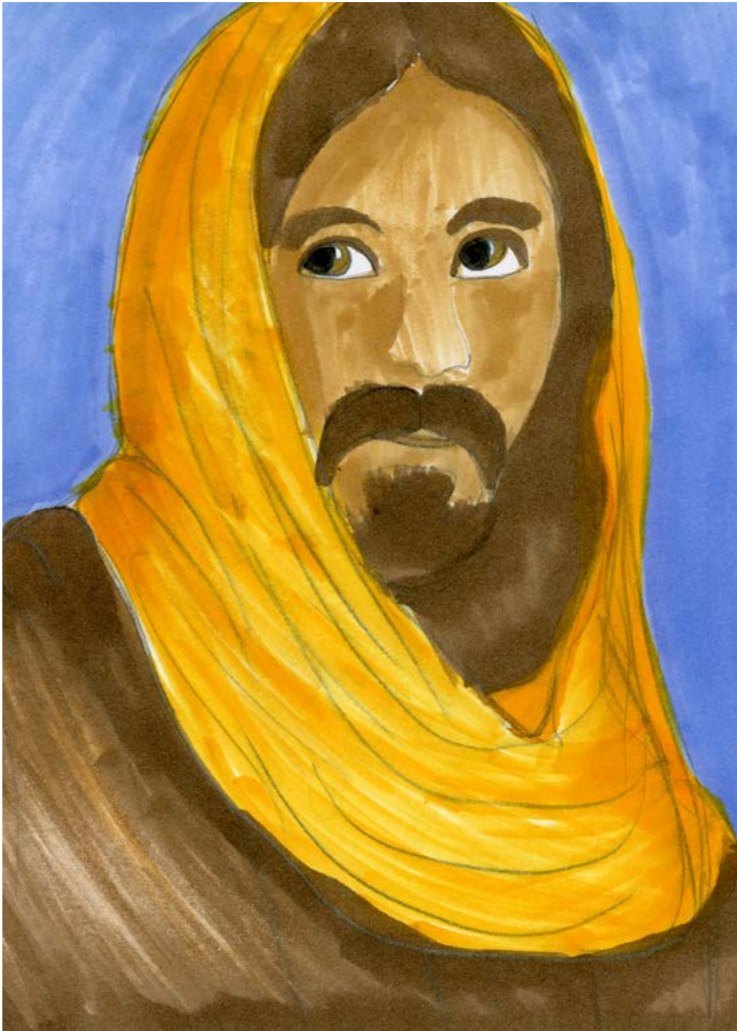
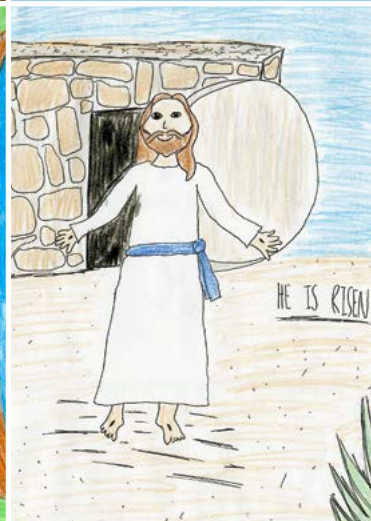


the Friend



Jesus Christ Lives
and Restored His
CHURCH!



Friends by Mail



Origami Crafting

I made the origami craft (June 2017) for the shirt and drew the rest to make this picture of President Russell M. Nelson.

Maryann H., age 9, Arizona, USA

Conference Coloring



Thank you for the “Prophets and Apostles” coloring page (Oct. 2019). I colored each person when they were speaking.

Lara S., age 3, Paraná, Brazil



Relaxing with the *Friend*

When I was sick, looking at my *Friend* and doing the activities was relaxing.

Ted O., age 5, California, USA

Dear Friends,

This month we’re celebrating two sacred events—Easter and the First Vision. Easter is when the Savior was resurrected, and the First Vision is when the Savior appeared with Heavenly Father to Joseph Smith and began bringing His Church back to earth. How many stories and activities can you find about these events in this month’s issue? Look for messages from President Nelson and Sister Jones about how you can help with the Restoration!

Love,
The *Friend*

STANDARDS SEARCH!

Can you find a story about a child who did temple work for his family?

I found it! Page _____.

Bonus challenge! Memorize this month’s standard:

“I will live now to be worthy to go to the temple and do my part to have an eternal family” (*Children’s Guidebook*, 63).



Was there a story or activity this month that helped you? Tell us about it! Turn to page 43 to find out how.

the Friend

A children's magazine
published by
The Church of Jesus Christ
of Latter-day Saints

COME,
FOLLOW ME

These stories and activities
support this month's *Come, Follow Me*
lessons at home and in Primary.

Find more resources at
lessonhelps.ChurchofJesusChrist.org.

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Find 3 Hidden CTR Rings

Hard: Block Steeple

Harder: Don't "leaf" behind

Hardest: Sacred Soil

Front cover: (counterclockwise from top right)

Hailey K., Laura F., Iris W., Ian A., Ella D., India L.

Back cover by Katie McDee

Volume 50 Number 4 April 2020

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By President
Russell M.
Nelson

Helping with the RESTORATION

In 1820, Heavenly Father and Jesus Christ appeared to Joseph Smith. Heavenly Father said, “This is My Beloved Son. Hear Him!” (Joseph Smith—History 1:17). The Restoration of the gospel began that day 200 years ago. It continues today!

Someday Jesus Christ will come back to the earth again. Here are four ways you can help with the Restoration and prepare for the time when Jesus will return:

- Build your faith in Jesus Christ.
- Find out about your family and help temple work be done for them.
- Prepare to go to the temple.
- Help people learn about Jesus Christ and His Church.

Doing these things will help prepare the world for the wonderful day when Jesus will come again! ●



ILLUSTRATIONS BY KATIE MCDEE

President Nelson said children can help with the Restoration. What is one way you can help?

Adapted from “Hope of Israel” (worldwide youth devotional, June 3, 2018), HopeOfIsrael.ChurchOfJesusChrist.org.

Learning about the Restoration

The missionaries are teaching this family about how the gospel of Jesus Christ was restored. Find the items below that represent parts of the Restoration.



Word of
Wisdom



sacrament



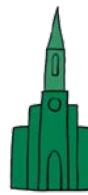
missionary
work



scriptures



gift of the
Holy Ghost



temples



family
history



church



priesthood

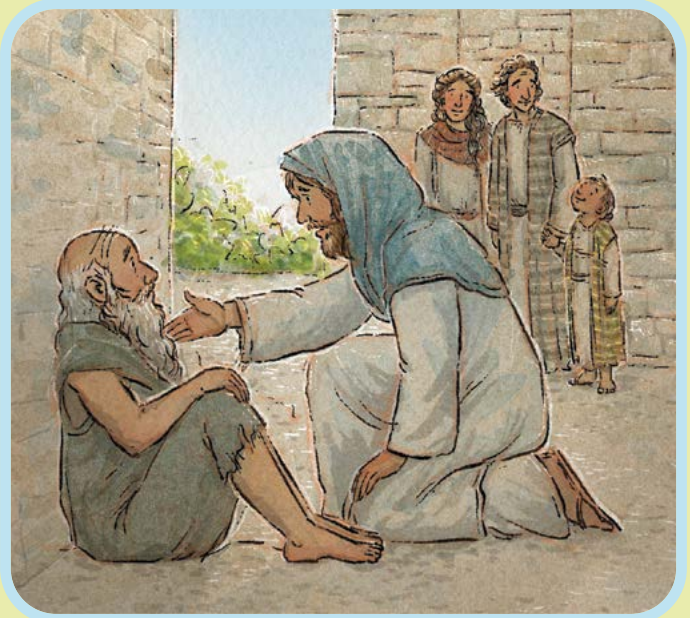
Turn the page to learn more about the Restoration!

Jesus Christ's Church Is RESTORED!



Before we came to earth, we lived with our Heavenly Parents. They loved us! Heavenly Father had a wonderful plan for us. We would come to earth so we could get a body and learn and grow. Then we could come back to live in our heavenly home. But we couldn't do it on our own. We would need help.

Heavenly Father chose our oldest brother, Jesus Christ, to come to earth to help us. Jesus showed us how to love others and follow Heavenly Father's commandments. He chose Apostles to lead His Church.



Then Jesus suffered for us in the Garden of Gethsemane. He felt all of our pains and sadness. He died for us on the cross. Because of this, we can turn to Him when we are hurt or sad or need help. We can repent when we do something wrong.



On the third day after Jesus died, He was resurrected.

Jesus was alive again! Because of this, we will be resurrected too. We can live with our Heavenly Parents after we die.



