

Family Study

fun



Happiness Declaration

February 3–9 (2 Nephi 5:27)

All of us want to live “after the manner of happiness” (2 Nephi 5:27). But happiness requires effort. Create a family plan to help your family experience more joy.

- 1 Read 2 Nephi 5:10–12, 15–17, 26–27. Discuss what Nephi’s people did to live “after the manner of happiness.”
- 2 Make a list together of commandments that, if kept, will bring your family happiness.
- 3 Add to the list other things that bring you joy (good friends, game night, etc.).
- 4 Turn your list into a family declaration. (“We, the Jones family, hereby commit to pursue happiness by . . .”)
- 5 Place your declaration in a prominent place where you can see it often.

Consider these activities during family scripture study or home evening.



Cupboard Counter

February 10–16 (2 Nephi 9:1–26)

Christ’s Atonement is “an infinite atonement” (2 Nephi 9:7), but what does infinity mean?

- 1 Open your cupboards and find various containers of cooking foods, such as:
 - Sugar
 - Salt
 - Rice
- 2 Take turns guessing how many grains of each item would go into one cup. For example:
 - Sugar = 960,000
 - Salt = 2,000,000
 - Rice = 8,000

Discussion: Name other things of which there is a numberless amount (sand at the beach, stars in the sky, cells in the body). How is the reach of Christ’s Atonement greater than all of these? Why is it called infinite?

FAMILIES WITH YOUNG CHILDREN

Find more home evening ideas in this month's *Friend*.



Testimony Time Capsule

February 17–23 (2 Nephi 25:26)

Nephi reminds us that we “talk of Christ, we rejoice in Christ, we preach of Christ” so that our children know who to turn to (see 2 Nephi 25:26).

- 1 Select several stories of Christ that the children are familiar with.
- 2 Digitally record each person summarizing one of these stories and sharing their feelings about the Savior.
- 3 If prompting is needed, ask family members to describe Christ and why we love Him.
- 4 Store the recordings for safekeeping and send them to grandparents or other family members.

Discussion: How can sharing our testimonies of Christ strengthen us and our future generations?



Mission (No Longer) Impossible

February 24–March 1 (2 Nephi 27:26)

In 2 Nephi 27:26, the Restoration of the gospel is referred to as “a marvelous work and a wonder.” That Restoration and work continue today as nations of the world receive missionaries.

- 1 Locate a world map. Choose a family member to close their eyes and point to any location on the map.
- 2 Using your smartphone or computer, discover the name of the mission closest to the chosen location and learn about it: language, culture, diet, the closest temple, etc.

Discussion: What is the name of the mission you live in? What can you do to help the local missionaries? What areas of the world still need missionaries?

Selected activity ideas contributed by Mitzi Schoneman, Brenda Slade, and Lisa Thomas