



By President  
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Monson

## “AS I HAVE LOVED YOU”

Some years ago a friend named Louis related to me a tender account about his gentle, soft-spoken mother. When she passed away, she left to her sons and daughters no fortune of finance but rather a heritage of wealth in example, in sacrifice, in obedience.

After the funeral eulogies had been spoken and the sad trek to the cemetery had been made, the grown family sorted through the meager possessions the mother had left. Among them, Louis discovered a note and a key. The note instructed: “In the corner bedroom, in the bottom drawer of my dresser, is a tiny box. It contains the treasure of my heart. This key will open the box.”

All wondered what their mother had of sufficient value to place under lock and key.

The box was removed from its resting place and opened carefully with the aid of the key. As Louis and the others examined the contents of the box, they found an individual photo of each child, with the child’s name and birth date. Louis then pulled out a homemade valentine. In crude, childlike penmanship, which he recognized as his own, he read the words he had written 60 years before: “Dear Mother, I love you.”

Hearts were tender, voices soft, and eyes moist. Mother’s treasure was her eternal family. Its strength rested on the bedrock foundation of “I love you.”

In today’s world, nowhere is that bedrock foundation of

love needed more than in the home. And nowhere should the world find a better example of that foundation than in the homes of Latter-day Saints who have made love the heart of their family life.

To those of us who profess to be disciples of the Savior Jesus Christ, He gave this far-reaching instruction:

“A new commandment I give unto you, That ye love one another; as I have loved you, that ye also love one another.

“By this shall all men know that ye are my disciples, if ye have love one to another.”<sup>1</sup>

If we would keep the commandment to love one another, we must treat each other with compassion and respect, showing our love in day-to-day interactions. Love offers a kind word, a patient response, a selfless act, an understanding ear, a forgiving heart. In all our associations, these and other such acts help make evident the love in our hearts.

President Gordon B. Hinckley (1910–2008) observed: “Love . . . is the pot of gold at the end of the rainbow. Yet it is more than the end of the rainbow. Love is at the beginning also, and from it springs the beauty that arches across the sky on a stormy day. Love is the security for which children weep, the yearning of youth, the adhesive that binds marriage, and the lubricant that prevents devastating friction in the home; it is the peace of old age, the sunlight of hope shining through death. How rich are those who enjoy



it in their associations with family, friends, church, and neighbors.”<sup>2</sup>

Love is the very essence of the gospel, the noblest attribute of the human soul. Love is the remedy for ailing families, ill communities, and sick nations. Love is a smile, a wave, a kind comment, and a compliment. Love is sacrifice, service, and selflessness.

Husbands, love your wives. Treat them with dignity and appreciation. Sisters, love your husbands. Treat them with honor and encouragement.

Parents, love your children. Pray for them, teach them, and testify to them. Children, love your parents. Show them respect, gratitude, and obedience.

Without the pure love of Christ, Mormon counsels, “[we] are nothing.”<sup>3</sup> My prayer is that we may follow

Mormon’s counsel to “pray unto the Father with all the energy of heart, that [we] may be filled with this love, which he hath bestowed upon all who are true followers of his Son, Jesus Christ; that [we] may become

the sons of God; that when he shall appear we shall be like him.”<sup>4</sup> ■

#### NOTES

1. John 13:34–35.
2. Gordon B. Hinckley, “And the Greatest of These Is Love,” *Ensign*, Mar. 1984, 3.
3. Moroni 7:46; see also verse 44.
4. Moroni 7:48.

#### TEACHING FROM THIS MESSAGE

**P**resident Monson teaches us the importance of demonstrating true Christlike love, particularly in the home. Consider what you can do to show love to those you teach. You could also ask them to discuss ways they can show more love to one another. You might encourage them to select one of those ideas and make plans to achieve it as a family. For instance, family members could offer a secret act of service to another family member each week. You might ask them to later reflect on how striving to reach their goal increased the love in their home.

## Praying for Peace

By Sarah T.

**M**y parents often attended meetings after church, and I would watch my three younger brothers and help them make lunch—though they were often short-tempered and hungry. Usually if they started fighting, I could solve the small problem quickly. But sometimes it was hard to make peace once a fight had started because I’d get agitated.

One afternoon, my brothers were having an especially hard time getting along. I found that my efforts to make peace only made things worse because I was upset. So I just made my own lunch and stopped talking. Finally, I announced, “I’m going to pray. Can we please be quiet for a minute?” Once they settled down, I asked for a blessing



on the food. Before I closed the prayer, I added, “And please help us to be peacemakers.”

At first, they seemed not to hear and began fighting again. I was annoyed but knew I needed to be as loving and calm as I could be because I’d just prayed for peace. After a minute, I felt very calm. I ate without saying anything, and the boys eventually stopped fighting. I realized the peace I felt was an answer to a simple prayer. I had prayed to be a peacemaker, and my Heavenly Father had helped me stay calm when it was so tempting to yell. I know that He can truly give us peace.

*The author lives in Arizona, USA.*

## CHILDREN

### True Treasure

**P**resident Monson tells a story about a mother who had a special treasure box. When her children opened the box, they found pictures of themselves. The mother’s treasure was her family!

True treasure isn’t gold or jewels—it’s the people you love. Whom do you love? Draw a picture of them or write their names in the treasure box.

