Ensign

A MAGAZINE OF THE CHURCH OF JESUS CHRIST OF LATTER-DAY SAINTS August 2016 Volume 46 • Number 8

The First Presidency: Thomas S. Monson, Henry B. Eyring, Dieter F. Uchtdorf

The Quorum of the Twelve Apostles: Russell M. Nelson, Dallin H. Oaks, M. Russell Ballard, Robert D. Hales, Jeffrey R. Holland, David A. Bednar, Quentin L. Cook, D. Todd Christofferson, Neil L. Andersen, Ronald A. Rasband,

Gary E. Stevenson, Dale G. Renlund

Editor: Joseph W. Sitati

Assistant Editors: James B. Martino,
Carol F. McConkie

Advisers: Brian K. Ashton, Randall K. Bennett, Jean B. Bingham, Craig A. Cardon, Christoffel Golden, Douglas D. Holmes, Larry R. Lawrence, Carole M. Stephens

Managing Director: Peter F. Evans Director of Operations: Vincent A. Vaughn Director of Church Magazines: Allan R. Loyborg

Business Manager: Garff Cannon Managing Editor: R. Val Johnson Assistant Managing Editor: LaRene Porter Gaunt

Publications Assistant: Faith S. Watson

Writing and Editing: Ryan Carr, David Dickson, David A. Edwards, Matthew Flitton, Lori Fuller, Garrett H. Garff, Jill Hacking, Charlotte Larcabal, Michael R. Morris, Richard M. Romney, Mindy Anne Selu, Paul VanDenBerghe

Editorial Interns: Jennifer Johnson, Sam Lund

Managing Art Director: J. Scott Knudsen Art Director: Tadd R. Peterson

Design: C. Kimball Bott, Colleen Hinckley, Eric P. Johnsen, Susan Lofgren, Scott Mooy **Design Intern:** Kelsey Martinez

Intellectual Property Coordinator: Collette Nebeker Aune

Production Manager: Jane Ann Peters Production: Connie Bowthorpe Bridge, Julie Burdett, Bryan W. Gygi, Ginny J. Nilson, Gayle Tate Rafferty, Derek Richardson Prepress: Joshua Dennis

Printing Director: Steven T. Lewis **Distribution Director:** Stephen R. Christiansen

© 2016 by Intellectual Reserve, Inc. All rights reserved. The Ensign (ISSN 0884-1136) is published monthly by The Church of Jesus Christ of Latter-day Saints, 50 E. North Temple Street, Salt Lake City, UT 84150-0024, USA. Periodicals Postage Paid at Salt Lake City, Utah.

Copyright information: Text and visual material in the *Ensign* may be copied for incidental, noncommercial church or home use. Visual material may not be copied if restrictions are indicated in the credit line with the artwork. Copyright questions should be addressed to Intellectual Property Office, 50 E. North Temple Street, Salt Lake City, UT 84150-0018; email: cor-intellectualproperty@ldschurch.org.

POSTMASTER: Send all UAA to CFS (see DMM 507.1.5.2). NONPOSTAL AND MILITARY FACILITIES: Send address changes to Distribution Services, Church Magazines, P.O. Box 26368, Salt Lake City, UT 84126-0368, USA.

Canada Post Information: Publication Agreement #40017431.

Family Home Evening Ideas

This issue contains articles and activities that could be used for family home evening. The following are some examples.



"Ten Reasons I Love the Book of

Mormon," page 12. After reading this article together as a family, you could invite each

member of the family to list the reasons *they* love the Book of Mormon. Consider having each person share their list and their favorite scripture from the Book of Mormon. You could make a goal to look for more reasons to love the Book of Mormon as you read it together regularly.

"Stepping across the Mississippi,"

page 60. Begin by reading about the author's experience of stepping

FAMILY JINGLE

When our children were young, my husband and I worried that they didn't know the contact information they might need in an emergency: parents' full names, phone numbers, and address. So we made up a song using our family's information, set to the tune of "Twinkle, Twinkle, Little Star," and taught it to our children for family night. In a short time they were singing their new song perfectly. We were also careful to teach them this was private information to be shared only in an emergency. Now if they were ever lost, our children would have a family jingle that could help them be guided to

Julie Edvalson, Washington, USA

across the Mississippi River at a spot where it was a narrow stream. Point out that the daily choices we make are like small streams that

flow together to form a river. Consider asking family members to identify some "spiritually strengthening streams," or good habits, that could help their lives be as "rivers of righteousness" (see page 61 for some ideas). You could set a goal to work on one of these habits as a family during the coming week. To close, you might want to watch the video "Selfies or Scriptures" (lds.org/go/ choicesE816).

SUBSCRIBE TO OR RENEW THE ENSIGN

Online: Visit store.lds.org.
By phone: In the United States and Canada, call 1-800-537-5971.
By mail: Send U.S. \$10 check or money order to Distribution Services, P.O. Box 26368, Salt Lake City, UT 84126-0368, USA.

TO CHANGE ADDRESS

Send both old and new address information to Distribution Services, P.O. Box 26368, Salt Lake City, UT 84126-0368, USA. Please allow 60 days for changes to take effect.

FROM OUR READERS

See what readers are saying about the *Ensign* at **ensign.lds.org**. How has

the *Ensign* blessed your life? How might the magazine improve? To share your feelings, suggestions, or questions, use the "Submit an Article" link on our web page.