

For Parents of Little Ones



Five Tips for Letting Young Children Help

- Keep unbreakable dishes in easy reach so children can put them away. Or let them sort clean silverware.
- Give children their own scrub brush or sponge. While you are cleaning, they can “clean” with plain water.

“Can I help?” When your young child says these magic words, you might be tempted to say no. But letting little ones help is an important step in teaching them to serve others. Here are three more benefits.

First, little ones are excited about mirroring Mommy and Daddy, so it’s an ideal time to build the habit of working together.

Second, children who help feel capable and valued as contributing family members.

Third, the whole family will have more time to do fun things together.

So answer that next offer to help with a smile and a “yes.” You’ll be giving your child positive experiences with helping and serving!



- Let them sift, measure, and stir while cooking. Put the mixing bowl within reach on a tablecloth or plastic bag.

- Point out successes and express thanks.

- Ignore mistakes. Resist the urge to take over or redo an imperfect job.

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