

A BOX OF BLESSINGS

Heavenly Father blesses us every day. You can make this gratitude journal box to record how Heavenly Father blesses you. Then you can use this box of blessings to help you remember the things you can thank Heavenly Father for when you pray.

MATERIALS:

a small box with a lid
extra-strength glue stick

paper

pencil

ruler

scissors

tape

1. Trace the bottom of your box on a piece of paper. Cut the paper so it is slightly shorter than the length of the box.
2. Fold the paper accordion style, so it is slightly less wide than the width of the box. For more pages, tape another strip of paper to the last, and keep folding.
3. Glue the first page to the inside of the lid and the last page to the inside of the bottom of the box.
4. Now it's time to start adding your blessings! You can write down or draw the things you are grateful for, or you can cut out pictures. Look through old copies of the *Friend* to find some good ideas. You can also decorate the outside of your box with pictures and drawings.

