get an A. I have faith! Just wait and see.”

My friends were impressed.

When I got my test score later that afternoon, though, all my bragging stopped. I got an *F!* I couldn’t believe it. An F, as in *fail*. What about all my faith? What had gone wrong? I knew my faith was bigger than that shrimpy seed. I hid my grade from my friends.

Later that night I sat at the kitchen table, still confused. Dad sat down next to me. “Something wrong?”

I took a deep breath and told Dad the whole story. When I finished, he nodded slowly and said something I’d never forget: “Faith without works is dead.”

Then Dad taught me how faith really works. I learned that it’s not enough just to believe in something. I have to act too. That means I still have to do my part.

I went to bed that night with my pathetic math test on the floor next to me. I looked down at the big, fat, red F on top of the page. Dad was right. Expecting to do well without doing any work is like trying to grow a mustard plant without even planting the seed in the ground.

After that day, whenever there was a test, I still had faith. But this time I had faith that Heavenly Father could help me work hard and study and do my very best.

With *this* kind of faith, nothing really is impossible! ♦

The author lives in Utah, USA.

I better go study for my science test . . .

I'll help you!





**Abigail C., age 7, Colorado, USA**

## The Holy Ghost

The Holy Ghost warns me of things to come,  
But in a still, small voice not heard by some.  
It helps me to realize things I did that were bad,  
Which makes me feel ashamed, but by repenting I am glad.  
It makes me feel nice when I've done something good.  
So does my family when I did something I should.  
It's the most precious gift I've ever got.  
I want to keep it safe and sound in my thoughts.

**Sage M., age 9, Arizona, USA**



**W**e were having a fire by the river and were cooking marshmallows. I lost my CTR ring. I prayed to Heavenly Father to help me find my CTR ring.

My little sister, Isabel, found it for me. I said thank you to her. Heavenly Father answered my prayer.

**Samuel M., age 5, Nelson, New Zealand**

**W**hen I was trying out for baseball,

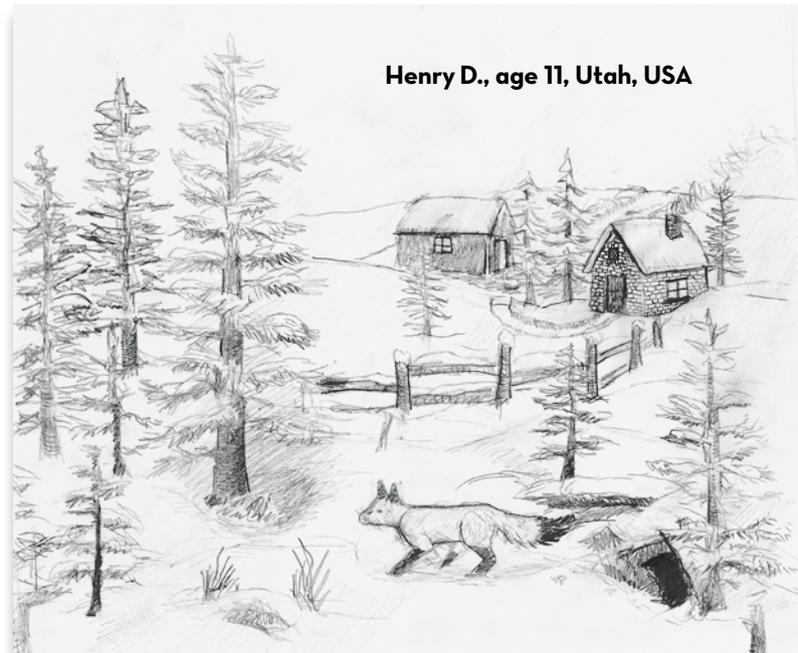
I was nervous that I might not make the team. Then I thought of the song "I Am a Child of God." I started to sing it in my head. I did a great job at the tryout, and eventually I made the team. I am glad that I could sing to calm my nerves and do a good job!

**Jacob O., age 8, California, USA**



**Abigail B., age 9, Texas, USA**, had her art shown at a museum in New York City. Her art was selected from hundreds of entries from across the United States.

**Henry D., age 11, Utah, USA**



Fifty Primary children from the **Littleton Colorado Stake, Colorado, USA**, helped sort donations after a flood in Colorado. The children wore Mormon Helping Hands vests and loaded clothes, toys, furniture, household items, and diapers into a large truck. One child said, "It felt good doing something for someone else." Another said, "It makes me happy and proud because this will make a difference in their lives."

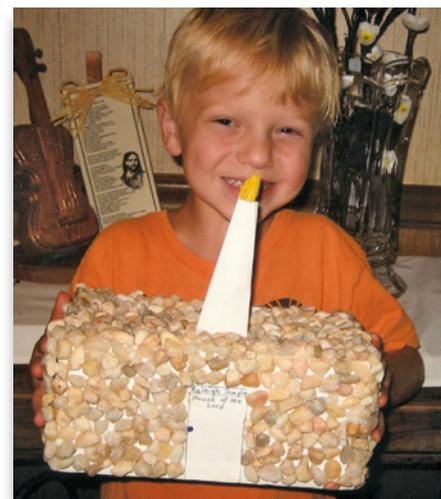


**William G., age 7, England**



**M**y name is Skyy Elizabeth, and I will be baptized when I turn eight. When I was four years old, I was sealed to my parents, and I still remember that happy, special day. I have a baby sister named Olivia, and I love to sing Primary songs to her all the time. I love my family very much! The *Friend* helps me choose the right and learn how to make smart choices, even when something is hard to do. It also helps me learn Primary songs even better. I love to look for my own magazine in the mail each month.

