

# Diabetic? NOT ALONE!

*From an interview by Jessica Larsen*

## Sugar Rush

I taught my Scout troop first aid for diabetes. For example, if I don't feel well, I need to drink juice. I even showed them how to give me a special shot if I faint! Afterward we played a diabetes trivia game.



## Fashion Statement

My troop and I made these cool leather ID bracelets for kids who have just found out they have diabetes. We donated them to the hospital.





Hi,  
I'm Matthew!

I have had Type 1 diabetes since I was six years old. That means my body doesn't process nutrients correctly. It's not easy being different. So I like helping other kids who feel different too!



### Speak Out

I raise diabetes awareness by sharing my story with local businesses and explaining what diabetes is. It used to be scary, but now I enjoy public speaking.

### Suit Up

I love reading about the whole armor of God (Ephesians 6). I know that with Heavenly Father's help, I can do hard things even though I have diabetes.



### Call of the Wild

I go to a camp with other diabetic kids. I help introduce new campers to my friends and favorite counselors. We love to swim and hike.

### GIVE US A HAND!

How do you follow Jesus by helping others? Trace your hand, and send us your story and photo, along with your parent's permission. Find out how on page 48.



### HOW YOU CAN HELP

- **Include others:** Say hi when you see someone by themselves at school, or invite someone new to sit with you.
- **Get involved:** Contact your local hospital or Red Cross and see if they need donations like quilts, stuffed animals, or even medical ID bracelets.
- **Get informed:** Learn about a disability or illness and teach your Scout troop or activity day group about it. Learn first aid so you can help people in need.

