We return to Heavenly Father by making and keeping covenants with Him. Jesus Christ showed us the way along this covenant path, and we gain eternal life by following His example.

DISCUSSION
Where are you on the covenant path? What must you do to continue progressing?

"To each member of the Church I say, keep on the covenant path. Your commitment to follow the Savior by making covenants with Him and then keeping those covenants will open the door to every spiritual blessing and privilege available to men, women, and children everywhere."


What is the gateway to the covenant path? (See 2 Nephi 31:17–18.) How do we show our willingness to follow the example of Jesus Christ and keep His commandments?

What blessing can we receive if we endure to the end? (See 2 Nephi 31:20.)

How do we progress along the path? (See 2 Nephi 31:16, 20; Mosiah 5:7–9.)

Sin takes us off the path. How do we return? (See 1 Nephi 10:18; 3 Nephi 9:13–14.)