**Skyy S., age 7, California, USA**



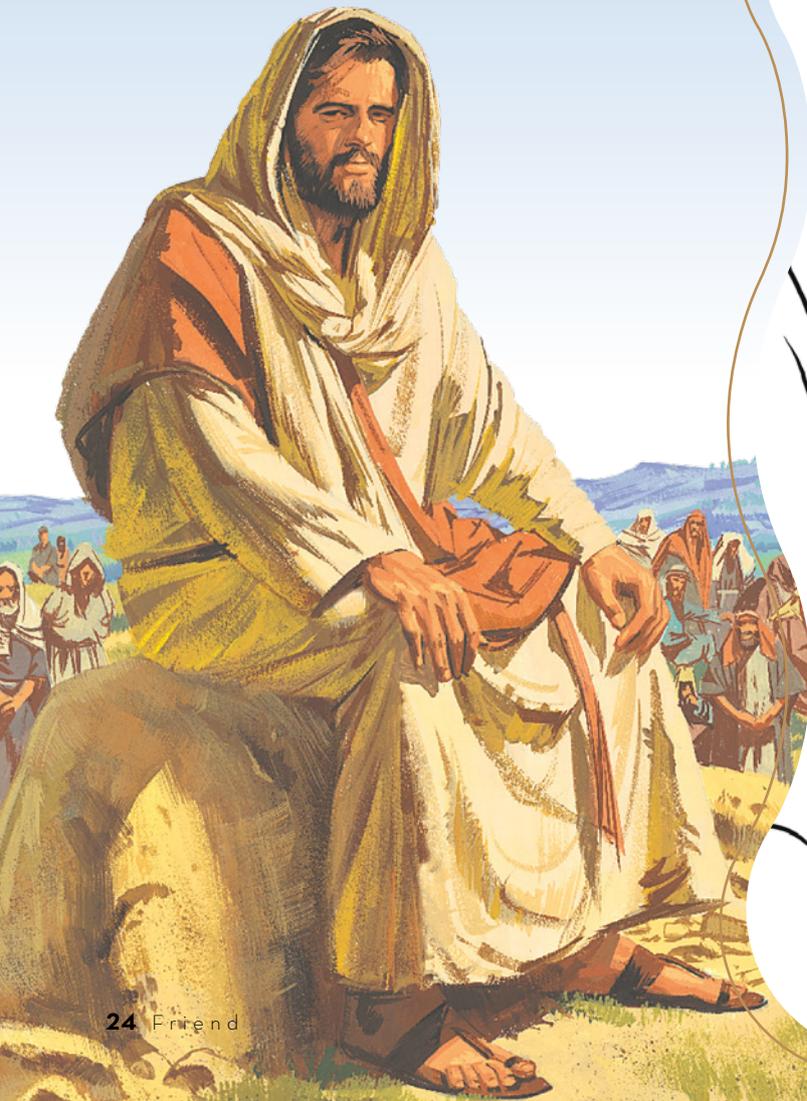
**Connor L., age 5, North Carolina, USA**, loved visiting the Raleigh North Carolina Temple so much that he wanted to make a model of it.

## NEW TESTAMENT

# Scripture Challenge

Jesus told a story about a shepherd who loved his sheep and searched for one that was lost. This year you can learn more about Jesus's teachings in the New Testament. Each time you do the weekly reading on page 26, color in the space for that number. If you read every week, you'll finish by the end of the year! ♦

Print more copies of this chart at [friend.lds.org](http://friend.lds.org).





# Weekly reading suggestions for the New Testament

WEEK	READING
1	<b>John the Baptist Prepared the Way for Jesus Christ</b> Matthew 3:1–6; Luke 1:5–25, 57–80
2	<b>The Birth of Jesus Christ</b> Matthew 1:18–25; Luke 1:26–38; 2:1–20
3	<b>The Childhood of Jesus Christ</b> Matthew 2; Luke 2:21–52
4	<b>The Baptism of Jesus Christ</b> Matthew 3:13–17; John 3:5
5	<b>Jesus Christ Was Tempted by Satan</b> Matthew 4:1–11; Mark 1:12–13; Luke 4:1–13
6	<b>Jesus Christ Cleanses the Temple</b> Matthew 21:12–14; Luke 19:45–48; John 2:13–16
7	<b>Jesus Christ Calls His Apostles</b> Matthew 4:18–22; 16:13–19; Mark 3:13–19; 16:15; Luke 5:1–11; 6:12–16
8	<b>The Sermon on the Mount</b> Matthew 5:1–6:4; 7:12; Luke 6:17–36
9	<b>Jesus Christ Teaches about Prayer</b> Matthew 6:5–13; 7:7–11; 26:36–46; Luke 9:28–29; 11:2–4, 9–13; James 1:5–6
10	<b>Jesus Christ Heals the Sick</b> Matthew 8:5–10, 13; 25:34–40; Mark 1:40–45; Luke 4:38–40; 7:11–17; John 4:46–54; 13:34–35
11	<b>Jesus Christ and the Sabbath Day</b> Matthew 12:1–13; Mark 2:23–28; 3:1–6; Luke 13:11–17; 14:1–6; John 5:2–16
12	<b>Jesus Christ Used His Priesthood Power to Bless Others</b> Matthew 14:23–33; Mark 4:35–41; 6:33–44; Luke 9:37–43; Acts 10:38
13	<b>Jesus Christ Performed Miracles</b> Mark 2:1–12; 5:21–43
14	<b>The Sower and the Wheat and the Tares</b> Matthew 13:1–9, 18–30, 37–43; Mark 4:14–20; Luke 8:11–15
15	<b>The Lost Sheep, the Lost Coin, and the Prodigal Son</b> Matthew 18:12–14; Luke 15
16	<b>The Good Samaritan and the House Built on the Rock</b> Matthew 7:24–27; 22:34–40; Luke 6:47–49; 10:25–37
17	<b>Jesus Christ Heals 10 Lepers and a Blind Man</b> Luke 17:12–19; John 9
18	<b>The Good Shepherd</b> Matthew 19:13–15; Mark 10:13–16; John 10:1–18
19	<b>The Unmerciful Servant</b> Matthew 6:12, 14–15; 18:21–35
20	<b>The Ten Virgins, the Talents, and the Widow's Mite</b> Matthew 25:1–13, 14–46; Mark 12:41–44; Luke 21:1–4
21	<b>Jesus Christ Raises Lazarus from the Dead</b> John 11:1–46
22	<b>Jesus Christ's Triumphal Entry and the Last Supper</b> Matthew 21:1–11; Mark 14:12–26; Luke 19:29–38; 22:15–20
23	<b>Jesus Christ in Gethsemane</b> Matthew 26:36–46; Luke 22:40–46; John 3:16; 15:12–13
24	<b>Jesus Christ Is Betrayed, Arrested, and Tried</b> Matthew 26:14–16, 47–27:31; Luke 22:47–23:25
25	<b>The Crucifixion and Burial of Jesus Christ</b> Matthew 27:32–66; Luke 23:26–56; John 10:17–18; 15:13; 19:13–42
26	<b>The Resurrection of Jesus Christ</b> Matthew 27:52–53; 28:1–20; Luke 24; John 20; Acts 1:3, 9–11; 1 Corinthians 15:5–6, 22
27	<b>Feed My Sheep</b> Mark 16:15; John 21:1–17
28	<b>The Day of Pentecost</b> John 14:25–27; Acts 2:1–24, 32–33, 36–47
29	<b>Peter the Apostle</b> Matthew 4:18–19; 14:22–33; 16:13–17; 17:1–9; Luke 22:31–34, 54–62; Acts 3:1–9, 19–21; 4:6–20; 5:12–42
30	<b>Barnabas, Ananias, and Sapphira; Stephen, the Martyr</b> Acts 4:32–5:10; 6; 7:54–60
31	<b>Peter and Cornelius</b> Acts 10:1–11:18
32	<b>The Conversion of Saul</b> Acts 7:57–60; 8:1–3; 9:1–30; 26:9–23
33	<b>Paul's First Mission</b> Acts 13:4–11, 14–43; 14:5–10
34	<b>Paul's Second Mission</b> Acts 15:36–41; 16:16–34
35	<b>Paul's Third Mission</b> Acts 18:23; 19:1–7, 11–12, 20
36	<b>Jesus Christ Will Come Again</b> Acts 1:9–11; Joseph Smith—Matthew 1:1–4, 21–55
37	<b>Paul's Letter to the Romans</b> Romans 1:16; 8:13–18, 31–39; 12:3–21
38	<b>Paul's First Letter to the Corinthians</b> 1 Corinthians 6:19–20; 12:4–27; 13; 15:20–22, 40–42
39	<b>Paul's Second Letter to the Corinthians</b> 2 Corinthians 4:5–18; 9:6–8; 12:6–10
40	<b>Paul's Letter to the Galatians</b> Galatians 2:16–21; 5:22–23; 6:7–10
41	<b>Paul's Letter to the Ephesians</b> Ephesians 1:3–12; 4:11–16; 6:10–18
42	<b>Paul's Letter to the Philippians</b> Philippians 1:2–11; 2:12–13; 4:4–13
43	<b>Paul's Letter to the Colossians</b> Colossians 1:9–20; 3:1–16
44	<b>Paul's Letters to the Thessalonians</b> 1 Thessalonians 2:1–12; 4:1–7; 2 Thessalonians 2:1–4; 3:10–13
45	<b>Paul's Letters to Timothy</b> 1 Timothy 1:12–17; 5:1–3; 2 Timothy 3:1–5, 14–17
46	<b>Paul's Letters to Titus and Philemon</b> Titus 1:1–4; 2; Philemon 1:3–9
47	<b>Paul's Letter to the Hebrews</b> Hebrews 1:1–6; 5:1–4; 11:1–11; 12:1–2
48	<b>Teachings of James</b> James 1:5–6; 2:17–18; 3:2–13; 5:12
49	<b>Teachings of Peter</b> 1 Peter 1:3–11; 3:18–20; 4:6; 2 Peter 1:2–8
50	<b>Teachings of John and Jude</b> 1 John 2:1–6; 3:10–18, 23; 4:7–10; 5:1–3; 2 John 1:4; 3 John 1:4; Jude 1:20–22
51	<b>The Revelation of John</b> Revelation 1:1–3; 2:7; 4; 12:7–9; 20:12
52	<b>Come unto Jesus Christ—He Is the Light and Life of the World</b> Matthew 11:28–30; John 4:3–14; 6:35–51; 8:12; 14:6, 15





