



Family Study fun



Movies to Move You

Easter (March 30–April 12)

As your family reviews the Easter story in the scriptures, consider supplementing your study with the following Church videos (view them by scanning the QR codes or visiting the web addresses):



"Follow Him: An Easter Message about Jesus Christ" (2 minutes):
ChurchofJesusChrist.org/go/42030a.

"He Is Risen" (7.5 minutes):
ChurchofJesusChrist.org/go/42030b.



"Because of Him" (2.5 minutes):
ChurchofJesusChrist.org/go/42030c.

Discussion: After watching the videos, invite family members to express their feelings about the Savior's sacrifice. How might our lives be different without the knowledge of a Savior?

Selected activity ideas contributed by Camille Gillham, Mitzi Schoneman, Brenda Slade, and Lisa Thomas

Consider these activities during family scripture study or home evening.



Gratitude Tower of Service

Mosiah 2:17 (April 13–19)

King Benjamin built a tower and taught his people that when we serve each other, we are really serving God (see Mosiah 2:17).

- 1 Build a tower. It can be a chair, an ottoman, a few boxes, etc.
- 2 Take turns getting up on your tower and thanking someone in the family for the service they have done recently.
- 3 Now take turns getting on the tower again and sharing with the family one way you're going to provide service this week.

Discussion: Why is it important to serve others? How does it make you feel when someone serves you? How can we serve someone (and God) as a family this week?

FAMILIES WITH YOUNG CHILDREN

Find more home evening ideas in this month's *Friend*.



Heart Scrambler

Mosiah 5:2 (April 20–26)

After King Benjamin taught his people about the Atonement of Jesus Christ, they experienced “a mighty change” in their hearts, so that they had “no more disposition to do evil, but to do good continually” (Mosiah 5:2).

- 1 Cut out six paper hearts and write the letters C-H-A-N-G-E, one letter on each heart. Turn the hearts upside down on the table and scramble them.
- 2 Choose a family member to flip the papers over and unscramble the word. Discuss how King Benjamin’s people experienced a change in their hearts.
- 3 Each family member now chooses a letter from the table and thinks of a word or phrase that suggests a mighty change of heart. (Example: C = charity, or choose the right; H = happiness; and so on.)

Discussion: What caused the people to experience “a mighty change” in their hearts? What blessings can we receive when we turn our hearts to God?



Paper Chain of Deliverance

Mosiah 7:33 (April 27–May 3)

In Mosiah 7, Limhi reminds his people of instances when God has delivered groups out of physical bondage. Likewise, the Lord is willing and able to deliver us from spiritual bondage.

- 1 On strips of paper, write the tools that Satan uses to keep us in spiritual bondage (pornography, alcohol, immorality, and so on).
- 2 Connect the paper strips to make a paper chain.
- 3 Bind someone’s wrists with the paper chain.
- 4 Read Mosiah 7:33 aloud. As you discuss ways we can turn to the Lord, trust Him, and serve Him, break the chain to represent how the Lord can deliver us.

Discussion: What does it mean to “turn to the Lord with full purpose of heart”? How do we “serve him with all diligence of mind”?