

Is God Guiding Me?

Our lives are full of big choices: what career path to take, whom to marry, where to go to school, etc. Our lives are also filled with daily concerns: choosing the best use of time, trying to understand doctrine, and finding peace amidst trials. All in all, **we need personal revelation.** But sometimes it can be hard to know how to receive it and how to recognize it when we do. When we aren't getting or recognizing answers, we may wonder, "Was that the Spirit or just my idea?" "Why did I feel inspired to do that and then failed?" "Why do I feel like God doesn't answer my prayers?"

Fortunately, in "Making Decisions: Agency vs. Revelation" (page 42), Erin shares her story about personal revelation when she had to make a life-changing decision. While **God wants to guide us,** He also wants to help us learn to rely on our agency to make good choices.

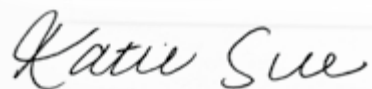
Learning how the Holy Ghost speaks to you personally is another vital part of receiving and recognizing revelation. It can be different for each of us. In articles that begin on pages 46 and 48, **young adults share how they receive revelation.**

In a digital-only article, Aspen explains that personal revelation requires "Exercising Your Spiritual Muscles." You can read advice from a psychologist on "Discerning Your Feelings: Anxiety or the Spirit?" And you can also read more about my personal experience with revelation, when "The Prophet Taught Me How to Make Hard Choices."

Thinking of the future can be overwhelming, even frightening. Especially as a young adult. But when I remember how **God has led my life** in the past, it gives me courage to move forward and act, trusting that **He will continue to give me the guidance I need** along the way.

Sincerely,

Katie Sue Embley



BEST ADVICE . . .

Young adults share the best advice they've ever received about receiving personal revelation:

"My EFY counselor once told me, 'Develop your relationship with God as your literal spirit Father. The stronger your relationship with Him, the more you will understand and be guided.' That has made a huge difference in my prayers."

—**Grant Goolsby, California, USA**

"Our stake patriarch has everyone memorize one single phrase: 'to receive revelation, read revelation.' It has helped me so much as I have read the scriptures."

—**Shellby Tippetts, Missouri, USA**

"Take time to ponder. Joseph Smith pondered James 1:5 before he resolved to act. Sometimes Heavenly Father wants us to invest in prayer and study before He gives us answers. We learn the most that way."

—**Natasha Herbst, Utah, USA**

"Listen with your heart, not your ears."

—**Sai Tua, American Samoa**

What's the best advice you've ever received about repentance? Send us your response at [ensign.Church of Jesus Christ.org](https://www.ensign.ChurchofJesusChrist.org) by April 30, 2019.

ABOUT THE YOUNG ADULT AUTHORS

Erin Rider is an attorney and co-hosts a podcast. She just ran her first half marathon. In her free time she enjoys reading, hiking, wakeboarding, and spending time with family and friends.



Liz Stitt graduated from Brigham Young University with a bachelor's degree in communications and from the University of Utah with an MBA. She works in product management, but her favorite job is being a professional aunt.



Aspen Stander is an editor by profession, an occasional writer, and an avid reader. She likes hiking, traveling, eating chocolate, and playing the piano.



Katie Sue Embley thinks the world is full of beautiful people whose stories should be shared. She studies journalism and Spanish, with the goal to #sharegoodness.



SHARE YOUR STORY

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