

Aaronic Priesthood and Young Women Resource Guides

The following resources may be used to supplement, but not replace, lessons in *Aaronic Priesthood Manual 3* and *Young Women Manual 3*. Some *Duty to God* and *Personal Progress* activities listed in the guides may be worked on during lesson time, or you may encourage quorum or class members to complete them at home.

Please teach the lessons in the order they are printed. The manual does not include a specific Christmas lesson. If you want to teach a special Christmas lesson, consider using scriptures, conference addresses, Church magazine articles, pictures, and hymns that focus on the Savior.

To find non-English versions of the resource guides in some languages, go to www.lds.org, click on **Languages**, and select a language. Click on *Liabona*, then the **May 2008** issue. The English version of the resource guides can be found at www.lds.org by clicking on **Gospel Library**. There are links to the resource guides in the right column.

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Lesson 26: Repentance

Russell M. Nelson, "Repentance and Conversion," *Liabona* and *Ensign*, May 2007, 102. You could introduce the lesson with the definitions of *repentance* from the article. "Repentance Brings Peace and Happiness to Our Lives" could be supplemented by the "Fruits of Repentance" section from the article.

Personal Progress, "Choice and Accountability Value Experiences," no. 4.

Lesson 27: Forgiving Ourselves

Anthony D. Perkins, "The Great and Wonderful Love," *Liabona* and *Ensign*, Nov. 2006, 76. Consider selecting appropriate sections from the article about needless guilt and forgiving oneself to supplement the section "Forgiving Ourselves Is an Important Part of Repentance."

Personal Progress, "Knowledge Value Experiences," no. 4.

Lesson 28: Consecration and Sacrifice

Elaine S. Dalton, "It Shows in Your Face," *Liabona* and *Ensign*, May 2006, 109. Consider replacing the story about the Missionary Training Center with the story about Mary Goble. After reading the story, ask how Mary's sacrifice in crossing the plains brought blessings to her life despite the trials she experienced.

Personal Progress, "Good Works Value Experiences," no. 3.

Lesson 29: A Change of Heart

M. Russell Ballard, "Pure Testimony," *Liabona* and *Ensign*, Nov. 2004, 40. You might use Elder Ballard's description of real testimony to conclude the lesson. Encourage the young women to look at their lives and see what changes they need to make in order to have a real testimony.

David A. Bednar, "Ye Must Be Born Again," *Liabona* and *Ensign*, May 2007, 19. Consider using Elder Bednar's explanation of how a cucumber becomes a pickle to replace the discussion at the beginning of the lesson. Discuss how we need to have a change of heart if we desire to truly follow our Savior.

Personal Progress, "Choice and Accountability Value Experiences," no. 4.

Lesson 30: Scripture Study

Julie B. Beck, "My Soul Delighteth in the Scriptures," *Liabona* and *Ensign*, May 2004, 107. You might use Sister Beck's talk to supplement the lesson. You could use a quote from this talk in place of Elder Asay's.

Personal Progress, "Choice and Accountability Value Experiences," no. 1.

Lesson 31: Service in the Church

Boyd K. Packer, "The Weak and the Simple of the Church," *Liabona* and *Ensign*, Nov. 2007, 6. Consider using the first part of President Packer's talk to supplement the section "We Should Prepare Now to Serve in the Church."



Young women in the Bell Ville Argentina District.

Personal Progress, "Good Works Value Experiences," no. 1.

Lesson 32: Service in the Community

Steven E. Snow, "Service," *Liabona* and *Ensign*, Nov. 2007, 102. This talk could be used to supplement throughout the lesson. The section about serving in the community could supplement the section "It Is Important for Young Women to Serve in the Community."

Personal Progress, "Good Works Value Project," bullet 5.

Lesson 33: Each Person Is Divine and Eternal

Susan W. Tanner, "Daughters of Heavenly Father," *Liabona* and *Ensign*, May 2007, 106. Portions of this talk could be used throughout the lesson. For example, replace the story under the heading "We Should Help Others Feel Loved and Valued" with the story Sister Tanner shares about the young woman in Chile.

Personal Progress, "Divine Nature Value Experiences," no. 1.

Lesson 34: Avoiding Dishonesty

Richard C. Edgley, "Three Towels and a 25-Cent Newspaper," *Liabona* and *Ensign*, Nov. 2006, 72. Consider replacing the case studies at the beginning of the lesson with a discussion of the blessings that come from being honest. Replace the story of the ice cream with the story of the 25-cent newspaper.