After His Resurrection, Jesus visited His disciples in Jerusalem and in the Americas. He asked His Apostles to keep teaching people about His gospel. Many people who heard the Apostles were baptized and joined the Church.

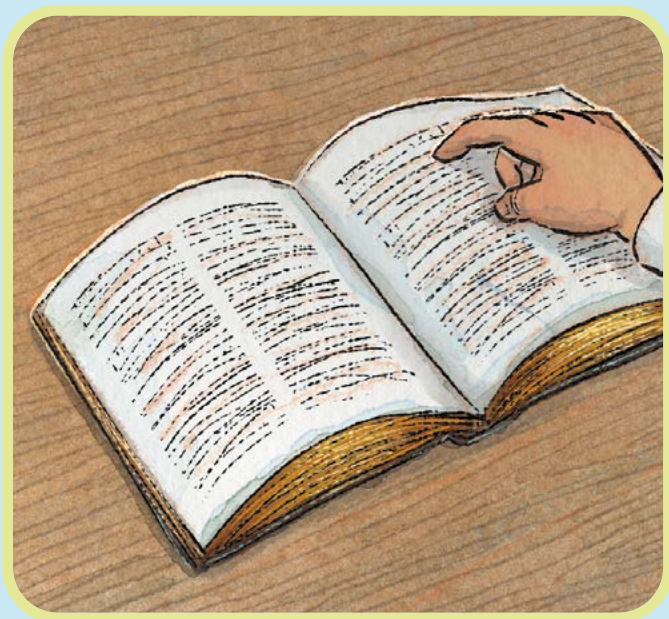


After the Apostles died, people began forgetting some important parts of Jesus's gospel. They stopped believing that Heavenly Father would always inspire His children on earth. They forgot that everyone on earth would have a chance to be baptized. They stopped believing that prophets and apostles would always lead the Church.



Many years passed. Finally, it was time to bring back the missing parts of Jesus's gospel. It was time to restore His Church! Heavenly Father needed someone to be a prophet and help bring it back to earth. He chose a young boy named Joseph Smith.





One day, Joseph was reading the Bible. In James 1:5, it said that Heavenly Father will answer our questions when we ask in faith. Joseph did have a question! He knew there were many churches that taught about Jesus. But he wanted to find out if there was one like Jesus's Church in the New Testament.

On a beautiful spring day around Easter time, Joseph went to the woods near his home. He knelt and started to pray. Then Joseph felt a dark feeling. Satan was trying to discourage him. But Joseph kept praying with all his might.

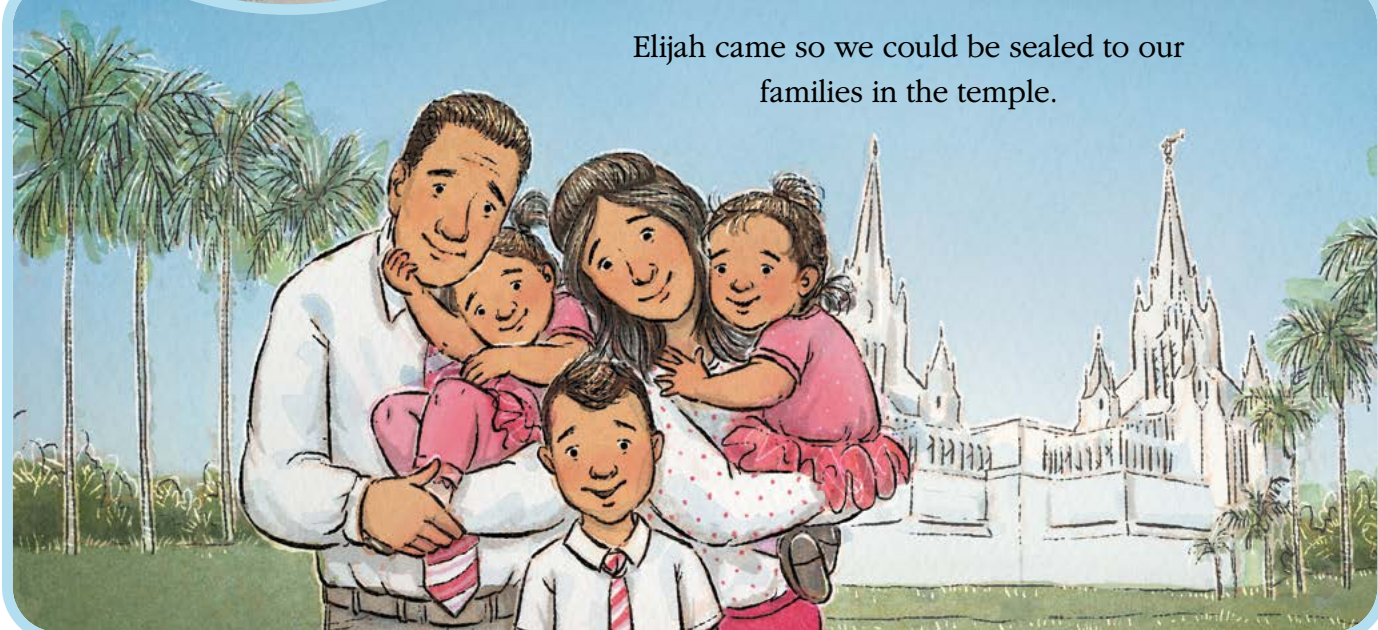


Then a beautiful light came down. Joseph saw Heavenly Father and Jesus Christ. This is called the First Vision. They said that Jesus's Church wasn't on the earth. But it would be soon. The Restoration was beginning!

Heavenly Father sent angels to restore important parts of the gospel. The angel Moroni gave Joseph the gold plates so we could have the Book of Mormon to help us learn about Jesus Christ.



John the Baptist brought the Aaronic Priesthood back so we could be baptized. Peter, James, and John brought the Melchizedek Priesthood so we could receive the Holy Ghost and have blessings when we are sick.

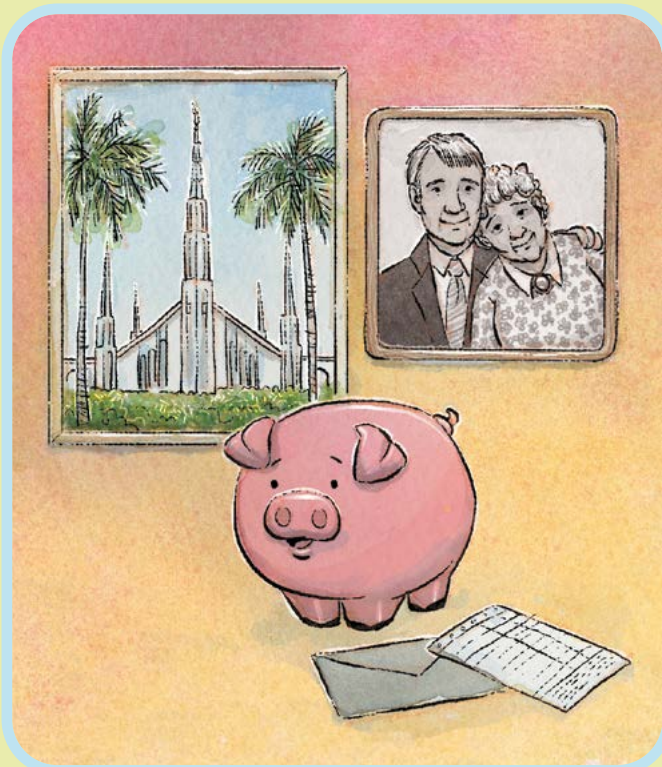


Elijah came so we could be sealed to our families in the temple.

