

Ensign

A MAGAZINE OF THE CHURCH OF
JESUS CHRIST OF LATTER-DAY SAINTS
July 2016 Volume 46 • Number 7

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is published monthly by The Church of Jesus
Christ of Latter-day Saints, 50 E. North Temple
Street, Salt Lake City, UT 84150-0024, USA.
Periodicals Postage Paid at Salt Lake City, Utah.

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MILITARY FACILITIES: Send address changes
to Distribution Services, Church Magazines,
P.O. Box 26368, Salt Lake City, UT 84126-
0368, USA.

Canada Post Information: Publication
Agreement #40017431.

Family Home Evening Ideas

This issue contains articles and activities that could be used for family home evening. The following are some examples.



**“Like the Widow of Zarephath: The
Miracle of Fast Offerings,”** page 32.

Consider reading this article together as a

family and then studying
the story of the widow
of Zarephath in 1 Kings
17. You could then
answer the following
questions: How does
fasting bless us individ-
ually and as a family?
Who might our fast
offerings bless? What
blessings might we see
in our home by giving
a more generous fast
offering? You could
discuss the possibility of
giving a more generous
fast offering or other
ways you could help the
poor and needy as a
family.

“My Adopted Pioneer Ancestors,”

page 36: You may want to prepare for family
home evening by reading the article before-

hand and gathering a
few pioneer stories. The
stories could be about
the first members of the
Church in your family
or about pioneers in
Church history. Consider
summarizing the
author’s experience for
your family and sharing
some of the stories you
have gathered. Discuss
together what it means
to be a pioneer. What
blessings have you and
your family received
because of those who
came before you? Invite
family members to think
of ways they can honor
their gospel heritage.

RECOGNIZING PROMPTINGS

For family night, my husband and I wanted to teach our children about recognizing promptings from the Holy Ghost. I put various hard foods—such as rice, beans, pasta shells, and peppercorns—into opaque plastic containers, using two containers for each food item. We then challenged our children to match the foods by shaking the containers and listening carefully. After a few rounds I asked how this activity might be compared to identifying the voice of the Spirit among other distracting influences. Before long, the older children were telling about their experiences with the Holy Ghost, and we all gained an appreciation for what it means to hear and feel the still, small voice.

Anita L. Reeves, Utah, USA

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