

the Friend

FEBRUARY • 2003





Sharing Our Beliefs

I have found that a good way to share our beliefs with my teachers and classmates at school is to do reports on gospel topics whenever I can. This school year, I was assigned to prepare an essay and a project on a leader I admired, so I chose the prophet Brigham Young.



My project included making a diorama of a pioneer wagon train (see the photo). I was able to make the wagons and oxen quite easily by using the pattern on pages 24–25 of the July 2001 issue of the *Friend*.

Last year, when my class did a unit on architecture, I chose to report on the Salt Lake Temple. I even made a model of it using sugar cubes. If you would like to find a way to talk to people about the gospel, why not try using school assignments?

Niles Wimber, age 9
McDonough, Georgia

Following the Spirit



On the day of tithing settlement, I was getting ready to go with my family to talk with the bishop. I couldn't find my money. After looking in all the normal places for a while, I was getting worried that I couldn't be a full tithing payer. I

prayed and felt prompted to look under the couch in our living room. The couch seemed like an unusual place to look, but I followed the Spirit and went to look there. My change purse with the money in it was right where I was prompted to look! I was happy that I followed the prompting and that I could go to tithing settlement and be a full tithing payer. I am so glad that I received the gift of the Holy Ghost when I was baptized, because He will help me and guide me throughout my life.

Ashley Field, age 9
Wildwood, Missouri

Praying

I always pray at night before I go to bed, and in the morning. When I do this, I feel close to Heavenly Father and Jesus Christ. This feeling lets me know that They love me.

Aubree Vargha, age 5
Prescott, Arizona



The *Friend* welcomes your letters sharing a spiritual experience, your testimony, or your feelings about the *Friend* magazine. Send them to Childviews, *Friend*, 24th Floor, 50 East North Temple, Salt Lake City, Utah 84150-3226. Please include a picture of yourself and your name, age, and address. Submissions may be edited for length and clarity.

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Cover by Brad Teare

the friend

A children's magazine published by
The Church of Jesus Christ of Latter-day Saints

HIDDEN CTR RING

The Lord called the Prophet Joseph Smith to restore the gospel in these latter days. The priesthood is again upon the earth. Find the picture of a CTR ring hidden in this issue of the *Friend*, and think of the blessings you receive because priesthood power has been restored.



Come Listen to
a Prophet's Voice

WE BEAR WITNESS of HIM



**President
Gordon B. Hinckley
explains how we
can testify of the
Restoration with-
out belittling the
faith of others.**

BY PRESIDENT GORDON B. HINCKLEY

We worship the Lord, declare His divinity and His living reality. We reaffirm our love for Him and our knowledge of His love for us.

There are some who do not regard us as Christians. That is not important. How we regard ourselves is what is important. We acknowledge that there are differences between us. Were this not so, there would have been no need for a restoration of the gospel.

I hope we do not argue over this. We simply, quietly, and without apology testify that God has revealed Himself and His Beloved Son in opening this full and final dispensation of His work.

We must not become disagreeable as we talk of doctrinal differences. But we can never surrender that knowledge which has come to us through revelation. Let us never forget that this is a restoration of [the Savior's Church].

We can respect other religions, and we must do so. We must recognize the great good they accomplish. We must be tolerant and friendly toward those not of our faith.

I am in receipt of a letter from a man who is not a member of the Church. He says that his little daughter has been [purposely left out of things] by her schoolmates who are Latter-day Saints. He sets forth another instance of a child who had a religious medal ripped from his neck by a Latter-day Saint child. I hope this is not true. If it is, I apologize to those who have been offended.

Let us rise above all such conduct. Let us be true disciples of the Christ, observing the Golden Rule, doing unto others as we would have them do unto us.

How grateful I am for the testimony with which God has blessed me of the divine calling of Joseph Smith, of the reality of the First Vision, of the restoration of the priesthood, of the truth of this, The Church of Jesus Christ of Latter-day Saints. ●

From an April 1998 general conference address.



"[The Book of Mormon is a] remarkable testament of the Son of God. Who, having read it, can honestly refute [argue against] its divine origin?"
President Gordon B. Hinckley





BY LANA KRUMWIEDE

(Based on a true story)

I declare unto you the gospel

(1 Corinthians 15:1).

What do you want to play next?" Tyler asked Jonathan. "I don't know. What other toys do you have?" Even though they were best friends in the second grade, this was the first time Jonathan had come over to play at Tyler's house.

"Let's see," Tyler said. "We already jumped on the trampoline. We played digging for dinosaurs. We put the space shuttle set together three times. Those are all my favorites."

"Do you have any new games?" Jonathan asked.

"No, but I just had an idea. I have something to show you that I bet you've never seen." Jonathan followed Tyler into the family room. Tyler got out an envelope and a big square board covered with fuzzy flannel.

"Look at this," Tyler said. He turned the envelope upside down and a bunch of pictures fell out onto the floor. "I've been practicing my lesson for family home evening tonight. I'm going to tell the story of Joseph Smith just like the missionaries do. Want to hear it?"

"Hold on," Jonathan said. "What's family home evening, and who's Joseph Smith?"

"Family home evening is when our family gets together every Monday night. We do lessons, play games, sing songs,

I Have a Testimony



and stuff like that. And we always have treats at the end. Anyway, it's my turn to give the lesson. It's all about Joseph Smith. Want to hear it?"

Jonathan shrugged. "OK."

"Good. It starts off when Joseph was a teenager." Tyler put a picture on the flannel board of a boy dressed in old-fashioned clothes. "He wanted to know which church was true. He was reading in the Bible where it says that if you have a question, you should ask God. Joseph Smith decided to pray and ask God which church he should join."

"Is this a Bible story?" Jonathan asked.

"Well, not really." Tyler took the boy's picture off the flannel board and put on a picture of some trees. Then he got out another picture of the boy, only this time the boy was kneeling. "This is the good part. Joseph Smith went into the woods where he could be alone to pray.

When he prayed, he asked God his question about which church was true."

Tyler put another picture above the Joseph picture on the flannel board. This one showed Heavenly Father and Jesus Christ, all dressed in white. "God and Jesus came down and told Joseph Smith not to join any of the churches. They told him that the true church was not on the earth. Later, when Joseph Smith was older, he was able to help bring the true Church back to the earth. He was a true prophet."

Tyler stopped and looked at Jonathan. Jonathan was staring at the pictures but not saying much. Finally Tyler asked, "What do you think?"

"Well, I don't know," Jonathan said. "The only prophets I've ever heard about are from Bible stories. Are you sure Joseph Smith was a prophet?"

"Sure, I'm sure."



“But how do you know? I mean, if it’s not in the Bible, how do you know?”

Tyler hesitated. He knew that Joseph Smith was a prophet, but how could he explain it to Jonathan? “I just know,” he said.

Jonathan still had a frown on his face, and Tyler had a feeling that there was something else he should say. Then he knew what it was. “I know because I have a testimony.”

“Oh,” was all Jonathan said.

Tyler began putting the pictures back into the envelope.

Just then, Tyler’s mom poked her head around the corner. “How about a snack?” she said. “There are cookies in the kitchen.”

Tyler and Jonathan told each other jokes while they licked the frosting from the middle of their cookies. By the time they munched down the chocolate outside parts of the cookies, Jonathan’s mom had come to pick him up. He went outside to look for his shoes next to the trampoline. Tyler went with him.

While Jonathan was tying his shoes, he looked up at Tyler. “You know that story you told me? It was good. I mean, it’s good about your testimony and all.”

Before Tyler could answer, Jonathan had jumped up and was running through the gate out to the car. “See you tomorrow!” he called over his shoulder.

“Yeah, see you tomorrow,” Tyler called back. ●



“It is important that we each know for ourselves that Jesus is the Christ and that He has restored to the earth through the Prophet Joseph Smith the fulness of His everlasting gospel. As we press forward in His service, spiritual experiences will increase our faith, and we will find great joy. . . . And as we come to know and understand these true doctrines for ourselves, we will discover that there is also a great need for us to share our knowledge and beliefs with others while always maintaining their friendship and goodwill.”

Elder M. Russell Ballard
Of the Quorum of the Twelve Apostles
From an April 2000 general conference address.

The Name of the Church

ELDER RUSSELL M. NELSON
Of the Quorum of the Twelve Apostles

The name of [the Church is] a name given by the Lord: “Thus shall my church be called in the last days, even The Church of Jesus Christ of Latter-day Saints” (D&C 115:4). . . .

So each word in this name must be important. . . . If we study the key words in that name, we can better understand the name’s full significance. . . .

A saint is a believer in Christ, and knows of His perfect love. . . . A saint serves others, . . . is honest and kind, . . . is an honorable citizen, . . . is reverent, . . . loves the Lord and gives highest priority to keeping His commandments. . . .

We live in [the] latter days, and they are really remarkable. The Lord’s Spirit is being poured out upon all inhabitants of the earth, precisely as the Prophet Joel foretold. . . .

By divine directive [counsel], the title of the Church bears the sacred name of Jesus Christ, whose church this is (see D&C 115:3–4). He so decreed more than once. Nearly two thousand years ago, the Lord said, “Ye shall call the church in my name; . . .

“And how be it my church save it be *called* in my name?” (3 Nephi 27:7–8; emphasis added). . . .

We revere the name of Jesus Christ. He is our risen Redeemer. . . .

The first two words of the name the Lord chose for His earthly organization are *The Church*.

Note that the . . . *The* begins with a capital letter. This is an important part of the title, for the Church is the official organization of baptized believers who have taken upon themselves the name of Christ (see D&C 10:67–69; 18:20–25). . . .

His church can provide baptism, confirmation, ordination, the sacrament, patriarchal blessings, and the ordinances of the temple—all bestowed by authorized priesthood power. . . .

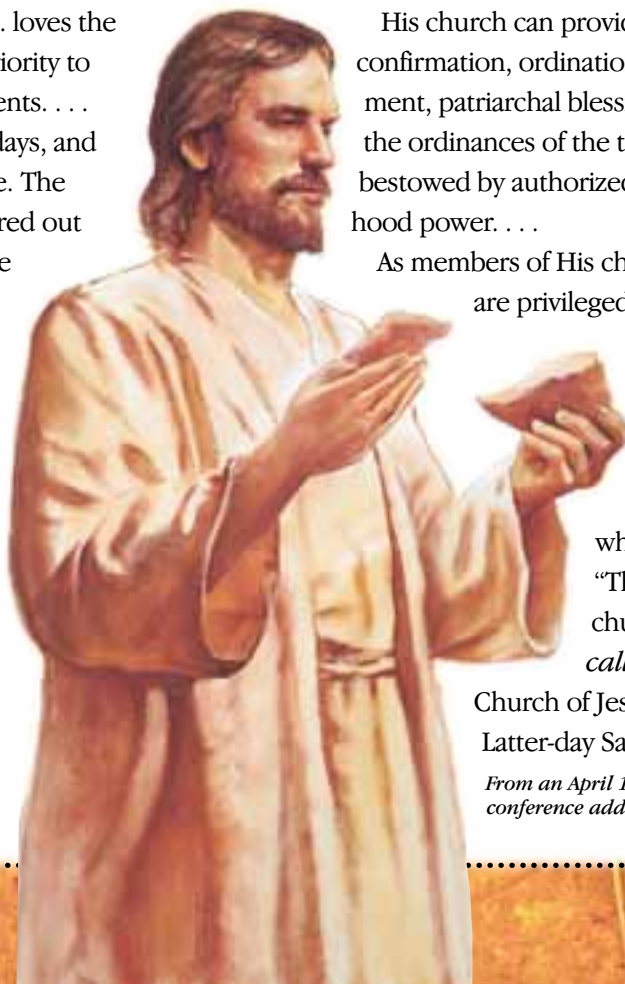
As members of His church, we are privileged to participate in its divine destiny. May we so honor Him who declared, “Thus shall my church be *called* . . . The

Church of Jesus Christ of Latter-day Saints.” ●

From an April 1990 general conference address.



Did you know that Elder Russell M. Nelson likes music and sang in many different choirs in high school and college? He also plays the organ each week in a meeting with the First Presidency and the Quorum of the Twelve Apostles. He teaches us about the importance of the name of the Church.



The Word of Wisdom: A Blessing of **STRENGTH**



From an interview with Elder Darwin B. Christenson of the Seventy, currently serving in the Brazil South Area Presidency; by Jan Pinborough

And all . . . who remember to keep and do these sayings, walking in obedience to the commandments, shall receive health . . . ; And shall find wisdom and great treasures of knowledge (D&C 89:18–19).

When I was a little boy, I lived on a ranch in Firth, Idaho. I had fun doing all the things a little boy could do on a ranch—feeding the chickens and petting the sheep, ducks, rabbits, and pigs.

My parents had often warned my older brother and me to never play with the farm machinery. But one day we started playing near the combine, which is a big machine that cuts grain. My brother discovered the crank that made the blades move to cut the grain. While he turned

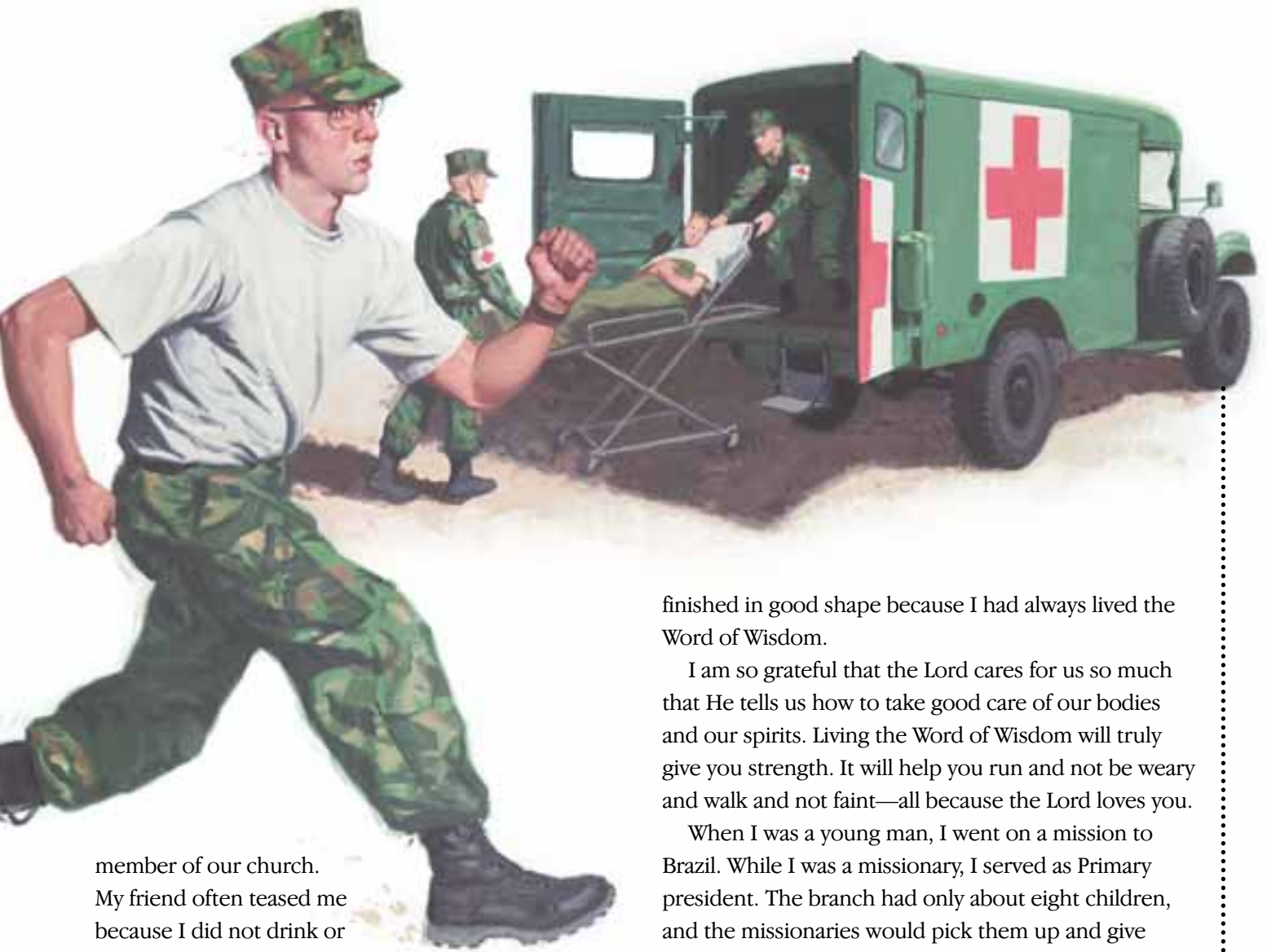
the crank, I started putting grass and leaves in the machine and watching the blades cut them.

Then I saw something shocking. Lying among the grass and leaves was my own finger! The very sharp blades of the machine had cut my finger off. My finger hurt a lot, and so did my conscience. I knew that I had lost my finger because I had disobeyed my mother and father.

Just as our parents give us guidance to keep us safe, so does Heavenly Father. As a young man, I was in the National Guard. I went to Fort Knox, Kentucky, to learn all about tanks and helicopters so that I could be an officer in an armored cavalry unit. While I was there, I made friends with a soldier who was not a



Left, at age 5, holding his sister Janice, with his brother A. J. standing behind him. Middle, his missionary photo. Right, Elder Christenson's wedding day.



member of our church. My friend often teased me because I did not drink or smoke, as he did. I told him about the Word of Wisdom and about other Church teachings.

