

# INSIGHTS



## **Where can I find the courage to go on?**

“You may feel that your life is in ruins. You may have sinned. You may be afraid, angry, grieving, or tortured by doubt. But just as the Good Shepherd finds His lost sheep, if you will only lift up your heart to the Savior of the world, He will find you. He will rescue you. He will lift you up and place you on His shoulders. He will carry you home.”

**President Dieter F. Uchtdorf**, Second Counselor in the First Presidency, “He Will Place You on His Shoulders and Carry You Home,” *Ensign*, May 2016, 104.