# How can THE SCRIPTURES help me?

**By President  
Boyd K. Packer**

President of the  
Quorum of the  
Twelve Apostles

*The members of the  
Quorum of the Twelve  
Apostles are special  
witnesses of Jesus  
Christ.*



## THE SCRIPTURES . . .

- Teach us where to go and what to do.
- Give us hope and knowledge.
- Help us gain a testimony of Jesus Christ.
- Give us spiritual protection.

Make scripture reading part of your regular routine, and blessings will follow.

If you learn from the scriptures early in life, you will come to know the path you should walk.

*From "The Key to Spiritual Protection," Ensign, Nov. 2013, 26–28.*

A story from President Packer's life.

Ever since he was a boy, President Boyd K. Packer has loved the outdoors and nature. Birds have always been some of his favorite animals. Before he was called as an Apostle, he got to go on an African safari. He was excited to see the lions, elephants, and rhinos.

It was a very dry season, and there was not much water. There were only small muddy puddles. The antelopes would come up close to the mud holes, then turn and run away in fear. Since there were no lions around, Brother Packer asked the guide why the antelopes didn't drink. The guide said, "Crocodiles."

"Nonsense," Brother Packer said. "There are no crocodiles out there. Anyone can see that."

Brother Packer thought the guide was teasing. He did not believe a crocodile could hide in the tiny puddles. The guide drove to another muddy hole where they could watch safely. "There," he said. "See for yourself."

Brother Packer couldn't see anything except the mud, a tiny puddle, and the scared animals. Then all at once he saw it. Hiding in the mud was a great big crocodile, waiting for one of the animals to get thirsty enough to come for a drink.

Brother Packer learned that we should listen to our guides to avoid danger. Following

good guides like the scriptures can also help us avoid spiritual danger and temptation. He says, "If you will listen to the counsel of your parents and your teachers and your leaders when you are young, you can learn how to follow the best guide of all—the whisperings of the Holy Spirit." ♦

*Adapted from "Spiritual Crocodiles," New Era, Oct. 2001, 8–11.*

## 5 FACTS ABOUT PRESIDENT PACKER

Born on September 10, 1924

The K in his name stands for Kenneth

Loves to carve birds out of wood

Was a bomber pilot during WWII

Became an Apostle in April 1970



# Watch Out for CROCODILES!



# Doing Something Good with My Time



**Clayton W., age 10, Missouri, USA**

**I**t sometimes gets really cold and snowy where we live. Sometimes we even get to stay home from school and ride our sleds down a big hill next to our home. One day, when we were getting ready to put on our snowsuits, hats, and gloves, my mother said it was too cold and windy to go outside. I felt grumpy because we had to stay inside. I started complaining, and my mother said, “You need to go up to your room and find something good to do with your time.”

When I got to my room, I thought about what the Savior would want me to do. I decided to memorize the Articles of Faith. When I came downstairs after a few hours, I told my mother, brother, and sisters that I was sorry for being grumpy and that I had memorized each of the Articles of Faith. They were so surprised! I recited each one for them and felt very good that I had put my time to good use.

I think the Savior was happy that I decided to learn more about Him with the extra time I had that morning. I am grateful that He has given me a family and the scriptures to help us learn more about our Heavenly Father and His Son, Jesus Christ. ◆



# Articles of Faith 1 and 2



**1** “We believe in God, the **Eternal** Father, and in His Son, Jesus Christ, and in the Holy Ghost.”

.....  
Heavenly Father, Jesus Christ, and the Holy Ghost are three separate beings. Heavenly Father is **eternal**, which means that He exists forever and is perfect.

**2** “We believe that men will be punished for their own sins, and not for Adam’s **transgression.**”

.....  
To **transgress** means to break a law or commandment. In the Garden of Eden, God told Adam and Eve not to eat the fruit of the tree of knowledge of good and evil, but they ate it anyway. We are each responsible for our own decisions. We can’t be punished for someone else’s sins.



## Articles of Faith in Action



One day my little brother’s friend was at our house. He asked who the picture of Jesus was in my room. He asked if it was Heavenly Father. My brother and I told him it was Jesus. This friend said that Heavenly Father and Jesus were the same person. We told him that Heavenly Father, Jesus, and the Holy Ghost were three different people. I was glad we shared a little bit of the gospel with him.

**Taelor and Owen T., ages 10 and 7,**

## Memorization Tips

.....  
The Father, the Son, and the Holy Ghost are **one** in purpose, and Article of Faith **1** is about Them.

Adam and Eve were the first **two** people to live on the earth, and Article of Faith **2** is about Adam.

## This Month’s CHALLENGES



Memorize Article of Faith 1.



Memorize Article of Faith 2.



Use the Index or Topical Guide in your scriptures to make a list of the names we use for Heavenly Father, Jesus Christ, and the Holy Ghost.



If you are tempted to make a wrong choice, pray for strength to do what is right.