One day our troop had to run a special kind of race. Every so often along the ten-mile course, we had to stop and pass a test. For example, we might have to figure out why a tank wasn't running, adjust a machine gun, or do something else we had been learning in our training. My friend and I agreed that this race would be a good test of whose lifestyle was healthier—his or mine.

The men started the race one at a time in alphabetical order, with about a minute between each man. My friend's last name started with *A* and mine with *C*, so he started the race a few minutes before I did. About a third of the way through the course, I saw a truck with a red cross on its side. Inside the ambulance was my friend. Because he did not take good care of his body, he was not physically fit and could not finish the race. I

finished in good shape because I had always lived the Word of Wisdom.

I am so grateful that the Lord cares for us so much that He tells us how to take good care of our bodies and our spirits. Living the Word of Wisdom will truly give you strength. It will help you run and not be weary and walk and not faint—all because the Lord loves you.

When I was a young man, I went on a mission to Brazil. While I was a missionary, I served as Primary president. The branch had only about eight children, and the missionaries would pick them up and give them a ride to Primary on their bicycles. We would have a lesson, and we sang without accompaniment because we didn't have a piano. The children were beautiful with their big dark eyes and beautiful skin, and they were so lovable and willing to learn the gospel.

Heavenly Father wants all His children to return to Him. And He has placed temples on earth to help us prepare to return to Him. What wonderful experiences we have in the new Brazil Recife Temple. That temple is beautiful, with lots of marble and Brazilian mahogany wood trim. Through President Hinckley, the Lord is providing temples throughout the world. It is especially wonderful to see children dressed in white who come to be sealed to their parents or do baptisms for the dead. You will want to be ready to go to the temple in the future.

Children, you are beautiful and precious to the Lord. He wants you to live a full life, serve others, and return to Him. ●

THE FIRST SACRAMENT

Chapter 49



Every year the Jews had a feast called the Feast of the Passover. It helped them remember how God had saved the Israelites in Egypt long before, in the time of Moses.

Exodus 12:27; Luke 22:7



Jesus and the Twelve Apostles needed a place to eat the Passover feast. The Savior sent Peter and John to get a room ready for it.

Luke 22:8



They found the room and got the feast ready.

Luke 22:9-13



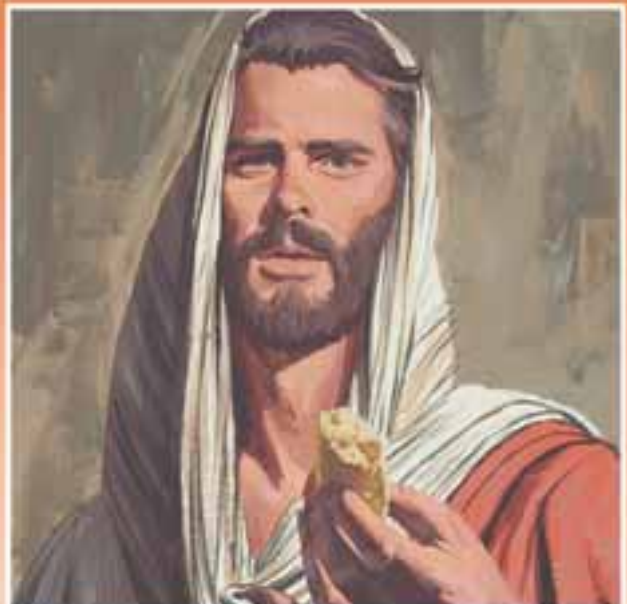
Jesus and all the Apostles went there and ate the Passover feast.

Luke 22:14



After the meal, Jesus gave His Apostles the sacrament for the first time. He took bread in His hands, blessed it, then broke it into pieces. He told the Apostles to eat the bread.

Luke 22:19; Matthew 26:26



Jesus told them to think of His body when they ate the bread, to remember that He would die for them.

Luke 22:19; Matthew 26:26



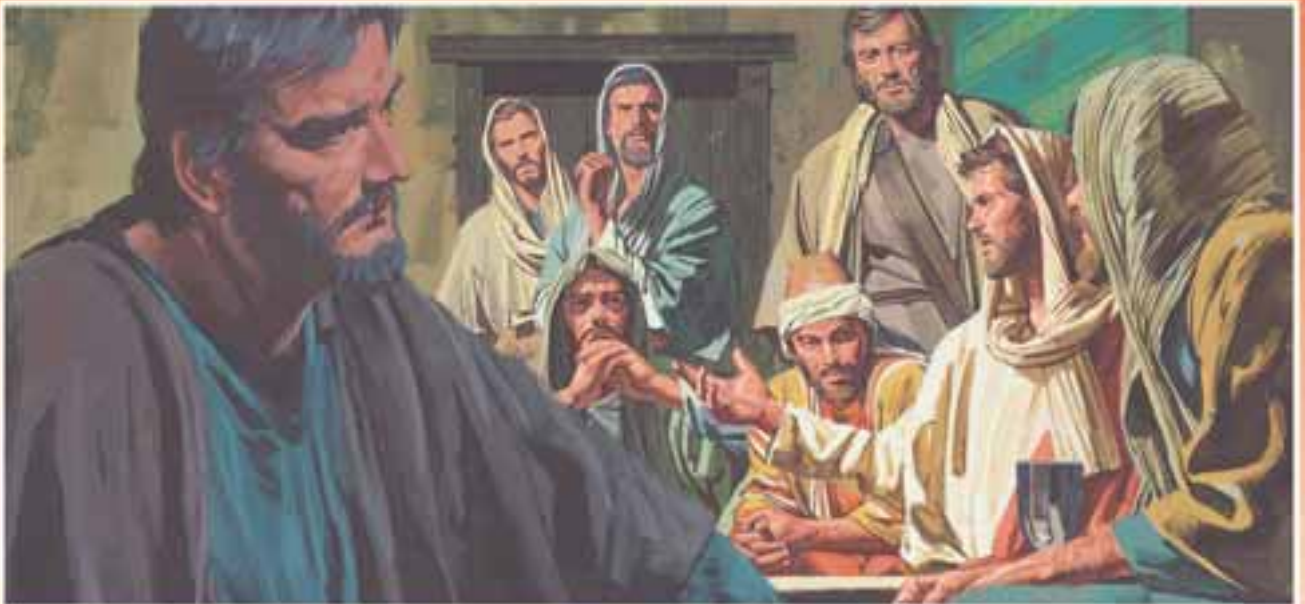
Jesus poured some wine into a cup. He blessed the wine. He told the Apostles to drink it.

Matthew 26:27



He told them to think of His blood when they drank the wine, to remember that He would bleed and suffer for people's sins.

Luke 22:20; Matthew 26:28

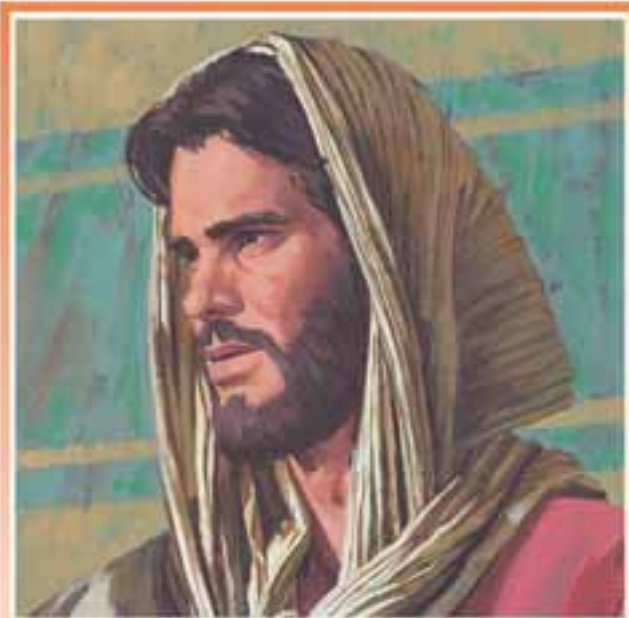


Jesus also told the Apostles that wicked men would kill Him. Eleven of the Apostles were very sad. They loved the Savior and did not want Him to die. Jesus knew that one of the Apostles, Judas Iscariot, would help the wicked men.

Matthew 26:2, 14-16, 21-25

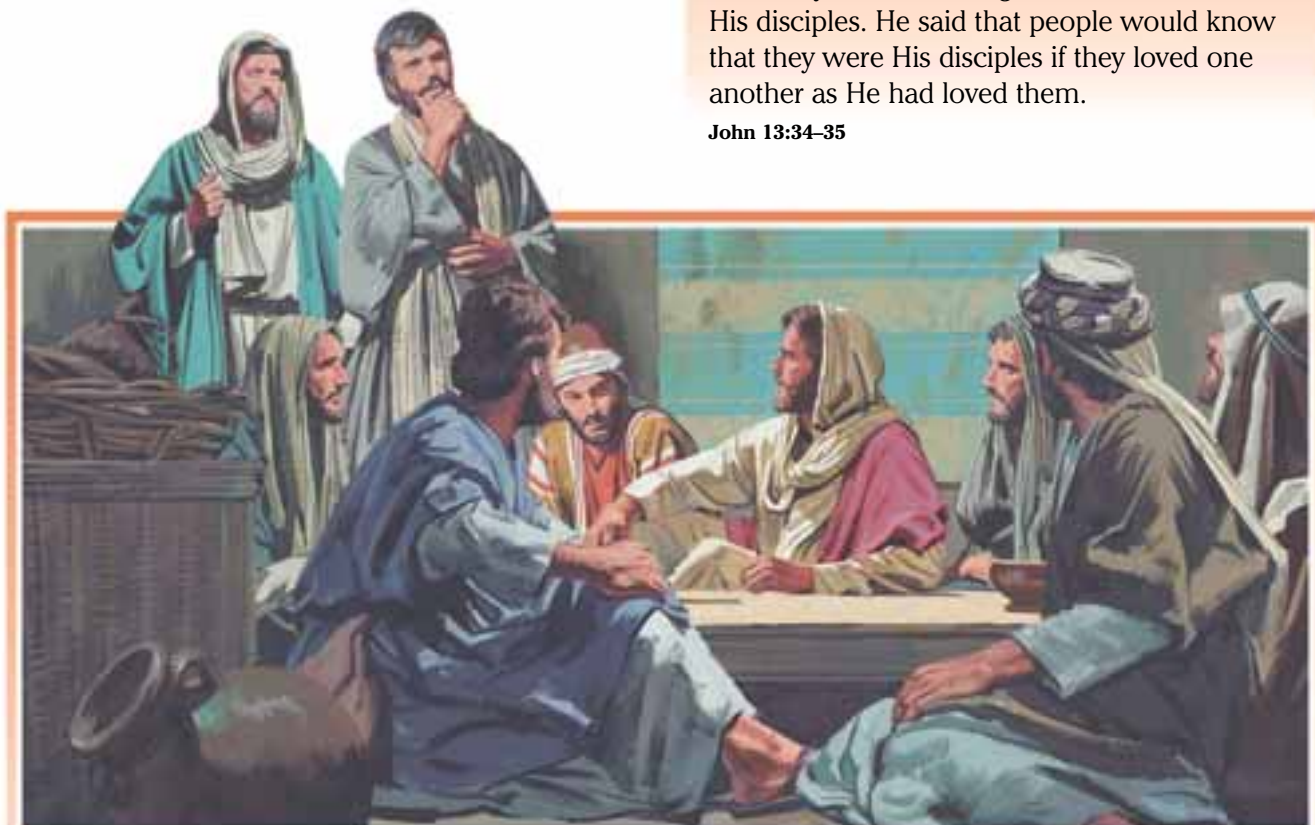
OTHER TEACHINGS AT THE LAST SUPPER

Chapter 50



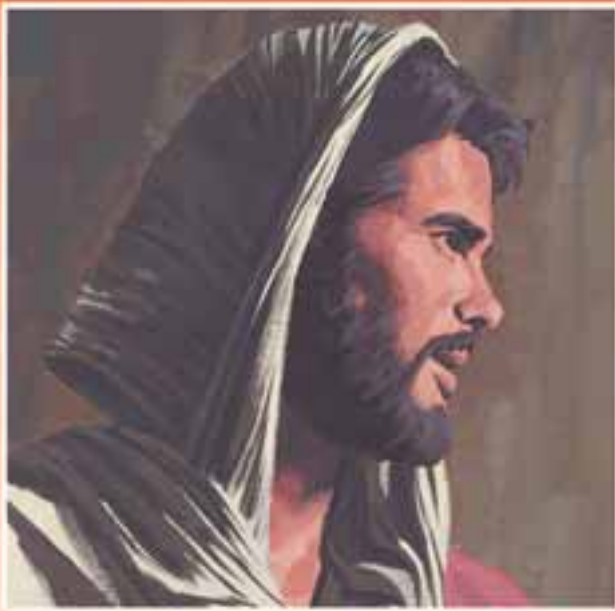
After they finished eating, Jesus talked with His disciples. He said that people would know that they were His disciples if they loved one another as He had loved them.

John 13:34-35



He said that if they loved Him, they would keep His commandments. He promised them the Holy Ghost, who would teach them all they needed to know. He said that the Holy Ghost would help them remember the things that He had taught them.

John 14:15-18, 26



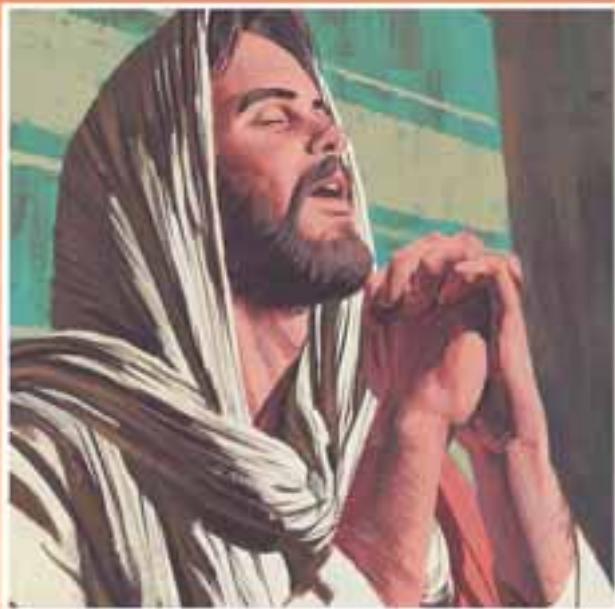
Jesus said that He was the true vine. His disciples were like branches of the vine. If they did not produce fruit, they would be cut off. If they stayed on the vine, they would be nourished by it and would produce good fruit.

John 15:1-2



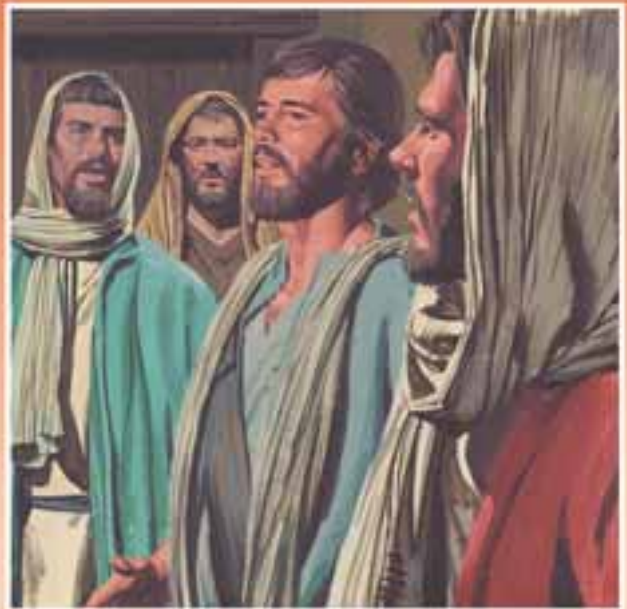
Jesus promised His disciples that if they lived the gospel, they would be like branches of the good vine. He would make them strong. Their fruit, or their works, would be good. But if they did not follow Him, they would produce nothing.

John 15:3-8



Jesus Christ prayed for His disciples, that they would be one in doing Heavenly Father's work. He was one with the Father because He did what His Father had sent Him to do. He prayed that His disciples would teach people to believe in Him and to know that Heavenly Father loves them.