Personal Progress, "Integrity Value Experiences," no. 2.

Lesson 35: Dating Decisions

Elaine S. Dalton, "It Shows in Your Face," *Liabona* and *Ensign*, May 2006, 109. You might share Sister

Dalton's experiences in West Africa, in South America, and on Ensign Peak to express the importance of making righteous decisions.

Personal Progress, "Choice and Accountability Value Project," bullet 2.

Lesson 36: Marriage Standards

Russell M. Nelson, "Nurturing Marriage," *Liabona* and *Ensign*, May 2006, 36. Consider using the three suggestions from the section "Strengthening Marriage" to enhance the lesson.

Personal Progress, "Choice and Accountability Value Experiences," no. 2.

Lesson 37: The Word of God as a Standard

Jeffrey R. Holland, "The Only True God and Jesus Christ Whom He Hath Sent," *Liabona* and *Ensign*, Nov. 2007, 40. Consider incorporating this article throughout the lesson.

For the Strength of Youth, "Go Forward with Faith," 40.

Lesson 38: Good Health Habits

Dieter F. Uchtdorf, "See the End from the Beginning," *Liabona* and *Ensign*, May 2006, 42. You might use President Uchtdorf's laundry delivery experience as an introduction.

Personal Progress, "Knowledge Value Project," bullet 3.

Lesson 39: Recognizing Our Individual Worth

Joseph B. Wirthlin, "The Abundant Life," *Liabona* and *Ensign*, May 2006, 99. Consider sharing Elder Wirthlin's story about Snowman in the section "We Each Have the Potential for Greatness."

Personal Progress, "Choice and Accountability Value Experiences," no. 6.

Lesson 40: Loving Ourselves and Others

Anthony D. Perkins, "The Great and Wonderful Love," *Liabona* and *Ensign*, Nov. 2006, 76. Consider using Elder Perkins's three snares in the scripture discussion.

Personal Progress, "Divine Nature Value Experiences," no. 6.

Lesson 41: Being Dependable

Joseph B. Wirthlin, "Life's Lessons Learned," *Liabona* and *Ensign*, May 2007, 45. You might replace the story of Cindy with Elder Wirthlin's experience on the football team.

Personal Progress, "Integrity Value Experiences," no. 4.

Lesson 42: Preparing for Change

Dieter F. Uchtdorf, "Have We Not Reason to Rejoice?" *Liabona* and *Ensign*, Nov. 2007, 18. Consider using President Uchtdorf's story of his family during WWII.

Personal Progress, "Knowledge Value Project," bullet 2.

Lesson 43: Associations with Others

Michael J. Teh, "Out of Small Things," *Liabona* and *Ensign*, Nov. 2007, 35. Consider using this article to supplement the section "Be Willing to Reach Out to Others," emphasizing the need to use our gifts for good.

Personal Progress, "Integrity Value Project," bullet 3.

Lesson 44: Avoiding Crisis Living

Keith K. Hilbig, "Quench Not the Spirit Which Quickens the Inner Man," *Liabona* and *Ensign*, Nov. 2007, 37. You might use the four questions from this article when discussing "We Should Do All Things in Wisdom and Order."

Personal Progress, "Knowledge Value Experiences," no. 2.

Lesson 45: Choosing a Vocation

James E. Faust, "Message to My Grandsons," *Liabona* and *Ensign*, May 2007, 54. Consider using President Faust's advice about choosing a vocation to supplement any of the discussion sections.

Personal Progress, "Knowledge Value Experiences," no. 5.

Lesson 46: Money Management

Thomas S. Monson, "Constant Truths for Changing Times," *Liabona* and *Ensign*, May 2005, 19. You might add President Monson's comments to the debt section of the lesson.

Personal Progress, "Choice and Accountability Value Experiences," no. 7.

Lesson 47: Messages of Latter-day Prophets

Thomas S. Monson, "Be Thou an Example," *Liabona* and *Ensign*, May

2005, 112. Consider beginning the lesson with counsel from President Monson.

Personal Progress, "Knowledge Value Experiences," no. 4.

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Lesson 26: Blessings of Chastity

Thomas S. Monson, "True to the Faith," *Liabona* and *Ensign*, May 2006, 18. Consider using the first two paragraphs of President Monson's article to supplement the section "Satan Attacks Chastity." Replace the quote by President Lee with President Monson's examples of the maka-feke of immorality and pornography.

