# Ensign

#### A MAGAZINE OF THE CHURCH OF JESUS CHRIST OF LATTER-DAY SAINTS October 2015 Volume 45 • Number 10

**The First Presidency:** Thomas S. Monson, Henry B. Eyring, Dieter F. Uchtdorf

#### The Quorum of the Twelve Apostles:

Russell M. Nelson, Dallin H. Oaks, M. Russell Ballard, Richard G. Scott, Robert D. Hales, Jeffrey R. Holland, David A. Bednar, Quentin L. Cook, D. Todd Christofferson, Neil L. Andersen

Editor: Joseph W. Sitati

**Advisers:** Randall K. Bennett, Craig A. Cardon, Christoffel Golden, Larry R. Lawrence, James B. Martino

Managing Director: David T. Warner Director of Operations: Vincent A. Vaughn Director of Church Magazines:

Allan R. Loyborg

Business Manager: Garff Cannon Managing Editor: R. Val Johnson Assistant Managing Editor: LaRene Porter Gaunt

Publications Assistant: Faith S. Watson

Writing and Editing: Ryan Carr, David Dickson, David A. Edwards, Matthew Flitton, Lori Fuller, Garrett H. Garff, Jill Hacking, Charlotte Larcabal, Mindy Anne Leavitt, Michael R. Morris, Richard M. Romney, Paul VanDenBerghe

**Editorial Interns:** Natalie Cherie Campbell, Shawn Michael Fielding

Managing Art Director: J. Scott Knudsen Art Director: Tadd R. Peterson

**Design:** C. Kimball Bott, Colleen Hinckley, Eric P. Johnsen, Susan Lofgren, Scott Mooy **Design Intern:** Kayleigh Jolley

Intellectual Property Coordinator:
Collette Nebeker Aune

Production Manager: Jane Ann Peters Production: Connie Bowthorpe Bridge, Julie Burdett, Katie Duncan, Bryan W. Gygi, Denise Kirby, Ginny J. Nilson, Gayle Tate Rafferty Prepress: Joshua Dennis

**Printing Director:** Craig K. Sedgwick **Distribution Director:** Stephen R.

Christiansen

© 2015 by Intellectual Reserve, Inc. All rights reserved. The Ensign (ISSN 0884-1136) is published monthly by The Church of Jesus Christ of Latter-day Saints, 50 E. North Temple Street, Salt Lake City, UT 84150-0024, USA. Periodicals Postage Paid at Salt Lake City, Utah.

Copyright information: Text and visual material in the Ensign may be copied for incidental, noncommercial church or home use. Visual material may not be copied if restrictions are indicated in the credit line with the artwork. Copyright questions should be addressed to Intellectual Property Office, 50 E. North Temple Street, Salt Lake City, UT 84150-0018; email: cor-intellectualproperty@ldschurch.org.

POSTMASTER: Send all UAA to CFS (see DMM 707.4.12.5). NONPOSTAL AND MILITARY FACILITIES: Send address changes to Distribution Services, Church Magazines, P.O. Box 26368, Salt Lake City, UT 84126-0368. USA.

**Canada Post Information:** Publication Agreement #40017431.

## Family Home Evening Ideas

This issue contains articles and activities that could be used for family home evening. The following are some examples.



#### "Celebrating Family Home Evening,"

**page 42:** Whether you never miss a week or this is your first try, consider holding a special

family home evening in honor of family home evening! You could read the article to see how families around the world enjoy spending time with each other while learning the gospel. Consider discussing how you will achieve your goal of holding family home evening. How might you need to adapt it to accommodate your family's needs? You might recommit as a family to make this 100-year tradition a priority in your own home, regardless of your situation.

#### **USING PICTURES**

One of the most memorable family home evening activities we had when I was growing up was what we called "picture chase." My father would hold up a picture representing a story from the scriptures. The first child to correctly identify the picture then told what he or she could remember of the story. All of us would then look up the story in our scriptures and read it together. After reading it, we would discuss how the scripture story applied to our family. (Find many scripture-related pictures at lds.org/media-library.)

Sarah Hunter Hyatt, Washington, USA

"The Worth of Souls and the Problem of Bullying," page 70: You might begin family home evening by sharing the story

of Nephi's suffering at the hands of Laman and Lemuel as they sailed on the boat to the promised land (see 1 Nephi 18). Your family could then discuss what bullying is and why some people become bullies, highlighting the strategies given in the article on what a child should do if he or she is ever bullied. You may also want to use the material from the Friend suggested on page 71 to talk with your children not only about responding to bullying but also about recognizing the worth of others and being kind.

### SUBSCRIBE TO OR RENEW THE ENSIGN

Online: Visit store.lds.org.
By phone: In the United States and Canada, call 1-800-537-5971.
By mail: Send U.S. \$10 check or money order to Distribution Services, P.O. Box 26368, Salt Lake City, UT 84126-0368, USA.

#### TO CHANGE ADDRESS

Send both old and new address information to Distribution Services, P.O. Box 26368, Salt Lake City, UT 84126-0368, USA. Please allow 60 days for changes to take effect.

#### LIKE THE ENSIGN ON FACEBOOK

Get Ensign articles and other faith-inspiring content (such as videos, digital posters, and family home evening ideas) delivered right to your Facebook news feed by liking our page. Visit facebook.com/ensign.