# PRAYER on the

By Mitzzy Jiménez Ramírez

(Based on a true story)

Sofía was almost eight years old. She was getting ready to be baptized. She was learning lots of important things. One thing she had learned about was prayer. She knew she could pray to Heavenly Father anytime. She knew she could pray anywhere.

One day Sofía and Mama decided to visit Papa at work. It would be a long trip. Papa worked in another town. They would have to ride on a bus, then in a truck, and then in a taxi.

During the bus ride, Sofía fell asleep. She woke up when she heard a baby crying. A mom and dad with a baby had gotten on the bus. The baby was sick and crying loudly. The baby's parents looked worried.

Sofía felt sorry for the baby. She felt sorry for the parents too. Then she had an idea. She whispered in Mama's ear. "Could I say a prayer and ask Heavenly

*Sofía felt sorry for the baby. How could she help?*



ILLUSTRATION BY KATIE MCDEE

# BUS

Father to bless the baby?”

“Of course,” Mama said with a smile.

Sofía bowed her head and said a silent prayer. She prayed hard. She asked Heavenly Father to bless the baby. She asked Him to help the baby feel better and stop crying.

Sofía knew that we do not always get what we pray for. She also knew that our prayers are not always answered right away. But in a short time,

the baby calmed down. Then the baby stopped crying. She seemed to feel better. Her parents did not look so worried.

Sofía felt warm and happy inside. She was happy for the baby—and for the baby’s parents. She knew Heavenly Father had heard her prayer. ◆

The author lives in Mexico.



# Sofía's Long Ride

Help Sofía find the way from her house to Papa's office. How many different ways do Sofía and Mama travel?





**Following Jesus**

*"I'm trying to be like Jesus; I'm following in His ways"  
(Children's Songbook, 78).*

# Mommy's Flower Garden

By Jane McBride Choate  
(Based on a true story)

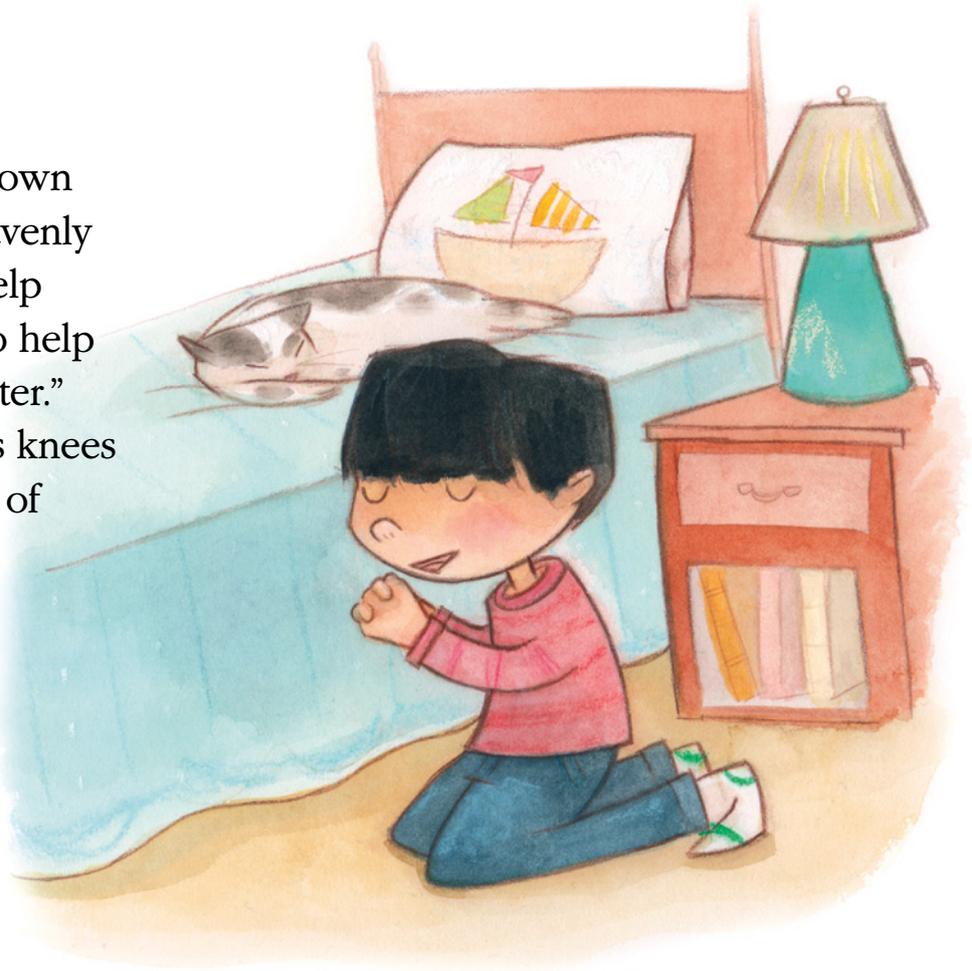
Joshua's mommy was sick. She couldn't get up to work in her garden or do anything fun.

"I want to help Mommy," Joshua said.

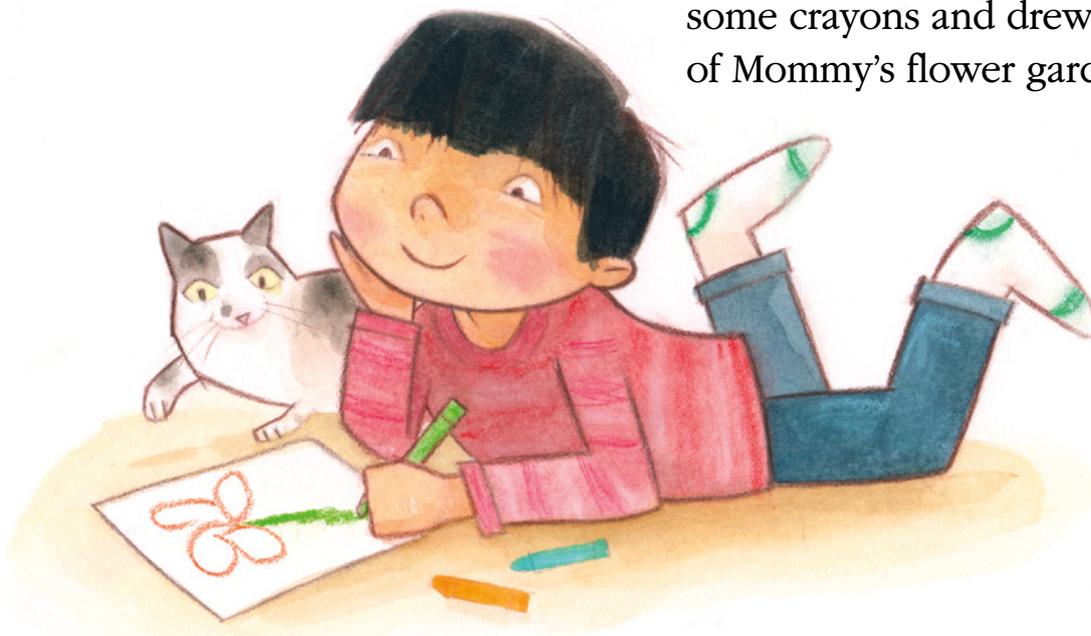
"Why don't you pray about how you can help her?" Daddy asked.



