**Elder David A. Bednar**

Of the Quorum of the Twelve Apostles

His birthday is June 15! He will be 68 years old this year.

He exercises every day (except Sunday) to keep his body strong. He reads the scriptures every day to keep his spirit strong too.

He and his wife, Susan, were married in the Salt Lake Temple. They have three sons and 17 grandchildren.

"We are not and never need be alone. We can press forward . . . with heavenly help."

Elder David A. Bednar