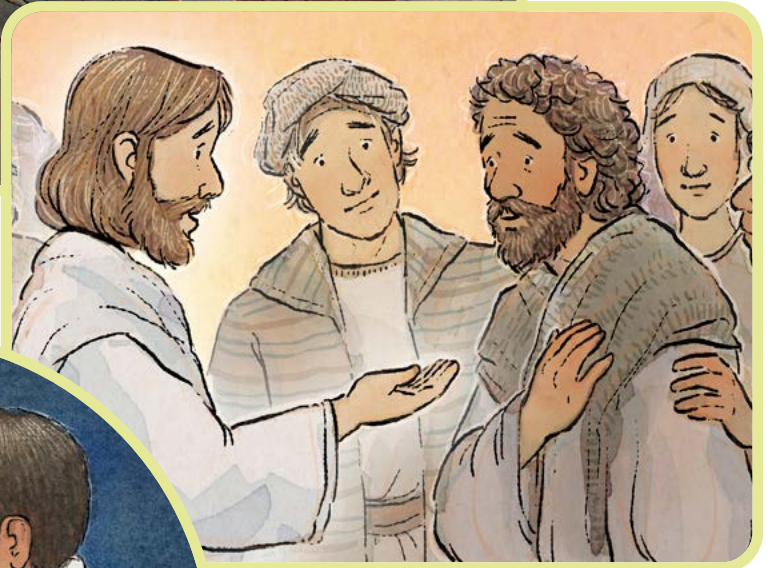
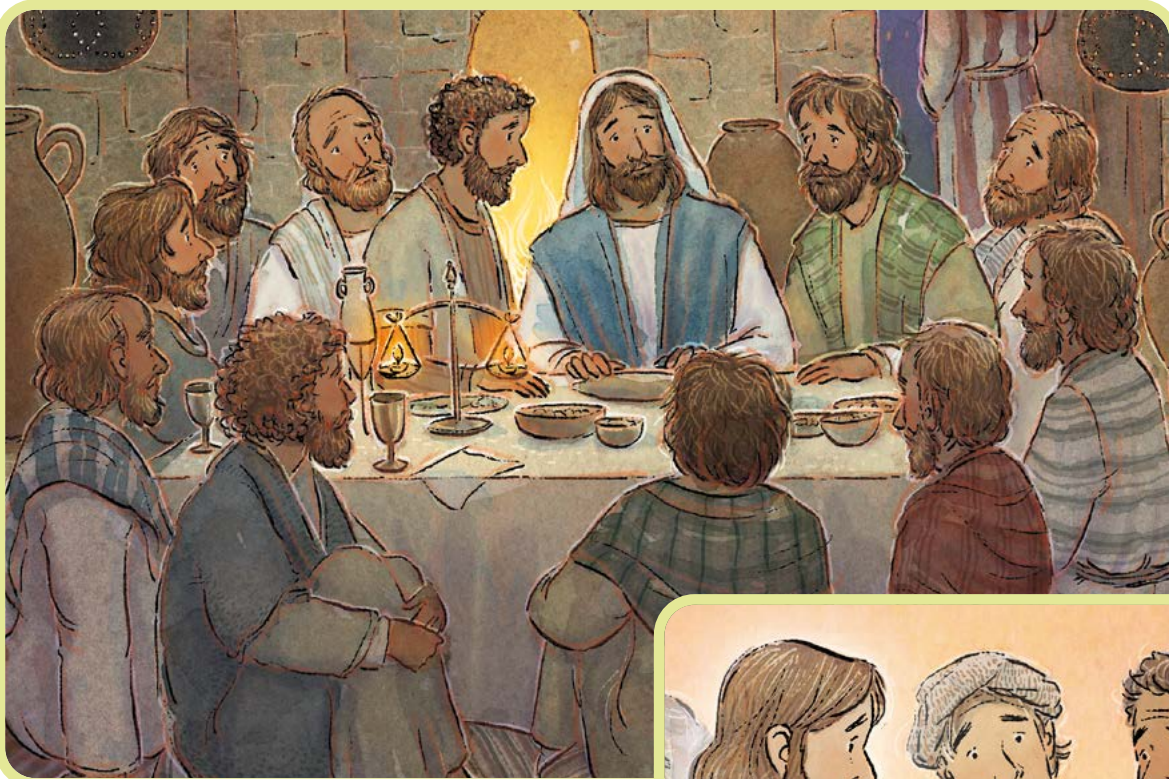


The Church of Jesus Christ of Latter-day Saints was organized. That means Jesus's Church is back on earth! All of these things are part of the Restoration.

The Restoration of the gospel is still going on today. Prophets, apostles, and missionaries are sharing the good news of Jesus Christ all over the world. Temples are being built in many lands so people can be sealed to their families forever. And the Church is helping people in places where there is hunger or disaster.



Everyone can do something to help with the Restoration. You can help by learning about your family history and doing temple baptisms. You can give tithing to build churches and temples. You can give fast offerings to help people in need. You can tell people about Jesus Christ.



Jesus gave us His Church to help us return to our Heavenly Parents. We can take the sacrament and always remember what He did for us. We can show love to others, as He did. We can help everyone learn about His gospel! ●

Find It!

Because of the Restoration, today people all over the world can know about Jesus Christ's gospel! **How many copies of the Book of Mormon can you find?** Extra challenge: How many country flags can you find? Do you recognize any of the flags? Check answers on page 43.



Wherever you go in the world, Primary is the same.

It's like having a whole world of friends!



A Church for

Maybe there was more that
God wanted Zulma to know.

By Lucy Stevenson

Church Magazines
(Based on a true story)

“Seek, and ye shall find”

(3 Nephi 14: 7).

Zulma sat on one of the church
benches and smoothed
the skirt of her school uniform.

Colored light shone through
the stained-glass windows,
and a cross stood at the
front of the chapel. Zulma
went to a church school, so
she went to worship services

twice a day with the other students. Zulma liked
her church. She loved Jesus and loved to learn about Him.

She sat quietly as the priest began to talk. But today
something felt different. Suddenly a new thought came
into her mind and heart: *There is more truth out there.*

Zulma scrunched her eyebrows. More truth?
What did that mean?

The thought came again. *There is more truth.*

Zulma closed her eyes and focused on what
she was feeling. She had learned lots of good
things at church. But now she wondered if
something was missing. Maybe there was more
that God wanted her to know. But how could
she find it?

Later she talked to her older brother,
Alberto, about her thoughts.

“You think there’s more truth out there?”
Alberto asked.

Zulma nodded. “I want to learn about
other churches,” she said.

“OK,” Alberto replied. “I’ll go with you!”

For several years, Zulma and Alberto
visited different churches. After one church
service, Alberto said, “That church taught
good things.”

Zulma agreed, but they still felt like
something was missing, so they kept
searching.

One day Alberto raced up the steps
to their house. “I found the church we’re



Here is Zulma as a young girl in Uruguay. On the
right is a photo of her today with her husband,
Elder Walter F. González of the Seventy.

Zulma

looking for!” Alberto said. He gave Zulma a big hug.

Zulma’s eyes got wide. “Where? How?”

“My friend met some missionaries from The Church of Jesus Christ of Latter-day Saints,” Alberto said. “I listened to them, and I believe what they taught!”

Zulma and Alberto were so happy that they danced all around the house. But then Zulma got some bad news. Mamá didn’t want her to meet with the missionaries. “You’re only 12,” Mamá said. “You’re too young.”

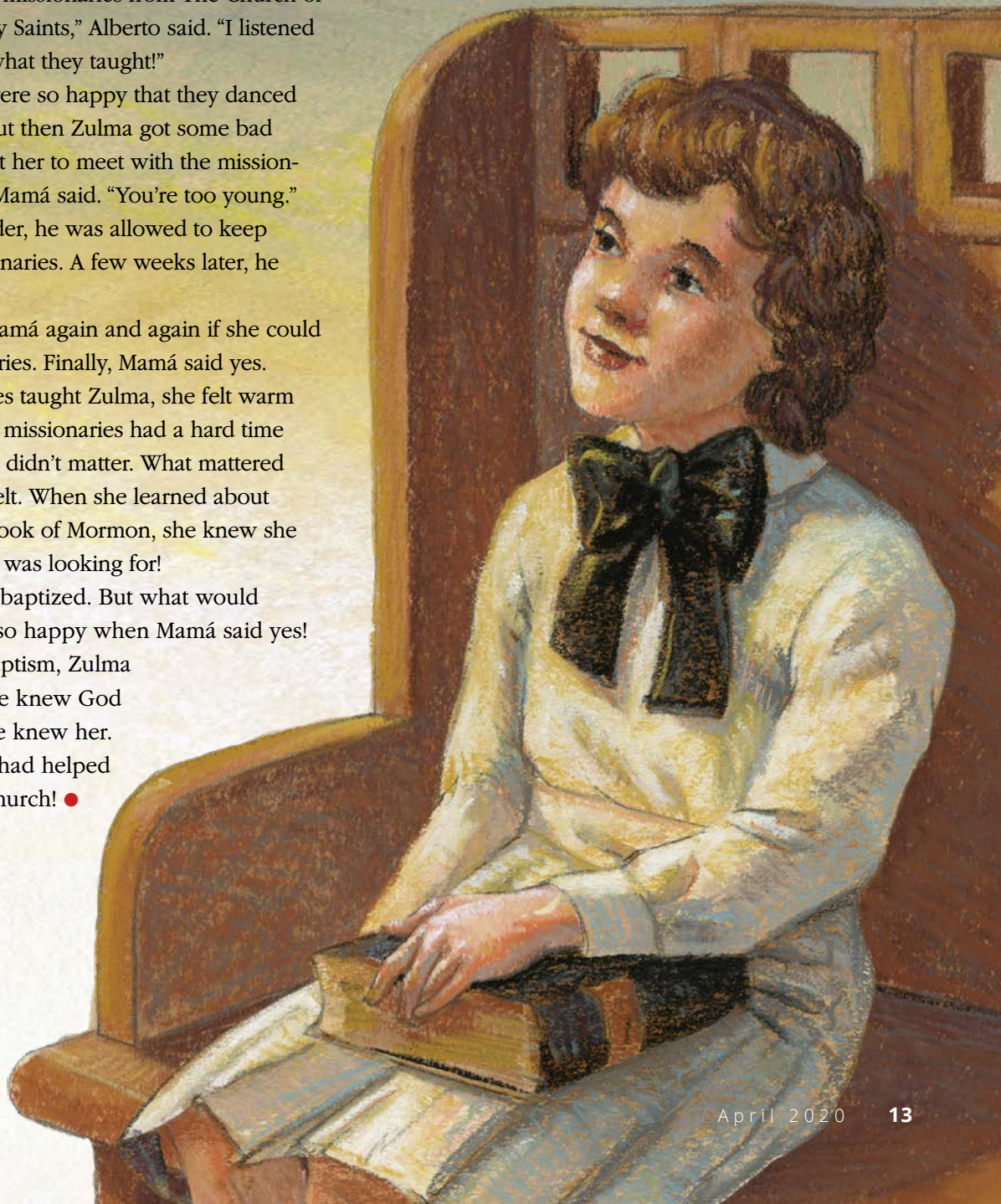
Since Alberto was older, he was allowed to keep meeting with the missionaries. A few weeks later, he was baptized.