Joshua knelt down by his bed. “Heavenly Father, please help me find a way to help Mommy feel better.” He stayed on his knees until he thought of what to do.



He got a piece of paper and some crayons and drew a picture of Mommy's flower garden.



Joshua made sure Mommy wasn't sleeping before he went in her room. "I made this picture for you," he said. "Now you can look at your flowers without getting up."



"It's beautiful," Mommy said. "Thank you."  
Joshua kissed Mommy's cheek. He was glad he had done something to help her feel better. ◆

The author lives in Colorado, USA.

# Flower Garden Fun

Each of these children has a favorite flower. Trace the stems from the children to the flowers to find out which flower is each child's favorite.





# A Journey to Learn about Jesus Christ



This year in Primary you will be taking a wonderful journey following the footsteps of Jesus and learning about His life from the pages of the New Testament. Your parents will be studying the same scriptures in their classes too.

Here are some activities to help you and your family learn more about the New Testament together. ♦



## FAMILY TALK

Why is it important and exciting to study the New Testament? How will learning more about the Savior help us be stronger? Be sure to give each person a chance to share. Afterward you could sing “The Books of the New Testament”

(*Children’s Songbook*, 116). You could also make cards and write the names of the books and place them in order.

**Song:** “Tell Me the Stories of Jesus” (*Children’s Songbook*, 57)

**Scripture:** Matthew 11:29



## SCRIPTURE TIP

Marking your scriptures can help you find your favorite verses later!

You can use a pencil, a pen, or a colored pencil.

Underline verses where Jesus is speaking—or just circle the verse numbers.

Your parents can order a copy of the New Testament for you in English or Spanish for \$2.50 at [store.lds.org](http://store.lds.org).

**WHERE JESUS WALKED**

Mary and Joseph came here to be counted by the government.

**WHERE JESUS WALKED**

King Herod was jealous of Jesus, so Joseph and Mary took Jesus here for safety.

**WHERE JESUS WALKED**

Matthew 2:23

**WHERE JESUS WALKED**

After Jesus was born, shepherds came here to worship Him.

**WHERE JESUS WALKED**

Matthew 2:14

**WHERE JESUS WALKED**

Joseph and Mary took Jesus here as a baby, and again when He was 12. He stayed behind and taught men in the temple.

**WHERE JESUS WALKED**

Matthew 2:1

**WHERE JESUS WALKED**

Mary lived here when the angel Gabriel appeared to tell her that Jesus would be born.

**WHERE JESUS WALKED**

The temple built by Herod was in this big city that was surrounded by a wall.

**WHERE JESUS WALKED**

This country is near modern-day Israel.

**WHERE JESUS WALKED**

When Jesus was a young boy, He lived here with Mary and Joseph.

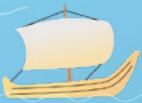
**WHERE JESUS WALKED**

Luke 2:42-49



**LEARN MORE**

Take turns choosing one of the "Where Jesus Walked" cards. Read the statement or find and read the scripture. Then match the card with a location on the map.



Nazareth

Jerusalem

Bethlehem

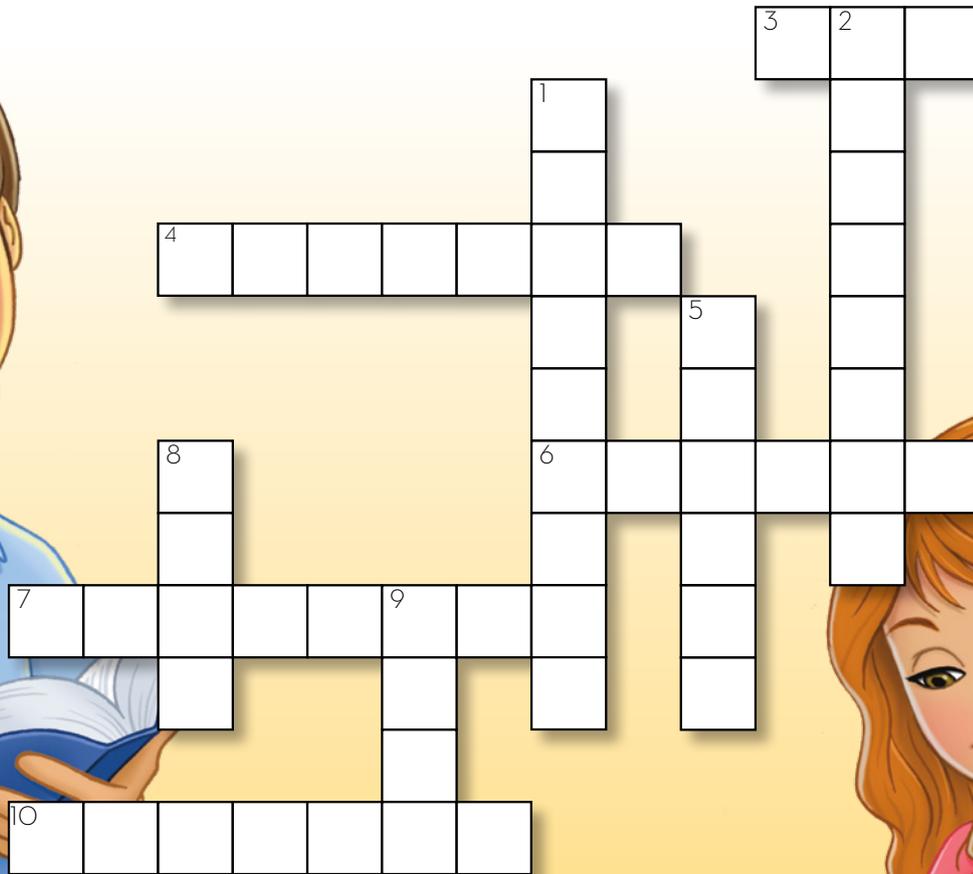
Egypt



# New Testament Fun

We can read the New Testament to learn about Jesus. Jesus served everyone when He was on earth. He healed sick people. He also told stories called parables to help people learn about the gospel.

Solve the clues to fill in the puzzle with words about the New Testament. Check your answers on page 48.



## ACROSS

- 3. I can read the scriptures every \_\_\_\_\_.
- 4. Another word for *letter*, as in “The \_\_\_\_\_ of James.”
- 6. Jesus \_\_\_\_\_ sick people.
- 7. Jesus told these stories to teach people about the gospel
- 10. The first book in the New Testament.

