Charity suffereth long, and is kind (Moroni 7:45).

quiet

By Lori Ries (Based on a true story)

Our apartment building was a great place to live.

Macy, To

Stop it!

It overlooked the playground, my best friends lived next door, and there were always fun things to do. But one thing wasn't so great—Mrs. McDuffie.

"Stop running up the stairs," she'd shout. "You're making my pictures rattle!"

"Use quieter voices," she'd say. "Don't you know my walls are thin?" "Yes, Mrs. McDuffie. Sorry, Mrs. McDuffie," we'd always say. There was only one word to describe Mrs. McDuffie. G-R-U-M-P. That's right—grump.

"Why is Mrs. McDuffie so grumpy?" I asked my mom.

"Sometimes people don't feel well. Sometimes they feel sad and alone."

"Sometimes they're just grumpy," I said.

"Yes," Mom said. "Sometimes people are just grumpy, but a little bit of kindness can go a long way."

Mrs. McDuffie continued to scold us daily. One day we were extra loud in the stairwell.

"HELLO!" Tommy shouted. "Hello, hello, ello, lo . . ."Tommy pretended he was on a mountain testing an echo."Shh!" I said. "Mrs. McDuffie will get mad if we're too loud.""Maybe she's not home," Macy said. "I'm going to knock on

her door and run!" She did, but nobody answered. "Maybe she's sleeping," Tommy said. "Maybe she went to visit someone," Macy said.

Soon Macy and Tommy had to go home. I walked down the hall only to find Mrs. McDuffie just leaving my apartment!

"Hello, Lori," she said. She flashed a crinkled smile as she brushed past. She smiled at me! That had to be a "you're in trouble, kid" kind of smile. Mrs. McDuffie *never* smiled, and she was talking to *my* mom. What did she say?

I walked into the kitchen. "Mom?"

"We need to talk," she said. "Could you go down and visit with Mrs. McDuffie for a while? Her husband

was very sick for a long time, and he recently died." Mrs. McDuffie had a husband? I didn't even know.

I quietly walked down the stairs and knocked on her door. When she answered the door, Mrs. McDuffie had tears in her eyes. "My mom told me about your husband. I'm sorry." I didn't know what else to say.

As I went inside, for the first time I saw the crooked pictures on the wall that rattled as people went up and down the stairs.

"I've been too hard on you kids," she said. "I'm sorry. I haven't been feeling very well with my husband so sick. Thank you for coming."

> We sat on her floral couch, and Mrs. McDuffie told me stories about when she was young.

She not only smiled; she laughed. I laughed too.

Mom was right: a little bit of kindness did go a long way. Mrs. McDuffie smiled more after that. Although we tried to be quiet, sometimes we got too loud. That's when Mrs. McDuffie opened the door and shared a knock-knock joke or a plate of cookies.

There is only one word to describe Mrs. McDuffie. F-R-I-E-N-D.

That's right—friend.

I try to be like Jesus by visiting my neighbor. She is old and has to take medicine. She is always happy to see me. She says my hugs are the best medicine she gets. We like to watch her flowers bloom in her yard and count

Smiling

the fish in her pond. Hyrum H., age 6, Utah, USA

Hello lori