Zulma kept asking Mamá again and again if she could learn from the missionaries. Finally, Mamá said yes.

When the missionaries taught Zulma, she felt warm in her heart. One of the missionaries had a hard time speaking Spanish, but it didn’t matter. What mattered was how good Zulma felt. When she learned about Joseph Smith and the Book of Mormon, she knew she had found the truth she was looking for!

Zulma wanted to be baptized. But what would Mamá say? Zulma was so happy when Mamá said yes!

On the day of her baptism, Zulma dressed all in white. She knew God loved her. She knew He knew her. And she knew that He had helped her find His restored Church! ●



The First Vision

Reverently ♩ = 68

Words and music: Nathan Howe

Chords: D G D G

Chords: D A G A

1. Jo - seph had a ques - tion a - bout the way to go, So
 2. Seek - ing peace - ful qui - et, he chose a grove of trees And
 3. From that won - drous vi - sion, more rev - e - la - tions flowed. The

Chords: F C B♭ A

faith - ful - ly he stud - ied to help his knowl - edge grow. A
 prayed with all his po - wer for God to hear his plea. The
 Lord re - stored the gos - pel so ev - 'ry - one can know: The

Chords: D Em E A

scrip - ture struck his heart, in - vit - ing him to pray, And
 Fa - ther and the Son de - scend - ed from a - bove To
 hea - vens are not closed; the Sa - vior speaks to - day. He

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G Em F#m Bm Em⁷ A⁷ D

Jo - seph knew that he could ask for God to show him the way.
 an - swer Jo - seph's ques - tion and re - store the gos - pel with love. He prayed in
 calls a pro - phet in our time to guide our steps in His way.

D Em F#m Em Bm

faith, _____ and hea - ven an - swered. _____ The Fa - ther and the Son knew his

A D G A D G

name. _____ I kneel to pray. _____ I know God loves me _____ And

Em A D G D

hears my prayers the same.



HELLO

from the
Sacred
Grove!



Hi, we're
Margo and
Paolo.



When Joseph Smith was 14 years old, he lived in a log house in New York, USA. He had five brothers and three sisters. He obeyed his parents and was friendly to others. He read the Bible with his family, but they didn't all go to the same church.

2

Joseph was a hard worker. He helped cut down trees so his family could plant crops. He also helped his family collect sap from maple trees to make maple sugar.






This month,
to celebrate the
Restoration, we're visiting
the place where the First
Vision happened 200
years ago!

3


Joseph wanted to find a church like the one in the Bible. One day he went to a grove of trees and prayed. Heavenly Father and Jesus appeared to him. They told him his sins were forgiven. They also said that he shouldn't join any of the churches. Soon Jesus's Church would be restored!

4



Many people made fun of Joseph because of what he saw. They said he was making it all up. But Joseph kept telling the truth. He said, "I knew it, and I knew that God knew it, and I could not deny it" (Joseph Smith—History 1:25).

5



Today, people
can visit the
area where
Joseph prayed.
It is beautiful and very
peaceful.

These children live where Joseph Smith grew up!



I know that the Sacred Grove is a special place because Joseph Smith prayed and saw Heavenly Father and Jesus there.

**Piper D., age 5,
New York, USA**



I'm grateful that we live close to Joseph Smith's home. I love going to the Grandin Building with the printing press. I really like to see where they bound the first copies of the Book of Mormon.

**Roscoe B., age 9,
New York, USA**

Thanks
for visiting the
Sacred Grove with
us. See you
next time!



Alonso's Forever Family

By Marissa Widdison

Church Magazines
(Based on a true story)

"For the temple is a holy place where we are sealed together" (Children's Songbook, 95).

"Easter is a good time to think about Jesus and to remember His Resurrection," Sister Rojas said. She held up a picture of Jesus. "Because of Him, people who have died will live again."

Alonso looked up at his Primary teacher. *Does that mean I can see my parents again?* he wondered.

Mamá had died years ago. Alonso didn't remember her well, but he liked looking at pictures of her. Then Papá died too.

Now Alonso lived with Abuela, his grandmother. She had been teaching him about her church, The Church of Jesus Christ of Latter-day Saints. He was going to be baptized and confirmed next year, when he was old enough.

Sister Rojas held up a picture of a white building. "Another amazing gift from Jesus is temples. This is one of the temples here in Chile."

Alonso looked at the gold statue on top of the

Can I be
with Mamá and
Papá again?





building. It was beautiful! He wondered what happened inside.

"Temples are where families are sealed together forever," Sister Rojas said. "This temple in Santiago is where I was sealed to my parents after we joined the Church. Because we were sealed, I can be with them even after this life."

Alonso felt excited when he heard that. "Could I be sealed to my parents?" he asked. "Even though they already died?"

Sister Rojas nodded. "Yes! That's one of the reasons temples are so important. They bless all of our family members, including those who have died."

For the rest of the day, Alonso kept thinking about temples. He asked Abuela to teach him more. She talked about the white clothes people wear inside and the beautiful artwork on the walls.

"Best of all, it's where you can be sealed to your parents," Abuela said. "We'll ask two people from the ward to stand in for them during the sealing."

"Can we go tomorrow?" Alonso asked. "I want to be with Mamá and Papá forever!"

Abuela smiled. "I'm glad you want to go," she said. "But the nearest temple is in Concepción. We don't have enough money for bus tickets."

"I'll help save for the trip!" Alonso said.

From then on, whenever Alonso found a coin on the street or had a chance to earn some money, he paid tithing and then added the rest to their temple fund.

After months of saving, Alonso and Abuela finally had enough money to travel to the temple. They asked Brother and Sister Silva to come with them. On the day of the trip, they took a long bus ride to the city of Concepción. It was almost sunset when Alonso spotted something gold in the distance.

"I can see the angel Moroni!" Alonso said, pointing

to the statue on top of the temple's blue dome roof.

They spent the night at an apartment next to the temple. In the morning, Alonso went inside the temple for the first time. He saw a big picture of Jesus. He and Abuela got dressed in white. He felt happy and peaceful.

When it was time for the sealing, Alonso walked into a beautiful room with mirrors on the walls. A temple worker showed Alonso, Abuela, and the Silvas how to kneel around a special table called an altar. It was covered in soft fabric.

Brother and Sister Silva were there for Alonso's mom and dad. Abuela was there for his sister who died before Alonso was born.

Closing his eyes, Alonso imagined his family all together.

I can't wait to see them again, Alonso thought. *I'm so grateful families can be together forever!* ●



See *Come, Follow Me* for Easter.



By Sister Joy D. Jones
Primary General President

The Temple and YOU



Before the Church was restored, many people believed that if someone in their family died without being baptized, they would never see them again. But because of the Restoration, we can be baptized for them in the temple. We can be sealed together for eternity!

Like Joseph Smith, you have also been chosen by Heavenly Father to do important work in your life. Some of that work can be done in temples. You can gather the names of your ancestors who were not baptized when they lived on earth. Then, after you receive a temple recommend, you can go to the temple and be baptized for them.

As you do this work, pray to Heavenly Father to guide you. Your ancestors can help you too. What an important and sacred blessing this will be for you and for them!

Some of you may not be able to do temple work now, but you will someday. Always remember that you are a child of God. He loves you perfectly.

Listen to the promptings of the Holy Ghost and get ready to go to the temple someday. Doing this will help you build a wonderful life for yourself and for your past, present, and future families. As you do the Lord's work, He will help you. You are one of His most valiant spirits. ●



You are a beloved child of God, known to Him
and loved by Him. God knew Joseph Smith.
The same is true for you. God knows you.