John 17:1-4, 6, 20-23



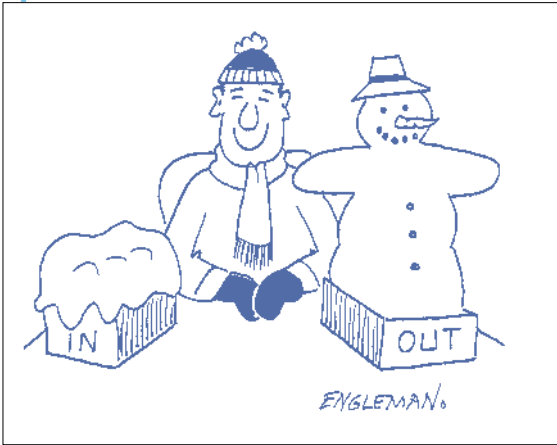
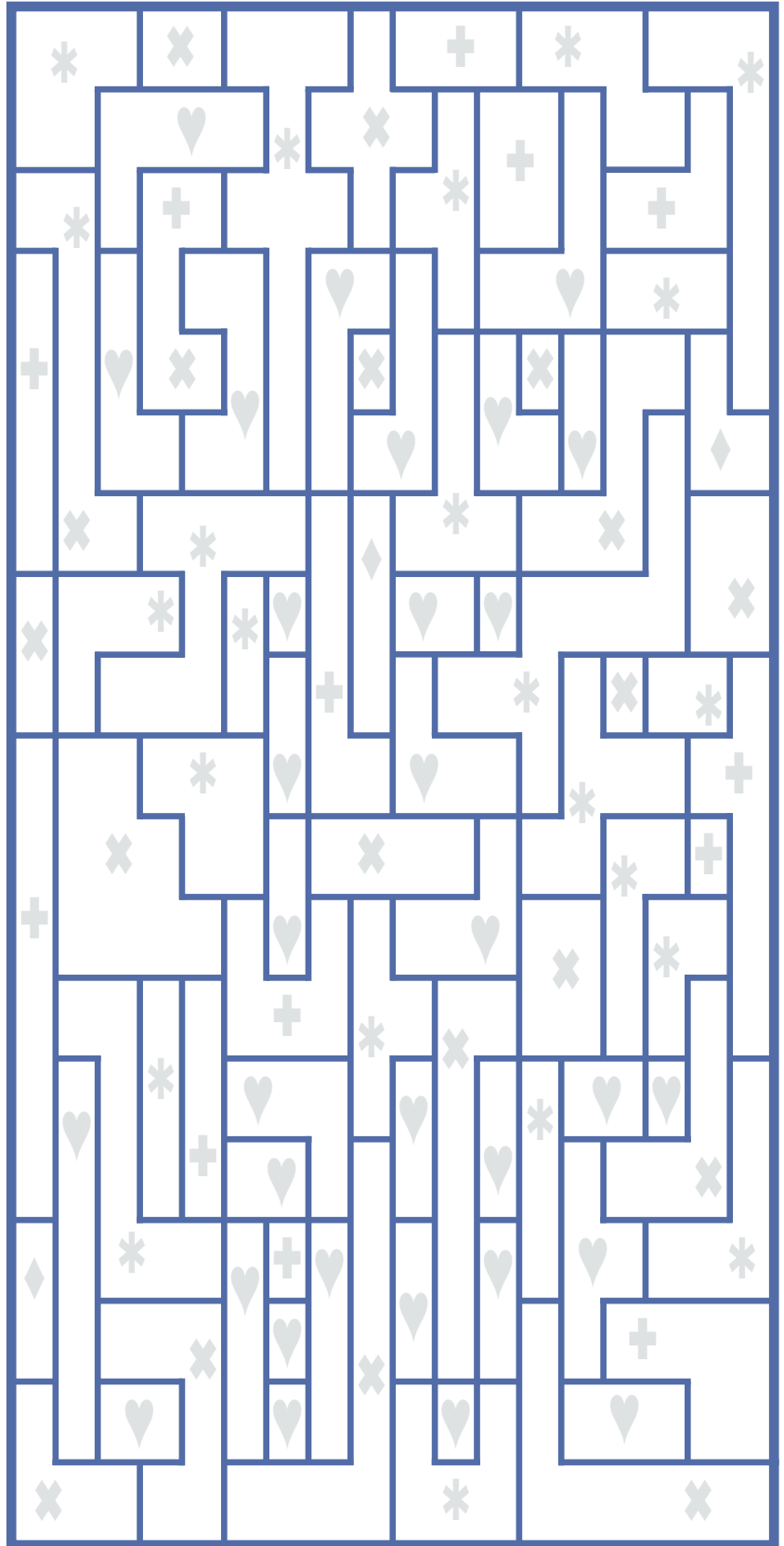
Then Jesus and the Apostles sang a song and left the room.

Matthew 26:30

Filled with Love

BY ROSIE CENTRONE

If you color in all the boxes that do not contain a heart, you will find an important message.



ENGLEMAN

Funstuf Answers
Joseph Smith Writes About the Church: (1) John Wentworth, (2) Chicago Democrat, (3) The Articles of Faith.
Filled with Love: God is love.



BY DENISE M. SMITH
(Based on a true story)

A new commandment I give unto you, That ye love one another; as I have loved you (John 13:34).

Mama wiped down the countertops in the kitchen while Nicole and her cousin Cassidi sat on the floor in the living room, playing quietly. Nicole and Cassidi were both five years old, but Nicole was small for her age.

Nicole and Cassidi agreed on a book from the bookcase, and Nicole began to read aloud. Cassidi sat across from Nicole with her legs crossed and listened closely to the story. The book had pictures, and each time Nicole finished reading a page, she faced the book toward Cassidi so that her cousin could see the picture, too. The girls were having a great time until halfway through the story. Then a look of sadness came over Cassidi's face, and she began to cry.

"What's wrong?" Nicole asked.

"Nothing," Cassidi said quietly, wiping the tears from her cheeks.

"If you're sad, it makes me sad, too, Cassidi. Please tell me what's wrong."

Still sniffing, Cassidi nodded. "Nicole, you are so smart. You can read, and I can't."

Nicole lowered her head and closed the book. She felt very sad because Cassidi was unhappy. Mama



"LOVE ONE



wanted to rush in and comfort Cassidy; instead, she watched quietly from the kitchen.

Nicole's eyes grew big, and a smile appeared on her face. "Cassidi, you are the best two-wheel-bicycle rider I've ever seen!" she said boldly. "I can't ride a two-wheel bike at all," she added, looking into Cassidy's tear-filled eyes.

A big smile grew on Cassidy's lips as she wiped the remaining tears from her face. She leaned forward and wrapped her arms around Nicole. They hugged each other tightly.

"I feel better now," Cassidy said. "Thank you, Nicole."

Nicole answered with a smile, and the girls continued to play.

Mama's eyes filled with tears. She realized that the girls understood better than most grown-ups what it means to love one another as Jesus Christ would. ●



"A true Latter-day Saint possesses a love for others that is consistent with a belief that everyone is a brother or a sister."

Elder Donald L. Hallstrom
Of the Seventy

From an October 2000 general conference address.

ANOTHER"



From the Life of President John Taylor



Answer to Prayer



Johnny, it's good to see you again.

Here. My mother sent you these.

Ten-year-old John Taylor took a basket of food to Mr. Allee West, an old family friend, who lived three miles from the Taylor home in Milnthorpe, England.



John enjoyed visiting with Mr. West, but when dark clouds started to come, he realized he needed to leave.

Mr. West, it's getting dark. I need to be getting home.

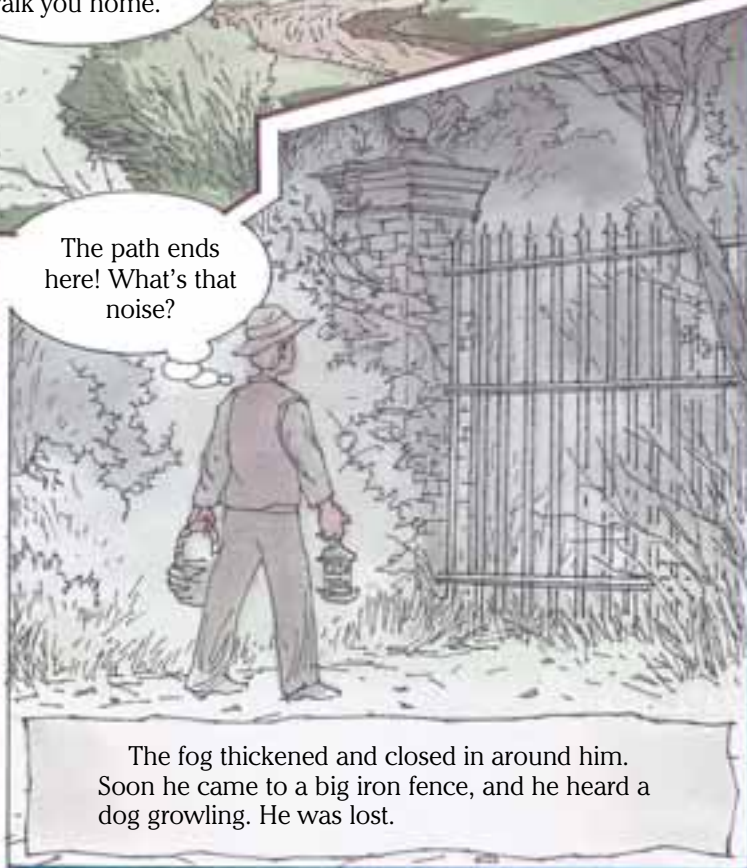
Johnny, let me walk you home.

This is my first trip here by myself, and my mother won't let me come alone again if you do.



John started down the hill toward home. Soon thick fog started rolling in.

This lamp won't light.



The path ends here! What's that noise?

The fog thickened and closed in around him. Soon he came to a big iron fence, and he heard a dog growling. He was lost.

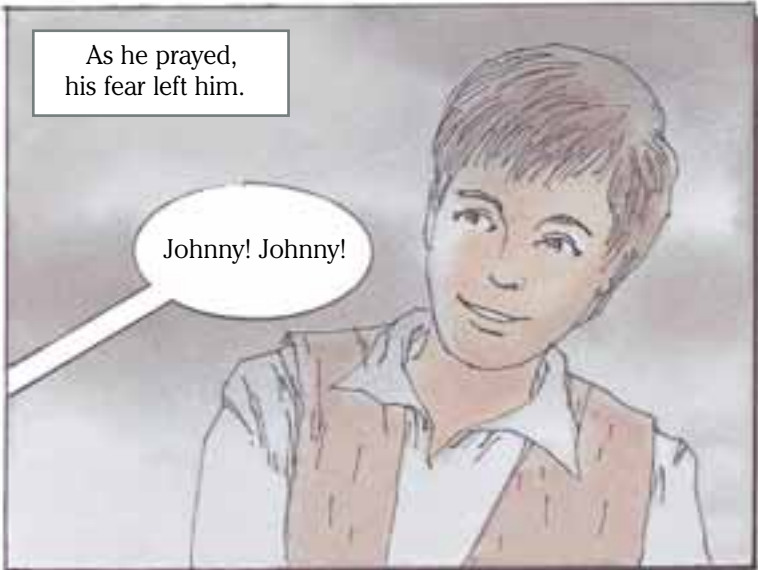
He was very scared. He remembered something his mother had taught him.

Mother said that I can pray anywhere at any time.



As he prayed, his fear left him.

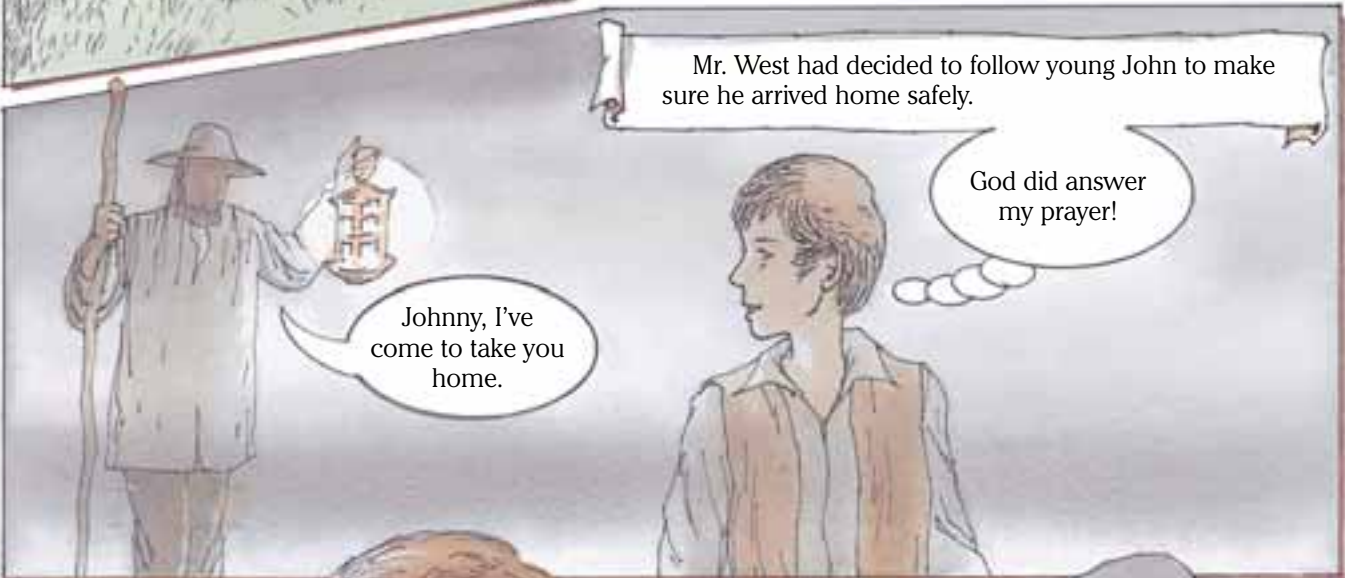
Johnny! Johnny!



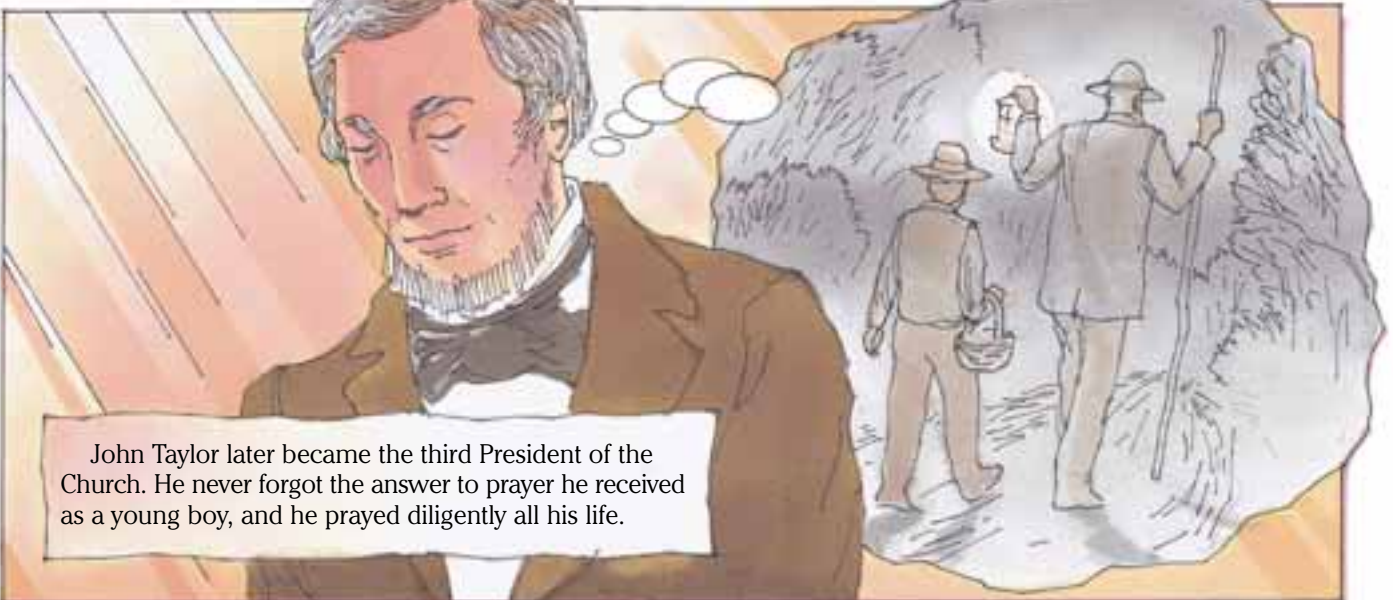
Mr. West had decided to follow young John to make sure he arrived home safely.

God did answer my prayer!

Johnny, I've come to take you home.



John Taylor later became the third President of the Church. He never forgot the answer to prayer he received as a young boy, and he prayed diligently all his life.



(See *Friend*, March 1972, 34-35.)

Lee Tin-wai* of Aberdeen, Hong Kong

*In Chinese, people put their last name first, then their given names.



Amy and Laura Dunford, and Lee Tin-wai in her swimming pool

WRITTEN AND PHOTOGRAPHED BY NANETTE LARSEN DUNFORD

In the big swimming pool near the South China Sea, Lee Tin-wai (8) giggled and splashed with Amy (10) and Laura (8) Dunford. Tin-wai had met her new friends from California just two days before.

Chatting by the pool were their mothers, who had known each other for eighteen years. Lee Liana and Nanette Dunford were talking about when they had met, at Sister Lee's baptism. Sister Dunford, a missionary in Hong Kong, helped teach her the discussions for new members.

"Tin-wai" means "wisdom." True to her name, Tin-wai is gaining wisdom not only in the gospel, but in her schoolwork and talents as well. In Primary, her favorite things to learn are the Articles of Faith. There is only one other child in her CTR class, but Tin-wai's cousin, who is not a member, enjoys

coming to Primary and other Church activities with her.

Occasionally Church activities are held in the big Kom Tong, a building named after the businessman who built it in 1914. The Kom Tong has special meaning to the Lee family and to most members of the Church in Hong Kong. In 1960 President Gordon B. Hinckley, then Assistant to the Quorum of the Twelve Apostles, helped purchase it for the Church—only three years after the first missionaries arrived in Hong Kong. Tin-wai's entire family was baptized in the beautiful baptismal font there.