Duty to God (Deacon, Teacher, and Priest), "Family Activities," no. 2.

For the Strength of Youth, "Sexual Purity," 26.

Lesson 27: The Body Is a Temple

Henry B. Eyring, "God Helps the Faithful Priesthood Holder," *Liabona* and *Ensign*, Nov. 2007, 55. You might use sections of the article to supplement the section "Physical Consequences of Disobedience."

For the Strength of Youth, "Physical Health," 36.

Lesson 28: Withstanding Temptation

Thomas S. Monson, "Constant Truths for Changing Times," *Liabona* and *Ensign*, May 2005, 19. Consider beginning the lesson with President Monson's warning of the dangers of complacency and the need to stand up to the dangers around us.

Duty to God (Deacon, Teacher, and Priest), "Family Activities," no. 2.

Lesson 29: Sabbath Observances

Robert C. Oaks, "Who's on the Lord's Side? Who?" *Liabona* and *Ensign*, May 2005, 48. You may want to use this article to enhance the section "A Day of Rejuvenation."

Preach My Gospel, "Keep the Sabbath Day Holy," 74.

Lesson 30: An Aaronic Priesthood Holder Cherishes Womanhood

James E. Faust, "Message to My Grandsons," *Liabona* and *Ensign*, May 2007, 54. Consider using the article to expand the section "An Aaronic Priesthood Holder Honors the Young Women He Knows." Also consider using "The Family: A Proclamation to the World" (*Liabona*, Oct. 2004, 49; *Ensign*, Nov. 1995, 102) to supplement the section "Women and Men Have God-Given Differences."

Duty to God (Deacon), "Citizenship and Social Development," no. 7;

(Teacher), "Citizenship and Social Development," no. 10 and "Spiritual Development," no. 5; (Priest), "Citizenship and Social Development," no. 1.

Preach My Gospel, "Eternal Marriage," 85.

Lesson 31: Choosing an Eternal Companion

Dallin H. Oaks, "Divorce," *Liabona and Ensign*, May 2007, 70. You may use this article to support the discussion of the section "Finding the Right Person."

Duty to God (Priest), "Citizenship and Social Development," nos. 2, 4, and 5.

Lesson 32: Preparing for the Temple Endowment

Robert D. Hales, "To the Aaronic Priesthood: Preparing for the Decade of Decision," *Liabona and Ensign*, May 2007, 48. You may use this talk to supplement the section "Requirements for a Temple Recommend."

Duty to God (Deacon and Teacher), "Quorum Activities," no. 6; (Priest), "Family Activities," no. 10.

For the Strength of Youth, "Dress and Appearance," 14.

Lesson 33: Celestial Marriage—A Preparation for Eternity

Jeffrey R. Holland, "The Tongue of Angels," *Liabona and Ensign*, May 2007, 16. You might supplement the section "Temple Marriages Can Become Celestial" with this article.

Duty to God (Priest), "Citizenship and Social Development," nos. 2, 4, and 5.

For the Strength of Youth, "Dating," 24.

Lesson 34: Obedience

Richard G. Scott, "The Atonement Can Secure Your Peace and Happiness," *Liabona and Ensign*, Nov. 2006, 40. Consider using Elder Scott's story on rock climbing to supplement the section "Obedience Indicates True Love of the Lord."

Lesson 35: Faith in the Lord Jesus Christ

Quentin L. Cook, "Live by Faith and Not by Fear," *Liabona and Ensign*, Nov. 2007, 70. You might conclude the lesson with Elder Harold B. Lee's four critical points, as shared by Elder Cook.

Duty to God (Deacon), "Spiritual Development," no. 3; (Teacher), "Spiritual Development," no. 4; (Priest), "Spiritual Development," no. 10.

Lesson 36: Patriarchal Blessings

Gordon B. Hinckley, "Seek Ye the Kingdom of God," *Liabona and*



Young men and their leaders in Sydney, Australia.

Ensign, May 2006, 81. You might begin the lesson with President Hinckley's quote about his patriarchal blessing.

Duty to God (Priest), "Family Activities," no. 3.

Lesson 37: Fruits and Gifts of the Spirit

James E. Faust, "The Light in Their Eyes," *Liabona and Ensign*, Nov. 2005, 20. Consider using the story of the nurse during the section "Serving Others through the Gifts of the Spirit."