Elder Dale G. Renlund of the Quorum of the Twelve Apostles

Adapted from "The Blessing of the Restoration for You," *New Era*, Feb. 2020, 2.

Show and tell



I'm glad to live in Palmyra where I feel the Spirit is strong.
Peter J., age 10, New York, USA



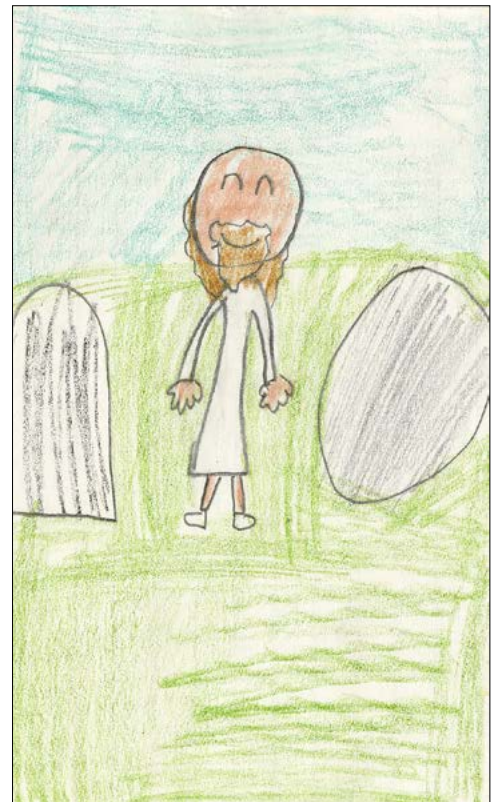
I have faith and believe in God.
Stella J., age 6, New York, USA



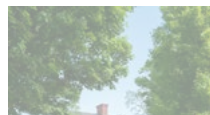
If Joseph didn't go into the Sacred Grove, we wouldn't have a church to teach us what's right.
Tobin R., age 9, New York, USA



The Sacred Grove is beautiful. I like to go in the house that shows where Joseph Smith's family lived.
Corbett D., age 7, New York, USA



Iris W., age 8, Maryland, USA



I like to visit the Joseph Smith farm home. I had a warm feeling when I went there.
Anastasia M., age 11, New York, USA

What's your favorite story about Joseph Smith?



I love hearing about how he got the gold plates.





When my family members die and I'm feeling sad, Jesus helps me feel better.

Savanna P., age 6, Virginia, USA



Our teacher asked us to do a class presentation on a person who influenced history. I knew right away that I would choose

Joseph Smith. Standing in front of my class dressed as Joseph Smith, I taught my classmates about the First Vision, the Book of Mormon, and the restored gospel.

Cameron K., age 11, Nevada, USA

Jesus Christ has died for us;
He felt all of our pain.
He went to the garden,
Gethsemane.
And He did not go in vain.
He died upon a wooden cross,
With nails in hands and feet.
He gave His life for me and you
So we could be complete.
He rose again within three days
To show us all the way—
That we could also live again,
And be like Him someday.

Emma M., age 9, Washington, USA



Hailey K., age 10, Utah, USA

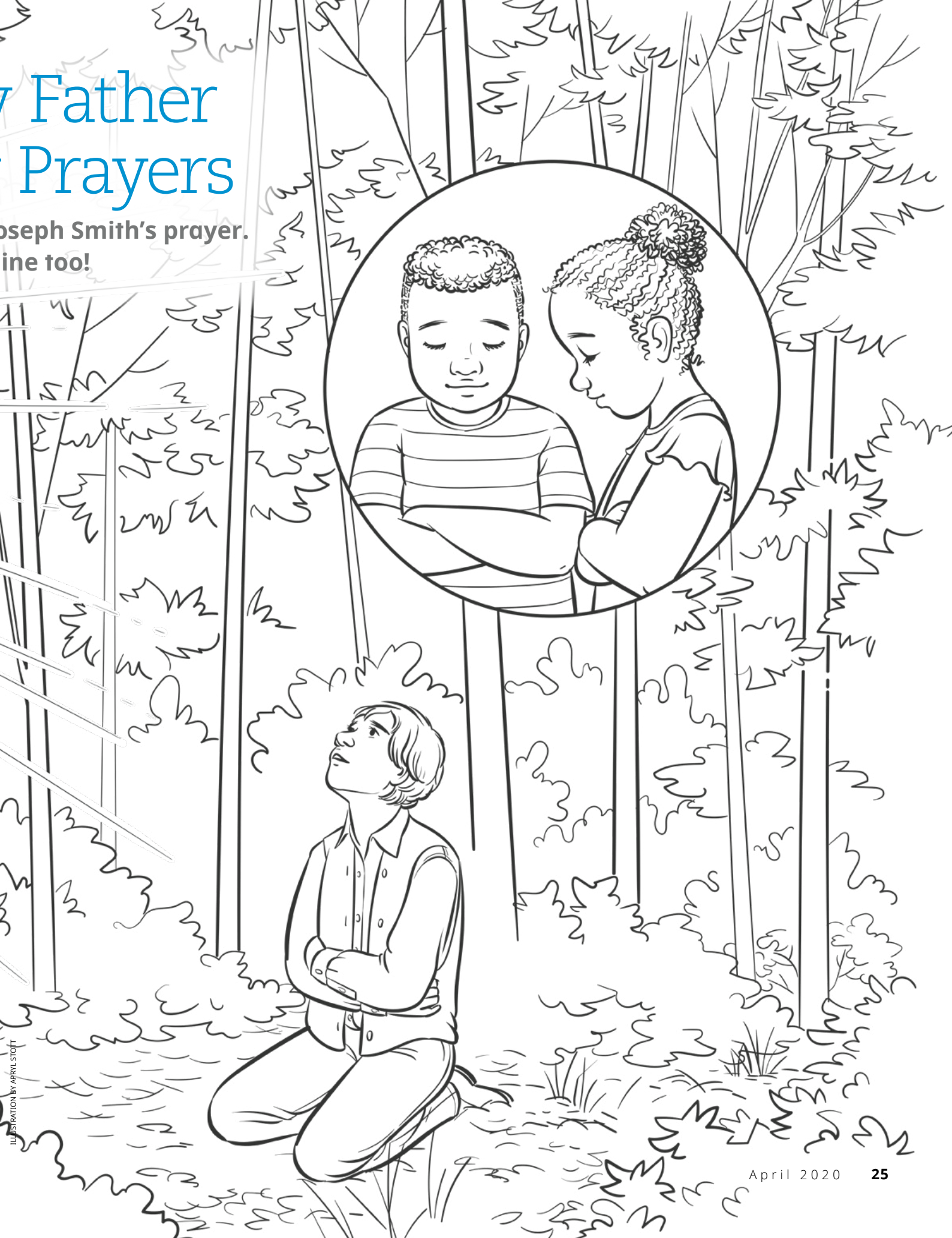
Heavenly Hears My

Heavenly Father heard Jesus
He hears me



My Father's Prayers

Joseph Smith's prayer.
Mine too!



MY FAMILY NIGHT FUN

These ideas go along with
Come, Follow Me—for Individuals
and Families each week.

Resurrection Garden

For Easter



Sing “Easter Hosanna”
(*Children’s Songbook*, 68–69).

Learn about Jesus Christ’s Resurrection. You could read “The Story of Easter” (April 2019 *Friend*, FJ4), or read about the Savior’s visit to the Nephites (see 3 Nephi 11:8–17).

Now build a Resurrection garden! Fill a large dish or flower pot with dirt. Then lay a cup sideways to look like a tomb. You could use the cutouts on pages FJ2–FJ3 to finish the scene.



Indoor Campout

For Mosiah 1–3



Sing “When We’re Helping”
(*Children’s Songbook*, 198).

When King Benjamin taught his people, they set up their tents facing the temple to hear him speak (see Mosiah 2:5–6). It was kind of like general conference!

Set up a tent in your house using chairs and blankets. Then sit in your tent and watch a conference talk or Church video together.



Kindness Challenge

For Mosiah 4-6



Sing "Love One Another"
(Children's Songbook, 136).

King Benjamin taught that we should love and serve each other (see Mosiah 4:15). How can you show love to others?

Do a family kindness challenge!

Set out a small jar. Throughout the week, put a small object in the jar every time you do something kind. Can you fill it to the top?



TREAT TIME

Heroes with God's Help

For Mosiah 7-10



Sing "Book of Mormon Stories"
(Children's Songbook, 118).

God helped people in the scriptures, and He can help you too (see Mosiah 7:19-20, 33).

Make your own faith hero cards! Draw pictures of people in the scriptures who did something hard with God's help.