## DOWN

- 1. Tells me the scriptures are true
- 2. Twelve men who followed Jesus
- 5. I can find help when I \_\_\_\_\_ the scriptures.
- 8. The second book in the New Testament
- 9. A New Testament book that tells about Jesus’s birth

# Scripture TREASURES

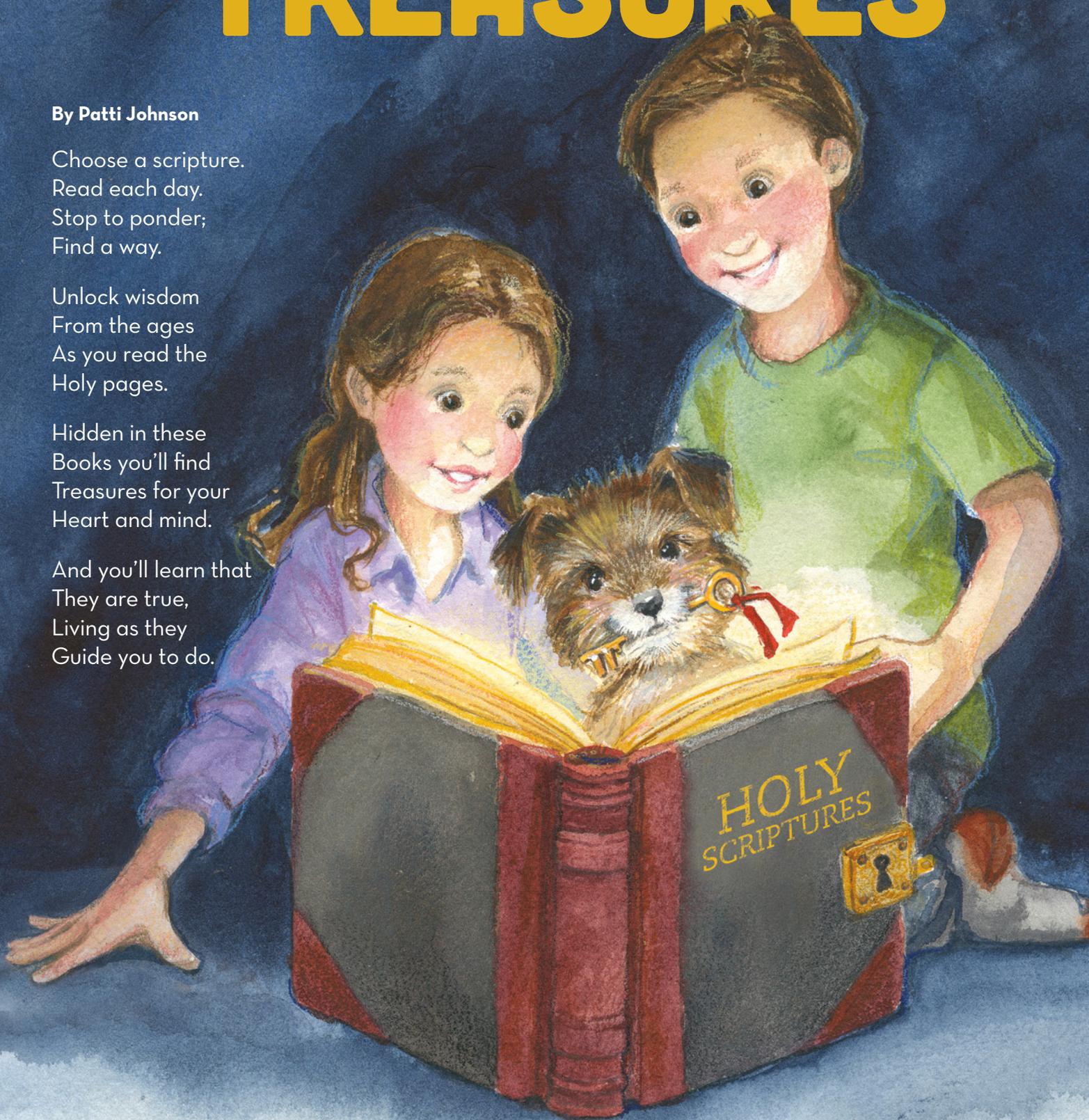
By Patti Johnson

Choose a scripture.  
Read each day.  
Stop to ponder;  
Find a way.

Unlock wisdom  
From the ages  
As you read the  
Holy pages.

Hidden in these  
Books you'll find  
Treasures for your  
Heart and mind.

And you'll learn that  
They are true,  
Living as they  
Guide you to do.



# The Piano Recital

By Liesl R. Shurtliff

(Based on a true story)

*“Pray unto the Father in the name of Christ, that he will consecrate thy performance unto thee” (2 Nephi 32:9).*

Nathan slid around in his hard wooden chair, trying to get comfortable. He yanked at his tie and scratched his neck. His clothes were so itchy. It was boiling in this room! This was no time for a piano recital.

“Welcome,” Mrs. Kendall said to the audience. Nathan’s piano teacher was nice. He didn’t mind playing for her, but for all these people? Nathan sat stiff in his seat. He cleared his mind and tried to imagine the room empty.

“We’re so pleased to have such a large audience . . .” Mrs. Kendall’s voice drained out of Nathan’s head. When did he have to play? He looked down at the program. He had to go second! Now he *really* didn’t want to play his piece anymore.

“Hey,” Mom leaned down and whispered in Nathan’s ear. “Are you nervous?”

“Not really,” Nathan said. Somehow he thought saying he was afraid would make it worse.

“Good. You’ve practiced really hard. You’ll do great.”

Nathan slumped down in his seat. What good would all his practice do if he froze up now?

“And remember,” Mom said, leaning down again, “it always helps to say a little prayer and ask Heavenly Father for help.”

Mrs. Kendall announced the first performer, and the audience clapped as Cassie sat down at the piano. How

could she look so calm? Her fingers glided through her song.

