



Every day we have lots of decisions to make, like what to watch, wear, or do with our time. Here are some guidelines to help you make good choices.

# Aim for the Best!

## Good, Better, Best

Elder Dallin H. Oaks said, “Consider how we use our time in the choices we are making in viewing television, playing video games, surfing the Internet, or reading books or magazines. . . . Some things are better, and others are best. When the Lord told us to seek learning, He said, ‘Seek ye out of the *best* books words of wisdom’ (D&C 88:118; emphasis added).”<sup>1</sup>

## Growing Better

Sometimes even if something isn’t obviously harmful or wrong, it can distract us from reaching our goals. Elder Quentin L. Cook talked about making good choices. He told about a father who uses a question to help his children make decisions. He asks them, “Will this make you a better person?”<sup>2</sup>

## If the Savior Stood Beside Me

Singing a hymn or Primary song can help us make good decisions. The words to the song “If the Savior Stood beside Me” remind us that Jesus Christ knows us and loves us. Would we make the same decisions if He were standing nearby?

1. “Good, Better, Best,” *Ensign*, Nov. 2007, 105.

2. “Choose Wisely,” *Ensign*, Nov. 2014, 48.





**Good!**

**Better!**

**BEST!**

Does what I say,

how I act,

how I dress,

what I read,

what I watch,

and how I treat others,

bring me closer  
to Jesus Christ?

Cut out this bull's-eye and  
hang it where it will remind you  
to aim for the best!

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