On one of your hero cards, draw a picture of yourself. What hard things can you do with God's help?



Carrot-Cake Bites



Mix together **2 cups rolled oats**, **2 cups shredded carrots**, **1 cup finely chopped dates**, **2/3 cup finely chopped almonds**, and **2 teaspoons cinnamon**.

As needed, add water 1 tablespoon at a time until moist. Roll mixture into bite-sized balls and top with **coco-nut flakes**. Refrigerate for 1 hour before serving.

Fruity Roll-ups



Blend **2-3 cups fruit** in blender, then mix in **2-3 tablespoons honey** and **2 tablespoons lemon juice**. Spread mixture evenly in a pan lined with parchment paper.

Dehydrate in an oven set at the lowest-possible temperature, for 4-6 hours until middle is dry. After cooling, cut into 1-inch (2.5-cm) wide strips. Roll up with strips of parchment paper.

Pizza Quesadillas



Spread **pizza sauce**, **mozzarella cheese**, and **pepperoni** or **veggies** on one half of a **tortilla**.

Fold it over and cook on a skillet over medium heat until cheese is melted and both sides are golden-brown. Cut into triangles and serve warm.

The EASTER Tree

By Lori Fuller Sosa

Church Magazines
(Based on a true story)

"Hosanna: Blessed is the king of Israel"
(John 12:13).

Easter was a week away. Daddy told Henry that today was called "Palm Sunday."

"Why?" Henry asked.

"When Jesus came into the city of Jerusalem, people were so happy to see Him," Daddy said. "They waved palm branches and shouted, 'Hosanna!' That's why we call it Palm Sunday."

"Can we wave palm branches too?" Henry asked.

Mommy smiled. "Well, we don't have any palm trees. Let's see what other branches we can find."

Mommy, Daddy, and Henry went outside and cut a few small branches off a tree in their yard. The branches didn't have any leaves yet, just tiny blossoms.

Henry waved his branch back and forth as he took it inside. "Hosanna!" he said, just like the people in the scriptures said when they saw Jesus. Then he helped Mommy put the pretty branches in a vase.

He liked looking at the branches while they ate dinner. He thought about the branches people waved when they saw Jesus.

The next day, Mommy pulled out a basket of plastic Easter eggs. "Let's write down why we love Jesus. We'll put our papers in the eggs and hang them on our special branches."

Daddy got pens and paper. Henry told Daddy what to write. Henry said, "I love Jesus because He's nice."

Henry helped fold up the paper. He put it inside a green plastic egg.

Daddy wrote, "I love Jesus because He understands how I feel."

Mommy wrote, "Because of Jesus, someday we will see the people we love who died."

"Like baby Sophie?" Henry asked.

Mommy gave him a big hug. "Yes! You will see your baby sister

again one day. That's because Jesus lived again after He died. Because of Him, all of us can live again too."

"That makes me happy," Henry said.

"It makes us happy too," Daddy said.

They filled lots of Easter eggs with things they loved about Jesus. Then

Daddy tied strings through the eggs.

Henry helped hang the eggs on the tree. It looked so pretty!

"Let's call it the Easter Tree," Henry said. He counted all the colorful eggs.

"We have so many reasons we love Jesus!" ●





GETTING READY FOR EASTER

Get ready for Easter by doing
an activity and coloring an
egg each day to remember
Jesus Christ.

Palm Sunday

Sing a song
about Jesus.

Tuesday

Help someone, like
Jesus would.

Monday

Read an Easter
story on page 28.

Wednesday

Look for pictures of
Jesus in a Church
book or magazine.

Friday

Say something kind,
like Jesus would.

Thursday

Draw or color
a picture of Jesus.

Saturday

Read a scripture
about Jesus.

Happy Easter!

Today we celebrate the
life and resurrection of
Jesus Christ. He saved us!
He loves us!

Go to page 38 for another way to
remember Jesus during Easter!

ELDER DAVID A. BEDNAR

Of the Quorum of the
Twelve Apostles



His birthday
is June 15!
He will be
68 years old
this year.



He exercises every day (except Sunday) to keep
his body strong. He reads the scriptures every day
to keep his spirit strong too.



He loves to visit
members around the
world and remind
them of God's love.

He and his wife, Susan, were
married in the Salt Lake Temple.
They have three sons and
17 grandchildren.



"We are not and never need be
alone. We can press forward . . .
with heavenly help."

Elder David A. Bednar

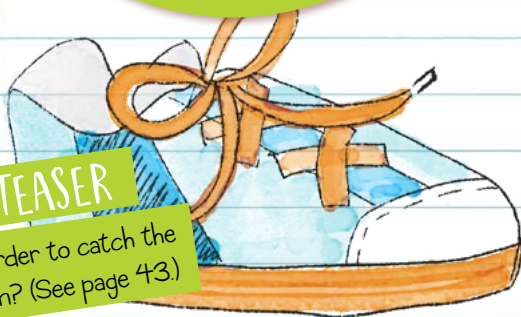
"Bear Up Their Burdens with Ease," *Ensign*, May 2014, 88.



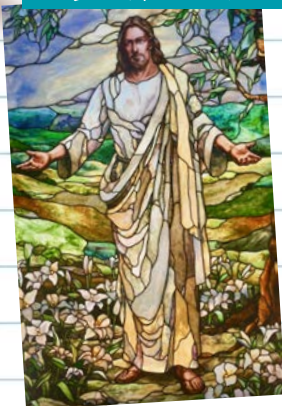
for older KIDS

BRAIN TEASER

What gets harder to catch the faster you run? (See page 43.)



A LOOK INSIDE THE TEMPLE



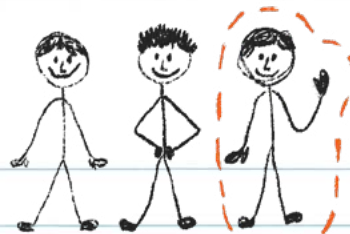
All temples have beautiful art inside, especially of our Savior. It helps us to focus on Jesus when we're in the temple.

Can you guess which temple this stained-glass window is from? Hint: It was built in a place known as the "City of Light." (See page 43.)

- Port-au-Prince Haiti Temple
- Sydney Australia Temple
- Paris France Temple
- Fukuoka Japan Temple

SECRET SERVICE!

- Invite someone new to play with you.
- Say thank you to your Primary teacher.
- Paint kind messages on rocks and leave them around the neighborhood.

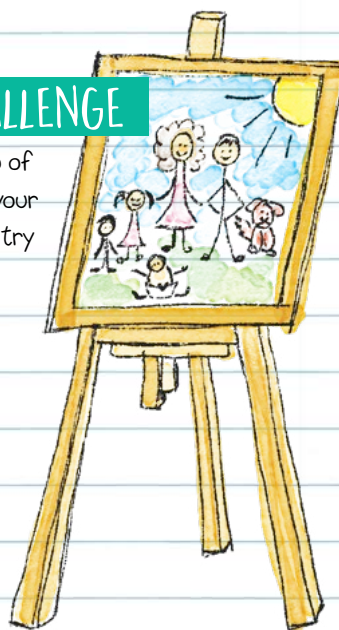


FAMILY HISTORY CORNER

Go to [FAMILYSEARCH.ORG/DISCOVERY](https://familysearch.org/discovery) and use the Compare-a-Face feature to find out which of your ancestors looked most like you!

ART CHALLENGE

Find a photo of yourself or your family. Then try to draw it!



TEMPLE TIME



Once my sister was going with the Young Women to do temple baptisms. But she lost her temple recommend! She was really disappointed, so we searched all around the house for it. I thought to pray, so I did. When all the Young Women were leaving, we found it! She went to the temple that night. I'm so glad I prayed.

Tucker H., age 10, California, USA

An illustration of a young woman with long dark hair and a blue bow, wearing a yellow sweater and a dark blue skirt, sitting on a wooden chair and crocheting a gray square. A large, textured gray square is shown in the upper right, with the title 'ONE GRAY SQUARE' written over it. A ball of gray yarn sits on the floor next to her.

ONE GRAY SQUARE

By Kasey Tross


(Based on a true story)

*"For the body is not one member, but many"
(1 Corinthians 12:14).*

"In through the top loop, bring the rope through, catch the rope a second time, and pull it under two."

Mariana chanted softly as she wove the yarn around her crochet hook. The rhyme helped her remember the steps. She glanced around her. Some of the moms and daughters had finished already! She tried to make her fingers work faster. She wanted to make sure she got done in time to see the beginning of the general women's session of conference. But the crochet hook was slippery, and the gray yarn kept getting tangled.

