

Consider these activities during family scripture study or home evening.



Helaman 13-16 (August 31-September 6)

Read Helaman 16:1-3 together. Those who believed Samuel "went forth" to do what he taught. Talk about how we should follow our Church leaders today.

- Invite each family member to find a quote from general conference. (Perhaps browse "Inspirational Picture Quotes" at ChurchofJesusChrist.org/media-library/images.)
- Take turns standing on a chair or stool, like Samuel on the wall, and reading these quotes to the group.
- After each quote, talk about what your family can do to "go forth" and do what was taught.

Discussion: What could we do to get ready for general conference next month? What would help us listen to and act on the teachings of our Church leaders?



Remembering Jar

3 Nephi 1-7 (September 7-13)

Read 3 Nephi 2:1-3 together and talk about how some people "began to forget those signs and wonders which they had heard." Then play an activity to help your family remember God all week.

- Label a jar "God loves me."
- Give each family member a small piece of paper and ask them to write down a blessing God has given them. Put the papers in the jar.
- Encourage family members to add more papers to the jar as they notice blessings during the week.
- At the end of the week, pick a handful of papers to read out loud and talk about.

Discussion: Why do you think the adversary wants us to forget the spiritual "wonders" we notice in our lives? How can we remember God every day?

ILLUSTRATIONS BY DAVID GREEN

FAMILIES WITH YOUNG CHILDREN

Find more home evening ideas in this month's Friend.



Opening Our Ears

3 Nephi 8-11 (September 14-20)

Read 3 Nephi 11:3–7 together. Before Jesus Christ appeared to the people in Bountiful, they had to "open their ears" to the words of God.

- 1 Invite everyone to turn to each other and talk about their day.
- Meanwhile, have someone softly read 3 Nephi 11:7. Then ask the group if they can repeat what was said.
- Read the scripture again, this time with everyone listening quietly. Now repeat the verse together.

Discussion: Why was it easier to remember the verse the second time? How can we eliminate distractions and "open our ears" to the Spirit this week?



True Treasure

3 Nephi 12-16 (September 21-27)

Read 3 Nephi 13:19–21 together and talk about what it means to focus on heavenly treasure.

- Decorate or label a box as a "treasure chest." Invite each family member to put a gospel item inside (Book of Mormon, picture of ancestor, temple recommend, etc.).
- Tell everyone to close their eyes while one person hides the treasure chest nearby. Then everyone should try to find it.
- When someone finds the treasure, they should take their item out of the box and share why it is special to them.
- Take turns hiding and sharing until all the treasure is gone.

Discussion: Why is spiritual treasure more valuable than earthly treasure? What can our family do to focus on spiritual instead of earthly treasure this week?