Besides being used for Church meetings, this old mansion is now the headquarters for the Asia Area of the Church. Since Sister Lee works for the Church in the Asia Area offices, Tin-wai has had the opportunity to meet several General Authorities when she visits her mother there.



The Lee family: Grace (15), Brother Lee, Sister Lee, Tin-wai, and Joseph (13)

She describes them as “big, strong, and kind.” They shake her hand and ask her questions.

Like most children in Hong Kong, Tin-wai wears a uniform to school. Hers is a white dress and socks, black shoes, and a yellow hair ribbon. Each school day at 7:00 A.M., Tin-wai runs to the school bus from her second-story flat. It is a 10-minute ride to Chi Nam

Primary School. After returning at 3:30 P.M., she studies English; two Chinese languages, including her native Cantonese; math; science; religion; and other subjects. Her mother says, “Occasionally she has Chinese calligraphy—using Chinese pen and ink. That is her challenge. She does not like it at all.”

Computer use is her favorite subject in school. But she wants to be an artist. “I like to draw girls,” she says.

“She likes drawing cartoons, also, and designing the conversation of the cartoon characters,” Sister Lee says.

“She could read or draw all day long.”

The Lee home has a big bookshelf filled with Tin-wai’s books. She has many favorite books. She reads picture scripture books and especially enjoys the children’s section of the *Liabona* magazine.



Brother and Sister Lee at Ocean Park

Like her father, Tin-wai loves to sing. She has made up lyrics in both English and Chinese and composed the accompaniment on their piano. She has been playing the piano for two years.

Sometimes, however, she would rather just play. She likes computer games, role playing, collecting cards, and a marble game her mother brought from Indonesia. “American jumping gyms” (trampolines) are a big draw for her at amusement centers. She is a good joke teller but

never wants to hurt people’s feelings.

“She is very sensitive to people’s feelings, comments, and even gestures,” Sister Lee says. “She will cry when she reads a sad story.”

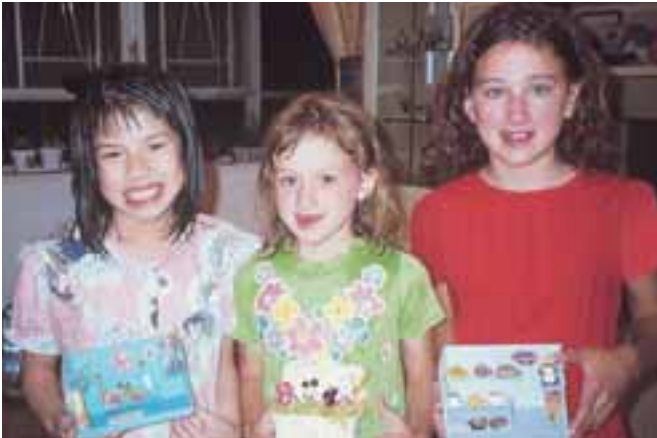
The Lee family has had a variety of small pets. Grace, Tin-wai’s older sister, named their three green turtles Blessings, Prosperity, and Long Life. Later, two hamsters were named for characters in a Japanese cartoon. Now they also have several goldfish.



Western Hong Kong Island from Ocean Park

Tin-wai’s favorite outing is going with her family to Ocean Park, where there are rides, dolphin and wild animal shows, panda bears, a big aquarium, and an aerial tram with spectacular views of Hong Kong and the South China Sea. Going to the beach is another favorite outing for her and her family.

And then there is



**Tin-wai and Laura and Amy Dunford with crafts
Tin-wai has made**



Sister Lee, Tin-wai, and Brother Lee on their piano bench

food. “Chinese people like to eat!” Sister Lee says. “The best part of family home evening is eating dessert. Sometimes Grace or Tin-wai prepares it.” One of Tin-wai’s best memories about Salt Lake City, Utah, is going to the 24-hour “all-you-can-eat ice cream” restaurant at midnight, Hong Kong time.

A Christmas highlight for the Lee family is singing carols and reading about Jesus’ birth. Family scripture reading, however, is not limited to Christmas. They read nightly year-round. Tin-wai’s favorite scripture is 1 Nephi 3:7. She is already showing that she, too, can “go and do the things which the Lord hath commanded.”

“She used this scripture to give a talk on ‘How We Follow the Prophet.’” Sister Lee said. “She did it all by herself, and it was a very good talk.”

Tin-wai sings with the Church’s Hong Kong Junior Choir. They will soon give a public performance at the Hong Kong Culture Center. Tin-wai is no ordinary singer. Her solo voice is heard on the Chinese translation of the *Children’s Songbook* tapes, singing “I Am like a Star” and “I Will Try to Be Reverent.”

She has a special reverence for temples. She loved walking around the Salt Lake Temple and Laie Hawaii Temple grounds. But the temple she treasures the most is the Hong Kong China Temple. She was only four years old when this first temple in China was completed. She was able to go inside it before it was dedicated. Sometimes she comes to the waiting room when her parents attend the temple. She definitely wants to marry in the temple when she grows up. ●

**Sister Dunford, Laura Dunford, Sister Lee, Tin-wai,
Brother Lee, and Amy and Brother Dunford**



**Brother Dunford, Amy Dunford, Laura Dunford, Tin-wai,
and Sister Lee at the Lee home**



Joseph Smith Writes About the Church

BY MARY HALTON

In 1842, the editor of a newspaper wrote to the Prophet Joseph Smith to ask for information about the Church. To find out more about this event, write the letters above the numbers below on the correspondingly numbered blanks in the answers to the questions.

“We believe in God, the Eternal Father, and in His
1 2 3 4 5 6 7 8 9
 Son, Jesus Christ, and in the Holy Ghost” (Articles of Faith 1:1).
10 11 12 13 14 15 16

1. Who was the editor?

 11 10 5 13 1 2 13 14 1 10 6 14 5

2. What was the newspaper's name?

 12 5 3 12 8 16 10 4 2 m 10 12 6 8 14

3. Part of Joseph Smith's answer was a list summarizing the "faith of the Latter-day Saints." What was this list called?

 14 5 2 8 6 14 3 12 15 2 9 10 7

 7 8 3 14 5

(See answers on page 15.)



Friendship Messages

BY SHERRY TIMBERMAN

Can you decipher these friendship messages?



1. U have 1 my friend fair & .

2. have my on U .

3. get U .

4. It's 2 C that U R me.

5. will B your friend ever.

6. U R .

7. U C that like U ?

8. look 2 U .

Walking Where Jesus Walked

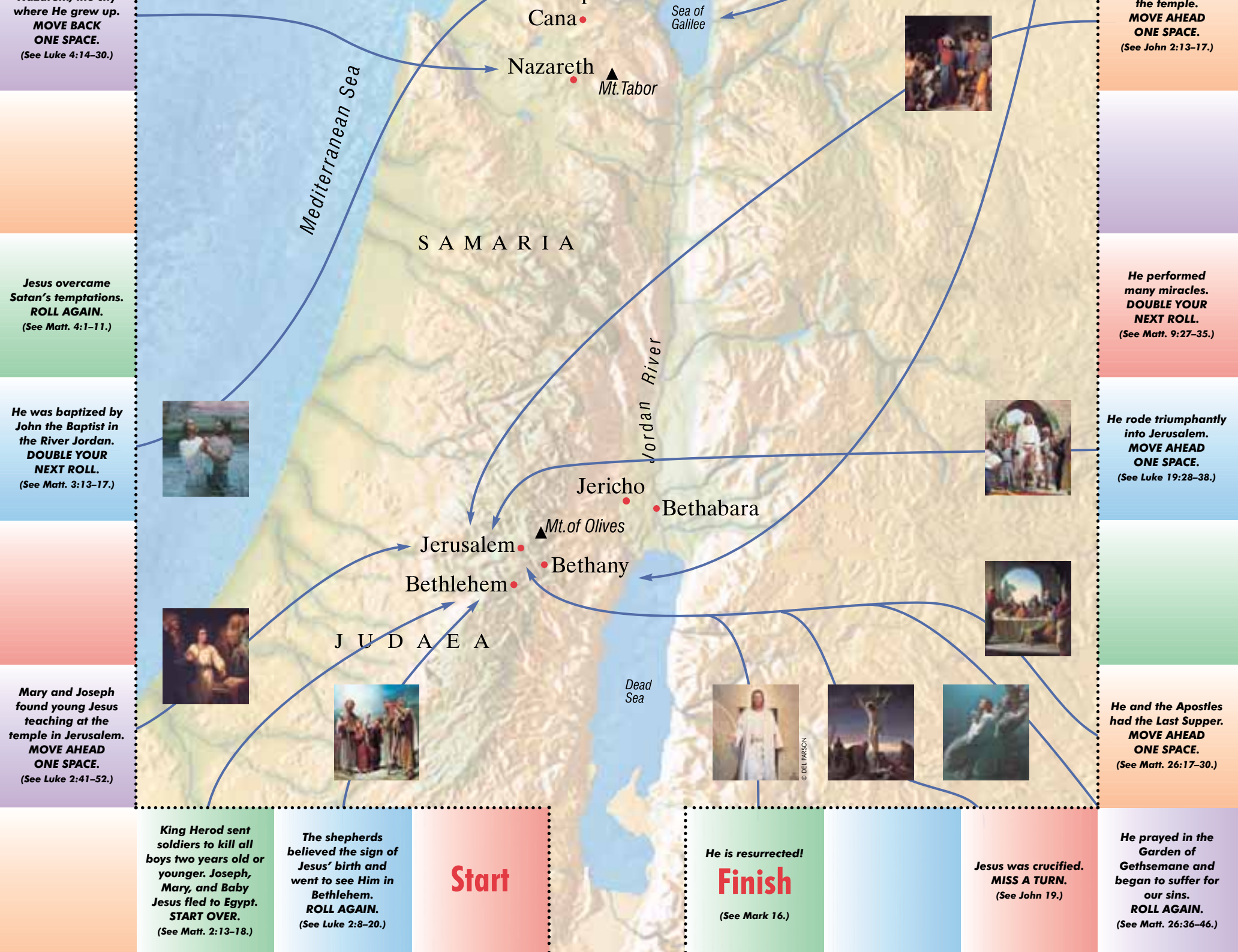


While Jesus Christ was on the earth, He did many important things. He taught His gospel and showed us how we can return to live with Him and Heavenly Father again. The most important things Jesus did for us were the Atonement and the Resurrection. As you play the game, you will see many of the things that happened in His life.

Instructions: Remove these two pages from the magazine and mount them on poster board or heavy paper. You will need a different-color button for each player, and a die.

To play: All players place their buttons on START. Players take turns rolling the die and moving their buttons accordingly. Follow the instructions on the space where you land. An exact number must be rolled to land on FINISH.

<p>The Pharisees tried to trick Jesus. MISS A TURN. (See Matt. 22:15–22.)</p>		<p>He raised Jairus's daughter from the dead. ROLL AGAIN. (See Mark 5:35–43.)</p>	<p>He fed 5,000 people with five loaves of bread and two fishes. DOUBLE YOUR NEXT ROLL. (See Mark 6:30–46.)</p>	<p>He calmed the stormy Sea of Galilee. MOVE AHEAD ONE SPACE. (See Mark 4:35–41.)</p>		<p>He taught the Sermon on the Mount. MOVE AHEAD ONE SPACE. (See Matt. 5–7.)</p>		<p>He walked on the Sea of Galilee. ROLL AGAIN. (See Matt. 14:22–33.)</p>	
<p>Jesus Christ called the Twelve Apostles. They all answered the call and were given the priesthood. MOVE AHEAD TWO SPACES. (See Mark 3:13–19.)</p>									<p>Jesus raised Lazarus from the dead. DOUBLE YOUR NEXT ROLL. (See John 11:1–45.)</p>
<p>Jesus was cast out of Nazareth, the city</p>	<p>Jesus cleansed</p>								



where He grew up.
MOVE BACK ONE SPACE.
 (See Luke 4:14-30.)

Jesus overcame Satan's temptations.
ROLL AGAIN.
 (See Matt. 4:1-11.)

He was baptized by John the Baptist in the River Jordan.
DOUBLE YOUR NEXT ROLL.
 (See Matt. 3:13-17.)

Mary and Joseph found young Jesus teaching at the temple in Jerusalem.
MOVE AHEAD ONE SPACE.
 (See Luke 2:41-52.)

King Herod sent soldiers to kill all boys two years old or younger. Joseph, Mary, and Baby Jesus fled to Egypt.
START OVER.
 (See Matt. 2:13-18.)

The shepherds believed the sign of Jesus' birth and went to see Him in Bethlehem.
ROLL AGAIN.
 (See Luke 2:8-20.)

Start

He is resurrected!
Finish
 (See Mark 16.)

Jesus was crucified.
MISS A TURN.
 (See John 19.)

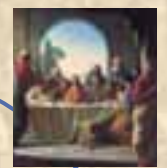
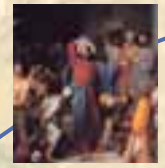
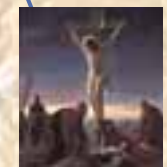
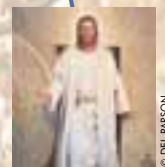
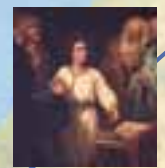
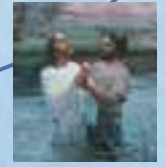
He prayed in the Garden of Gethsemane and began to suffer for our sins.
ROLL AGAIN.
 (See Matt. 26:36-46.)

the temple.
MOVE AHEAD ONE SPACE.
 (See John 2:13-17.)

He performed many miracles.
DOUBLE YOUR NEXT ROLL.
 (See Matt. 9:27-35.)

He rode triumphantly into Jerusalem.
MOVE AHEAD ONE SPACE.
 (See Luke 19:28-38.)

He and the Apostles had the Last Supper.
MOVE AHEAD ONE SPACE.
 (See Matt. 26:17-30.)



Cana

Nazareth

Mt. Tabor

Sea of Galilee

Mediterranean Sea

SAMARIA

Jordan River

Jericho

Bethabara

Mt. of Olives

Jerusalem

Bethany

Bethlehem

JUDAEA

Dead Sea

© DEL PRAESON

Heartfelt Family Home Evening

BY MICK REASOR

This family is enjoying a family home evening lesson on love. We found eighty-nine hearts in the picture. How many can you find? Don't forget to color the picture.

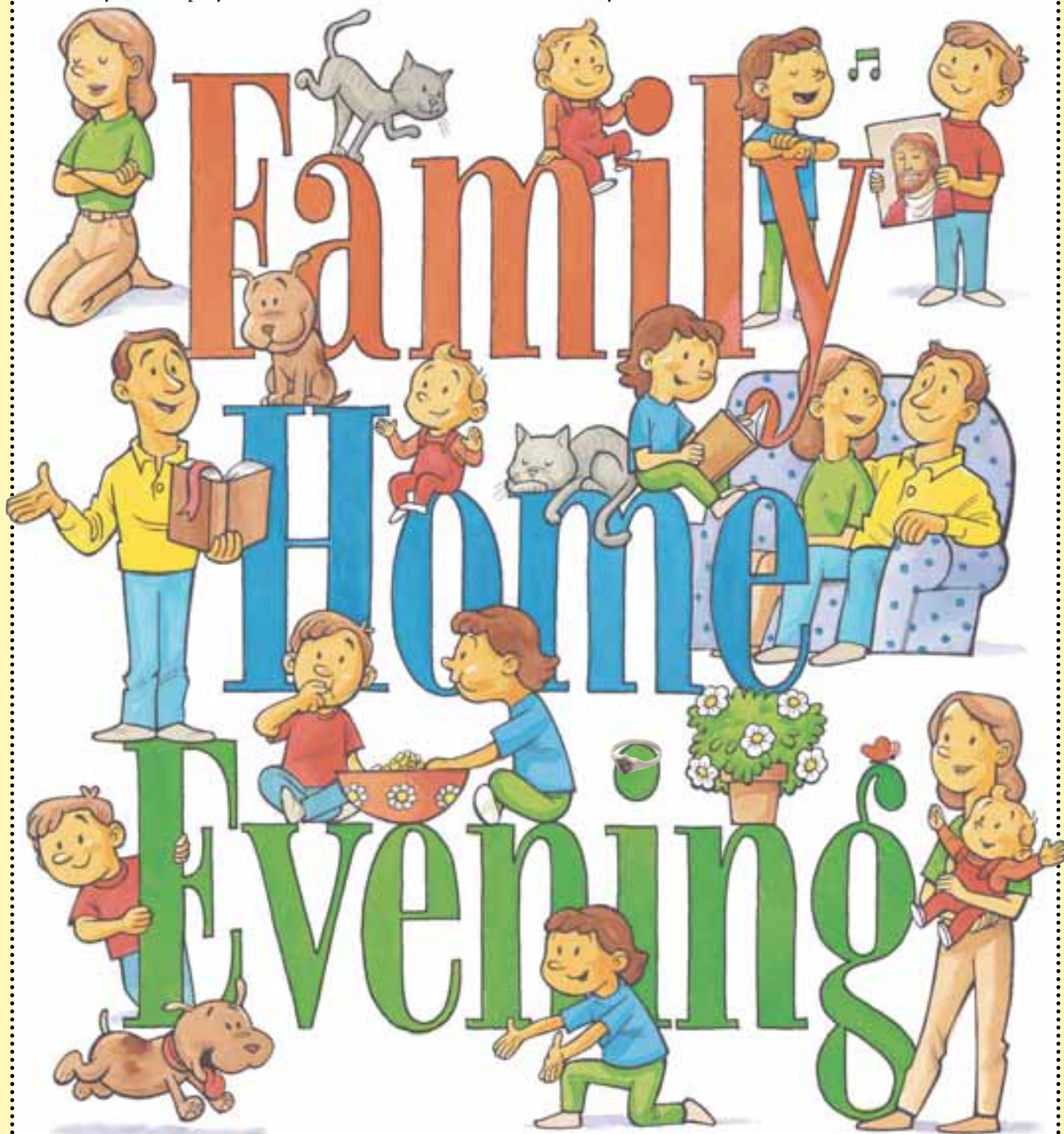


BY LAFOND P. HALL

Monday nights are special times
When all our family's there.
We often sing or say a poem;
We always have a prayer.