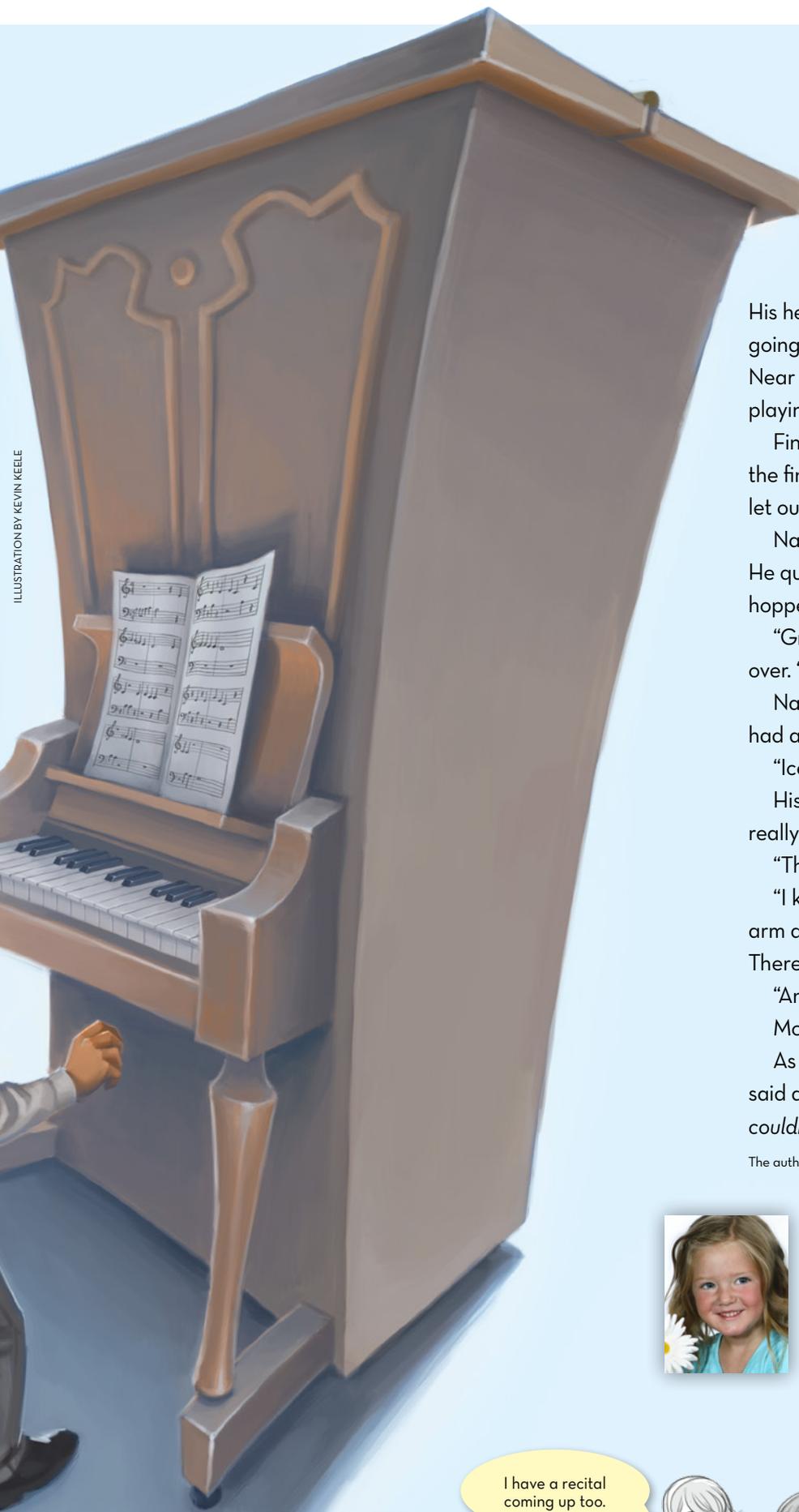
Nathan’s heart was pounding, and his hands felt cold and stiff. How could he play the piano if his fingers were numb?

Cassie lifted her hands off the piano keys. The audience clapped, and Cassie bowed.

“And now we’ll hear from Nathan Gibbs, playing . . .” Nathan’s heart skipped a few beats. He rubbed his hands together, trying to warm them up. He walked like a zombie to the piano. It looked so much bigger than before. Was it bigger? What was it his mom had told him to do? Oh, right. Nathan sat down on the bench and closed his eyes for a moment. *Heavenly Father, I’ve practiced really hard. Please help me perform the way I practiced. In the name of Jesus Christ, amen.*

He took a deep breath, positioned his fingers for the first notes, and pressed down. Nathan couldn’t even think what came next, but his fingers remembered. His hands glided through scales and chords as if they had a mind of their own. *Oops!* One wrong note in that scale.





His heart did a little jump, but his fingers kept going, just as he had practiced so many times. Near the end, he felt almost as calm as if he were playing in an empty room.

Finally he reached the last chord and held out the final notes. He slid his hands off the piano and let out a long breath as people began clapping.

Nathan beamed as he slid off the piano bench. He quickly lowered his head for a bow and hopped down the stairs.

“Great job,” Dad said after the recital was over. “I knew you’d be awesome.”

Nathan felt his cheeks go a little red, but he had a warm feeling inside.

“Ice cream for everyone!” Dad said.

His sister gave Nathan a high five. “You were really good.”

“Thanks.”

“I knew you’d be fine,” Mom said. She put her arm around Nathan. “And you played beautifully. There’s nothing a little practice can’t do.”

“And a little prayer,” Nathan said.

Mom squeezed him tight.

As they walked out of the recital room, Nathan said another prayer. *Thank you, Heavenly Father. I couldn’t have done it without Thee.* ◆

The author lives in Illinois, USA.



On the first day of school, I was really nervous. My father and I said a prayer together. I went to school with a warm feeling in my heart. I knew that was the Holy Ghost helping me. I had courage throughout the year. If I had not prayed, I would have felt really scared. I know Jesus lives and we are never alone because He is always there for us.

I have a recital coming up too.

Make sure you say a prayer first!





FRIEND TO FRIEND

# Abby's Top-10 List

**By Rosemary M. Wixom**  
Primary General President

*"This is the plan of salvation unto all"*  
(Moses 6:62).

Once while I was visiting a class of young women, the teacher asked the class to write their top-10 goals in life. Then she asked them to share what they had written. Abby, who had recently turned 12, was sitting next to me. This was Abby's list:

Abby had a vision of the plan Heavenly Father has for all of us. When your path is focused on that most important goal of returning to Heavenly Father, you will get there! ♦

*From "Taking Time to Talk and Listen," Ensign, Apr. 2012, 13*

- 
1. Go to college.
  2. Become an interior designer.
  3. Go on a mission to India.
  4. Get married in the temple to a returned missionary.
  5. Have five kids and a home.
  6. Send my kids on missions and to college.
  7. Become a "cookie-giving" grandma.
  8. Spoil the grandchildren.
  9. Learn more about the gospel and enjoy life.
  10. Return to live with Heavenly Father.



# Your Top-10 List

- 1.
- 2.
- 3.
- 4.
- 5.
- 6.
- 7.
- 8.
- 9.
- 10.

What important things do you want to do in your life? Put your list in your journal or another place where you can look at it often. As you get older, you may want to update your list.

P.S.

We hope you enjoyed this month's magazine. Please write to tell us what you liked!

## Through Your Eyes



Heavenly Father blesses me by making clouds. They are pretty to look at, make shade for me when it's sunny, and sometimes even make it rain!

Laura L., age 4, Utah, USA

## The Last Laugh



## How to Write to the Friend

To send us a letter, drawing, poem, or photograph . . .

1. Fill out the form below and include it with your submission.
2. Include a school photo or high-quality snapshot.
3. We might edit your submission for length or clarity, and we can't return it to you.
4. You must be at least three years old to send us a submission.



Please send your submission to:

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50 E. North Temple St., Rm. 2432  
Salt Lake City, UT 84150-0024  
Or email: [friend@ldschurch.org](mailto:friend@ldschurch.org)

The following information and permission must be included:

First and last name

Age State/Province, Country

I give my permission to The Church of Jesus Christ of Latter-day Saints to use my child's submission and photo on the Church websites and social media platforms as well as for Church reports, print products, video, publications, and training materials.

Signature of parent or legal guardian

Email of parent or legal guardian

VISIT  
[friend.lds.org!](http://friend.lds.org)

- Play games and watch videos.
- Read the *Friend* online.

