

# 

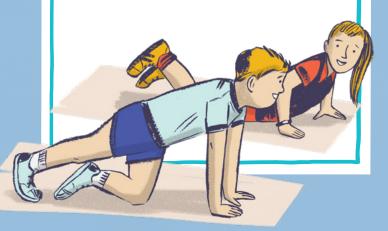
These ideas go along with Come, Follow Me—for Individuals and Families each week.

## Super Strength FOR DOCTRINE AND COVENANTS 10-11

Songbook, 162).

**Jesus taught** that praying always can help us "come off conqueror" (Doctrine and Covenants 10:5). That means praying can help us be spiritually strong!

**Challenge your family** to a push-up contest! How many can you do? What's something you can do to be *spiritually* strong?



#### Baptism Stories

about what you think it will be like!

FOR DOCTRINE AND COVENANTS 12-13; JOSEPH SMITH— HISTORY 1:66-75

Sing "The Priesthood Is Restored" (Children's Songbook, 89).

**John the Baptist** appeared and gave Joseph Smith and Oliver Cowdery the priesthood. Then they were baptized in the river (see Joseph Smith—History 1:68–71).

Pick a story about baptism to read. (You can find some on pages 4, 8, 16, and 40!) Then share baptism memories from your family. If you haven't been baptized yet, talk

### Mission Accomplished

**FOR DOCTRINE AND COVENANTS 14-17** 

Sing "I Want to Be a Missionary Now" (Children's Songbook, 168).

**Jesus taught** that sharing the gospel is one of the most important things we can do (see Doctrine and Covenants 15:6).

**Read the story** on page 32 to learn how a family in Bosnia shared the gospel with their friend Vicky. Then set a goal to share the gospel with someone. You could share a copy of the *Friend* or invite them to home evening next week!





## LOVE Mailboxes FOR DOCTRINE AND COVENANTS 18-19

Sing "I Stand All Amazed" (Hymns, no. 193).

Jesus taught that "the worth of souls is great in the sight of God" (Doctrine and Covenants 18:10). That means that each person—including you!—is important to Jesus and Heavenly Father. How do you feel Heavenly Father's love for you?

**Make a pretend mailbox** for each person in your family. Then leave kind notes for each other to help everyone feel loved!