We talk about the scriptures
And the things the prophets say,
And we learn from Dad and Mother
How to live our lives each day.

We have such fun together!
We eat some goodies, too.
Home evenings are a time each week
We all look forward to.





He that followeth me shall not walk in darkness, but shall have the light of life (John 8:12).

Grandpa's Hero

By Brian Belt



Brian Belt, age 9, is a member of the Valley View First Ward, Salt Lake Valley View Stake.

My grandpa is my friend. Early one summer morning, he called me to see if I'd like to go catch minnows for my uncle's large fishpond. Of course I wanted to!

Grandpa knew just the right spot at the park. We headed down the slope of the large ditch with our strainers and glass jars. I reached the water first and turned around to see him rolling down the steep slope. He had lost his footing and fallen.

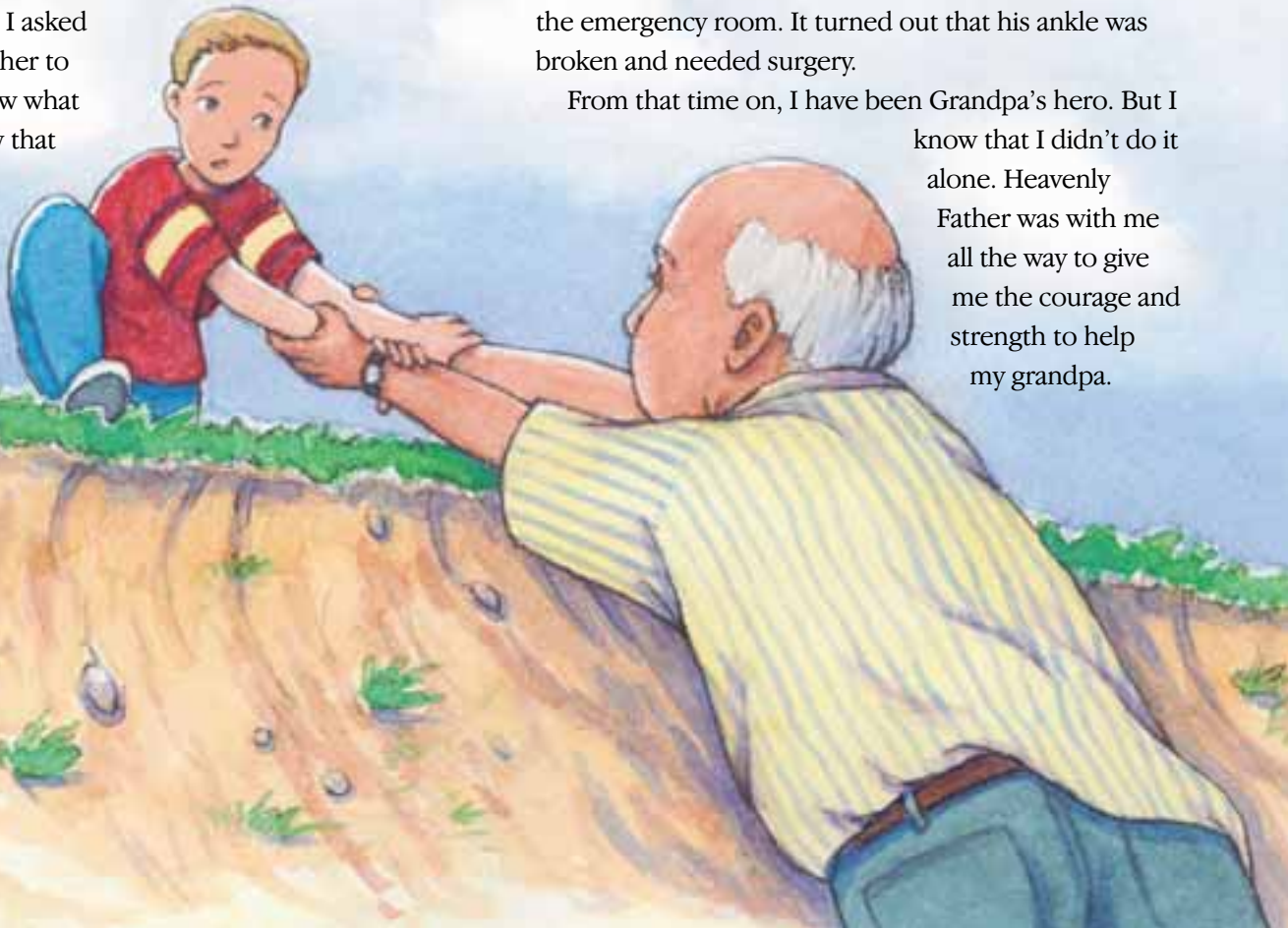
I was afraid he was hurt, but Grandpa told me he'd be fine—he just needed to rest a few minutes. He said to go ahead and start catching minnows. But how could I do that when I could see that he needed help? I tried to help him up on his feet but couldn't. I asked Heavenly Father to help me know what to do. I knew that He would help me and Grandpa.

Grandpa was finally able to get up on his knees, and with a little help, tried crawling to the top of the slope. We'd crawl up two feet and slide back one, but slowly we reached the top and peeked over the ridge. I saw a man not too far away and ran over to ask him to help Grandpa. Even with the two of us tugging, Grandpa couldn't get up. A park worker saw us and came to help, too, and we finally got Grandpa up on the grass.

The park worker wanted to call an ambulance, but Grandpa thought that if he could just get to his car, everything would be fine. He drove us to the emergency entrance at the hospital and told me to go inside and ask someone to come with a wheelchair.

I found a wheelchair but no one who could help, so I took it out to the car myself. Grandpa twisted and turned until he was able to sit in the wheelchair. I pushed him across the parking lot and up a ramp into the emergency room. It turned out that his ankle was broken and needed surgery.

From that time on, I have been Grandpa's hero. But I know that I didn't do it alone. Heavenly Father was with me all the way to give me the courage and strength to help my grandpa.



Spelling Test

By Tristin Bowers



Tristin Bowers, age 7, is a member of the Hailey First Ward, Carey Idaho Stake.

Second grade is a lot more work than first grade! I have homework almost every day. That homework includes studying spelling words. We have two chances a week to get 100%. If we get 100% the first time, we get spare time during the next test. I really wanted spare time!

One week my teacher gave me 100%, but when I showed it to Mom and Dad, we found that one word was spelled wrong. I knew how to spell it, so I thought about just leaving things the way they were and enjoying spare time the next day. Then I thought, "What would Jesus do?" And I knew that I had to tell my teacher.

I did and took the test over. I not only got 100%, but my teacher was happy about my honesty and wrote this on my test paper: "Thanks for telling the truth and finding my mistake!" The good feeling in my heart meant much more than having spare time. I hope we can all tell the truth, even if it is hard.

Joshua's Baptism

By Jarom Lybe



Joshua, Jarom, and Joseph Lybe, ages 8, 5, and 3, are members of the Moorpark First Ward, Thousand Oaks California Stake.

My older brother, Joshua, was going to be baptized. He was going to sing a song about baptism. My little brother, Joseph, and I were going to hold up pictures when Joshua sang his song. I wanted to hold the picture of Jesus being baptized by John the Baptist. It's my favorite. Joseph

was going to hold up a picture of a father baptizing his son.

When it was time for Joshua to sing, Joseph wanted

to hold up my picture. I didn't want to let it go. Joseph started to cry a little, so I thought for a second and looked around at everyone. I decided to let Joseph hold my picture. I know I didn't have to let him hold it, but I didn't want him to cause a problem for Joshua's baptism. I really love my brothers, and it makes me happy when they are happy, too.

After I let Joseph hold my picture, all the people smiled at me. That was nice. Joshua smiled, too. I like to choose the right. It makes me feel good, and I know that Heavenly Father and Jesus like it, too.

Temple President

By Ashton Carroll

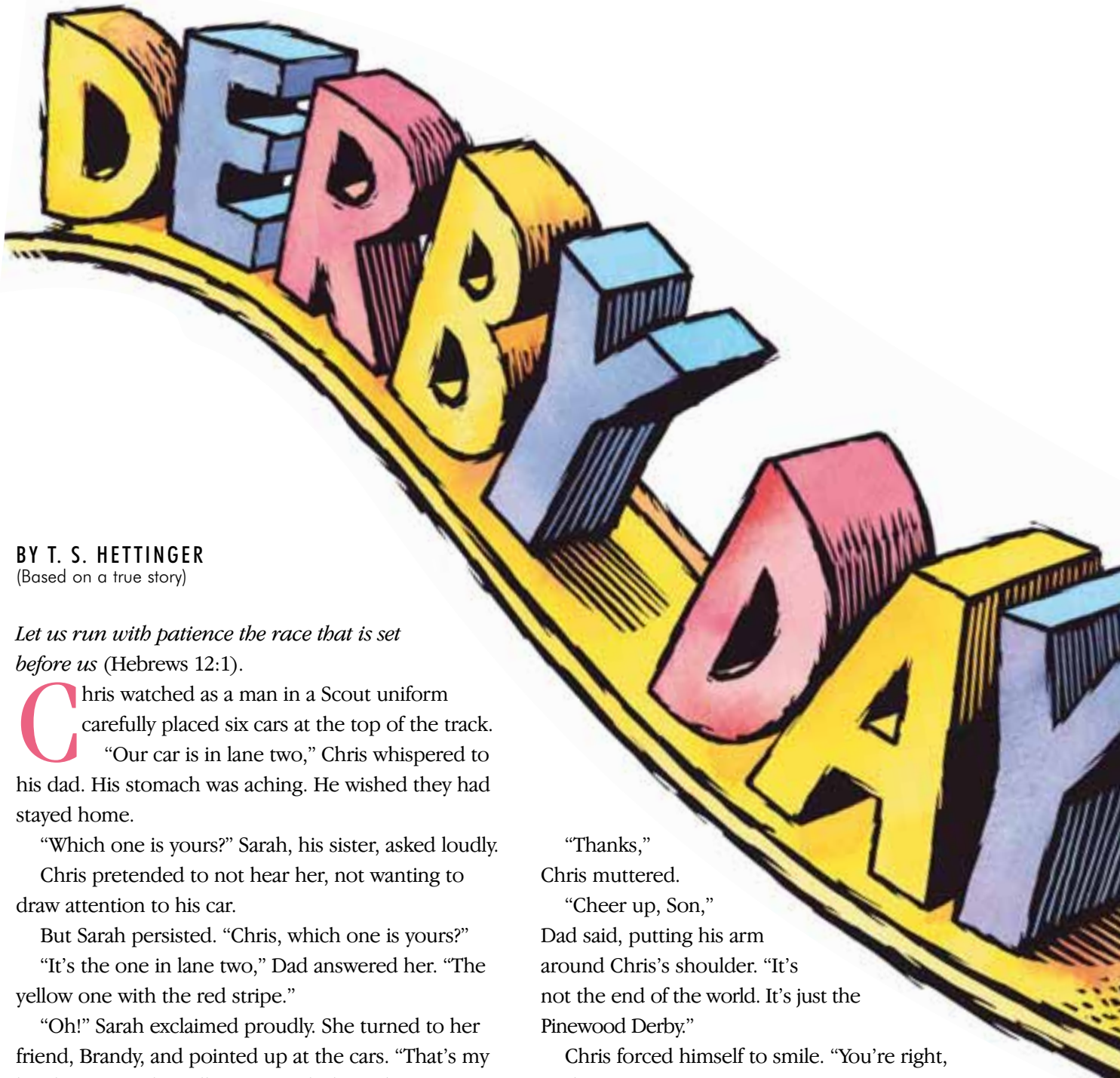


Ashton Carroll, age 11, is a member of the Suwanee Ward, Sugar Hill Georgia Stake.

My grandpa is president of the Atlanta Georgia Temple. When my parents go to ward temple night, I go with them to visit my grandparents. They live in a special home on the temple grounds. That helps them to watch over what goes on around the temple. When I go to their house, I feel really good inside.

I know that this feeling is the Spirit telling me that Heavenly Father loves me and that He is happy that I am choosing the right place to be.

The *Friend* would like to hear from you about an experience you, or another child you know, have had in "Trying to Be Like Jesus." The article should be about two to three paragraphs typed and double spaced; a parent or other adult may help you write it. Please include at least one photograph or slide of whomever the article is about, if possible, and his/her and your own (if different) name, age, address, and telephone number. Send your article to: Trying to Be Like Jesus, *Friend*, 24th Floor, 50 East North Temple, Salt Lake City, Utah 84150-3220. Unused submissions will be returned if a stamped, addressed envelope is enclosed.



BY T. S. HETTINGER
(Based on a true story)

Let us run with patience the race that is set before us (Hebrews 12:1).

Chris watched as a man in a Scout uniform carefully placed six cars at the top of the track. “Our car is in lane two,” Chris whispered to his dad. His stomach was aching. He wished they had stayed home.

“Which one is yours?” Sarah, his sister, asked loudly.

Chris pretended to not hear her, not wanting to draw attention to his car.

But Sarah persisted. “Chris, which one is yours?”

“It’s the one in lane two,” Dad answered her. “The yellow one with the red stripe.”

“Oh!” Sarah exclaimed proudly. She turned to her friend, Brandy, and pointed up at the cars. “That’s my brother’s car. The yellow one with the red stripe.”

Chris looked at his dad. “Will you please make her be quiet?” he begged.

Dad smiled understandingly. “Sarah,” he said, “would you and Brandy get us some cupcakes, please?”

Sarah was delighted with the assignment. She and Brandy hurried off to the kitchen.

“Thanks,” Chris muttered.

“Cheer up, Son,” Dad said, putting his arm around Chris’s shoulder. “It’s not the end of the world. It’s just the Pinewood Derby.”

Chris forced himself to smile. “You’re right, Dad. We can try again next year.”

Dad nodded. “This year is just for practice. We’ll do better next year.”

When everything was set, the crowd cheered and the races began. Chris didn’t want to look, but he couldn’t help himself. He stood up to get a better look as he watched his car win the first race. “We won!” he gasped

in disbelief. "Just barely, but we won!"

"I guess the car's in better shape than I thought," Dad said.

Sarah and Brandy returned with cupcakes for everyone. "How did your car do, Chris?" Sarah asked.

"It won!" Chris told her happily.

"Really? I thought it was broken."

"It is," said Dad. "And the races aren't over yet. They race the cars six times, once in each lane. Then they average the times. We'll see how our car holds up."

The car didn't hold up very well. It went slower each time it raced. In the last race, Chris's car crossed the finish line well behind the other cars.

Brother Rogers came over. "I've never seen anything like it. What happened? Your car started out great."

"I'll show you." Dad picked up the car and turned it over. The back left wheel was sitting awkwardly on the axle.



"Our car had an accident before the race."