Mom had taught Mariana how to crochet so they could help with the stake Relief Society project. Their stake had a goal to crochet 500 squares. The squares would then be joined together to make quilts. They'd be given to hospital patients, people without



Use your Children's
Guidebook to help
learn a new skill.
Remember—it's
OK to not do it
perfectly!

homes, and anybody else who might need a warm blanket. Mariana was excited to help. But what if she didn't finish her square in time?

Mariana kept crocheting. *In through the top loop, bring the rope through, catch the rope a second time, and pull it under two.*

"Looks like you're almost done," Mom said a few minutes later. Mariana counted each row of stitching. Mom was right! Her square was the right size! Mariana finished the row she was on and proudly held up her work.

"Way to go!" Mom said. She showed Mariana how to tie off the last bit to avoid loose threads. Then Mariana was done!

Mariana skipped to the front of the room. A table was stacked high with finished squares. She stopped and stared at the colorful mountain of bright, fluffy squares. They were every color of yarn, and they all looked straight and even. They looked like they had been made by experts!

Mariana looked down at the plain gray square in her hands. She had messed up a few times. It was crooked on one side, and not nearly as pretty as the squares on the table. She thought about shoving her square in her pocket. With all those pretty, colorful squares, no one would miss her lumpy gray one, right?

"Is that another square for us, Mariana?"

Sister Garcia smiled and held out her hand. Mariana gulped. But she nodded and held out her gray square.

Sister Garcia cleared her throat. "Sisters? May I have your attention, please? We've just received our one-thousandth square!"

People gasped. Then they started clapping and cheering. Mariana's jaw dropped as she stared around the room. A thousand squares? That was double their goal! Mariana grinned. She knew they weren't just cheering for her one gray square. They were cheering for all the hard work they had all done together.

Mariana watched Sister Garcia place the slightly crooked gray square on top of the pile. Mariana felt proud of her square! It was a part of something special. Her square was going to help someone. She hoped that whoever it kept warm would feel all the love that went into making it. ●

The author lives in Virginia, USA.



I don't feel any big answers when I pray.
How can I know if I really have a testimony?
—Searching in Seoul

Dear Searching,

Answers from Heavenly Father don't always come right away, and they aren't always big. Usually they come through quiet, peaceful feelings from the Holy Ghost. This is the same way a testimony usually grows.

Instead of waiting for your testimony to come in one big moment, like flipping on a light switch, think of it more like a sunrise. Your testimony will grow brighter little by little as you keep learning, praying, and making good choices.

Don't give up!

The Friend

TESTIMONY SEARCH

Read the verses and fill in the blanks.
Check answers on page 43.

prayed
do
grow
good
know
fasted

Alma 5:45–46

Alma the Younger saw an angel, but that's not how he got his testimony. He said his testimony came after he "_____ and _____ many days."

John 7:17

If you "_____ his will," you can "_____ of the doctrine." That means that if you act on what you learn, you can know if it's true.

Alma 32:30

The gospel is like a seed you plant in your heart. When it "beginneth to _____," you can know that "the seed is _____."

Comforted by the Scriptures



**By Harrison V., age
11, Idaho, USA**

When I was eight years old and recently baptized, I struggled with nightmares. One night as I sat on my bed, I told my mom that I was afraid to fall asleep.

I had been learning that the scriptures hold the answers to every problem. I wanted to find a scripture to help me, but I wasn't sure where to look. I couldn't think of any scripture stories that had to do with nightmares.

My mom told me that the Holy Ghost could guide me. We knelt by my bed and said a prayer and asked Heavenly Father to help me feel the Holy Ghost.

After we prayed, I had a thought to look in the Pearl of Great Price. Then I felt we should look in Joseph Smith—History. We read verses 16 and 17,

which talk about the darkness Joseph felt when he first started praying. Then there was a bright light, and Heavenly Father and Jesus appeared to him.

The darkness Joseph Smith experienced reminded me of the fear I felt from my nightmares. The light when the Savior and Heavenly Father appeared was like being helped and shielded by the Holy Ghost.

My mom asked me what Joseph did to overcome the feeling of darkness. I said, "Joseph prayed."

If I pray and have faith, the Holy Ghost can help me feel peaceful and safe. This experience has helped me realize that the scriptures really do have the answers to my problems. ●

Tell the EASTER STORY

Use this activity to tell the story of when Jesus Christ was resurrected. Number 12 plastic eggs and put each slip of paper inside, along with the object that goes with it (optional). Then hide the eggs for a family Easter egg hunt! When all the eggs have been found, take turns opening them in order and read the paper inside to tell the Easter story.



SMALL CUP

1. In the Garden of Gethsemane, Jesus felt all our pains and sorrows. He prayed, "O my Father, if it be possible, let this cup pass from me: nevertheless not as I will, but as thou wilt" (Matthew 26:39).



SILVER COIN

2. Judas, one of the Apostles, betrayed Jesus. He asked the people who wanted to hurt Jesus, "What will ye give me, and I will deliver him unto you?" They gave him 30 pieces of silver, and Judas helped capture Jesus. (See Matthew 26:14-16.)



PIECE OF TWINE

3. The chief priests took Jesus and tied Him up. "And when they had bound him, they led him away, and delivered him to Pontius Pilate the governor." (See Matthew 27:1-2.)



SOAP OR WET WIPE

4. Pilate knew that Jesus hadn't done anything wrong. But the people didn't want to let Him go. Pilate chose not to save Jesus. He washed his hands and said, "I am innocent of the blood of this just person: see ye to it" (Matthew 27:24).



RED FABRIC OR FELT

5. The people put a red robe around Jesus and a crown of thorns on His head. They made fun of Him and said, "Hail, King of the Jews!" (See Matthew 27:28-30.)



NAIL

6. "And after that they had mocked him, they took the robe off from him, and put his own raiment on him, and led him away to crucify him" (Matthew 27:31). They put nails in His hands and in His feet.

Eggs are a symbol of new life. Try these activities to celebrate the new life of Jesus Christ—His Resurrection!



7. "And they crucified him, and parted his garments, casting lots" (Matthew 27:35). The people "cast lots" (like rolling dice) to decide who could keep Jesus's clothes.



8. When Jesus died, the earth shook. The guards were afraid and said, "Truly this was the Son of God" (Matthew 27:54).



9. A good man named Joseph took Jesus's body. "He wrapped it in a clean linen cloth, and laid it in his own new tomb, which he had hewn out in the rock." (See Matthew 27:57-60.)



10. "And he rolled a great stone to the door of the sepulchre, and departed" (Matthew 27:60). Pilate told the guards to watch the tomb to make sure no one moved the stone.



11. Three days later, women brought spices to take care of Jesus's body. They saw that the stone had been moved from the tomb. An angel told them, "Fear not ye: for I know that ye seek Jesus, which was crucified" (Matthew 28:5).

EMPTY

12. The tomb was empty! The angel said, "He is not here: for he is risen" (Matthew 28:6). Jesus Christ was alive again! Because of Him, we will all be resurrected too!

Easter Egg Salad

You can enjoy this salad on a sandwich, in a wrap, or on its own! Be sure to get an adult's help with cooking.

- 6 hardboiled eggs, diced
- 1/4 cup apple, diced finely
- 1/8 cup celery, diced finely
- 1 1/2 tablespoons mayonnaise
- 1 1/2 tablespoons plain yogurt
- 1 teaspoon honey mustard
- salt and pepper, to taste

Combine ingredients and mix well.

An illustration of a child's hands building with colorful blocks and glue. One hand holds a purple block with the words 'Building AGAIN' on it, while the other applies glue to its side. Various colored pencils, a hammer, and a ruler are scattered on the wooden table. In the top right corner, there is a small illustration of a house on fire.

After the fire, Sam didn't know if anything would be OK.

By Katie Morrell
(Based on a true story)

"The Lord will bless his people with peace"
(Psalm 29:11).

"What are you making?" Jonas asked. "I don't know," Sam told his little brother. "I'm just making it up as I go along." They were at the learning center, waiting for their parents to pick them up. Sam had found a box of scrap wood by the craft table. He was busy gluing pieces of wood together.

"OK." Jonas shrugged and walked away. Sam watched him join some kids at the game table. Then he went back to digging through the box of wood.

Sam found a purple block he liked. He carefully squeezed a line of glue along its side and pressed it against the blocks he'd already glued together.

He really liked his wood creation so far. He wasn't sure what it was, but he didn't really care about that. It just felt good to do something with his hands after the craziness of last week.



A week ago, a fire started burning in Sam's town. His family had to leave their house in a hurry. Sam could still remember the white ash falling in the air like snow. There were even flames on the side of the road as they drove to safety. It was terrifying!

Sam's family was OK, but their house was gone. It had burned in the fire along with most of the town.

It doesn't feel real! Sam thought to himself. He kept thinking his family was just on a weird vacation and they'd be going home soon. But he knew that wasn't true. They were staying with friends until they could find a new place to live.

