Let go of angry feelings in a healthy way, like exercising or writing in my journal or even when I don’t agree.

Use a kind voice and kind words.

I can be a peacemaker when I... say sorry when I make a mistake.

Suggest ways to solve a problem.

Pray to Heavenly Father for help in getting along.

Try to understand how others are feeling.

Remember: Being a peacemaker doesn’t mean you let other people hurt you. If someone is being really mean to you, tell a parent, friend, or trusted adult right away. You are an important child of God, and you deserve to be treated with respect.