



#### December 30-January 5 (Introductory Pages of the Book of Mormon)

Word-a-Thon

An important part of family study this year will be listening intently to the words of Book of Mormon prophets and the resurrected Savior as He visits the Americas.

- Write the following on index cards, one word per card: Mormon, Lord, Testimony, God, Jesus, Joseph, Plates, Prophet.
- Pass out the cards (one or two per person) and instruct family members to lift the card high when they hear the word.
- Read the introduction to the Book of Mormon aloud.

Discussion: Why is it important to listen to and follow the teachings of the Savior and Book of Mormon prophets? What goals should we set as a family this year concerning the Book of Mormon?

Consider these activities during family scripture study or home evening.



### **Courageous Hot Potato**

#### January 6-12 (1 Nephi 3:7)

When Nephi's brothers Laman and Lemuel complained that the Lord required hard things (see 1 Nephi 3:5), Nephi said he would "go and do" whatever the Lord commanded (see 1 Nephi 3:7).

- Have everyone sit in a circle.
- Give someone a small, soft object (beanbag, tennis ball, balled-up sock, etc.).
- Play "Nephi's Courage" on the Sacred Music app (no. 120 in the Children's Songbook) while family members pass the object around the circle. Pause the music at a random moment.
- Whoever is holding the object when the music stops will explain one faithful act they will "go and do" this week.

**Discussion:** What are some things the Lord has asked us to do that seem hard? How can we be more faithful in our responses to those commandments?

#### **FAMILIES WITH YOUNG CHILDREN**

Find more home evening ideas in this month's Friend.



# Collaborative Art Museum

#### January 13-19 (1 Nephi 8)

Lehi's vision of the tree of life is a wealth of gospel learning (see 1 Nephi 8).

- Give everyone a paper and pencil.
- Assign each person to draw only one of the following:
  - Tree and fruit (1 Nephi 8:10–12)
  - River (1 Nephi 8:13-14)
  - Iron rod (1 Nephi 8:19)
  - Strait and narrow path (1 Nephi 8:20)
  - Great and spacious building (1 Nephi 8:26–28)
- Pass the papers to the left. Add people to the drawing.
- 4 Pass again. Add captions or word balloons.
- Pass again. Color with crayons or markers.

**Discussion:** What do the various parts of the vision represent? (see 1 Nephi 11:21–23; 12:16; 15:23–24; John 14:6; 1 Nephi 11:36). What do we need to do to reach the tree and find joy?



# Visionary Word Scrambler

#### January 20-26 (I Nephi 11-15)

Because Nephi "desired" to know the truth, and "believing" he could (see 1 Nephi 11:1), his eyes were opened and he saw many wonders in vision.

- Write the following scrambled words and scriptures on cards:
  - gnivri (1 Nephi 11:15)
  - lewtve stlesaosp (1 Nephi 12:9)
  - etiglnse (1 Nephi 13:3)
  - nma (1 Nephi 13:12)
  - pogsle (1 Nephi 13:34)
- Read the scriptures to unscramble the words.

**Discussion:** Why did the Lord reveal so much to Nephi? We may not have visions as Nephi did, but we can open our eyes, minds, and hearts to revelation. Share a time when you have had a revelatory experience.



### **Shipbuilding 101**

#### January 27-February 2 (1 Nephi 17)

Before Nephi could start building a ship, he asked the Lord where he should go to find ore to make tools (see 1 Nephi 17:9–10).

- Gather items in your home to use as "shipbuilding materials" (for example: blocks or pots or sofa cushions).
- 2 Hide the materials throughout the room.
- Give your family instructions on where the materials are hidden.
  Bring the materials to the shoreline (middle of the room) and give instructions on how to build

**Discussion:** Why did Nephi need help from the Lord? What are some hard things that the Lord asks us to do? What attributes did Nephi possess that made the ship a reality? How can we as a family develop those same attributes?

Selected activity ideas contributed by Jocelyn Christensen, Camille Gillham, Mitzi Schoneman, and Brenda Slade

a ship.