

- 5 **Symbols in the New Testament** ☺
We can find meaning in the objects, culture, history, and places in the New Testament.
- 6 **Portraits of Faith: Phan Phon—Phnom Penh, Cambodia** ☺
The day after the fire, we knelt to pray and asked the Lord to show us the way and bless us to be able to find a new home.
- 8 **Ministering Principles: The Purpose That Will Change Our Ministering**
There are many things we can do to bring people to Christ as we minister.
- 12 **Mary, the Mother of Jesus**
By Gaye Strathearn
There is much we can learn from Mary's example of faith and dedication.
- 18 **John: The Disciple Whom Jesus Loved**
By Eric D. Huntsman
Like the Apostle John, we can become beloved disciples of Jesus Christ.
- 24 **Developing the Faith to Reap**
By Elder Wilford W. Andersen
Faith is more than just acting; it's aligning our will with God's.
- 28 **Reflections: Trusting God** ☺
By Angela Hess
Reading about Sariah's trial of faith helped me find peace during a time of stress and worry.
- 29 **Serving in the Church: Service—the Best Medicine** ☺
By Camila Godoy
Forgetting myself in service rejuvenated my spirit.
- 30 **The Miraculous Mission of the Prophet Joseph Smith**
By President Dallin H. Oaks
Firsthand witnesses and legal documents help us understand Joseph's character and what he was able to accomplish throughout his life.
- 52 **Women in the New Testament: Elisabeth** ☺
By Aspen Stander
Elisabeth's faith and empathy provide an example that we can follow today.

☺ Quick Reads



On the Cover
The Last Supper,
by Carl Heinrich Bloch

Young Adults
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Taking care of our mental and emotional health is vital to **maintaining a balanced and joyful life**. Check out this month's articles on emotional self-reliance.



- 54 **My Conference Notebook: October 2018 General Conference** ☺
Revisit some key statements and themes from the last general conference.
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By Margot Hovley
The Church has launched a new website that will make it easier than ever to learn the perfect way for seniors to serve.
- 60 **All Who Have a Desire to Serve**
By Sally Palmer
Whether as a proselyting missionary or a service missionary, every young man or woman who desires to serve can do so.
- 66 **Entering the Gate of Heaven**
By Elder Mark A. Bragg
If we prepare properly, the blessings of the temple can be ours.
- 70 **Teaching Teens and Younger Children: Talking about Testimonies** ☺
Discover ways to teach your children, simply and clearly, about faith and testimonies.
- 72 **Be Strong and of a Good Courage**
By Elder Weatherford T. Clayton
Learn of five milestones we can achieve if we choose to be strong and courageous.
- 76 **Latter-day Saint Voices** ☺
Investigators falling from the trees; urgent feasting upon the word of God; finding money; a furnace running on faith.
- 80 **Until We Meet Again: Why I Honor My Father** ☺
By Elder Marcos A. Aidukaitis
Even before I was born, my father blessed my life with his courageous decision to be baptized.