

MESSAGES

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By President Dieter F. Uchtdorf
- 7** **Visiting Teaching Message: Strengthening Families by Increasing Spirituality**

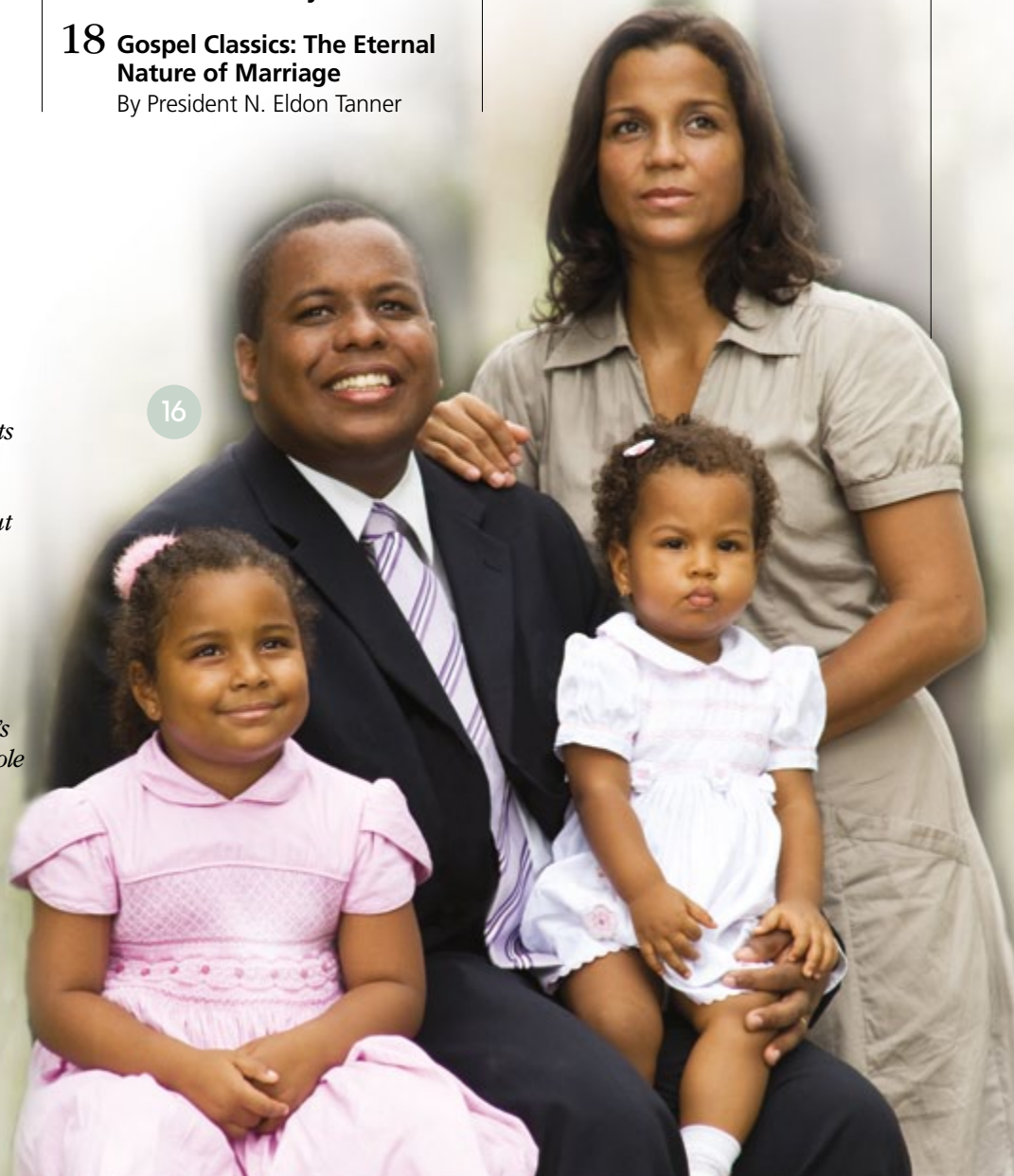
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From beginning to end, I was comforted and felt I was an audience of one.
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What do Duty to God and a Japanese martial art have in common? Three simple words.

54 Duty to God with Dad

By Paul VanDenBerghe

You may have help closer than you ever imagined.

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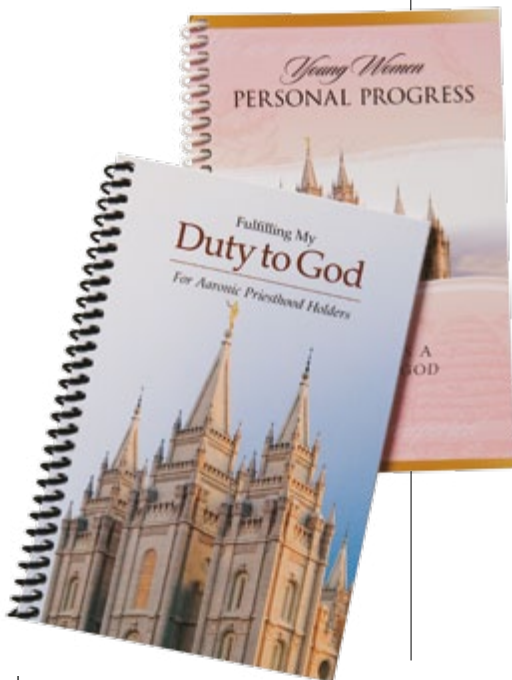
By Mark Tensmeyer

I wasn't close to the priests in my quorum, but when I needed help, I took a chance.

56 A Greater Goal

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Unity, activation, and friendship were our greater goals. Enjoying the games was just a bonus.



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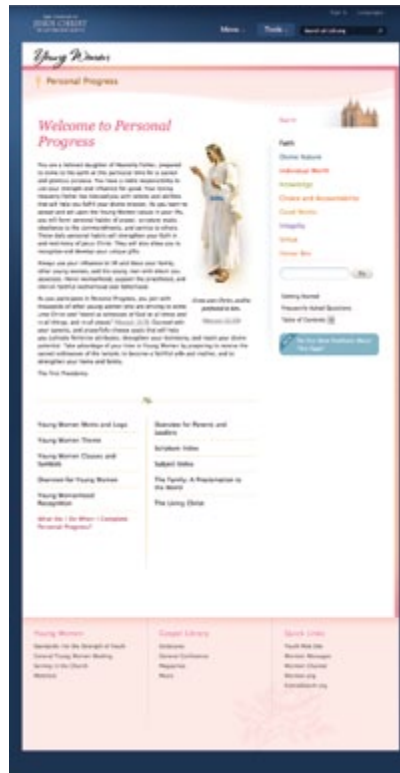
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FOR YOUTH



The youth articles in this issue can help teens with Personal Progress and Duty to God. For interactive versions of and online help with Personal Progress or Duty to God, visit PersonalProgress.lds.org or DutyToGod.lds.org.

IN YOUR LANGUAGE

The *Liahona* and other Church materials are available in many languages at www.languages.lds.org.

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