

ADVICE

from YOUNG ADULTS

on dating someone who once struggled with pornography



“Most pornography users don’t want to be in a position of looking at it. They hate it, but it’s addictive. Ask the person to open up to you. If it’s a strong relationship, they will open up and talk to you about it. **Be that friend who will help them.**”

—Elise, Queensland, Australia

“**Be supportive in their recovery.** It’s not something that is overcome overnight. It takes time.”

—Name withheld, Idaho, USA

“**Speak up and ask** the person about the issue. It is oftentimes deemed an awkward and uncomfortable topic, but you should know to what extent the individual battled with pornography. By finding this out, you and the Holy Ghost may be the conduit to helping this person find the avenue of freedom from persistent pornography struggles.”

—Eryn, Utah, USA

from CHURCH LEADERS

“Only you can decide, with the Lord’s help, how to proceed in a relationship in which pornography plays a role in the life of a potential future companion. If you choose to remain in a relationship with someone struggling with this temptation, help him or her turn to God in prayer, in fasting, and in regular scripture study. Additionally, encourage visits with parents, family members, priesthood leaders, and professional counselors to get additional help and support.”

President M. Russell Ballard, Acting President of the Quorum of the Twelve Apostles, “Questions and Answers” (Brigham Young University devotional, Nov. 14, 2017), 4, speeches.byu.edu.

Read President Ballard’s full response in the digital version of this article in the Gospel Library app or at [ensign.ChurchofJesusChrist.org](https://www.ensign.churchofjesuschrist.org).

SHARE YOUR ADVICE

What advice would you give to someone who is wondering **how to plan for the future?**

Send us your response at [ensign.ChurchofJesusChrist.org](https://www.ensign.churchofjesuschrist.org) by October 31, 2019.