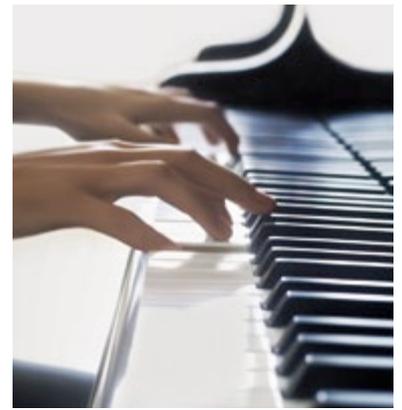


I Feel God's Love When...

The Creator of the universe has an infinite and perfect love for each of His children. How we recognize and experience this love can be different for each of us. How do you personally feel God's love in your life? We asked young adults to share their experiences.



I IMMERSE MYSELF IN UPLIFTING MUSIC

Throughout my life, music has always been a very special way that I can feel my Heavenly Father's love for me. Whenever I play the piano, I am filled with peace, joy, and hope for whatever the future holds. It is a reminder that He is mindful of me. Music helps me to connect with God and to communicate with Him openly. Through the Spirit, God uses music to teach and inspire me. When I am immersed in uplifting music, I rarely feel alone because His love surrounds me.

Sister Alexis Walker,
Russia Samara Mission



WE CREATE

We are both artists, and supporting each other in our passion for art helps us feel greater love for one another and for God. We feel that making art is a way of communicating, both with others and with God. One of Heavenly Father's foremost roles is that of Creator. When we create we are echoing that divine role, and so we feel close to our Heavenly Father. It doesn't need to be a painting of Christ or a sculpture of the temple in order for us to feel God's love, and we can feel His love throughout the process of creating.

Noah and Becky Coleman, Illinois, USA

I ATTEND THE TEMPLE

During times of trouble or when the demands of being a wife and mother overwhelm me, I find peace as I step away from my daily cares for a little while and enter the Lord's house. There I can rest and seek the peace and comfort the Lord provides within the temple's sacred walls. There I can draw closer to my Heavenly Father. There I can nourish my spirit. As I go to the temple, trials are easier to bear, I am reminded that my life is beautiful, and I feel God's love for me.

Rebekah Greenway, Virginia, USA



PHOTOGRAPH COURTESY OF ALLISON WILFORD

I SERVE

When I serve others I feel God's love for me and I recognize that He is happy with my decision to serve. King Benjamin said, "And behold, I tell you these things that ye may learn wisdom; that ye may learn that when ye are in the service of your fellow beings ye are only in the service of your God" (Mosiah 2:17). In serving I have felt God's love not only for me but also for all of His children. Because God loves me, He has given me opportunities to serve others so that I can feel His love for me.

Allison Wilford, Wyoming, USA

I EXPRESS MYSELF THROUGH DANCE

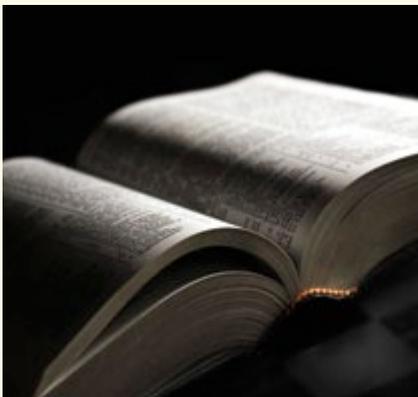
I remember that when I was a little girl, each time I expressed myself through dancing I felt graceful and beautiful—even though, in reality, I was awkward and clumsy with knobby knees. Expressing myself through dance helps me to connect to the ultimate source of truth and power, God, and I am overwhelmed by His love. On a daily basis the world tries to convince us that we are not good enough. But we are good enough for Him. And He loves us perfectly, despite our imperfections. It is in those sacred moments when I seek to “praise his name in the dance” (Psalm 149:3) that I can find peace and feel the love that Heavenly Father has for me.

Normandie Luscher, Virginia, USA

WE STUDY THE SCRIPTURES

When we were dating, we made spiritual goals for our relationship. One of those goals was to strengthen our bond with Heavenly Father and to make Him a part of our relationship. We visualized our relationship as a triangle and wanted God to be at the head of it. As we began studying the scriptures together, we felt the Spirit testify to us that God knows us, that He was pleased with our efforts, and that He was happy to know that we were searching His words. We are grateful for the scriptures and that through them we can continue to feel Heavenly Father's love.

Luis and Linda Rosas, California, USA



I FEEL THE SPIRIT

Evidence of God's love surrounds us every day, but it is in my moments of need that the Spirit whispers to me to take notice, to listen, to see, and to feel of that love. These moments of inspiration and clarity help me to know that God loves me and is mindful of my every feeling and need.

Chandra Trejo, Texas, USA



FROM LEFT: PHOTOGRAPHS BY NEPHI BOREN; INGRAM PUBLISHING/THINKSTOCK, ISTOCKPHOTO/THINKSTOCK

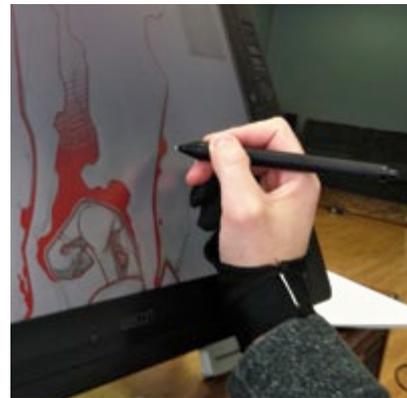
PHOTOGRAPH COURTESY OF BENJAMIN GLADE



I HOLD MY SON

The moment the doctor placed my son, Max, in my arms for the first time, I was filled with a deep love for a person I had waited nine months to meet and had only known for two minutes. I felt a weight of responsibility and a yearning to help him be successful in reaching his unique potential. I realized that that is how my Heavenly Father feels about me and every one of His children. He loves each of us individually, and His greatest desire is that we be happy and reach our divine potential.

Kyle Christensen, Washington, USA



PHOTOGRAPH COURTESY OF RANDY BISHOP

I USE THE GIFTS GOD HAS GIVEN ME

I thank my Father in Heaven every day for the blessing it is to be able to do what I love. Whenever I reflect on the circumstances that have allowed me to make art for a living, I am impressed with how the hand of the Lord has guided and encouraged me every step of the way. When I use the talents and gifts that I have been given, I feel a manifestation of His love for me.

Randy Bishop, Idaho, USA

I EXPLORE HIS CREATIONS

Knowing that God, through His Son, created this earth helps me feel close to my Heavenly Father as I explore nature. As I marvel at the beauty and complexity of the Creation, the rest of the world fades away and I feel Heavenly Father's love for me.

Benjamin Glade, Utah, USA



PHOTOGRAPH COURTESY OF KYLE CHRISTENSEN

Believe God loves you. See November 2013 *Ensign*: Carole M. Stephens, p. 12; Gérald Caussé, p. 49; Terence M. Vinson, p. 104; Thomas S. Monson, p. 121.

Feel God's love as you hear the music of October 2013 general conference. Go to lds.org/general-conference/music.