Ensign

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Family Home Evening Ideas

This issue contains articles and activities that could be used for family home evening. The following are some examples.



"My Intertwined Testimony," page 24:

At the beginning of family home evening, display an item that is intertwined, such as a

braid or bracelet, to demonstrate to children what intertwined means. Then summarize Sister Noche's experience of coming to realize that the truthfulness of the restored gospel and the truthfulness of the Book of Mormon are intertwined. You may want to read together and discuss the sidebar quotation from President Ezra Taft Benson. Consider challenging your family to read the Book of Mormon together consistently as a family, if you're not already doing so, or to increase the time you spend reading it. Conclude by singing together "An Angel Came to Joseph Smith" (Children's Songbook, 86).

A Messy but Marvelous Lesson

When our children were young, we wanted to teach them the importance of following Heavenly Father's directions and listening to the Holy Spirit. So my husband and I took turns making peanut butter and jelly sandwiches following each child's exact directions. It was a mess! Then Dad quietly but clearly told Mom how to make a sandwich, and it came out just right. We then pointed out that when we fail to follow Heavenly Father's instructions for us, life can get messy. But when we follow His directions, including those that come by the still, small voice of the Spirit, life turns out much better. It was a fun evening—and we got to eat our messy sandwiches!

Kelly Witten, Oregon, USA

"Courage to Choose Modesty,"

page 40: Prayerfully study the article in advance. Consider inviting family members

to come to family home evening prepared to share one of the three blessings of modesty described in the article. You may also want to discuss Sister McConkie's observation that modesty is important for both men and women. For further discussion, you could explore together some of the resources referenced in the article. such as the relevant sections in *True to the Faith* and For the Strength of Youth. Other support materials are available online at lds.org/youth/ article/modesty-matters and lds.org/media-library/ images/categories/ mormonads.

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We welcome donated submissions showing the gospel of Jesus Christ at work in your life. Please submit articles through ensign.lds.org. Authors whose work is selected for publication will be notified.