

How can I learn more when I read the scriptures?

The scriptures are like a written “recording” of the “voice” of the Lord—a voice we feel in our hearts more than we hear with our ears. As we study the written word of God, we learn to hear His voice in the words we read. As we return repeatedly to the holy scriptures, we gain experience and confidence in hearing and feeling His voice.

Five basic principles can help us learn more effectively from our personal scripture study.



Elder David A. Bednar of the Quorum of the Twelve Apostles shares some of his thoughts on this subject.



1. Pray for understanding and invite the help of the Holy Ghost.

Begin scripture study with prayer.
Ask for understanding as you study.
Express gratitude as you conclude.



2. Work.

Pay the price of regular and diligent study.



3. Be consistent.

Set aside a specific and scheduled time each day.



4. Ponder.

Think about the truths, experiences, and lessons in the scriptures.

Take time—pondering cannot be forced, hurried, or rushed.



5. Write down impressions, thoughts, and feelings.

Record what you learn, think, and feel.

Invite the Holy Ghost to continue instruction.