

Family Fun Time



Read “Brave Enough” (pages 4–5). Even when the people we love can’t be with us, we can still feel close to them and let them know we care. With your family, make a list of people who could use some extra love while they’re away. This could be a grandparent, a friend, a cousin, or a missionary. Send a letter to let them know you’re thinking of them!

What other ways can you stay in touch with loved ones who are away?

Bottle-Cap Stamps

You can use these stamps to decorate your letters. Be sure to ask an adult for help with this craft and the recipe.

You will need:

- washed bottle caps (from milk jugs, water bottles, etc.)
- craft foam or precut foam shapes
- craft glue
- inkpads or a paintbrush and acrylic paint

1. Draw and cut out your foam shapes or use a precut shape. Use the shapes on this page if you need ideas.
2. Glue the foam shape to the top of the bottle cap and let the glue dry.
3. Brush a thin layer of paint on your stamp or press it on an inkpad and stamp away!



Hummus

Enjoy this tasty snack while you write your letters! Dip crackers and fresh vegetables in the hummus.

- 1 16-ounce (454-g) can garbanzo beans, drained**
- 2 medium cloves garlic, peeled and chopped (or 1/2 teaspoon garlic powder)**
- 3 tablespoons water**
- 1 tablespoon lemon juice**
- 1 tablespoon olive oil**
- 2 teaspoons cumin**
- 1/2 teaspoon salt**

Put all the ingredients into a blender or food processor. Blend until the hummus is completely smooth. Enjoy!