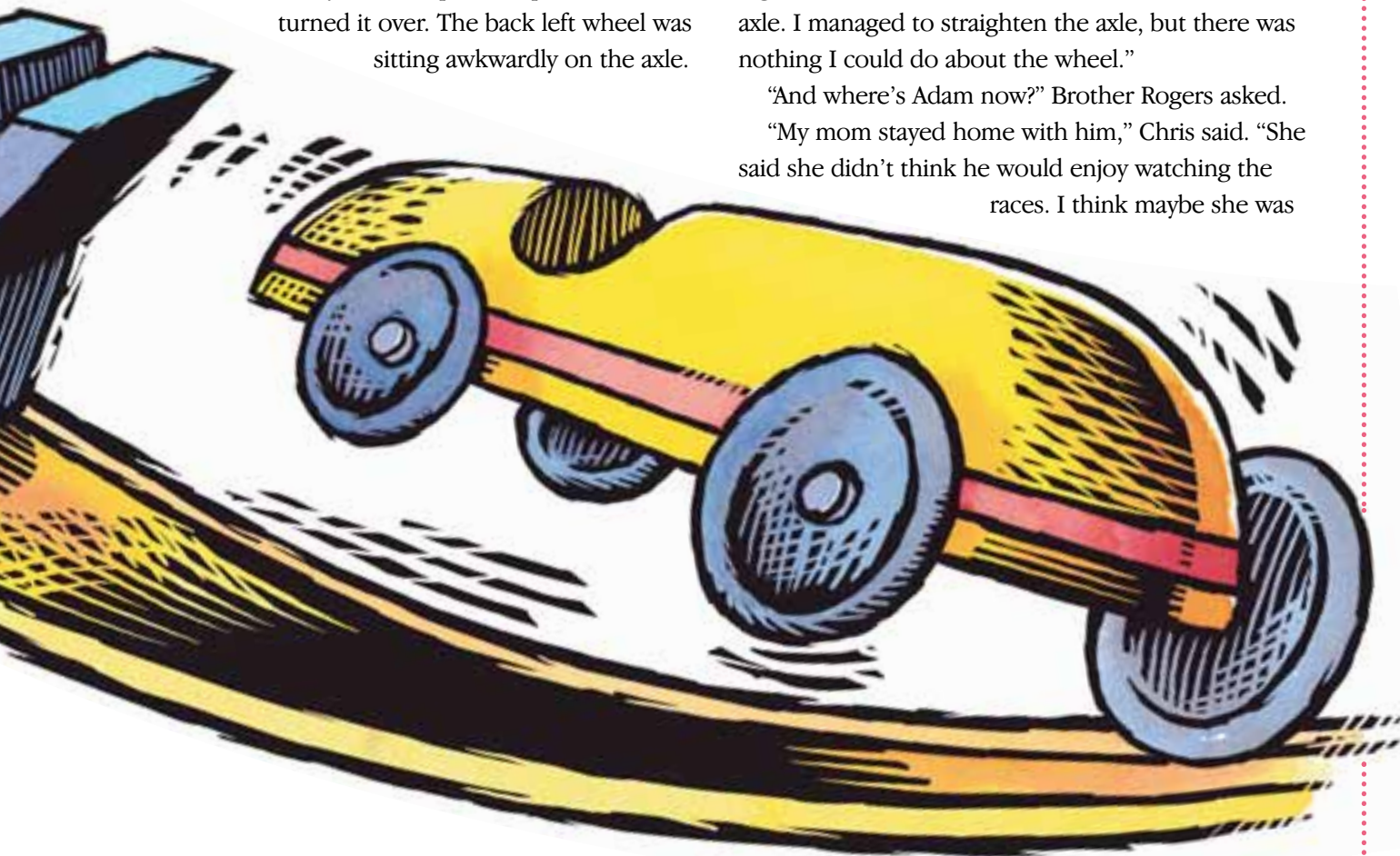
"Oh?"

"My little brother, Adam, threw it," Chris explained. "I wouldn't let him play with it, so he grabbed it and threw it."

"It was a pretty good throw, but a pretty bad landing," Dad added. "It cracked the wheel and bent the axle. I managed to straighten the axle, but there was nothing I could do about the wheel."

"And where's Adam now?" Brother Rogers asked.

"My mom stayed home with him," Chris said. "She said she didn't think he would enjoy watching the races. I think maybe she was





afraid he would ruin someone else's car."

Brother Rogers ruffled Chris's hair. "I have a little brother. They can be a trial sometimes."

Chris nodded his head. "That's for sure. But it wasn't really his fault. All he wanted to do was roll it across the floor like I was doing. If I had let him have a turn, he wouldn't have thrown it."

"Think of it as a learning experience," Brother Rogers said. "Next time you'll be more patient with him."

Chris nodded.

The man in the Scout uniform whistled loudly. "If I could have everyone's attention, please. We have some trophies and ribbons to award to the winners."

Chris picked up the cupcake Sarah had brought him. "Well, I guess I'll eat my cupcake now."

Sarah smiled. "I'll go get you another one if you want me to."

"No thanks."

"I'm sorry your car didn't win," Sarah said. "Maybe it will get a prize for being the prettiest."

Chris shook his head.

Brother Rogers announced the names of the boys with the best overall times. Chris watched as each boy shook hands with Brother Rogers and took his prize. Next, there was an award for the best-looking car. Sarah shook her head sadly when Chris didn't win.

"We have one more prize," Brother Rogers announced. "We have a prize for the car with the single best time. And the winner is Chris."

Chris looked up, surprised. "Me?" he asked, fearing he had heard wrong.

"Yes, you," Brother Rogers laughed. "Your time in the first race was the fastest time all night."

Chris hurried to the podium, wiping the cupcake off his hands as he went. He smiled as Brother Rogers handed him the trophy.

Chris hurried to his seat. "Check it out," he said proudly, holding the trophy out for his dad to see.

"Let me see!" squealed Sarah. As she reached for the trophy, she lost her balance and started to fall.

Chris and Dad both grabbed Sarah and held her steady as the trophy fell to the ground. It landed with a loud crack, and broke into two pieces.

Chris groaned. "Not again."

Sarah started to cry. "I'm sorry."

Dad picked up the pieces. "I'm sure we can glue it back together."

"What happened?" Brother Rogers asked.

"Just another learning experience," said Chris. He turned to Sarah. "Don't feel bad. I know it was an accident. Anyway, it makes sense that my broken car should win a broken trophy."

Sarah smiled through her tears. "You're not mad?"

"No, I'm not mad. Let's see if there are any more cupcakes. I think Adam would love it if we took him one." ●



"Remember, a good attitude produces good results, a fair attitude fair results, a poor attitude poor results. We each shape our own life, and the shape of it is determined largely by our attitude."

Elder M. Russell Ballard
Of the Quorum of the Twelve
Apostles
From an April 1981 general
conference address.

Friends in the News



Anna McBride, 11, Oakley, Idaho, likes to dance, do gymnastics, and play basketball. She likes singing with her friends in Primary.



Aaron Cadayong, 4, Littleton, Colorado, likes to ride his bike and scooter. He is a loving, happy boy. He enjoyed visiting the Nauvoo Temple during the open house.



Huafa Saulala, 6, Carmel Valley, California, likes to go to school, jump on the trampoline with her mom, and read books. She practices singing every day. She just started taking piano lessons.



Matthew Mink, 5, Edgewood, New Mexico, likes to pray for his big brother, who is serving a mission in Russia. He likes Primary and playing soccer. He loves his friends.



Natalie Noelle Fillmore, 8, Clinton, Iowa, enjoyed being in the City of Joseph pageant with her family in Nauvoo. She danced in the Nutcracker Ballet last Christmas. She is the "spunk of the family."



Neal Gaffin, 7, Las Vegas, Nevada, does well in school and enjoys playing the piano. He wants to be an engineer because he loves trains. He reads scriptures with his family every night.



Mariah Woods, 10, Great Falls, Montana, enjoys Primary and helping her mom in the kitchen. She likes spending time with her friend Emily, and she loves her two dogs, Buddie and Loney.



Elias Picard, 11, Fredericksburg, Virginia, is looking forward to becoming a deacon. He enjoys baseball, is a good trombone player and artist, and is the "best big brother in the world!"



Cecily Rose Francisco, 10, Vernal, Utah, likes to roller-blade and ride her scooter. She enjoys math, reading, and spelling. Her favorite Primary song is "Love Is Spoken Here." She has a strong testimony.



Cory Rundall, 5, Boardman, Ohio, likes karate, inventing things, and going to Primary. He loves his teachers and his three sisters. He's trying new foods because it will help him on his mission.



Brooklyn Jean Arnold, 8, Boise, Idaho, sang a beautiful solo at her baptism. She is patient and kind. She taught her new puppy, Copper, tricks. She is a joy to her family and grandparents.



Kind and funny, **Cody Williams**, 8, Los Angeles, California, has many friends. He enjoys Primary and reading the scriptures. He likes school, Cub Scouts, and all sports, especially basketball and soccer.



Tayleen Hill, 6, Newport, North Carolina, likes going to church, playing the piano, and playing soccer. She looks forward to being a big sister to a new baby brother.



Bradley Burk, 12, Springerville, Arizona, loves to help his grandpa. Bradley is working on his On My Honor Award and is eager to do baptisms for the dead in the Snowflake Arizona Temple.



Sarah Beckrich, 7, Shakopee, Minnesota, has taken dance lessons for five years. She likes gymnastics and started taking piano lessons. She enjoys Primary. She is looking forward to being baptized.



Tyce Jones, 5, Houston, Texas, was the first child sealed to his parents through adoption in the Houston Temple. He likes all sports, computer games, and walking to his cousin Ben's house.



Erin Hayes, 6, Essex, Connecticut, likes to go to Primary to learn about Jesus and the temple. She likes sports and playing with her dog, Chip. She enjoys reading and playing with dolls, too.



Danny Christophiades, 10, South Weber, Utah, has a great imagination. He writes his own picture books. He enjoyed having the Olympics near his home and seeing the torchbearer run by!



Careissa Ann Wilkins, 9, Misawa Air Force Base, Japan, likes living in Japan and learning the language. She is sensitive to others' needs. She enjoys Achievement Days and making treats for her family.



Q Amayan Heward, 6, Pima, Arizona, likes to do the activities in the *Friend*. He enjoyed the Snowflake Arizona Temple open house, and he likes soccer and football. (Q really is his first name.)



Camilla Triana, 7, Logan, Utah, was named after a prophet's wife, Camilla Kimball. She enjoys playing with her sisters and drawing. She has a testimony of the gospel.



Simon Max van Amen, 7, Raleigh, North Carolina, likes football, soccer, hockey, and skiing. He is looking forward to his baptism and receiving his own set of scriptures. He loves reading scripture stories.



Brittany Molina, 11, Beaverton, Oregon, finished reading the Book of Mormon by age eight and achieved her Gospel in Action Award at age nine. She likes soccer, reading, and school.



An excellent reader, **Simon Lowe**, 9, Bendigo, Victoria, Australia, wants to be a scientist someday. He is loving and kind. This is a surprise from his brother Adrian.

Debbie, My Friend

BY JULIE MCNAMARA

(Based on a true story)

Add to your faith . . . brotherly kindness; and to brotherly kindness charity (2 Peter 1:5, 7).

Debbie is two years older than I am, and a few inches taller. She is my sister and my friend.

We play together, and she pushes me on the swing. We work together, and I help her tidy up the living room.

Debbie just learned how to ride a bike, and now she's teaching me. When I fall, she helps me up and makes sure that I'm OK. After she teaches me to ride the bike, I'll teach her to draw an airplane. I'm good at drawing airplanes.

We like to do everything together. When a neighbor asks Debbie to come and play, she says, "Can Josh come, too?"

Sometimes when our family goes on trips, Debbie tells stories to me and baby Jennie. We like her stories. She knows lots of stories from Primary because she's five, and she's been in Primary for two whole years.

When she tells the story of David and Goliath, she lets me say David's part, because now I know the story, too.

Now that I'm in Primary, I'm learning lots of new stories, just like Debbie. Maybe next time we take a trip, I'll tell stories to her and baby Jennie. I'll let Debbie do Goliath's part because she knows it so well.

The first time I went to Primary, I was excited and I wasn't scared, because Debbie was sitting right behind me. She always brings me right to my row and says, "Don't worry, Josh—I'll be right back there."

I'm glad Debbie's my sister. She plays with me, helps me, and teaches me. She's my friend. ●

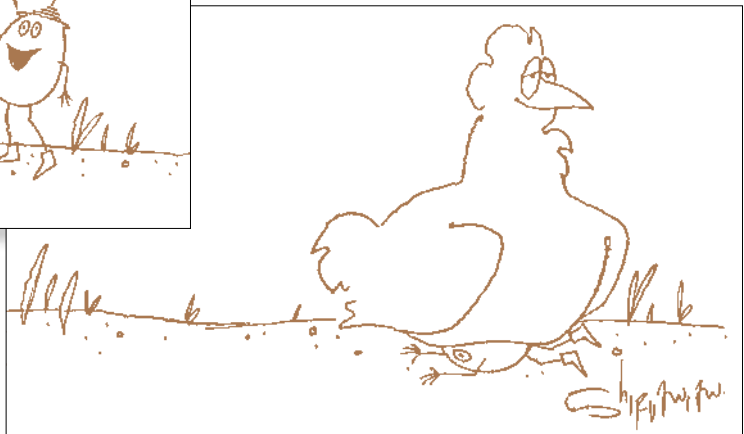
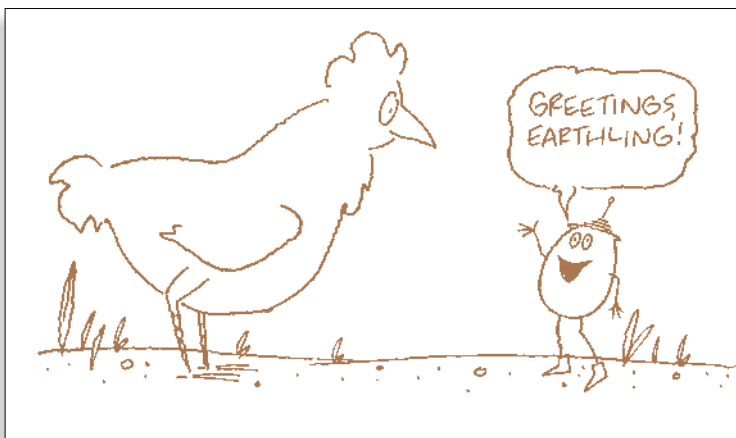


Apricot-Coconut Candy

BY PEGGY RUSSELL

- confectioners' sugar
- 2 tablespoons softened margarine
- 1/2 cup light corn syrup
- 1 tablespoon water
- 1/2 teaspoon vanilla extract
- 1/4 teaspoon almond extract
- 2/3 cup nonfat dry milk
- 2 cups chopped dried apricots
- 2 cups flaked coconut

1. Pour about 1/2 cup of confectioners' sugar into a shallow bowl. Place a piece of waxed paper next to the bowl; set aside.
2. Mix the margarine with the corn syrup in a large bowl. Stir in the water, vanilla extract, almond extract, and dry milk. Add the apricots and coconut to the mixture.
3. Using clean hands, mix the dough thoroughly. Pinch off a small piece and roll it into a 1-1/2" (4 cm) ball. Roll the ball in the confectioners' sugar, then put it on the waxed paper. Repeat until you have used all of the dough. Store in an airtight container.



For Little
Friends

Serving Jesus

BY ROBERT PETERSON

Jesus said that when we serve others, we serve Him, too. When we shovel Sister Jones's walk, we think of how much we love Jesus and how much He loves us. While we're busy shoveling, please help us find these twelve hidden pictures: a bird, a comb, an eagle's head, a feather, a fish, a fork, an ice-cream cone, a pencil, a sailboat, a snail, a toothbrush, and a turtle. Then color the picture.



Illustrated Valentines

Glue this page to heavy paper and cut out the hearts. Draw a picture of each person you'll give the valentine to on the back of his or her heart. Then give it away with a hug and a kiss.

Dear Mommy,

*Your touch is soft,
Your smile is bright.
Your love has filled my world with light.
I love you back with all my might.*

Dear Daddy,

*You are so strong
And good and wise.
No valentine of any size
Could hold my love—but
this one tries.*

Dear Primary Teacher,

*You taught me
Shining truths divine.
When I grow old, they'll still be mine,
And I'll still be your valentine.*

Dear Bishop,

*You are so caring,
And so kind
That even if this doesn't rhyme,
I know you'll be my valentine.*

The Savior's Church, Then and Now

(A POSTER FLANNEL-BOARD STORY)

For thus shall my church be called in the last days, even The Church of Jesus Christ of Latter-day Saints (D&C 115:4).

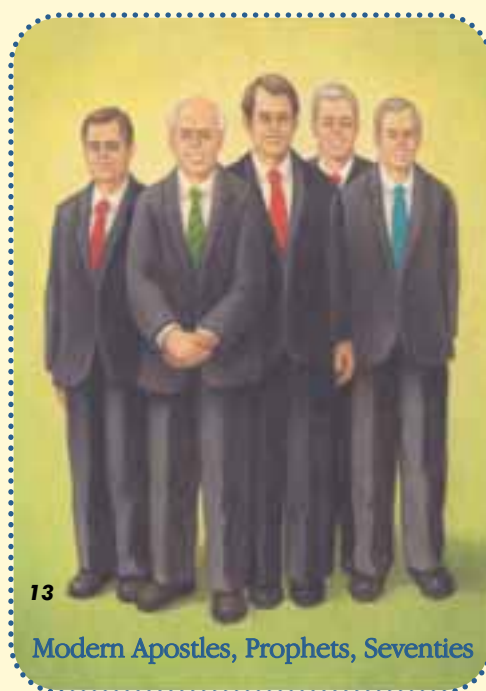
Instructions: Read, or tell in your own words, the story below. When a number appears in the story, put up the flannel-board figure with the same number (or point to it, if it is already in place; note that (2) and (3) are from pages 42–43 of the January 2003 Poster Article). Think of other ways you can be like Jesus Christ, and make your own flannel-board figures to add to those here.

When Jesus Christ (2) was living on the earth, He organized His church (3) with Apostles and prophets. He also called other priesthood officers, including Seventies (10). When He restored His church through the Prophet Joseph Smith (11), it had the same foundation of Apostles and prophets (12). He declared that we are to follow the prophet, because it is the prophet who teaches us what He, the Lord, wants us to know and do (see D&C 1:38). Each time that He organized His church, the Lord called the prophets and the Apostles and the Seventies (10, 13) to go to all the world to preach His gospel (see Mark 16:15, Luke 10:1, D&C 107:23, 25).

What are some of the teachings of the gospel of Jesus Christ (2)? The Savior Himself showed us by His example as well as by His words. He healed the sick. He was a peacemaker. He was baptized. He prayed. He loved everyone. He testified of Heavenly Father and the plan of salvation. He always chose the right, doing what Heavenly Father wanted Him to do.

