

Following Family

Rules



Just as Heavenly Father gives us commandments to help us choose the right, your family may have some other rules to keep you safe and happy.



Your family may want to set rules about:

- Daily routines
- Manners
- Living gospel standards
- Safety
- Media (TV, movies, music, etc.)



“DO” RULES

“Do” rules help you and your family members choose the right. Some **do** rules might include:

- **Do** go to church.
- **Do** hold family home evening.
- **Do** pray and read your scriptures daily.

“DO NOT” RULES

“Do not” rules help you and your family members avoid bad or dangerous situations. Some **do not** rules might include:

- **Do not** take harmful things into your body.
- **Do not** watch or listen to inappropriate media.
- **Do not** say unkind words.



Family Rules Challenge

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Ask your parents if you can discuss which rules are best for your family.
Then ask what you can do to help each other follow your family rules.