### Funstuff Answers

Page 18: room 6; three ties and three necklaces

Page 42: **Across:** 3, day; 4, epistle; 6, healed; 7, parables; 10, Matthew; **Down:** 1, Holy Ghost; 2, Apostles; 5, search; 8, Mark; 9, Luke

### Hidden CTR Ring

Did you find the rings? Look on pages 29 and 36. Check here next month to find out where the third ring was!

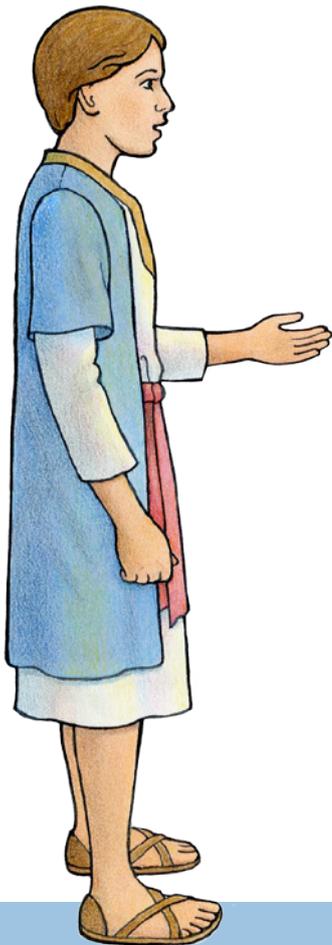


# JESUS TEACHING IN THE TEMPLE

Luke 2:42-47

Glue this page to heavy paper or cardboard. Then cut out the figures and attach them to craft sticks or paper bags. Store in an envelope with the scripture reference on the front.

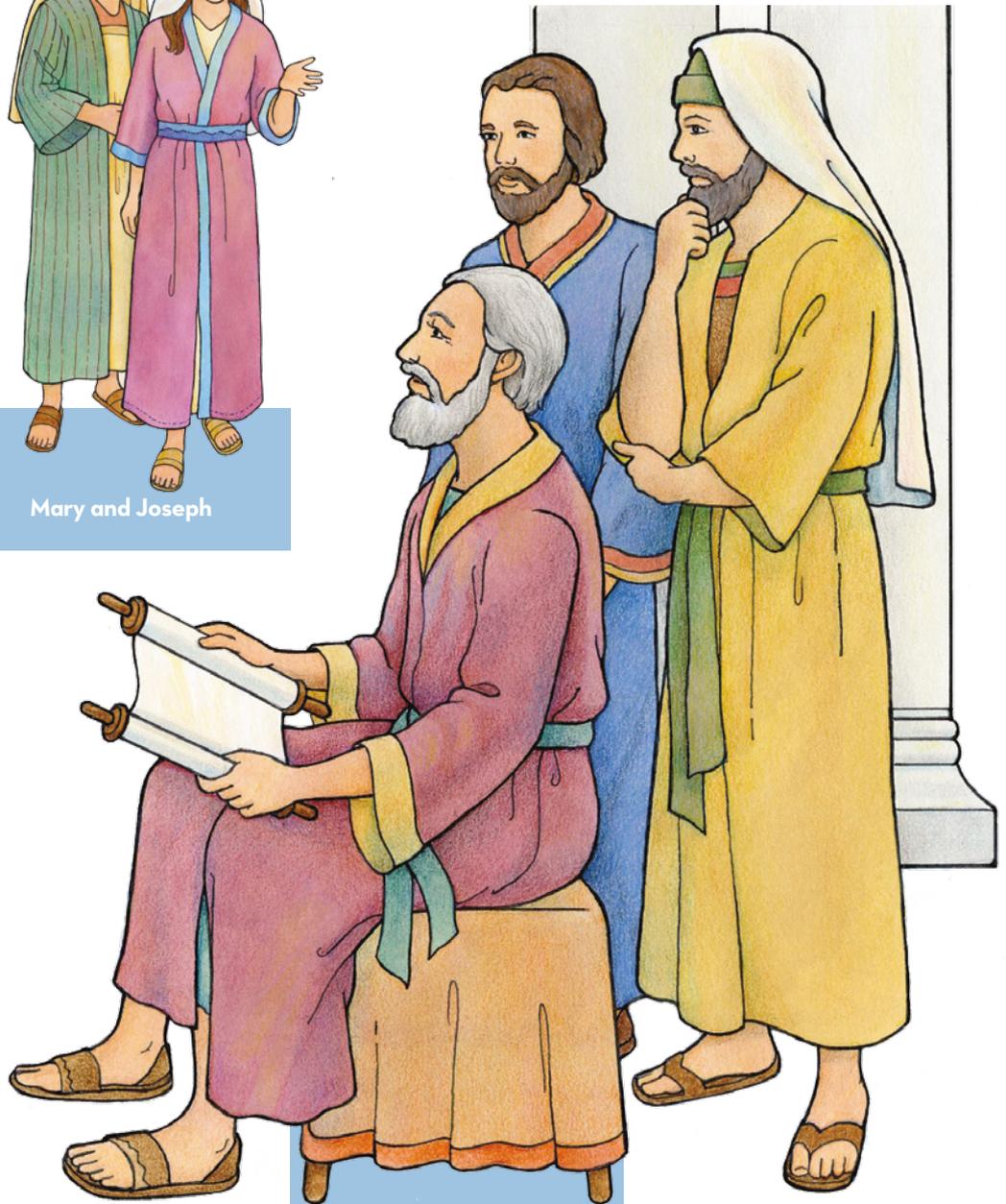
Print more copies at [friend.lds.org](http://friend.lds.org).



Jesus, age 12



Mary and Joseph



Teachers

# Dear Parents and Teachers,

This year the *Friend* will highlight how children follow Jesus by lending a helping hand. We'd love to hear service stories from your family!

Read "You Are the Savior's Hands" on page 2. On page 4 we invite children to make a handprint to send to us. We'll share some of these "helping hands" on Bulletin Board and Show and Tell each month. Check page 11 to learn what else is new in the magazine this year!

Happy Helping,  
The *Friend*

Order the  
*Friend* at  
[store.lds.org!](http://store.lds.org)



## Family Home Evening Ideas

**FAMILY FUN TIME:** Read "The Secret Weapon" (page 8). Why does Heavenly Father want us to treat each other nicely? Use "Family Fun Time" (page 10) to practice being kind. Then make the yummy recipe together!

**NEW TESTAMENT:** This year children are learning about the New Testament in Primary. Read "Scripture Time" (page 40) to learn about the life of Christ. Use the chart on page 24 as your family explores the scriptures together.

**GOALS:** As a family, read "Abby's Top-10 List" on page 46. Talk about righteous goals we can set. Have each child write down his or her own top-10 list.

**FAMILY HISTORY MYSTERY:** Use this month's "Family History Mystery" (page 14). Help each child put together a "sleuth file" to keep track of notes and clues this year. Then talk about heirlooms your family has. Print tags for your sleuth files at [friend.lds.org](http://friend.lds.org).

## PRIMARY CONNECTION

Look for the colored diamonds on the table of contents to find stories and activities that support Primary this month!

Find more teaching resources at [lessonhelps.lds.org](http://lessonhelps.lds.org).

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