Today Mom had brought Sam and his siblings to the learning center. It was a place for kids who lost their homes in the fire. Sam's favorite was the craft table.

At the bottom of the wood box, Sam found a triangle-shaped block he hadn't noticed before. That gave him a great idea!

When Mom came back to the learning center, Sam was excited to show her what he had made.

"It's a temple!" Sam said. He handed it to Mom.

"I love it," Mom said. "It reminds me of the wooden temple I used to have."

Thinking about Mom's wooden temple made Sam's stomach drop. They had wanted to save it from the fire, but it had been left behind.

"I wanted to put it by your temple on our bookcase," Sam said. "But . . . your wooden temple is gone. And so is the bookcase."

"How about we make this the first decoration in our new house?" Mom said. "The temple is a place of peace. It can remind us that no matter what happens, we'll be OK."

Imagining his wooden temple on a new bookshelf helped Sam feel a bit better.

"I like that," he said.

That night, Sam put his temple on the kitchen table in the house where they were staying. The kitchen was filled with his family's bags of emergency supplies, but seeing the temple there made the room look happier.

A couple of days later, Dad and Mom called a family meeting. "Someone donated a camper trailer we can live in," Dad said. "We're really blessed to have a place to stay."

Sam helped his family pack their things in the car. He put his wooden temple on one of the seats so it would be safe during the bumpy ride.

"You OK?" Mom asked. She handed him a box to load into the trunk.

"Yes," Sam said. He didn't want to move again, but he remembered what Mom had said about the temple. "No matter what happens, we'll be OK." ●

The author lives in Utah, USA.



The wooden temple Sam's mom owned survived the fire! It was found in their melted minivan weeks later.

READ-BACK RIDDLES

Can you figure out these riddles? If you get stuck, read the **bolded** word backwards. Check answers on page 43.

1. This animal likes to take a break now and then from the normal **FLOW** of things just to howl at the moon.

2. WITH ALL THOSE BANANA **PEELS** ON THE FLOOR, THE ZOOKEEPER KNEW THE MONKEY WOULD BE DOING THIS PRETTY SOON AFTER SUCH A BIG MEAL.

3. If you want to **KEEP** things a surprise, don't do this under the blindfold!

4. Bouncer the frog loves how his favorite **STRAW** hat matches this part of his face.

5. THE CHEESE IS THE MOST IMPORTANT **PART** OF THIS MOUSE-CATCHING DEVICE.

6. I decided to **DRAW** a map of all the homes in this church group.

7. I felt a drop in the **PIT** of my stomach when I bumped the table and saw Mom's flower vase do this.



Book of Mormon Art Show!



**Lisa-Marie R., age 11,
Lower Saxony, Germany**



Kael R., age 7, Georgia, USA

FUNSTUFF ANSWERS

Page 11: 8 copies of the Book of Mormon; 16 country flags

Page 33: your breath; c

Page 36: Alma 5: fasted, prayed; John 7: do, know; Alma 32: grow, good

Page 43: wolf, sleep, peek, warts, trap, ward, tip



HIDDEN CTR RINGS

Did you find the rings?
Look on pages FJ5, 38, and 17.

How to Write to the *Friend*

To send us a letter, drawing, poem, or story . . .

1. Fill out the form below and send it in with your story or artwork, and include a school picture or other high-resolution photo.
2. We might edit your submission, and we can't return it to you.

Please send your submission to:

Friend Magazine
50 E. North Temple St., Rm. 2393
Salt Lake City, UT 84150-0024
Or email: friend@ChurchofJesusChrist.org

May the *Friend* contact you
with a survey?

☐ Yes ☐ No

The following information and permission must be included:

First and last name _____

Age _____ Boy/Girl _____ State/Province, Country _____

I give my permission to The Church of Jesus Christ of Latter-day Saints to use my child's submission and photo on the Church websites and social media platforms as well as for Church reports, print products, video, publications, and training materials.

Signature of parent or legal guardian _____ Date _____

Email of parent or legal guardian _____

The Last Laugh



Anna M., age 10, Utah, USA



the Friend junior



ENGLISH



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16795 Apr 20

THE CHURCH OF
JESUS CHRIST
OF LATTER-DAY SAINTS

Hi, Friends!



I like to help bake cookies and take them to our neighbors.

Ulu, age 3, Utah, USA



I share my toys with my friends.

Anna, age 3, Indiana, USA



When I'm at the store, I like to smile at people to see if I can get them to smile back at me. I call it the smile game!

Sadie, age 4, California, USA



Ark, age 4, Montana, USA

Cut out the story and the pictures to tell the story of the first Easter (see Luke 24).



The FIRST EASTER

After Jesus Christ died, his body was laid in a **tomb**. On Sunday, **women** came to care for His body. They found His tomb **open** and empty. **Angels** said that Jesus was alive again! This was the first Easter. **Jesus** visited His **followers** and showed them His resurrected body. He **ate** with them and taught them before returning to Heavenly Father. Jesus saved us from death and sin. He loves us!



ILLUSTRATIONS BY KATIE MCREE





Jesus Christ's CHURCH

By Marissa Widdison
Church Magazines



Olivia heard a big word in Primary. Later she asked Daddy, "What does *restoration* mean?"



"I'll show you," Daddy said. He stacked blocks on top of each other.



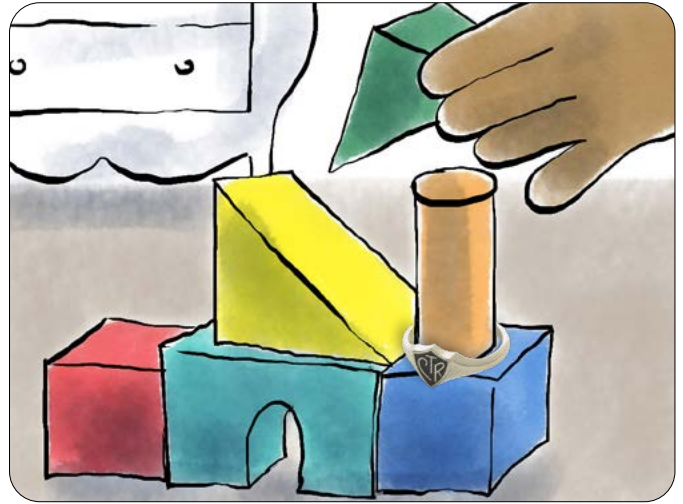
"When Jesus was on earth, He taught people to love each other and keep the commandments," Daddy said. "And He set up His Church."



"But then Jesus died. Some people stopped believing His teachings." Daddy pushed the blocks over.



"So after a while, Jesus's Church was gone," Daddy said.
"That's sad," said Olivia.



"Don't worry," Daddy said. He started stacking blocks again. "Jesus asked someone to help bring back His teachings."



"That helper was Joseph Smith. He helped restore, or bring back, Jesus's Church."



"Now the Church of Jesus Christ is on the earth once again. That's what *restoration* means."



"And best of all," Daddy said, "we can go to that church every Sunday."



"I'm glad I can go to Jesus's Church!" Olivia said.

Come, Follow Me for Little Ones

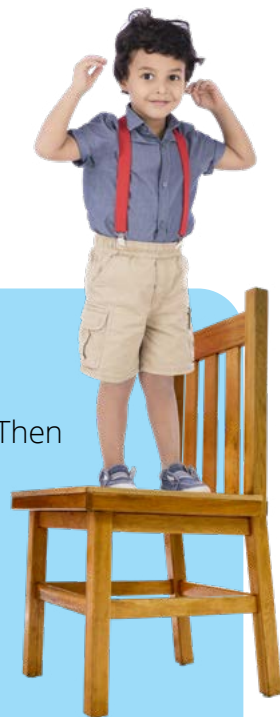
Here are some activity ideas for toddlers and young children that go along with each week's reading.

For Easter

Read Alma 7:12 together and help your little ones say, "Jesus loves me and knows how to help me." You could have a Christ-centered Easter-egg hunt using the ideas and scriptures on pages 38–39.

For Mosiah 1–3

Read Mosiah 2:17 together. Then help your little ones take turns standing on a chair, like King Benjamin on the tower. While on the chair, help them repeat a simple line about service, like "God is happy when I help others" or, "By serving others I'm serving God."



For Mosiah 4–6

Read Mosiah 4:26 together and help your little ones say, "I can help those in need." This would be a great time to do a family service project. For example, young children could decorate paper bags and help fill them with snacks or other items to comfort people who seem sad or lonely.

**I can help
those in
need.**

For Mosiah 7–10

Read Mosiah 7:33 together and help your little ones say, "God will help me be strong." Set out objects of different weights and have your children try to lift each one. Then show them that with your help, they can lift so much more! Testify that God will help us be strong enough to do hard things, if we trust Him.