

INSIGHTS

from YOUNG ADULTS

on facing the future with faith



“Every morning I **ask God to help me** do what He would have me do. This is a big help for me!”

—Ciara Galvin, Iowa, USA

“Don’t worry about tomorrow; God will provide. Just **continue to pray and believe in Him**. He knows your needs.”

—Caroline Wamboi Juma, Kenya

“**Do your best today!** The Lord will help you.”

—Anli Jay Naelga Emano, Misamis Oriental, Philippines

“**Keep an eternal perspective**—there are greater things in life to come than what is happening right now. I’ve realized there is a lot out of my control. But I can trust in the Lord and in His timing.”

—Claire Parsons, Western Australia, Australia

from CHURCH LEADERS

“The restored gospel of Jesus Christ encourages us to think about the future. It explains the purpose of mortal life and the reality of the life to follow. It teaches great ideas about the future to guide our actions today. . . .

“Take the long view. What is the effect on our future of the decisions we make in the present? Remember the importance of getting an education, studying the gospel, renewing our covenants by partaking of the sacrament, and attending the temple.”

President Dallin H. Oaks, *First Counselor in the First Presidency*, “Where Will This Lead?” *Ensign*, May 2019, 60, 61.

Share Your Insights

How have you been able to adjust to **big life transitions**, like returning home from a mission, moving away from home, or getting married? Send us your response at ensign.ChurchofJesusChrist.org by July 31, 2020.