He taught that we should study the scriptures (14), help people, comfort those who are sad, honor our parents (15), be peacemakers, pray often (16), have faith and testify of Him and Heavenly Father (17), be baptized (18), love everyone, obey the commandments (19).

As members of His church today, The Church of Jesus Christ of Latter-day Saints, we promise to follow Him by doing these things.



13

Modern Apostles, Prophets, Seventies



12



Our Creative Friends

Snow

Snow drifting down from the sky
silently, very silently. Snow just waiting
to be played with, if only kids were
around to play with the snow. Hours
go by, the snow quiet, more quiet than ever,
and me just lying there in the snow,
enjoying the peace and quiet.

*Stacie Edwards, age 10
Meridian, Idaho*

Baptism

Baptism is what we need
To be a member and succeed
In keeping the promises that we made
So all our sins are sure to slowly fade.
We'll get the Holy Ghost.
Well, that's what we need the very most.
The prophet gives us holy words
To live with in heaven afterwards.
Baptism is what we need
To be a member and succeed.

*Alexa Franks, age 8
Denver, Colorado*

My Brother

That is Dan.
He's my man.
He's my oldest brother.

What a mind he has
That's for all sorts of jazz.
He's smarter than any other.

Dan's really clever.
He can build a lever,
And he gets us all keen.

He's off to college
For some more knowledge
'Cause he's almost out of his teens.

We're all gonna miss you.
Mom, grab a tissue.
We hope to see him soon!

When you come back, non-tardy,
We're gonna throw a party
With lots and lots of balloons!

*Jalyn LeCheminant, age 10
Santa Rosa, California*

Snowy Owl

Snow is falling gently
Over the horizon.

Something flies slowly.
What is the season?

The snowy owl loves to play.
It loves to hide,
And you seek.
This is the owl's game.

*Deborah Tompkins, age 12
Tarboro, North Carolina*

A Never-Ending Bond

Fighting never happens.
Running and playing all day.
I have many friends.
Everyone needs one.
Nice to be together.
Dinner at each other's house.
Someone who is fun to be with.

*McKay Cloward, age 11
Rigby, Idaho*

I Love the Seasons

Fall, fall, fall,
I love you.
I love to jump
in your leaves, leaves, leaves!

Winter, winter, winter,
I love you.
I love to make a snowman
with your snow, snow, snow!

Spring, spring, spring,
I love you.
I love to see your tulips
when they bloom, bloom, bloom!

Summer, summer, summer,
I love you.
I love to go swimming
with a splash, splash, splash!

*Paige Miller, age 6
Garland, Utah*

The Puzzlement

I wonder why the rains fall.
I wonder why the birds call.
I wonder why the snow is white.
I wonder how the sun makes light.

Should I do this or that?
Should I wear this hat?
Is this right or wrong?
How deep is the ocean and how long?

Am I happy or sad?
Am I good or bad?
Do I always whimper?
Do I have a bad temper?

Will I be good to my husband or wife?
Am I doing purposeful things in my life?
This world is such a puzzlement.
No one can figure it out in this life.
All we can do is be good and be true.
Then one day we will find out
What this world is all about.

*Brooke Adams, age 10
Germantown, Maryland*

The Magnificent Sun

The sun is a magnificent ball
Of nuclear gas.
Its vivid red and orange colors send
Fantastic golden rays to earth,
Lighting everything up,
Even the darkest corner.
Earth is lit up by its dazzling, sizzling colors.
Its brilliant heat warms us up.
We all love the sun for the support
That it gives us to live our lives.
The sun is very beautiful at sunrise
And especially at sunset.
The magnificent sun!

*Alex Luke, age 10
Madrid, Spain*

Love

Love is like a fire—
If you keep the fire going, then more love
will flow.

Love is a wonderful thing that can always last!
In your life, I hope that you feel lots of
love like I do.

For example, I have two wonderful grand-
parents who love me, and I love them.
I also have an amazing amount of cousins.

If you really want to find out who else is in my
family, then just keep on reading;
If not, then stop and just call it the end.

I also have my sister, brother, mom, and dad.
I have twenty aunts and uncles.
So you can tell I have lots of love for every-
one, especially you, you, and you.

*Kimberlee Dawn Smith, age 11
Moses Lake, Washington*



*Valerie Dudley, age 10
Panama City, Panama*



*Jake Nuttall, age 7
Shelley, Idaho*



*Asbley Tritapoe, age 5
Austin, Texas*



*Spencer Galbraith, age 11
Altoona, Pennsylvania*



*Kelli Ricks, age 9
Monroe, Washington*



*Jared Combs, age 5
Centennial, Colorado*



*Lynelle Thompson, age 6
Long Beach, California*



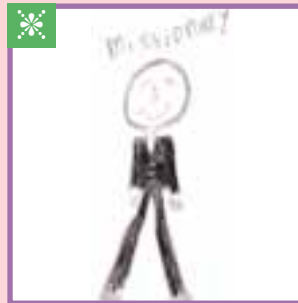
*Cort Nelson Beyler, age 4
Honeyville, Utah*



*Kristen E. Wolf, age 9
Chesapeake, Virginia*



*Robert Kemsley, age 6
Frisco, Texas*



*Julia Sveinson, age 7
Cold Lake, Alberta, Canada*



*Tanner Green, age 10
Mesa, Arizona*



*Jessica Lowry, age 11
Layton, Utah*



*Jacob McCord, age 7
Kailua, Hawaii*



*Natalie Reed, age 11
Roanoke, Indiana*



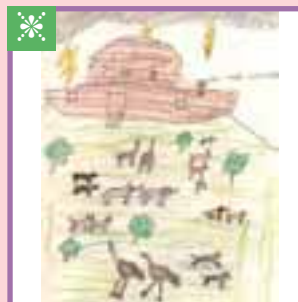
*Jameson Walker, age 4
North Aurora, Illinois*



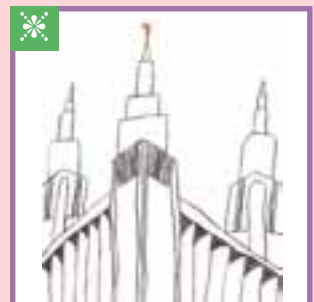
*Mekell Tew, age 8
Santaquin, Utah*



*Tucker Buebner, age 7
Greensboro, North Carolina*



*Nathanial Bailey, age 8
Orangevale, California*



*Hannab Cash, age 10
Eugene, Oregon*



Pebble of Forgiveness

BY JANE MCBRIDE CHOATE

(Based on a true story)

Levi didn't have his mind on Primary that Sunday. He was still angry with his older brother, Jason. Jason had just gotten his driver's license. Last week, he had run over Levi's bike, even though Levi had carefully parked it at the side of the garage. He had saved his own money to buy the bike. It had taken a long time.

"I'm really sorry. I'll fix it up just like new," Jason promised.

Levi looked at the crumpled fender. "It won't be the same."

Jason apologized again, but Levi refused to listen. "If you weren't such a crummy driver, you wouldn't have wrecked my bike."

"I told you I'd fix the bike." Jason didn't sound so sorry now.

Levi stomped off, locking himself in his room for the rest of the afternoon and coming out only when Mom insisted he join the family for dinner.

That was last Wednesday. Levi had held onto his grudge for four days. It bothered him, being angry at Jason. Still, he didn't feel like forgiving his brother.

After opening exercises and singing time, Sister McClure, the second counselor in the Primary presidency, presented sharing time to the older children. Starting with Levi's class, she passed around a small paper cup. "Take one and pass it on," she said.

Levi reached inside the cup and found it filled with pebbles.

"Put a pebble into your shoe," she said. "Now try walking in place."

Levi lifted up his foot and brought it down again. The little stone felt funny against his foot. He tried to move it to a more comfortable spot, but it kept rubbing against his foot.

"Now reverently walk around the room," Sister McClure instructed.

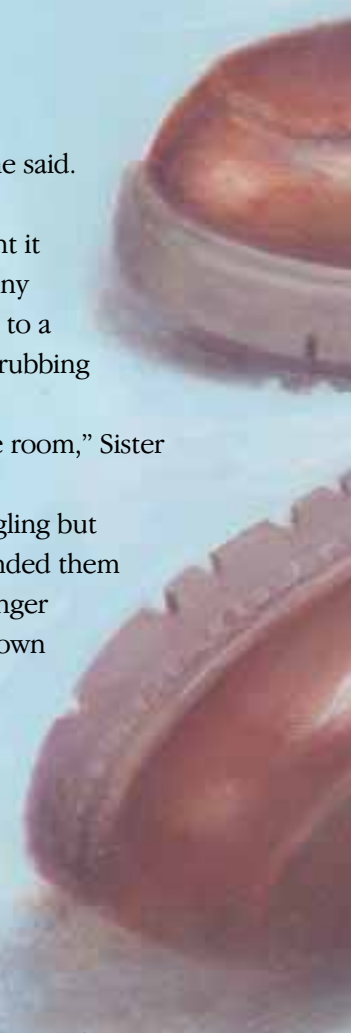
Some of the children started giggling but stopped when Sister McClure reminded them to be reverent. A couple of the younger children started to limp and bent down to remove their stones.

Levi kept the pebble in his shoe. It began to feel a lot bigger as he walked.

After a few minutes, Sister McClure told the children to take their seats and remove the pebbles from their shoes. Once more, she passed around the paper cup and asked the children to put the pebbles inside.

Then she explained, "Those little pebbles are like the feelings we have when we don't forgive someone who has offended us. They can start out small but then feel bigger and bigger."

"What if the person who did something to hurt us isn't really sorry?" Levi wanted to know.





“Sometimes we need to forgive, even when the other person doesn’t apologize or repent,” Sister McClure responded.

Sister McClure told a story about a time when the Prophet Joseph Smith forgave one of his friends who had betrayed him. Levi felt a lump in his throat as he listened to how the Prophet had forgiven William W. Phelps, even though Brother Phelps had conspired with the mobs who persecuted the Church and its leaders.

Levi thought about Sister McClure’s lesson during the rest of Primary. Following dinner that evening, when his parents asked family members what they had learned in church, Levi told them about the pebbles.

“How did your foot feel by the time you took the pebble out?” his dad asked.

“My foot was a little sore,” Levi admitted. “Sister McClure compared walking around with a pebble in your shoe to carrying a grudge and refusing to forgive someone who offended you.”

“It sounds like one of Mom’s object lessons,” his little sister, Annie, said.

Everyone laughed. The whole family knew that Mom liked to use objects in the lessons she gave for family home evening.

Before he went to bed, Levi knocked on Jason’s door. “I’m sorry I’ve been such a jerk,” he said when Jason opened the door. “I know you didn’t mean to run over my bike.”

“Hey, I’m the one who’s sorry.” Jason pulled Levi into a bear hug and lifted him off the floor. “What do you say we work on the bike together tomorrow after school? I’ll ask Dad if we can use his tools.”

“Great!” Levi said, and as he went to his room, he thought, “I really *do* feel great!” ●

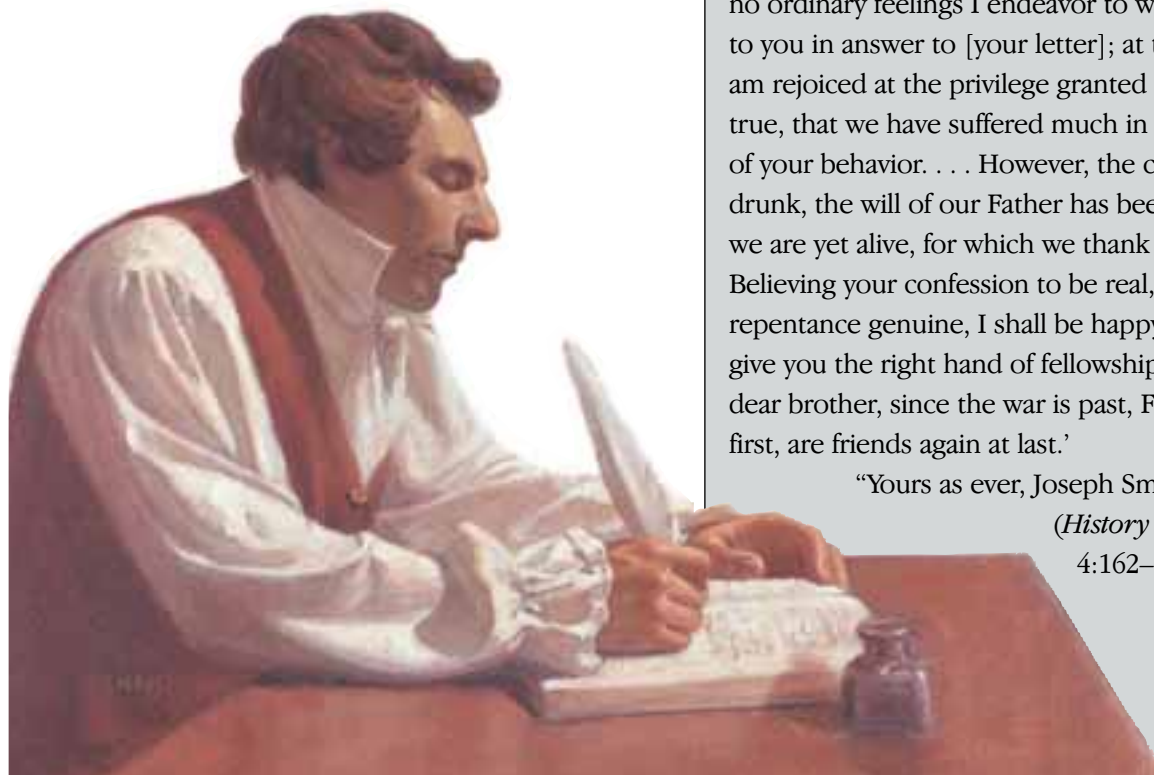
“FRIENDS AGAIN AT LAST”

After William W. Phelps betrayed the Prophet Joseph Smith, Brother Phelps asked for Joseph’s forgiveness. The Prophet wrote him this letter:

“Dear Brother Phelps:—I must say that it is with no ordinary feelings I endeavor to write a few lines to you in answer to [your letter]; at the same time I am rejoiced at the privilege granted me. . . . It is true, that we have suffered much in consequence of your behavior. . . . However, the cup has been drunk, the will of our Father has been done, and we are yet alive, for which we thank the Lord. . . . Believing your confession to be real, and your repentance genuine, I shall be happy once again to give you the right hand of fellowship. . . . ‘Come on, dear brother, since the war is past, For friends at first, are friends again at last.’

“Yours as ever, Joseph Smith, Jun.”

(History of the Church, 4:162–64.)



HAPPY Hearts Club

BY SHARON KISER

Carefully remove this page from the magazine and glue it to heavy paper. Cut out the Happy Hearts Club cards. (Make additional cards if there is not one for each member of your family.)

Have your family form a Happy Hearts Club in family home evening. Parents and children will need to decide on acceptable good deeds, who is to check off the cards after each deed is done, and how many days or weeks the activity will last. Each time a good deed is done, a square on the card can be checked. There are 40 squares on each card. Pass out the cards and have everyone write his/her name on a card. Then watch out for "happy hearts" as family members do nice things for one another.



Happy Hearts Club
I have a happy heart when I do good deeds.
 Name.....

Happy Hearts Club
I have a happy heart when I do good deeds.
 Name

Happy Hearts Club
I have a happy heart when I do good deeds.
 Name

Happy Hearts Club
I have a happy heart when I do good deeds.
 Name

Happy Hearts Club
I have a happy heart when I do good deeds.
 Name

Happy Hearts Club
I have a happy heart when I do good deeds.
 Name

The Gospel Is Restored

BY VICKI F. MATSUMORI

“For thus shall my church be called in the last days, even The Church of Jesus Christ of Latter-day Saints” (D&C 115:4).



What things do you think you’ll remember from Primary after you leave it? A favorite song? A special scripture story? My Gospel Standards?

Elder L. Tom Perry of the Quorum of the Twelve Apostles said that he was required to know the names of all the Apostles who were serving at the time he was in Primary, as well as all the articles of faith. But when he tried to remember them as an adult, “I discovered I could still name the Twelve Apostles that existed at that time . . . [but] after the first five articles of faith, I had trouble remembering their order and their full content.”

So Elder Perry again studied the Articles of Faith, and as he did, he had “a deep conviction . . . that they were given by revelation to the Prophet Joseph Smith.”

The Prophet Joseph wrote the Articles of Faith in answer to a question by John Wentworth, a newspaper editor. The Prophet wrote about many things that had happened when the gospel was restored. He told about the First Vision and translating the Book of Mormon. Then he wrote 13 statements that explained Latter-day Saints’ beliefs.

Elder Perry promises: “If you will use them as a guide to direct your studies of the Savior’s doctrine, you will find yourselves prepared to declare your witness of the restored, true church of the Lord. You will be able to declare with conviction: ‘We believe these things.’” (See *Ensign*, May 1998, pages 22–24.)

Articles of Faith Matching Game

Mount page 47 on heavy paper. Cut out each card. Use the cards to memorize each article of faith.

Then play a matching game with all of the cards by placing them facedown on a flat surface. Take turns turning over two cards to try to make a match.