Lesson 38: The Pure Love of Christ

Joseph B. Wirthlin, "The Great Commandment," *Liabona and Ensign*, Nov. 2007, 28. Consider replacing the scripture and chalkboard discussion with the story of the 14-year-old boy and Joseph Smith.

Duty to God (Deacon), "Family Activities," no. 7; (Teacher and Priest), "Quorum Activities," no. 7.

Lesson 39: Feasting on the Words of Christ

M. Russell Ballard, "The Miracle of the Holy Bible," *Liabona and Ensign*, May 2007, 80. You might use Elder Ballard's remarks on the Bible to introduce the lesson.

Duty to God (Deacon, Teacher, and Priest), "Family Activities," no. 1.

Lesson 40: Doing Missionary Work

Gordon B. Hinckley, "We Bear Testimony to the World," *Liabona and Ensign*, Nov. 2006, 4. You might use President Hinckley's declaration that "we bear testimony to the world" as part of the introduction.

Duty to God (Deacon), "Spiritual Development," nos. 10 and 11; (Teacher), "Quorum Activities," no. 5; (Priest), "Quorum Activities," no. 3.

Lesson 41: Becoming More like Our Savior

David A. Bednar, "Clean Hands

and a Pure Heart," *Liabona and Ensign*, Nov. 2007, 80. Consider replacing the chalkboard discussion with Elder Bednar's instructions on overcoming sin and the desire to sin.

Lesson 42: Being Humble and Teachable

L. Tom Perry, "Raising the Bar," *Liabona and Ensign*, Nov. 2007, 46. You might supplement the lesson with Elder Perry's experience of his son and the high jump.

Preach My Gospel, "Humility," 120–21.

Lesson 43: Thoughts and Language

John B. Dickson, "Commitment to the Lord," *Liabona and Ensign*, May 2007, 14. Consider sharing Elder Dickson's suggestions on other commitments that will bless our lives before presenting the case studies.

For the Strength of Youth, "Language," 22.

Lesson 44: Service to Others

Boyd K. Packer, "The Weak and the Simple of the Church," *Liabona and Ensign*, Nov. 2007, 6. You might add the story of President Packer's son to the conclusion of the lesson.

Duty to God (Deacon), "Quorum Activities," no. 5; (Teacher and Priest), "Quorum Activities," no. 7.

For the Strength of Youth, "Service to Others," 38.

Lesson 45: Strengthening Testimonies by Bearing Them

Dieter F. Uchtdorf, "The Power of a Personal Testimony," *Liabona and Ensign*, Nov. 2006, 37. Consider replacing the story of Elder Croft with "What Is a Testimony Good For?" and discuss the five clear and simple truths of a testimony as listed by President Uchtdorf.

Duty to God (Deacon), "Spiritual Development," no. 5; (Teacher and Priest), "Quorum Activities," no. 2.

Lesson 46: Effective Home Teaching

Thomas S. Monson, "Do Your Duty—That Is Best," *Liabona and Ensign*, Nov. 2005, 56. Consider using the section in the article about home teaching to begin the lesson.

Lesson 47: Honesty

Richard C. Edgley, "Three Towels and a 25-Cent Newspaper," *Liabona and Ensign*, Nov. 2006, 72. Consider replacing Elder Mickelsen's story with Bishop Edgley's story.

Duty to God (Priest), "Spiritual Development," no. 1.

For the Strength of Youth, "Honesty," 31.

Lesson 48: Preparing to Serve through Education

Gordon B. Hinckley, "Rise Up, O Men of God," *Liabona and Ensign*, Nov. 2006, 59. You might use President Hinckley's advice on education to begin the lesson.

Duty to God (Deacon), "Educational, Personal, and Career Development," nos. 1, 2, and 12; (Teacher), "Educational, Personal, and Career Development," nos. 2 and 3; (Priest), "Educational, Personal, and Career Development," nos. 1 and 8.

For the Strength of Youth, "Education," 9.

Lesson 49: We Have a Wonderful Legacy

H. David Burton, "If These Old Walls Could Talk," *Liabona and Ensign*, May 2007, 32. Consider supplementing the last section of the lesson with important things that have happened since the days of the pioneers as listed in the article.

Duty to God (Deacon), "Family Activities," no. 4; (Teacher), "Spiritual Development," no. 6; (Priest), "Family Activities," no. 9. ■