

Our Page

WITH PRAYER, FEAR AND PAIN SOON PASS

One Sunday a sick cat got into our house. It meowed loudly and strangely, and it would not go out of the house. I was afraid of the cat, so I decided to pray. When I ended my prayer, Mama had been able to get the cat out of the house.

Mama recently had a painful operation. I prayed hard that the operation would go well. When she came home from the hospital, I saw her crying, and she said she was in pain. I asked her if she wanted me to say a prayer, and she said yes. I knelt down and asked Heavenly Father for her pain to pass. When I ended the prayer, my mother was smiling, and she hugged and kissed me.

I know that Heavenly Father is loving and kind, and I know that when I am afraid or in pain, I can pray to Him and the fear and the pain soon pass.

Helaman F., age 5, Brazil

**Helaman and
his brother,
Ezra, age 10**



Milagros T., age 11, Peru



Guo J., age 10, Taiwan



Primary children in the Tumán Ward, Pomalca Peru Stake, wait reverently for Primary to begin.

If you would like to submit a drawing, photo, experience, testimony, or letter for Our Page, e-mail it to liahona@ldschurch.org, with "Our Page" in the subject line. Or mail it to:

Liahona, Our Page

50 E. North Temple St., Rm. 2420

Salt Lake City, UT 84150-0024, USA

Each submission must include the child's full name, gender, and age (must be from 3 to 12 years old) plus the parent's name, ward or branch and stake or district, and the parent's written permission (e-mail is acceptable) to use the child's photo and submission. Submissions may be edited for clarity or length.