

# MY FAMILY NIGHT

These ideas go along with *Come, Follow Me*—for Individuals and Families each week.

FUN



## Jesus Loves You!

For 2 Nephi 6–10

## Boats Afloat!

For 1 Nephi 16–22



**Sing** “Nephi’s Courage” (*Children’s Songbook*, 120–21).

**Act out** the story of Nephi building a boat. You can use the script on page 25. How can you do hard things like Nephi did?

**Want to build** a boat like Nephi? Try the ideas on pages 24–25.

**You could also** make a boat you can eat! (See “Treat Time.”)



## Pretend Plates

For 2 Nephi 1–5



**Sing** “Praise to the Man” (*Hymns*, no. 27, verse one).

**Prophets long ago** knew that a man named Joseph would translate the scriptures (see 2 Nephi 3:7, 15). They wrote about him on the gold plates. Can you imagine how Joseph Smith felt when he translated those words?

**Make your own** metal plates! Wrap heavy aluminum foil around a piece of cardboard and tape it in place. Use a matchstick and press gently to write on your “plates.”

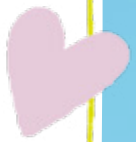


**Sing** “I Feel My Savior’s Love” (*Children’s Songbook*, 74–75).

## The prophet Jacob

taught his people about how Jesus would help them. Because of Jesus we can “cheer up [our] hearts” (2 Nephi 10:23).

**Play** the matching game on page 8 to learn about how Jesus blesses our lives. How does Jesus help your family?



# TREAT TIME

## Banana Boats



Cut **unpeeled bananas** lengthwise about 1 inch (2.5 cm) deep, leaving 1/2 inch (1 cm) uncut at each of the ends.



Stuff the slit bananas with **mini marshmallows** and **chocolate chips**. Then

wrap in foil and place them on a baking sheet. Bake at 350°F (180°C) for about 10 minutes.

## Grape Bites



Stick **toothpicks** into individual **grapes** and dip them in **yogurt**. If you want, dip them in a topping, like shredded coconut or nuts.



Place grapes on a plate and freeze for about 2 hours.

## Cowboy Salsa



Mix **1 can corn** (drained), **1 can pinto beans** (drained), **2 chopped tomatoes**, **1 chopped avocado**, and **1/4 cup Italian dressing**. Serve with chips for dipping.

## Picture the Temple

For 2 Nephi 11–25



**Sing** “I Love to See the Temple” (*Children’s Songbook*, 95).

**Prophets said** long ago that one day there would be a temple many people would visit (see 2 Nephi 12:2–3). Now there are temples all around the world!

**Read** “A Temple for Ítalo” on page 10. Why are temples so important?

**Draw your own** picture of the temple, like Ítalo did! You can look at temples around the world at [temples.ChurchofJesusChrist.org](http://temples.ChurchofJesusChrist.org). Click on “Photo Gallery.”



## Learning Little by Little

For 2 Nephi 26–30



**Sing** “Do As I’m Doing” (*Children’s Songbook*, 276).

**God helps us** learn about Him little by little (see 2 Nephi 28:30). He doesn’t expect us to know everything at once.

**Sit in a circle** to play this game. The first person says, “I’m going to church, and I’m going to bring \_\_\_\_.” The next person repeats what the first person said and adds their own item at the end. Continue going around the circle, repeating all the items and adding more one by one. Can you remember them all?