Sharing Time Ideas

(Note: All songs are from *Children’s Songbook (CS)* unless otherwise indicated; GAK = Gospel Art Kit; TNGC = Teaching, No Greater Call)

1. To help the children learn about the blessings of the Restoration, review some of the events recounted in Joseph Smith—History. Invite four people dressed in simple costumes to come prepared as Joseph Smith’s friends or family members and tell about an event as if Joseph had told them, using parts of the scripture as appropriate. Divide the children into four groups and, using stations (*TNGC*, p. 179), have the groups rotate and listen to each visitor testify about the truths that were revealed because of this event: The First Vision / JS—H 1:14–17; the need for the Restoration / JS—H 1:18–19; receiving and translating the Book of Mormon / JS—H 1:59–60; the restoration of the priesthood / JS—H 1:68–72. Sing songs about the First Vision, the Book of Mormon, and the priesthood.

2. To help the children understand the blessing of having the priesthood of God restored to the earth, have them locate and read aloud together 1 Peter 2:9. Discuss the blessings and obligations that come from being a “chosen generation, a royal priesthood, a holy nation, a peculiar people.”

Place these wordstrips in a container: BLESSING A BABY, BAPTISM, CONFIRMATION, BLESSING THE SACRAMENT, GIVING A HEALING BLESSING, A NEW TEACHER BEING SET APART, A FAMILY IN FRONT OF THE TEMPLE, DEDICATION OF A BUILDING, MISSIONARIES, A BISHOP, and THE PROPHET.

Have one or two children choose a wordstrip and then draw the scene on the chalkboard while the rest of the Primary guesses what blessing from the priesthood is being drawn. (This activity could be done in teams.) Discuss how the priesthood is used in that instance. Have the children tell what they can do to honor the priesthood holder. Sing an appropriate song. Repeat until all the wordstrips have been used.

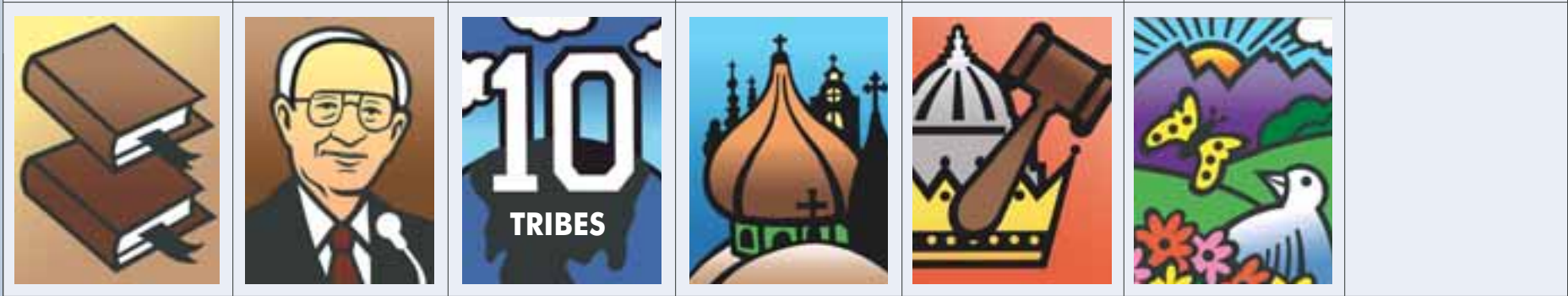
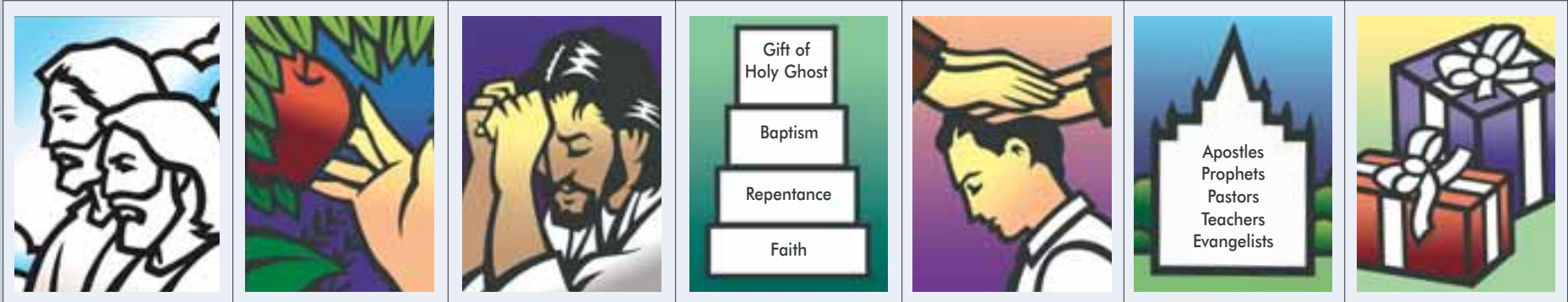
3. Play a game to review Articles of Faith 1:1, 5, 8, and 9, which deal with principles of the Restoration. Give each child a pencil and a piece of paper that has been sectioned into five rows and five columns. Prior to sharing time, write the following 30 terms on the chalkboard and on separate pieces of paper and place them in a container: God, Eternal, Father, Son, Jesus Christ, Holy Ghost, man, prophecy, laying, hands, authority, preach, gospel, administer, ordinances, thereof, Bible, word, translated, correctly, Book of Mormon, revealed, now, yet, many, great, important, things, pertaining, kingdom.

Have the children write “We believe” in the center space of their cards. Read the above articles of faith aloud while pointing to the important words listed on the chalkboard. Have the children choose 24 of them and write them in random order in the remaining spaces on their cards.

Give each child small pieces of paper or other items, such as beans or buttons, to use as markers and put one in the “We believe” space, and other markers on the words as they are said. Have the children take turns

<p>1</p> <p>We believe in God, the Eternal Father, and in His Son, Jesus Christ, and in the Holy Ghost.</p>	<p>2</p> <p>We believe that men will be punished for their own sins, and not for Adam's transgression.</p>	<p>3</p> <p>We believe that through the Atonement of Christ, all mankind may be saved, by obedience to the laws and ordinances of the Gospel.</p>	<p>4</p> <p>We believe that the first principles and ordinances of the Gospel are: first, Faith in the Lord Jesus Christ; second, Repentance; third, Baptism by immersion for the remission of sins; fourth, Laying on of hands for the gift of the Holy Ghost.</p>	<p>5</p> <p>We believe that a man must be called of God, by prophecy, and by the laying on of hands by those who are in authority, to preach the Gospel and administer in the ordinances thereof.</p>	<p>6</p> <p>We believe in the same organization that existed in the Primitive Church, namely, apostles, prophets, pastors, teachers, evangelists, and so forth.</p>	<p>7</p> <p>We believe in the gift of tongues, prophecy, revelation, visions, healing, interpretation of tongues, and so forth.</p>
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<p>8</p> <p>We believe the Bible to be the word of God as far as it is translated correctly; we also believe the Book of Mormon to be the word of God.</p>	<p>9</p> <p>We believe all that God has revealed, all that He does now reveal, and we believe that He will yet reveal many great and important things pertaining to the Kingdom of God.</p>	<p>10</p> <p>We believe in the literal gathering of Israel and in the restoration of the Ten Tribes; that Zion (the New Jerusalem) will be built upon the American continent; that Christ will reign personally upon the earth; and, that the earth will be renewed and receive its paradisiacal glory.</p>	<p>11</p> <p>We claim the privilege of worshipping Almighty God according to the dictates of our own conscience, and allow all men the same privilege, let them worship how, where, or what they may.</p>	<p>12</p> <p>We believe in being subject to kings, presidents, rulers, and magistrates, in obeying, honoring, and sustaining the law.</p>	<p>13</p> <p>We believe in being honest, true, chaste, benevolent, virtuous, and in doing good to all men; indeed, we may say that we follow the admonition of Paul—We believe all things, we hope all things, we have endured many things, and hope to be able to endure all things. If there is anything virtuous, lovely, or of good report or praiseworthy, we seek after these things.</p>	
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choosing and reading a word from the container. When a child has markers covering five spaces in a row, he/she raises his/her hand and says, "I believe." Invite the child to stand and repeat any article of faith.

Between games, sing songs such as "The First Article of Faith" (p. 122), "The Fifth Article of Faith" (p. 125), "The Ninth Article of Faith" (p. 128), "The Sacred Grove" (p. 87), "The Priesthood Is Restored" (p. 89), "On a Golden Springtime" (p. 88), "Book of Mormon Stories" (pp. 118–119).

Encourage the children to take their card home to share with their family as an idea for a family home evening activity.

4. Help the children increase their testimonies about the Book of Mormon by having them learn information found on the title page. Ask questions such as "Whose hand wrote this account?" "Where were the plates taken?" "Who translated this account?" Then have a child read the answer as it is written on the title page.

Bear your testimony about Joseph Smith translating the Book of Mormon from plates given to him by the Angel Moroni. Share an appropriate experience about the power of the Book of Mormon. Sing "Book of Mormon Stories" (pp. 118–119).

Review some Book of Mormon stories by handing out these GAK pictures to different children: Lehi—301; Nephi—303; Enos—305; Abinadi—308; Alma—309; King Benjamin—307; Alma the Younger—321; Ammon—310; Captain Moroni—312; Helaman—313; Samuel the Lamanite—314; Jesus Blesses the Nephite Children—322; Mormon—306; Moroni—320; Joseph Smith Receives the Gold Plates—406.

Make a time line around the perimeter of the room by attaching these dates to the walls: 600 B.C.; 591 B.C.; 544–421 B.C.; 160–150 B.C.; 148–147 B.C.; 130 B.C.; 100–92 B.C.; 90 B.C.; 73 B.C.; 64 B.C.; 6 B.C.; A.D. 34; A.D. 385; A.D. 400–421; A.D. 1823. Make up a second set of dates on separate pieces of paper and place them in a container.

With the children, review how to locate scriptures in the Book of Mormon, and teach them how to find the approximate dates of events, located at the bottom of the pages. Use a chalkboard to explain how dates are written with Christ's birth at the midpoint of B.C. and A.D. dates.

Allow the children time to locate the first Book of Mormon reference listed on the backs of their GAK pictures and the approximate dates on the bottoms of the pages. (Note: the date for Joseph Smith receiving the plates is found in JS—H 1:27.)

Have a child take a date from the container. Have the children with the corresponding picture place it below the time-line date, then briefly tell the story and how Heavenly Father blessed the people in the picture.

Sing songs about some of these events, such as "Nephi's Courage" (pp. 120–121), "We'll Bring the World His Truth" (pp. 172–173), "Easter Hosanna" (pp. 68–69), "An Angel Came to Joseph Smith" (p. 86).

For younger children: Place the time line around the room as explained above, leaving a space between 6 B.C. and A.D. 34. Have the children sit in a circle. Place the GAK pictures listed above in the middle of the circle, along with GAK 200 (The Birth of Jesus). Pick up the picture of Lehi. Ask questions such as the following to have the children help tell the story: "Who is in the picture?" "What do you think is happening?" "Why are they leaving?" "Where are they going?" Have a child place the picture under the 600 B.C. date. Sing "Book of Mormon Stories" (pp. 118–119). Repeat the process for the rest of the dates, placing the picture of the birth of Jesus Christ between the B.C. and A.D. dates.

5. Help the children understand the importance of making and keeping covenants. Before Primary, on separate slips of paper, write questions such as these about the covenants children make at baptism, at confirmation, and when they take the sacrament: "Who baptized Jesus?" "At what age can you be baptized?" "What promises do you make when you take the sacrament?" Place the slips in a container.

Locate pictures about baptism, confirmation, and the sacrament, such as these in the GAK: John the Baptist Baptizing Jesus, 208; Alma Baptizes in the Waters of Mormon, 309; Baptism, 601; The Gift of the Holy Ghost,

602; The Last Supper, 225; Blessing the Sacrament, 603; Passing the Sacrament, 604.

Have the music leader make a list of possible songs to sing about these covenants and ordinances.

Draw a simple game board on the chalkboard (see *TNGC*, pp. 169–170) with a picture of the Savior at the finish and a paper doll cutout as the marker.

Introduce the game by having the children read aloud D&C 136:4. Discuss what it means to "walk in all the ordinances of the Lord." Tell them that the object of the game is to help the marker "walk" in the ordinances by their taking turns to answer a question, guess the picture, or name the song. If the child chooses to answer a question, he draws a question from the container and advances the marker if the question is answered correctly.

If the child chooses to guess the picture, he faces the Primary. The other children are shown the picture; then the child asks up to 10 questions that can be answered yes or no to gain information to help him guess what the picture is of. He advances the marker if he guesses correctly.

If the child chooses to name the song, he/she guesses it from notes played on the piano. The number of notes played is 13 minus the child's age. If the child guesses correctly, he advances the marker, and everyone sings the song.

Have the children continue to take turns until the marker reaches the finish. Discuss some of the blessings they can receive because of their obedience to commandments and keeping their covenants.

For a class presentation: Have the class members help prepare the above game by having them write questions, locate pictures from the meetinghouse library, and choose appropriate songs to sing. Additionally, have each class member find out more about the pictures that have been chosen. Have them look up the scriptures referred to on the back of each GAK picture. During the game, after a picture has been shown and guessed, have a class member retell the story and share a scripture.

6. *Song presentation:* Explain that each verse of "On a Golden Springtime" (p. 88) tells a story. Display a simple line drawing of a seed beginning to sprout with a sun shining down.

Have the children listen as you sing the first half of the first verse, then find the picture sung about and point out the things described in the song. Sing that line of the song (e.g., "A tiny seedling lay asleep"). Have the children sing it with you; repeat for other elements they locate in the drawing.

Sing the first half of the first verse again, stopping after phrases, and have the children sing the phrases with you, then sing the first half of the first verse all the way through.

Sing the second half of the first verse (from "Awake, awake") and have the children listen for words that rhyme with "light." As the words are mentioned, re-sing those phrases and have the children sing them with you. Point out that the music supports the words. "Awake" is written as you would speak the word, with the second syllable note sung higher than the first. The notes for "upward to the light" also go upward. Sing the second half of the first verse all the way through with the children. Then sing the first verse all the way through.

Teach the second and third verses in a similar manner, using GAK pictures 233, Mary and the Resurrected Lord, and 403, The First Vision.

To repeat the songs, you may want to use visual aids such as a seed growing taller (see "Make a String Picture," *Friend*, March 1982, p. 45).

7. Additional *Friend* resources: "The Church of Jesus Christ of Latter-day Saints Was Organized," Apr. 2001, pp. 24–25; "A Sacred Promise," Mar. 2000, pp. 12–14; "I Can Keep My Covenant," Aug. 1999, pp. 44–46; "Priesthood Blessings," June 1995, pp. 36–37; "I Feel Reverent When I Read the Scriptures," Apr. 1992, pp. 12–13, 46. *Ensign* resources: "A Testimony of the Book of Mormon," Nov. 1999, pp. 69–71; "The Articles of Faith," May 1998, pp. 22–24.



The *Guide to the Friend* can help you find stories or articles for preparing lessons or talks for church or for family home evening. Look for the FHE symbol on the pages mentioned in the *Family Home Evening Ideas*. The Primary theme for February is “I belong to The Church of Jesus Christ of Latter-day Saints.”



Family Home Evening Ideas

1. Study the article “The Name of the Church” (p. 7) by Elder Russell M. Nelson of the Quorum of the Twelve Apostles. Write the name of the Church on a large piece of paper. Talk about why each word is part of the name. Sing together “The Church of Jesus Christ” (*Children’s Songbook*, 77).

2. Read the story “I Have a Testimony” (pp. 4–6). Why is it important to share our testimonies with others? As a family, think of someone with whom you can share your testimony. Write your testimonies in a copy of the Book of Mormon and give it to that person.

3. Study the article “The Word of Wisdom: A Blessing of Strength” (pp. 8–9) by Elder Darwin B. Christenson of the Seventy. Discuss the kinds of blessings we receive when we keep the Word of Wisdom. With your family, make and eat a healthy snack. Plan meals and activities for the week that will help you obey the Word of Wisdom by eating healthfully and exercising.



See page 16.

4. Read the story “Love One Another” (pp. 16–17). Take turns complimenting each family member on something that he or she does well. Write each person’s name at the top of a piece of paper and put the papers in a place often and easily seen. During the week, write down other compliments as you each see other family members do or say things that remind you of their good qualities.

5. Have everyone in your family walk around with a pebble in one shoe for a few minutes. Talk about how it feels. After doing this, read “Pebble of Forgiveness” (pp. 42–44) and talk about why it is important for us to forgive others.

6. Make a card for each family member, and form a Happy Hearts Club (see p. 45). Together make a list of good deeds you can each do both at home and in the neighborhood during the coming week. Sing “Have I Done Any Good?” (*Hymns*, no. 223).

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Manuscript Submissions



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Send children’s submissions to *Friend*, 24th Floor, 50 East North Temple, Salt Lake City, Utah 84150-3220, in care of the appropriate department—Our Creative Friends, Friends in the News, Childviews, Trying to Be Like Jesus.





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*You cannot serve your neighbor
without demonstrating your love
for God. Service is a product of
love. So long as we love, we serve.*

President Thomas S. Monson
First Counselor in the First
Presidency
(*Ensign*, May 1992, 102.)