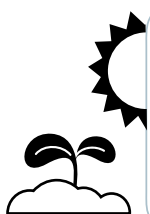


Best Advice . . .

Young adults share their best advice about overcoming perfectionism.



“Perfect people don’t need a Savior. God gives us weakness so we can rely on Christ.”

—Mckenna Clarke, Virginia, USA

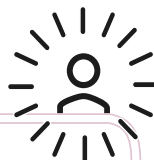
“I give myself this advice: I’m here to learn to focus on what’s important so I can return to Him.”

—Paola Vargas, Aguascalientes, Mexico



“At church I have learned that perfection doesn’t come in this life, but it comes in the next life. Our Savior is a perfect example for us. Follow Him in this life so you can become perfect someday.”

—Vennela Vakapalli, Andhra Pradesh, India



BE PATIENT WITH YOURSELF

“Be patient with yourself. Perfection comes not in this life, but in the next life. Don’t demand things that are unreasonable. But demand of yourself improvement. As you let the Lord help you through that, He will make the difference.”

President Russell M. Nelson, “Men’s Hearts Shall Fail Them” (video), mormonchannel.org.

LEFT: ILLUSTRATIONS FROM GETTY IMAGES



What’s the best advice you’ve ever received about dating? Send us your response at ensign.ChurchofJesusChrist.org by September 30, 2019.

SHARE YOUR STORY

Do you have an amazing story to share? Or do you want to see articles about certain topics? If so, we want to hear from you! You can submit your articles or your feedback at ensign.ChurchofJesusChrist.org.