

How Do I Talk to My Kids about the Importance of Both Women and Men?



It was 25 years ago this month that a prophet of God shared “The Family: A Proclamation to the World” at a Churchwide General Relief Society Meeting. Here are some important truths we know from that proclamation.

5 Truths to Talk About



- Each one of us is a child “of heavenly parents.” That truth reminds us that both women and men are an important part of the plan of happiness. How would the world be a better place if all men and women, girls and boys, respected each other as equally valuable and needed?
- Both women and men have a “divine destiny.” This means that both boys and girls have the chance to live in a perfect heavenly home someday. What are some good choices that will help you reach your divine destiny?
- Wives and husbands should “love and care for each other.” What are some ways you can practice loving and caring for others?
- Fathers and mothers may help their families in different ways, but they should work together “as equal partners.” When have you seen men and women work together on something important?
- Parents should raise their children “in love and righteousness.” What are some good things you’ve learned from a mother, grandmother, or other woman? What are some good things you’ve learned from a father, grandfather, or other man?



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Activity Ideas



- Find different tools that work together to do something. For example, a knife and fork are very different, but both can help you eat a meal. Men and women are different, but they are both important. And when they work together, they can do amazing things.
- Color the pages in the *Friend* magazine this month that show the women and men who help lead the Church.



- Make a goal to help your family show more respect and kindness to both women and men.
- Think of someone who doesn't know that they are important and loved. How can you help them understand that they are a beloved child of heavenly parents? ■



Additional Resources for Children and Youth

- "Bright Idea," *Friend*, Sept. 2020, 34.
- "Loving Our Families," *Friend*, Sept. 2020, 2.
- "My General Conference Notebook," *Friend*, Sept. 2020, 18.
- "Women Who Help Lead the Church," *Friend*, Sept. 2020, 17.
- "The Role of Families in God's Eternal Plan," *New Era*, Sept. 2020, 2.
- "Choosing to Be Part of Family Life," *New Era*, Sept. 2020, 20.