



"My daughter has been inactive for 10 years, and I thought I'd never get her back, but I asked her to do the first lesson with me in *My Foundation*, and now **she wants to do all the lessons and wants to come back to church with me.**"

— UNITED STATES OF AMERICA

"Being in the self-reliance group is a **joy that I have never known.** It is light. It changes my relationship with my weaknesses—I know they will soon be my strengths!"

— UNITED STATES OF AMERICA

"I trusted the process the moment I studied the manuals and material. . . . **The basis of the self-reliance initiative is working as a team,** with everyone helping each other. . . . It is truly inspired and has to come from the Lord."

— SCOTLAND

"A neighbor was invited to one of the self-reliance classes. They loved it so much. **For years we tried to teach them the gospel, but not until they came to our self-reliance classes were they interested.** Their extended family was skeptical, but they are now all investigating the Church."

— HAITI

"A husband is now treating his wife and children better, and their business has progressed because he is applying what he learned at the self-reliance group about **becoming one and working together.**"

— CAPE VERDE

"I think that **self-reliance is the Noah's ark of the present times.** If we aren't self-reliant spiritually or temporally, we're going to struggle."

— ECUADOR

"I know that this comes from Christ. I have worked with this; I have lived it. I have seen miracles. It's important that we **continue to move forward.**"

— VENEZUELA

"The program is inspired, and **the Lord's hand is behind it** because it has been blessing the members. I have never seen anything like this. I have also applied the principles in my life and in my family to help them."

— BRAZIL

## SELF-RELIANCE PARTICIPANTS' QUOTES FROM AROUND THE WORLD



"Every day in the self-reliance course, **I am motivated to follow Christ more intensively.**"

— GERMANY

"After attending the group meetings, **my income increased** by almost seven times."

— RUSSIA

"**I started a small vehicle-parking business** and also increased my beehive business from 16 to 63 beehives."

— ARMENIA

"We can call ourselves truly self-reliant only when we are able to extend a hand to **lift the sick and needy.**"

— GHANA

"Many people think they are self-reliant when they are not. This booklet, *My Path*, **will awaken everyone.**"

— DEMOCRATIC REPUBLIC OF THE CONGO

"The self-reliance initiative has helped me **build my confidence to go back to school**, because going back after not having gone to school in a long time can be really scary. Through the Spirit and because of this initiative, I know that I have nothing to fear."

— BOTSWANA

"The courses galvanize and unite the ward. Members are talking to each other, serving each other, infusing each other with the **success each is having.**"

— SOUTH AFRICA

"**The Lord has prepared a way to help us in every challenge in life.**

He wants us to overcome all of them so when we look back on our lives, we can see how meaningful our lives have been."

— HONG KONG

"It's different than I thought it would be. It's not about starting a business; it's about changing people inside out! **This initiative is changing people.** Once they are through the course, they get it!"

— PHILIPPINES

"Having this self-reliance course **helped me find my way when I felt lost** in my life. It gave me the foundation I needed to make something out of myself."

— NEW ZEALAND

"A couple came to the Starting and Growing My Business group because they were receiving fast-offering assistance. In just four weeks, they are now **excited, showing up early, and have started a business.**"

— AUSTRALIA